



1 Soil water sources in permafrost active layer of Three-River 2 Headwater Region, China

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9 **Abstract:**

10 Water in permafrost soil is an important factor affecting the ecology of
 11 cold environments, climate change, hydrological cycle, engineering, and
 12 construction. To explore the variations in soil water in the active layer due
 13 to permafrost degradation, the soil water sources in the Three-River
 14 Headwater Region were quantified based on the stable isotope data ($\delta^2\text{H}$
 15 and $\delta^{18}\text{O}$) of 1140 samples. The results showed that the evaporation
 16 equation was $\delta^2\text{H} = 7.46 \delta^{18}\text{O} - 0.37$ for entire soil water. The stable
 17 isotope data exhibited a spatial pattern, which varied over the soil profile
 18 under the influence of altitude, soil moisture, soil temperature, vegetation,
 19 precipitation infiltration, soil water movement, ground ice, and
 20 evaporation. Based on the stable isotope tracer model, precipitation and
 21 ground ice accounted for approximately 88% and 12% of soil water,
 22 respectively. High precipitation contributed to the soil water in the 3900–
 23 4100 m, 4300–4500 m, and 4700–4900 m zones, whereas ground ice
 24 contributed to the soil water in the 4500–4700 m and 4900–5100 m zones.
 25 Precipitation contributed approximately 84% and 80% to the soil water in
 26 grasslands and meadows, respectively, whereas ground ice contributed
 27 approximately 16% and 20%, respectively. Precipitation;
 28 evapotranspiration; physical and chemical properties of soil; and the



29 distribution of ground ice, vegetation, and permafrost degradation were
30 the major factors affecting the soil water sources in the active layer.
31 Therefore, establishing an observation network and developing
32 technologies for ecosystem restoration and conservation is critical to
33 effectively mitigate ecological problems caused by future permafrost
34 degradation in the study region.

35

36 **Key words:** soil water sources, permafrost active layer, stable isotopes,
37 Three-river Headwaters Region

38

39 1. Introduction

40 Soil water is the critical element of the water cycle and is closely
41 associated with precipitation, surface water, groundwater, and plant water
42 (Sprenger et al., 2016). Being an important link between the cryosphere,
43 atmosphere, biosphere, hydrosphere, and lithosphere, soil water is a key
44 factor in ground–air exchange, land surface processes, and hydrological
45 processes in alpine regions (Tan et al., 2017). In addition, soil water holds
46 most of the information pertaining to surface hydrological processes. It
47 influences the infiltration and runoff ratios of rainfall and evaporation and
48 controls the distribution of water and energy (Jean et al., 1998). The
49 evolution of soil water is primarily controlled by external factors, such as
50 precipitation, temperature, solar radiation, runoff, surface
51 evapotranspiration, and human activities, as well as internal factors, such
52 as vegetation, topography, altitude, soil type, physical and chemical
53 properties of soil, and soil particle characteristics. Moreover, soil water
54 has a significant effect on local and global climate by altering surface
55 albedo, surface heat capacity, and latent and sensible heat turbulence
56 fluxes. Seasonal variations in soil water can directly or indirectly affect



57 plant physiological metabolic processes, change the distribution of
58 elemental contents in plants, and alter plant resource acquisition strategies
59 and biomass distribution patterns, thereby affecting the community
60 structure and species diversity of the ecosystem (Liu et al., 2021).

