Impact of hydro-meteorological conditions and flash drought duration on post-flash drought recovery time patterns

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Abstract. Recovery time, which refers referring to the duration an ecosystem needs to revertreturn to its pre-drought statecondition, is a fundamental aspectindicator of ecological resilience. Recently, flash droughts (FDs) characterized by rapid onset and development have been gained recognition increasing attention. Nevertheless, the spatiotemporal patterns of gross primary productivity (GPP) recovery time and the factors that affect influencing it remain largely unknown. In this study, we set up a novel method to investigates investigate the recovery time patterns of terrestrial ecosystem in China based on gross primary productivity (GPP) by employing the GPP using a Random Forest (RF) regression model and the Shapley Additive Prediction (SHAP) method. A random forest regression model was developed for analysing analyzing the factors influencing recovery time and establish response function functions through partial correlation for typical flash drought recovery periods. Additionally, the The dominant driving factors of recovery time were determined by using the SHAP method. Results The results reveal anthat the average recovery time of across China is approximately 37.5 days across China, with central and southern regions experiencing the longest recovery timedurations. Post-flash drought radiation emerges as the primary environmental factor, followed by aridity index and post-flash drought temperature, particularly in semi-arid/sub-humid areas. Temperature exhibits a non-monotonic relationship with recovery time; with, where both excessively cold or overheated temperatures leading and hot conditions lead to longer recovery timesperiods. Herbaceous vegetation recovers more rapidly than woody forests, with deciduous broadleaf forests demonstrating the shortest recovery time. This study provides valuable insights interfor comprehensive water resource and ecosystem management, and it will be helpful incontributes to large-scale

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drought monitoring efforts.

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1 Introduction

- 37 Climate change has exacerbated drought, which could have has significant implications for the achievement of the Sustainable 38 Development Goals (SDGs) (Lindoso et al., 2018). Among the 17 SDGs proposed outlined in the 2030 Agenda, at least 5 of themfive are directly associated withlinked to drought, including: Goal 6 "Clean water and sanitation", Goal 11 "Sustainable 39 cities and communities", Goal 12 "Responsible production and consumption", Goal 13 "Climate action", and Goal 15 "Life 40 41 on land" (Zhang et al., 2019; Nilsson et al., 2016). Flash droughts, characterized by rapid onset and intensification, have 42 recently gained increasing recognition byamong hydrologist and general public worldwide globally (Yuan et al., 2023). These 43 have a significantly impact on the terrestrial ecosystem productivity, photosynthesis, and latent heat flux of 44 the ecosystem fluxes (Zhang et al., 2020a; Yang et al., 2023). The impacts effects of flash droughts are not only reflected felt during the events but also have persist in their aftermath, with legacy effects post the events drought (Liu et al., 2023/2023a). 45 Recovery time, defining defined as the duration required for an ecosystem requires to recoverreturn to its pre-drought state, 46 is a fundamental aspect of ecological resilience (Schwalm et al., 2017; Wu et al., 2017). HRecovery time is related to ecological 47 48 states thresholds, as it may trigger a critical "tipping point" in the that lead to shifts into new ecosystem leading to a transition 49 to a new state (Lenton et al., 2008). With the anticipation expectation of more frequent and severe flash droughts in the future 50 (Sreeparvathy & Srinivas, 2022), it is of paramount importance to explore exploring post-flash drought recovery trajectories is 51 of paramount importance (Jiao et al., 2021). Drought recovery characteristics have been widely extensively observed at the ecosystem scale, usually determined 52 53 throughtypically using tree ring records, productivity or greenness observation measurements, and satellite retrieval data (Gazol 54 et al., 2017; Kannenberg et al., 2019). These studies have foundidentified varied recovery times across different regions and ecosystems. For different ecosystem types, grasslands have a Grasslands exhibit longer recovery timetimes compared to other 55 56 land covers types due to their shallow-rooted plants and lower soil water retention capacity (Hao et al., 2023). In contrast, 57 the Conversely, recovery time in croplands is more susceptible to interference influenced by human farming systems practices (Darnhofer et al., 2016). For In forests, mixed forests eantend to recover more quickly, whilewhereas deciduous broadleaf 58 59 forests have the longest recovery timeperiods (He et al., 2018). When comparing hydro-meteorological conditions, also 60 play a role, with semi-arid and semi-humid regions have aexperiencing longer recovery time compared to times than humid 61 and arid regions (Zhang et al., 2021). The longer recovery time in semi-arid and semi-humid regions may be related to the specific challenges these regions face, such as soil conditions, water availability, and climatic variability (Huxman et al., 2004; 62 Zhang et al., 2021). 63
- However, the contribution of driving factors in flash drought recovery remains unclear in previous. Some studies. For example, some results reveal indicate that the background value, drought return interval, post-drought meteor-hydrological conditions, and drought attributes (such as duration, intensity, etc.) play an important role) are critical in regulating drought recovery (Kannenberg et al., 2020). This may be due to the fact that the lower the Lower background value, the may result in more severe

the damage to the ecosystem, the more, abnormal thepost-drought meteor-hydrological conditions after drought, and the longer the required drought recovery timetimes (Fu et al., 2017). Greater drought intensity and longer duration can lead to substantial droughtsignificant ecosystem losses (Godde et al., 2019). Additionally, more favorable post-drought meteor-hydrological conditions (e.g., increased precipitation and suitable temperature) increase improve the probabilitychance of complete recovery (Jiao et al., 2021). The Plant physiological regulation of plants response, including alterations changes in leaf water potential and phenology, also playsplay a crucial role in this the recovery process (Miyashita et al., 2005).