61 Stable isotope tracing has recently emerged as a new approach for
62 studying the water cycle, overcoming the limitations of traditional
63 methods to expand research on soil water (Brooks et al., 2015; Sprenger
64 et al., 2016; Li et al., 2020). "Araguás-Araguás et al. (1995) revealed that
65 extracted soil water was depleted in $\delta^2\text{H}$ and $\delta^{18}\text{O}$ by 5–10‰ and 0.3–
66 0.5‰, respectively, and that these depletions were strongly dependent on
67 the soil type. The enrichment of heavy isotopes in topsoil has reportedly
68 followed a seasonal hysteresis pattern, thereby indicating a lag time
69 between the fractionation signal in soil and the increase/decrease in soil
70 evaporation in spring/autumn (Sprenger et al., 2017). Tan et al. (2017)
71 also reported that the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of soil water varied with
72 season and soil profile depth. The seasonal variations in soil profiles also
73 differed between wet and dry years. Che et al. (2019) revealed
74 considerable variations in the $\delta^{18}\text{O}$ value of soil water in shallow soil due
75 to evaporation and precipitation infiltration, whereas it was less affected
76 by these factors in the middle and deep soil layers. The spatial
77 characteristics of stable isotopes in soil water are manifested by the
78 fluctuations in the vertical soil profile (Gaj et al., 2016). Based on stable
79 isotope tracing, Wu et al. (2017) observed the evaporation front in the 5–
80 10 cm soil layer, and water vapor exchange motions occurred in the 0–5
81 cm soil layer before it diffused to the outside. They also revealed that
82 approximately 4.5% of soil water in the 0–20 cm soil layer was
83 evaporated during the maize-growing season, and 72.6% of the
84 evaporated vapor was condensed. Liu et al. (2011) confirmed that



85 subalpine non-phreatophytic shrubs primarily consumed soil water from
86 the upper 30 cm of the soil profile and revealed that water uptake patterns
87 were positively correlated with the rootlet biomass distribution and soil
88 water content. The significant differences in $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values between
89 root water and soil water are likely associated with isotopic fractionation
90 during root water uptake, leaf surface water pools, and ecohydrological
91 separation (Liu et al., 2021). Through stable isotope tracing, Carey and
92 Feng (2004) revealed the mixing and preferential flow paths of soil water.
93 Water from a small rainfall event (approximately 4.0 mm/d) also
94 penetrated the soil to the depths of 40–50 cm, and the mean effective
95 contribution of soil recharge (0–50 cm deep) occurred after 3–5 d despite
96 the occurrence of large precipitation events (15.0–18.9 mm/d) (Liu et al.,
97 2015). The seasonal variations in stable isotopes in soil water reflect the
98 mixing of old and new soil water and the process of transport and
99 redistribution, which is primarily caused by precipitation, temperature,
100 and seasonal variations in plant growth (Klaus and McDonnell, 2013).
101 However, little research has been conducted on the soil water sources in
102 the permafrost active layer.

103 Being a crucial element of the cryosphere, permafrost plays an
104 important role in ground–air exchange, surface processes, and
105 hydrological cycle. The permafrost active layer acts as a “buffer layer”
106 between permafrost and atmosphere; thus, it is a transition layer for water
107 and heat exchange. Soil water in permafrost is an important factor
108 affecting the ecology of cold environments, climate change, engineering,
109 and construction (Guo et al., 2002). Under the influence of global
110 warming and human activities, permafrost degradation has gradually
111 changed the soil water process on the Qinghai–Tibet Plateau. This has
112 resulted in environmental problems (such as land desertification,
113 grassland degradation/sanding, and reduced biodiversity) and the



degradation of ecosystem function, thereby weakening the role of ecological barriers and posing a serious threat to natural ecological security (Chen et al., 2012).

The Three-River Headwater Region is the study area in this research because it is currently undergoing permafrost degradation due to global warming. Based on the 1140 samples of soil water, precipitation, river water, ground ice, supra-permafrost water, and glacier snow meltwater collected from June 2019 to July 2020, this study (a) analyzes the spatiotemporal distribution of $\delta^2\text{H}$ and $\delta^{18}\text{O}$ in soil water; (b) discusses the influencing factors and hydrological processes of soil water in the permafrost active layer; (c) explores the major sources of (and contributions to) soil water; and (d) confirms the corresponding implications for ecological protection. This study provides a scientific basis for establishing soil parameters in hydrological models, thereby providing technical support for predicting the evolution of water resources under permafrost degradation. Moreover, it provides a theoretical basis for developing ecological protection and vegetation restoration models in cold regions.