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Drought can lead to water shortages, reducing limiting access to clean drinking water. Therefore, effective drought management is therefore crucial for achieving SDGs. By collectingutilizing newly available datasets as well as and hydrometeorological variables in China, this study assesses the extent of the impact of flash drought post-flash drought impacts, documents the time taken for recovery post flash droughttimes, and analyzes the factors contributing to variations in ecosystem recovery. The objectives of this study are to: (1) investigate the spatial pattern of post-flash drought recovery; (2) identify the most critical determinants of recovery; and (3) analyze the impact of various factors on flash drought recovery times. In the The

following sections; include Section 2, which provides a brief description of data and methods, followed by Section 3, which presents the results presented by novel methods applied. Then, we provide a detailed discussion in Section 4. Section 5 gives the conclusions with some more information presented in supplementary materials.

2 Data and methods

104 **2.1 Data**

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2.1.1 Soil moisture datasets

106 Daily root-zone soil moisture (SM) data for the period of 2001-2018 are obtained from Global Land Evaporation Amsterdam 107 Model (GLEAM) (https://www.gleam.eu/). GLEAM estimates root-zone soil moisture using a multi-layer water balance 108 approach. The depth of the root zone varies based on the type of land cover. For tall vegetation (e.g. trees), the depth is divided 109 into three layers (0-10 cm, 10-100 cm, and 100-250 cm); For low vegetation (e.g. grass), there are two layers (0-10 cm and 110 10-100 cm); Bare soil only has one layer (0-10 cm) (Martens et al., 2017; Miralles et al., 2011). It has been widely applied in 111 the identification and impact assessment of flash drought events (Zha et al., 2023). We utilized the bilinear interpolation method 112 to resample SM from a spatial resolution of 0.25° to 0.1°, aligning it with the accuracy of other datasets. This method is appropriate for continuous input values, easy to implement, and generally effective in converting coarse input data into spatially 113 114 refined output (Chen et al., 2020).

2.1.2 Hydro-meteorological datasets of affecting variables of recovery time

We analyzeanalyse the recovery time considering multiple influencing factors such as meteorological variables, droughtrelated variables, and land cover (He et al., 2018). Meteorological data from the China Meteorological Forcing Dataset (CMFD), accessible at https://westdc.westgis.ac.cn/, is utilized for the period spanning 2001 to 2018 (Yang et al., 2019). The near-surface air temperature, downward shortwave radiation, downward longwave radiation, precipitation rate and wind speed are used in this study. VPD is calculated based on temperature, and specific humidity using Eq. (1) - (3) (Peixoto & Oort.

121 1996) (Zotarelli et al., 2020).

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$$SVP = 0.618 \exp\left(\frac{17.27T}{T + 273.73}\right)$$
 (1)

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$$AVP \approx \frac{q_s \cdot p}{\varepsilon}$$
 (2)

$$124 \quad VPD = SVP - AVP \tag{3}$$

- where SVP and AVP is saturated vapor pressure and actual vapor pressure (kPa), respectively. And T is temperatures (°C), q_s is
- 126 the specific humidity, p is the atmospheric pressure (kPa), $\varepsilon = 6.22$ is the ratio of water vapor molecular weight to dry air weight.
- 127 Aridity index is calculated as the ratio of precipitation to potential evapotranspiration. Typically, the multi-year average of the
- aridity index serves as an indicator of water availability and drought timing within a particular region (Huang et al., 2016).

- Aridity index is obtained from https://doi.org/10.6084/m9.figshare.7504448.v5 (Zomer et al., 2022). To analyze the distinct
- 130 responses of different vegetation types, we employ the MODIS dataset from the International Geosphere-Biosphere
- 131 Programme (IGBP) MCD12C1 (Friedl et al., 2002) (Fig. S1).

2.1.3 Gross primary productivity

- 133 Gross Primary Productivity (GPP) is a commonly employed widely used as an indicator for monitoring post drought
- photosynthesis dynamics post drought (Gazol et al., 2018). This study uses the The FluxSat GPP dataset (Version 2), derived
- from Moderate Resolution Imaging Spectroradiometer (MODIS), is calibrated using FLUXNET 2015 and OneFlux tier 1 data,
- 136 and validated with independent datasets from Global MODIS and FLUXNET-derived Product. It has (Joiner et al., 2021).
- 137 It shows strong agreement with flux data at most sites and performs reliably across a majority of global regions (Bennett et al.,
- 138 2021). Additionally, it has been widely used in examining the impacts of extreme climate events on the terrestrial carbon cycle
- 139 (Byrne et al., 2021). The dataset provides a spatial resolution of 0.405° and a daily timetemporal resolution (Joiner et al.,
- 140 2021). To match the flash drought event, daily soil moisture data were resampled to 0.1° and aggregated to pentad-mean (five-
- 141 days) data. This study chooses the growing seasons (April to October) from 2001 to 20182023 as the study period.