2. Data and methods

2.1 Study region

The Three-River Headwater Region is located in the core region of the “two screens and three belts” national ecological barrier in China, representing one of the key ecological function regions (Fig. 1). It is a habitat of unique and rare wildlife on the Qinghai–Tibet Plateau with highest biodiversity. It is also an important site for constructing ecological civilization. The first largest national park, the Three-River Headwater National Park, was constructed in this region. Being the headwater area of the Yangtze, Yellow, and Lancangjiang rivers (Fig. 1), it is an important recharge area for freshwater resources and a water



conservation region for China and the surrounding areas and is known as the “Chinese Water Tower” and the “Source of Life.” The Three-River Headwater Region covers 363,000 km² (31°39'–36°12'E, 89°45'–102°23'E), accounting for 50.4% of the total area of Qinghai Province. The landscape is predominantly mountainous with complex topography and altitudes ranging from 3335 m to 6564 m. The climate is typically alpine continental, with cold and hot seasons, dry and wet seasons, a small annual temperature difference, a large daily temperature difference, long sunshine hours, and strong radiation with no evident seasonal variation. The source regions of the Yellow, Yangtze, and Lancangjiang rivers cover 167,000 km², 159,000 km², and 37,000 km², accounting for 46%, 44%, and 10% of the total area of the study region, respectively. The source regions of the Yellow, Yangtze, and Lancangjiang rivers contribute approximately 49%, 25%, and 15% of the total runoff, respectively, and supply up to 60×10^9 m³/a of freshwater resources. Additionally, more than 180 rivers, 1800 lakes, 200×10^9 m³ of glaciers, and 73,300 km² of wetlands are present in the Three-River Headwater Region.

The ecosystems in the Three-River Headwater Region are characterized by diversity, fragility, sensitivity, weak carrying capacity, and restoration capacity. Grasslands are structurally disordered and dysfunctional, and forests and scrubs have a homogeneous composition and a weak regeneration capacity. Wetlands are poorly regulated and have a weak restoration ability. Desert areas have a simple structural hierarchy, low vegetation cover, low species composition, and poor stability. Under the influence of global warming, the study region has been experiencing glacier retreat, permafrost degradation, increasing precipitation, decreasing snowfall, declining water conservation, and intensified soil erosion. These changes have caused large variations in soil water, leading



172 to considerable uncertainty regarding vegetation growth and major
173 difficulties in vegetation and ecological restoration in permafrost regions.
174 Therefore, studying the soil water sources in the permafrost active layer is
175 necessary to improve the effectiveness of ecological restoration.

176 **2.2 Collection and preparation of samples**

177 Observing ecohydrological processes on the Qinghai–Tibet Plateau is
178 difficult because of the harsh natural conditions (Li et al., 2020), and thus,
179 the dominant contributor to soil water remains largely unknown. Hence,
180 samples from various waterbodies in the Three-River Headwater Region
181 were systematically sampled for the first time in this study; the samples
182 included soil water, ground ice, precipitation, river water,
183 supra-permafrost water, and glacier snow meltwater. A total of 1140
184 samples were collected between June 2019 and July 2020 at continuous
185 spatial and temporal frequencies (Fig. 1). The sampling details are
186 described below.

187 Soil samples: In July 2019, soil profiles of 1 m were excavated at 90
188 sampling sites. Triplicate samples were collected at intervals of 20 cm for
189 the stable isotopic analysis of soil water. The samples were collected from
190 1 cm below the surface to avoid the influence of the free atmosphere on
191 the soil samples. A total of 450 soil samples were collected, each of
192 which was immediately placed in a high density polyethylene (HDPE)
193 bottle and sealed with parafilm before being transported to the laboratory
194 for refrigeration. Soil water and temperature were simultaneously
195 measured during sampling using a portable soil water measurement
196 instrument (TZS-IW) (Fig. 1). Soil temperature ranged from -40 °C to
197 100 °C with an accuracy of ± 0.5 °C. Soil moisture ($\% (m^3/m^3)$) ranged
198 between 0–100% with a response time of < 2 s.

199 Precipitation samples: A total of 375 precipitation (event scale)
200 samples were collected from five stations at different altitudes from June



201 2019 to July 2020: Zhimenda (92.26° E, 34.14° N, 3540 m), Tuotuohe
 202 (34.22° N, 92.24° E, 4533 m), Zaduo (32.53° N, 95.17° E, 4066.4 m),
 203 Dari (33.45° N, 99.39° E, 3967 m), and Maduo (34.55° N, 98.13° E,
 204 4272.3 m) (Fig. 1). Precipitation, air temperature, wind speed, and
 205 relative humidity were recorded during sample collection at the
 206 corresponding national meteorological stations. Precipitation occurring
 207 from 20:00 on the first day to 20:00 the next day was collected to sample
 208 a precipitation event. To avoid evaporation, samples were collected
 209 immediately after the event. Before installing the collectors, the funnels
 210 and flasks were carefully cleaned and dried. After each precipitation
 211 event, the collected rainwater or snow was loaded into pre-cleaned HDPE
 212 sample bottles sealed with parafilm.

213 Ground ice: Collecting ground ice samples, can be challenging,
 214 particularly during the ablation period. At each sampling sites, a 1 m deep
 215 profile was dug in the permafrost active layer for frozen ground ice (Fig.
 216 2). The outer layer of ice samples was chipped off to avoid soil
 217 contamination. Ground ice samples were preserved in pre-cleaned HDPE
 218 bottles sealed with parafilm and stored frozen. A total of 41 ground ice
 219 samples were obtained at different altitudes in the study region.

220 River water: To analyze the spatiotemporal characteristics of stable
 221 isotopes of soil water and river water, river water samples were collected
 222 from the main stream (32 samples) and major tributary (125 samples)
 223 during July 2019. The samples were collected at a depth of 20 cm below
 224 the water surface and stored in HDPE bottles sealed with parafilm.

225 Supra-permafrost water: Supra-permafrost water is the most widely
 226 distributed groundwater in the study area and is primarily stored in the
 227 permafrost active layer (Li et al., 2020). To analyze the spatiotemporal
 228 patterns of stable isotopes in supra-permafrost water and the hydraulic
 229 connection between supra-permafrost water and soil water, 94



230 supra-permafrost water samples were collected at different altitudes
231 during July 2019. Sampling was performed manually by digging a profile
232 of 1 m depth in the permafrost active layer at each sampling site. The
233 water samples collected from the bottom of each profile were
234 immediately filtered through a 0.45- μ m Millipore filters before being
235 stored in HDPE bottles sealed with parafilm.

236 Glacier snow meltwater: In July 2019, 23 samples were collected
237 from streams flowing out of the glacier fronts at Jianggudiru Glacier (91°
238 E, 33.45° N, 5281 m), Dongkemadi Glacier (92° E, 33° N, 5423 m), and
239 Yuzhufeng Glacier (94.22° E, 35.63° N, 5180 m) in the source region of
240 the Yangtze River (Fig. 1); Halong Glacier (99.78° E, 34.62° N, 5050 m)
241 in the source region of the Yellow River; and Yangzigou Glacier (94.85°
242 E, 33.46° N, 5260 m) in the source region of the Lancangjiang River. The
243 samples were stored in HDPE bottles sealed with parafilm.