142 **2.2 Method**

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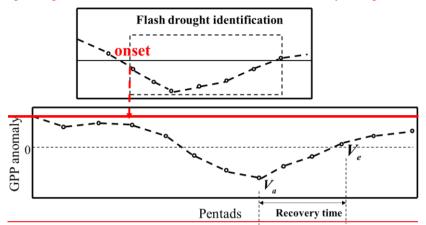
2.2.1 The identification of flash drought events and recovery time

- 144 In this study, we identify flash drought events by analyzing analyzing changes in soil moisture, taking into account their rapid
- intensification and duration. Evaporation demand is often used as a warning indicator for flash droughts (Rigden et al., 2020).
- 146 Because it may overestimate flash droughts (Lesinger & Tian. 2022). To identify flash drought events, the daily soil moisture
- 147 data is aggregated into pentad-mean data. These averages are then converted into percentiles based on the climatology of each
- pentad period during the growing season. According to the definition proposed by Yuan et al. (2019) and Zhang et al. (2020a),
- we identify the flash drought event (Fig. 1 a&b). The speed of flash drought (Ospd) is the ratio of the difference between the
- 40th percentile and the lowest percentile of the onset stage to the length of onset. The frequency refers to the overall number
- 151 of occurrences within a given time frame (e.g., per year or per decade). Severity is the accumulated soil moisture percentile
- 152 deficits from the threshold of 40th. On the basis of Wang et al. 2023 's definitions, we defined the recovery time of vegetation
- 153 production after a flash drought (Fig. 1): We employed anomaly GPP to estimate post-flash drought vegetation recovery times
- 154 at the pixel scale. The recovery time was defined as the period between the point when GPP reached its maximum loss and
- when it returned to its pre-flash drought level (Wang et al., 2023a) (Fig. 1). To ensure data consistency and minimize noise,
- 156 we first applied a smoothing process to the pentad GPP data using a 3-pentad forward-moving window at the pixel scale. After
- 157 smoothing the data, we calculate the GPP anomaly using the following equation:

158 GPP anomaly =
$$\frac{GPP - \mu_{GPP}}{\sigma_{GPP}}$$
 (4)

where, μ_{GPP} and σ_{GPP} are mean and standard deviation of the pentad time series of GPP.

When the GPP anomaly of The beginning of the recovery stage is identified when the post-flash drought GPP anomaly is negative and reaches its minimum, it indicates value, indicating the beginningpoint of the recovery stage endsconcludes when the GPP anomaly returns to a positive value, signifying that productivity has reached or exceeded its pre-drought level. However, if no flash drought event occurs during the period of negative GPP anomaly or, if the GPP anomaly is already negative before the onset of the flash drought event, theor if negative GPP anomalies only occur for one pentad, the corresponding GPP data series should be excluded from the analysis to prevent misleading results.



Flash drought identification (a) Onset time Soil moisture percentile (%) **(b)** Pentads GPP anomaly

Figure 1. The identification of flash drought and recovery time. (a) and (b) are is flash drought identification base on SM percentile. (b) Isis detrended vegetation production index on a time series, 0 is defined as the threshold of a negative anomaly. Below the dashed line represents that vegetation production is in a negative abnormal state. We quantify recovery time as: the recovery time begins when the vegetation production loss reaches the maximum and ends when the detrended vegetation production index is above 0.

Pentads

Recovery time

2.2.2 Response functions

Partial dependence plots based on the random forest algorithm are utilized for visualizing response functions (Schwalm et al., 2017; Sun et al., 2016). The analysis of partial dependence focuses on evaluating the marginal impact of a covariate (or independent variable) on the response variable, while keeping other covariates constant (Liaw & Wiener. 2002). It facilitates the exploration of insights within large datasets, particularly when random forests are primarily influenced by low-order

interactions (Martin, 2014). In addition, it is valuable tools for identifying significant features, detecting non-linear relationships, and gaining insights into the overall behavior of a predictive model.

2.2.3 Attribution analysis of ecosystem recovery

181 In order to better understand the potential factors driving vegetationterrestrial ecosystem productivity recovery after flash 182 droughts, we conduct attribution analysis. We selected downward radiation (the sum of downward shortwave radiation and 183 downward shortwave radiation), temperature, wind speed, precipitation rate, VPD, flash drought speed (Ospd), flash drought 184 severity (Osev), flash drought duration (Odur), aridity index, land cover types as explanatory variables. It should be noted that 185 these variables are considered within the recovery period. The feature importance of random forest can only indicate the extent 186 to which the input variables influence the model's output, but it does not reveal how these input variables specifically impact the model's output (Wang et al., 2022b). The Shapley Additive Prediction (SHAP) method has emerged as a valuable tool that 187 188 addresses the limitations of traditional machine learning methods (Štrumbelj&Kononenko, 2014). As a result, the SHAP 189 method is widely utilized in attribution analysis of variables (Wang et al., 2022b; Lundberg & Lee, 2017).