244 Measurement of $\delta^2\text{H}$ and $\delta^{18}\text{O}$: For the analysis of $\delta^2\text{H}$ and $\delta^{18}\text{O}$,
245 water was extracted from soil using a cryogenic freezing vacuum
246 extraction system (LI-2000, Beijing Liga United Technology Co., Ltd.,
247 China), which can achieve complete extraction with high precision (Li et
248 al., 2016). Test tubes containing soil samples were installed on the
249 extraction line and frozen in liquid nitrogen. After 10 min, the line was
250 checked to ensure that there were no leaks. After completely sealing it,
251 the larger test tube was heated to 95 °C using a heating sleeve, and the
252 smaller test tube was frozen with liquid nitrogen (-196 °C). Water vapor
253 moved from the larger test tube to the smaller one and condensed to ice
254 owing to the temperature gradient. The extraction process required 2 h
255 and had an efficiency of > 98%. Before analysis, all samples were stored
256 in a refrigerator at 4 °C without evaporation. Water samples were
257 analyzed for $\delta^{18}\text{O}$ and $\delta^2\text{H}$ via laser absorption spectroscopy (liquid water
258 isotope analyzer, Los Gatos Research DEL-100, USA) at the Key



259 Laboratory of Ecohydrology of Inland River Basin, Northwest Institute of
 260 Eco-Environment and Resources, Chinese Academy of Sciences. The
 261 results were reported relative to the Vienna Standard Mean Ocean Water.
 262 The measurement precisions for $\delta^{18}\text{O}$ and $\delta^2\text{H}$ were better than 0.5‰ and
 263 0.2 ‰, respectively.

264 **2.3 Methods**

265 The global meteoric water line (GMWL) can be determined by analyzing
 266 the relationship between the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of different waterbodies
 267 worldwide (Craig, 1961). The slope and intercept of local meteoric water
 268 lines (LMWLs) in different regions typically deviate from the GMWL.
 269 The evaporation line (EL) can also be obtained from the regression
 270 analysis of soil water isotope data in an open liquid–gas isotope system
 271 (Landwehr and Stewart, 2014). By calculating the effect of the LMWL on
 272 evaporation, the line-conditioned excess (lc-excess) can be determined as
 273 follows (Landwehr and Coplen, 2006):

$$274 \quad \text{lc-excess} = \delta^2\text{H} - a \times \delta^{18}\text{O} - b \quad (1)$$

275 where a and b represent the slope and intercept of the LMWL,
 276 respectively.

277 The end member mixing analysis (EMMA) tracer approach has been
 278 widely used for analyzing potential water sources contributing to
 279 streamflow (Hooper et al., 1990; Hooper, 2003; Gibson et al., 2005; Peng
 280 et al., 2012; Li et al., 2014, 2020). The EMMA tracer method assumes
 281 that i) the tracer concentration in a potential water source varies
 282 significantly in time and space, ii) chemical properties of the selected
 283 tracer are stable, and iii) changes occur as a result of water mixing. Tracer
 284 techniques involve graphical analyses in which chemical and isotopic
 285 parameters represent the designated endmembers. Essentially, the
 286 changing composition of the studied water likely results from the
 287 intersections during its passage through each landscape. Tracers can be



used to determine the sources and flow paths. Both the two- and three-component methods can be described by a uniform equation:

$$Q_t = \sum_{m=1}^n Q_m, \quad Q_t C_t^j = \sum_{m=1}^n Q_m C_m^j, \quad j = 1, \dots, k \quad (2)$$

where Q_t is the total runoff discharge, Q_m is the discharge of component m , and C_m^j is the tracer j incorporated in the component m . For isotope hydrograph separation, one of the tracers should be an isotope. If there are more than four endmembers, calculation software, such as IsoSource, must be used (Phillips and Gregg, 2003).