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$$\varphi_{\mathbf{m}}(v) = \sum_{S \subseteq N \setminus \{m\}} \frac{|S|!(|N| - |S| - 1)!}{|N|!} (v(S \cup \{m\}) - v(S))$$
 (5)

- where, $\varphi_m(v)$ represents the contribution of covariate m, N denotes the set of all covariates, S is a subset of N, and v(S)
- 192 represents the value of that subset.
- 193 We utilized a random forest model and employed these variables as predictive factors to estimate the productivity recovery
- 194 time for all study grid cells. Then, we used the SHAP value to quantify the marginal contribution of each predictive variable
- and rank their relative importance based on the average absolute SHAP value.

196 3 Results

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3.1 Characteristics of flash droughts

Figure 2 presents the frequency, duration, severity, and speed of flash droughts over China during 2001-2019. Approximately 198 199 7% of grids did not experience a flash drought event, while the remaining 93% of grids experienced at least one event. The 200 middle and lower reaches of the Yangtze River exhibited a high frequency value with above 12 events/decade, whereas other 201 regions mainly ranged from 0 to 9 events/decade. There is a clear spatial pattern for the duration, ranging from 0 to 20 days 202 over China. The Southwestern and the middle and lower reaches of the Yangtze River had longer durations, exceeding 90 days (Fig. S2). In addition to the higher severity of flash droughts in the southwest region, a similar spatial pattern was observed for 203 204 severity and speed. Regarding speed, areas with faster speed were primarily concentrated in the lower reaches of the Yangtze 205 River. Overall, the middle and lower reaches of the Yangtze River and the southwestern region are considered hot spots, 206 although the latter's speed is not rapid.

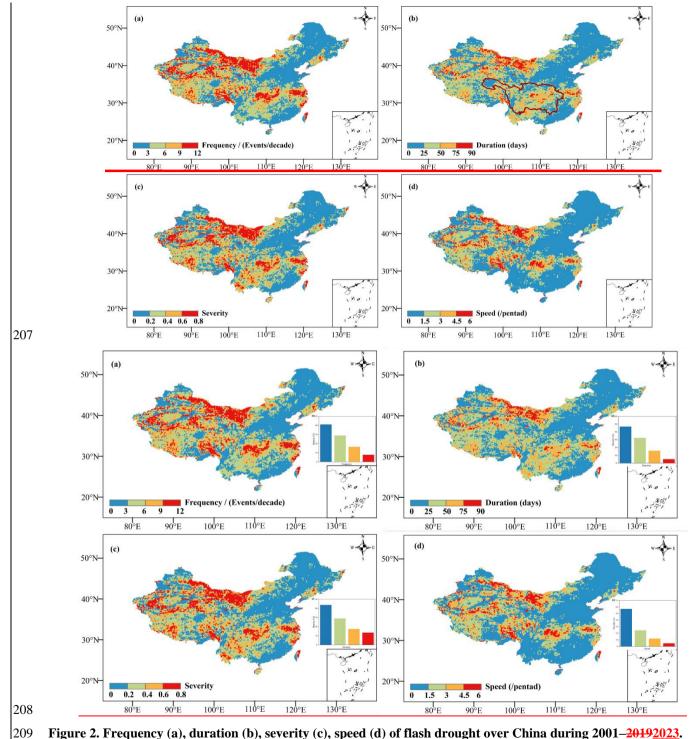
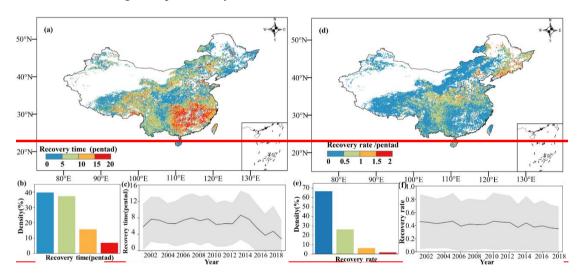


Figure 2. Frequency (a), duration (b), severity (c), speed (d) of flash drought over China during 2001-20192023.

3.2 Spatial pattern of ecosystem recovery time and recovery rate

Vegetation productivity showed a clear response to flash droughts, and this response typically had a certain lag (Fig. S3). Ecosystems exhibited distinct spatial differences in recovery times to flash droughts (Fig. 3). The mean recovery time for Chinese ecosystems was 37.5 days (7.5 pentads) calculated by GPP. Most regions were able to recover to their normal state within 50 days. However, certain areas, such as central China and southern China, required 90 days or more to recover. In terms of time series, there was no evident trend in the mean recovery time, with fluctuations occurring within 7.5 pentads. On average, the recovery rate of grids in China ranged from 0 to 2 per pentad, and approximately 90% of grids had a recovery rate of less than 1 per pentad. There is no significant trend in recovery rate over time. To further illustrate the impact and recovery of flash droughts on different vegetation types, we calculated the recovery time and recovery rate for each type (Fig. 4). Among the different vegetation types, DBF had a shorter recovery time and a higher recovery rate. Additionally, CRP showed moderate recovery rates, while GRS had relatively low rates of recovery. This reflects the fact that flash droughts had a more significant impact on GRS and resulted in greater productivity losses.



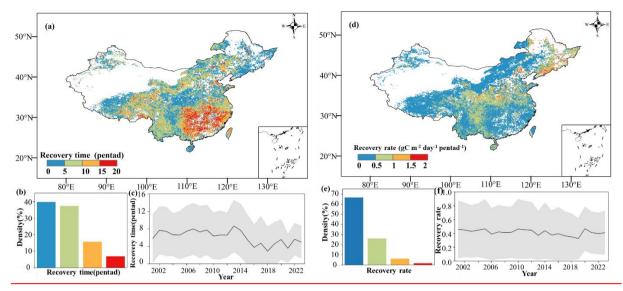
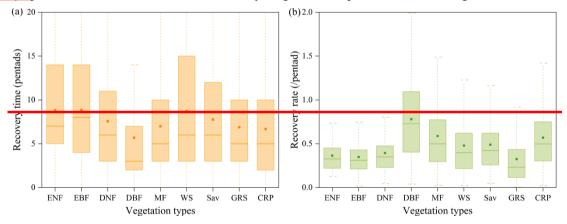


Figure 3. Spatial pattern of recovery time (a-c) and recovery rate (d-f). (a) and (d) represent the recovery time (pentad) and recovery rate ($\frac{(gC \text{ m}^{-2} \text{ day}^{-1} \text{ pentad}^{-1})}{(gC \text{ m}^{-2} \text{ day}^{-1} \text{ pentad}^{-1})}$ calculated by using GPP data respectively. (b) and (e) represent the density of different recovery times and recovery rate respectively, the horizontal axis represents the recovery time (pentad), recovery rate ($\frac{(gC \text{ m}^{-2} \text{ day}^{-1} \text{ pentad}^{-1})}{(gC \text{ m}^{-2} \text{ day}^{-1} \text{ pentad}^{-1})}$ and the vertical axis is the density. Regions with sparse GPP or no droughts are masked with white.



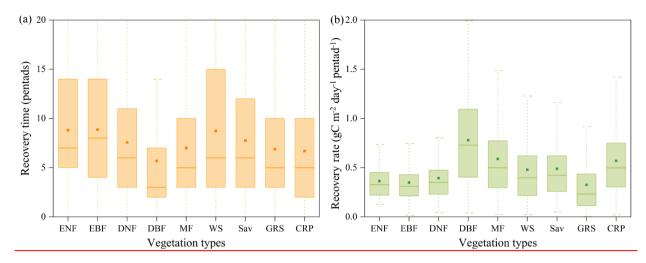


Figure 4. The recovery time and recovery rate across different vegetation types. The vegetation types are: ENF (evergreen coniferous forest), EBF (evergreen broad-leaved forest), DNF (deciduous coniferous forest), DBF (deciduous broad-leaved forest), MF (mixed forests), WS (closed shrubland, open shrubland, and woody savannas), SAV (savannas (temperate)), GRS (grasslands), CRP (croplands).

3.3 Response functions for flash drought recovery time

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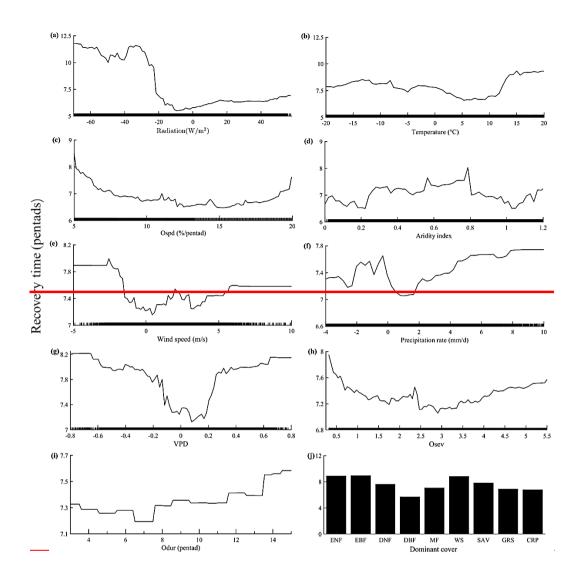
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The random forest regression model explained 55% of the out-of-bag variance in recovery time (Fig. 5). Radiation emerged as the most influential factor impacting flash drought recovery time, with lower solar radiation conditions leading to prolonged the recovery time (Fig. 5a). Temperature did not exhibit a monotonic response in relation to recovery time. Excessively cold or overheated temperatures resulted in longer recovery times, whereas slightly higher temperatures promoted vegetation recovery (Fig. 5b). Specifically, a slight increase in temperature facilitated vegetation restoration, while higher temperatures extended the recovery time of flash droughts. This suggests that the projected rise in extreme high temperatures will further lengthen the recovery time (Li et al., 2019). In terms of flash drought characteristics, the difference in recovery time was related to the discrepancy in severity and duration, albeit to a lesser extent than speed (Fig. 5c, h & i). Recovery time increased in a stepwise manner as the duration increased. Ecosystems experiencing prolonged durations of flash droughts typically exhibit longer recovery times. In addition, semi-arid/sub-humid areas (0.2<AI<0.65) have longer recovery times (Fig. 5d). The wind speed exhibited a bimodal pattern, indicating that the recovery time was shortest when it closely aligned with the multiyear average or was 3.5 times higher than the multi-year average (Fig. 5e). Adequate precipitation following a flash drought assisted in recovery, although excessively extreme precipitation could also hinder it (Fig. 5f). Extreme vapor pressure deficit (VPD), whether high or low, prolonged the recovery time (Fig. 5g). Among different vegetation types, herbaceous vegetation recovered more rapidly than woody forests. Deciduous broadleaf forests (DBF) demonstrated the shortest recovery time (Fig. 5j).



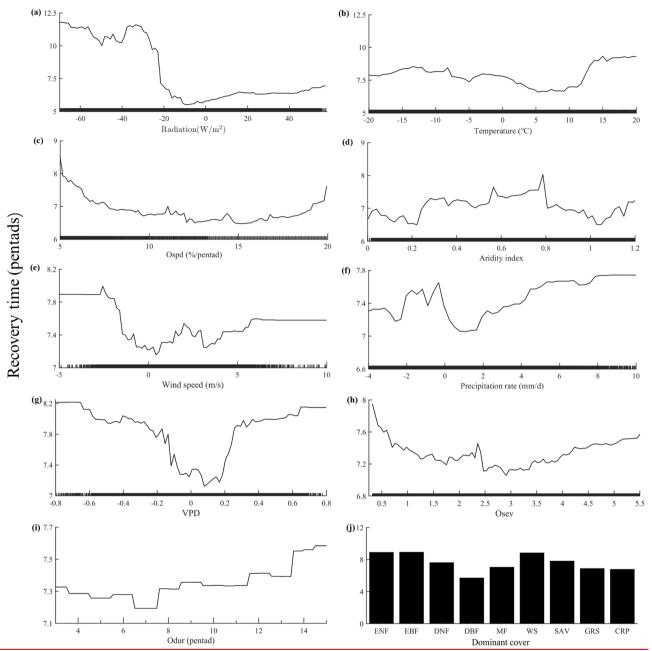


Figure 5. Response functions for flash drought recovery time, reflecting the response of recovery time to a single dependent variable when others are unchanged. Note difference in the y-axis scales. The covariates a to j are the deviations from the baseline. Positive (negative) indicates above (below) the average value.

3.4 Drivers of flash drought recovery time

We then performed an attribution analysis using SHAP method to quantify the relative importance of the considered variables. The results were consistent with the results of section 3.3. In general, radiation and aridity index were the most relevant controls of spatial variations of post-flash drought recovery time (Figure 6). Temperature was the third most impactful variable overall, primarily due to its high impact in predicting the recovery time where it has an absolute mean SHAP value of 0.62. Compared to other variables, the impact of speed and duration of flash droughts were relatively low. In addition, during the process of flash drought recovery, the losses caused by flash droughts can also affect productivity recovery. The relationship between recovery time and the attributes of flash drought (speed, severity, duration) is usually negative. That is to say, faster, more severe, and longer lasting flash droughts often have a longer recovery time. Specifically, the speed of flash droughts characteristics is one of the main controlling factors for recovery time.

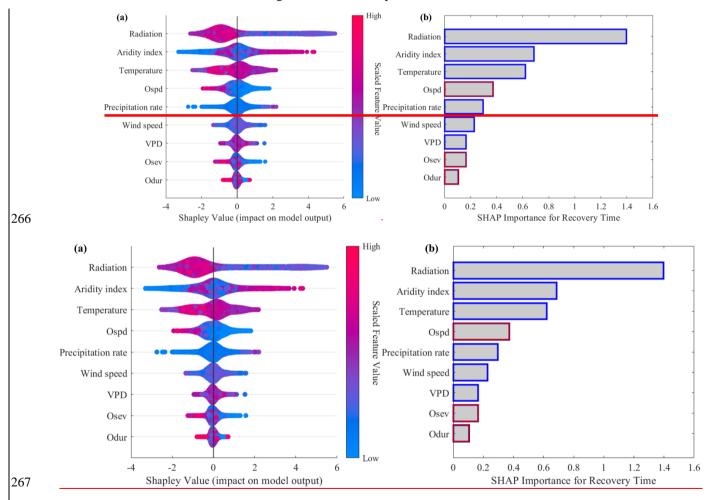


Figure 6. Identifying drivers of patterns of post-flash drought recovery time. (a) The summary plot of SHAP values in random forest machine learning. (b) The SHAP Importance (averaged absolute SHAP values) for recovery time. Considered drivers include flash drought characteristics (in red), post-flash drought hydro-meteorological conditions (in blue).

4 Results Discussions

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4.1 Assess flash drought recovery time based on vegetation productivity

Given the prevalence of drought in regions over the past few decades, drought is a major natural disaster worldwide (WMO. 2021). In addition, its exposure, vulnerability, and risk are expected to further increase under future climate and socio-economic changes (Tabari & Willems, 2018; Cook et al., 2020). Flash drought is widely recognized as a sub-seasonal phenomenon that develops rapidly (Tyagi et al., 2022). Flash droughts have varying degrees of impact on the photosynthesis, productivity, and respiration of ecosystems (Mohammadi et al., 2022). Reducing drought risks and strengthening social drought resistance are also important tasks in order to achieve SDGs by 2030 (Tabari et al., 2023). Flash droughts interact with ecological droughts, with ecological droughts potentially making ecosystems more vulnerable to flash droughts, while flash droughts can exacerbate the effects of persistent ecological droughts (Cravens et al., 2021; Xi et al., 2024). The interplay between these two types of droughts can intensify the pressure on ecosystems, complicating and prolonging the recovery process. The response frequency of Solar-Induced Fluorescence (SIF) in the China basin to flash droughts exceeds 80%, with 96.85% of the regional response occurring within 16 days (Yang et al., 2023). Previous studies have calculated the recovery time of flash drought based on changes in soil moisture, ranging from 8 to 40 days (Otkin et al., 2019). Additionally, the recovery time is generally longer in humid areas compared to arid areas. However, not all flash drought events result in a decrease in ecosystem productivity (Liu et al., 2019). For instance, a study conducted by Zhang et al. (2020b) revealed that between 2003 and 2018, 81% of flash droughts in China displayed negative normalized anomalies in GPP, while the remaining 19% of the events did not exhibit such negative anomalies. Therefore, GPP serves as a more appropriate indicator for monitoring post-drought photosynthesisrelated dynamics and evaluating ecosystem recovery time (Yu et al., 2017). Based on GPP, most flash drought events in the Xiangijang River Basin (XRB) and Weihe River Basin (WRB) recovered within 2 to 8 days. Moreover, the recovery time in the XRB, which is located in a humid area, tends to be longer (Wang et al., 20232023a). It should be noted that this study only investigated the aforementioned two watersheds and did not include semi-humid/semi-arid areas. Our study revealed that the average recovery time for flash droughts in the China is approximately 37.5 days (7.5 pentads) (Figure 3).

4.2 The factors that affect drought recovery time

- 295 The solar radiation and aridity index were the primary factors that influence the recovery time (Figures 5 & 6). The recovery 296 time was regulated by a combination of drought characteristics (drought return interval, severity, duration), post-drought 297 hydro-meteorological conditions, and vegetation physiological characteristics (Fathi-Taperasht et al., 2022; Liu et al., 2019). 298
 - Physiological responses, such as the decline rate of productivity upon exposure to flash drought also influence recovery time.

Notably, there is a significant negative correlation between the decline rate and the recovery rate (Lu et al., 2024). In the case of flash droughts characterized by rapid development, the speed is one of the most important factors controlling the recovery time (Figure 6). Ecosystems experienced stress fatigue, which means that the restoration of the ecosystem progressively deteriorates due to repeated exposure to stressors that occur at frequencies outside the evolutionary history of the affected system (Hacke et al., 2001; Schwalm et al., 2017). The Yangtze River Basin experienced one of the most severe flash droughts on record during the summer of 2022, primarily driven by abnormal high temperatures and abrupt changes in precipitation (Liu et al., 2023b). The high temperatures accelerated the onset of the drought (Wang et al., 2023b). As a result, the total Gross Primary Production (GPP) loss from July to October 2022 was 26.12 ± 16.09 Tg C, representing a decrease of approximately 6.08% compared to the 2001-2021 average (Li et al., 2024). Ecological drought, characterized by prolonged conditions lasting months to years and resulting in long-term changes to ecosystem functions and structure (Sadiqi et al., 2022). In contrast, flash drought develops rapidly within days to weeks due to extreme weather, leading to immediate reductions in soil moisture and plant health (Yuan et al., 2023). The long-term nature of ecological drought can cause profound impacts such as reduced plant populations, increased soil erosion, and decreased biodiversity, necessitating a longer recovery period (Cravens et al., 2021). In contrast, flash droughts, while shorter in duration, cause rapid plant wilting, reduced crop yields, and soil cracking, with significant long-term consequences for ecosystem recovery (Xi et al., 2024). These two types of droughts can interact, with ecological droughts potentially making ecosystems more susceptible to flash droughts, and flash droughts exacerbating the impacts of ongoing ecological droughts (Hacke et al., 2001; Schwalm et al., 2017). The combined effects of both types can intensify stress on ecosystems, complicating and prolonging the recovery process. Previous studies have shown that the spatial patterns of flash drought recovery were similar to those of precipitation, temperature, and radiation (Wang et al., 20232023a). Increased radiation energy and precipitation post a drought can promote vegetation photosynthesis (Zhang et al., 2021). Additionally, there are regional variations in the time required for drought recovery. Generally, semi-arid and semi-humid areas took longer to recover to their pre-drought state (Figure 5). Ecosystems in these areas exhibited higher overall sensitivity to drought (Vicente et al., 2013; Yang et al., 2016). Vegetation in arid areas adapted to long-term water deficit through various physiological, anatomical, and functional mechanisms, resulting in high drought resistance (Craine et al., 2013). In humid areas, sufficient water storage helped resist drought (Liu et al., 2018); Sun et al., 2023). Vegetation also played a crucial role in regulating the recovery trajectory. The drought resistance of plants was determined by various traits such as stomatal conductance, hydraulic conductivity, and cell turgor pressure (Bartlett et al., 2016; Martínez-Vilalta et al., 2017). Grasslands and shrublands could quickly recover from drought, while forest systems require longer periods of time (Gessler et al., 2017). This may because those have relatively simple vegetation structures, shorter life cycles, and faster growth rates (Ru et al., 2023). In contrast, forest systems have more complex vegetation structures and ecological processes (Tuinenburg et al., 2022). Deep roots enhance tree tolerance to drought (McDowell et al., 2008; Nardini et al., 2016). Compared to shallow roots, deep roots have larger conduit diameters and vessel cells, resulting in higher hydraulic conductivity. During droughts, deep roots may play a critical role in water absorption, as increased root growth with soil depth could represent an adaptation to drought

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332 conditions (Germon et al., 2020), enabling rapid access to substantial water reserves stored in deeper soils (Christina et al.,

333 <u>2017).</u>

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4.3 Limitations and perspectives

We emphasized that the post-flash drought recovery trajectory of ecosystem is influenced by several factors, including postflash drought hydrological conditions, flash drought characteristics, and the physiological characteristics of vegetation. However, we should note that in this study, the same percentile threshold (20%, 40%) was used to identify flash drought events based on empirical values from previous research findings. Further investigation should investigate how to determine regionspecific thresholds and examine the sensitivity of these thresholds to flash drought recognition (Gou et al., 2022). Furthermore, it is important to consider that plant strategies for coping with flash drought can vary due to species differences (Gupta et al., 2020). There is still a need for improvement in understanding the physiological and ecological mechanisms involved in flash drought recovery. Flash droughts can have multiple impacts on ecosystems, and it is worth noting that our approach in this study focused primarily on GPP. To gain a more comprehensive understanding, future research should explore the mechanism of ecosystem restoration from multiple perspectives, such as evaluating greenness and photosynthesis. In future water resource management, we should recognize the importance of adopting measures to reduce the risk of drought disasters Although flash droughts can lead to significant short-term disruptions, there remains a need to explore their long-term effects more comprehensively. Future research should prioritize understanding how these intense, short-term drought events might evolve into more conventional droughts and the persistence of their impacts over time (Liu et al., 2023a). Understanding these dynamics will be crucial for predicting and managing the carbon balance and resilience of ecosystems under changing climate conditions.

5 Conclusions

352 Effectively reducing drought risk and reducing drought exposure are crucial for achieving sustainable development goals 353 (SDGs) related to health and food security. This study applied a random forest regression model to analyze the factors 354 influencing recovery time and the response functions settled up by partial correlation for typical flash drought recovery time. 355 The most important environmental factor affecting recovery time is post-flash drought radiation, followed by aridity index and 356 post-flash drought temperature. Recovery time prolongs with lower solar radiation conditions. Semi-arid/sub-humid areas have 357 longer recovery time. Temperature does not exhibit a monotonic response in relation to recovery time; excessively cold or 358 overheated temperatures lead to longer recovery times. Herbaceous vegetation recovers more rapidly than woody forests, with 359 deciduous broadleaf forests demonstrating the shortest recovery time.

Our study assessed the recovery time of ecosystems to flash droughts based on GPP dataset and identified the dominant factors of recovery time. Results show that 78% of ecosystems could recover within 0 to 50 days. However, certain areas, such as

central China and southern China, required 90 days or more to recover. The analysis of the response functions showed that radiation emerged as the most influential factor impacting flash drought recovery time, with lower solar radiation conditions leading to prolonged recovery time. Additionally, temperature did not exhibit a monotonic response in relation to recovery time. In terms of flash drought characteristics, the difference in recovery time is more associated with speed than severity and duration.

Although this study provides a good basis for further investigation of flash drought characteristics, it is important to note that the further extension of this study may lead to more understanding of flash drought for hydrological application or worldwide practices. It is important to determine region-specific thresholds and examine the sensitivity of these thresholds to flash drought recognition. Furthermore, plant strategies for coping with flash drought can vary due to species differences. To gain a more comprehensive understanding of flash drought recovery, future research should also explore the mechanism of ecosystem restoration from multiple perspectives, such as evaluating greenness and photosynthesis.

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Author contributions

- 375 Mengge Lu: Conceptualization, Methodology, Data curation, Formal analysis, Writing original draft. Huaiwei Sun:
- 376 Conceptualization, Project administration, Writing review & editing, Supervision. Yong Yang: Writing review & editing.
- 377 Jie Xue: Writing review & editing. Hongbo Lin: Writing review & editing. HongZhang: Writing review & editing.
- 378 **Wenxin Zhang**: Writing review & editing.

Declaration of competing interest

- 380 The authors declare that they have no known competing financial interests or personal relationships that could have appeared
- 381 to influence the work reported in this paper.

382 **Data availability**

- 383 Global Land Evaporation Amsterdam Model (GLEAM) soil moisture data is available from https://www.gleam.eu/. The China
- 384 Meteorological Forcing Dataset (CMFD) can be accessed via https://westdc.westgis.ac.cn/zh-hans/data/7a35329c-c53f-4267-
- 385 aa07-e0037d913a21/. Global MODIS and FLUXNET derived Product GPPThe FluxSat GPP dataset (Version 2) dataset is
- 386 available from https://daac.ornl.gov. The MODIS land cover dataset MCD12C1 is available from
- 387 https://doi.org/10.24381/cds.f17050d7.

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