3. Results

3.1 Relationship between $\delta^{18}\text{O}$ and $\delta^2\text{H}$ in soil water

In the Three-River Headwater Region, the mean $\delta^{18}\text{O}$ value was -11.58‰ (ranging from -20.86‰ to -0.74‰) and the mean d-excess was 5.77‰ (ranging from -15.41‰ to 54.50‰). Regional differences were observed, whereby the mean values of $\delta^{18}\text{O}$ and d-excess were -10.14‰ (-19.71‰ to -4.82‰) and 6.89‰ (-11.98‰ to 24.46‰), respectively, in the source regions of the Yangtze River, -11.66‰ (-18.56‰ to -0.74‰) and 5.4‰ (-15.41‰ to 18.85‰), respectively, in the source region of the Yellow River, and -14.65‰ (-20.86‰ to -7.57‰) and 4.62‰ (-8.05‰ to 13.91‰), respectively, in the source region of the Lancangjiang River. Based on the regression analyses of all the stable isotope data of soil water, the EL was determined to be $\delta^2\text{H} = 7.46 \delta^{18}\text{O} - 0.37$ ($R^2 = 0.94$, $p < 0.01$) for the entire study area (Fig. 3). The low slope, particularly the negative intercept, indicates that soil water was strongly affected by evaporation or non-equilibrium dynamic fractionation. In addition, the EL varied with soil layers, and the slope and intercept were similar between the 0–20 cm and 20–40 cm soil layers. The EL evidently decreased in the following order: 40–60 cm, 60–80 cm, and 80–100 cm soil layers, which may be explained by three reasons as follows. (1) Different water sources



or supply proportions of soil water. The soil water in the upper layers may have been predominantly contributed by recent precipitation with relatively negative stable isotopes, whereas the deeper soil layers may have been more affected by “old” soil water with relatively positive stable isotopes. (2) The difference in the evaporation intensity of soil water. The effect of evaporation gradually decreases from the top to the bottom of the soil profile; however, the evaporation-affected soil water continues to migrate toward the bottom through piston flow, thereby changing the isotopic composition of soil water. (3) The influences of soil hydrological processes, including precipitation infiltration (preferential or piston flow), vegetation root uptake, soil water movement, and soil texture. Under different climates, altitudes, vegetation types, and geomorphology, the slope and intercept of EL were ranked as follows: source region of the Yangtze River > source region of the Lancangjiang River > source region of the Yellow River (Fig. 3b).

In addition, a negative correlation was observed between the $\delta^{18}\text{O}$ and d-excess values of soil water in the study area (Table 1). However, the correlation coefficients were not significant, indicating the multiplicity and complexity of the evolution of stable isotopes in soil water. Interestingly, the correlation coefficient increased from the top to the bottom of the soil profile, indicating the different influencing mechanisms of precipitation and evaporation in different soil layers (Table 1). These findings indicate that (1) the variations in the stable isotopes of soil water were primarily influenced by a combination of precipitation, infiltration, and evapotranspiration in the upper 40 cm of the soil profile, resulting in a less stable relationship between $\delta^{18}\text{O}$ and d-excess; (2) the variations may be predominantly caused by the migration of soil water from the top to the bottom via piston flow below a depth of 40 cm; and (3) precipitation was an important source of soil water because negative



correlation between $\delta^{18}\text{O}$ and d-excess was significant in the study area.

Although all the soil layers exhibited a negative correlation between $\delta^{18}\text{O}$ and d-excess the correlation coefficients in the 40–60 cm and 80–100 cm soil layers were significant. This can be explained by three reasons as follows: (1) the 0–40 cm soil layer was more exposed to external disturbances, such as precipitation infiltration, evapotranspiration, and soil temperature; (2) observational studies have revealed that soil water is relatively low at a depth of approximately 60 cm in the soil profile, forming a significant “thinning and drying layer” (Li et al., 2010); and (3) the soil water movement was dominated by piston flow. A significant negative correlation was observed between $\delta^{18}\text{O}$ and d-excess on sunlit slopes, whereas the correlation was weaker for shady slopes. In addition, the slope was steeper and intercept was positive for the EL of shady slopes; however, the slope was less steep and intercept was negative for the EL of sunlit slopes, indicating high evapotranspiration due to long sunshine hours. For different vegetation types, the correlation between $\delta^{18}\text{O}$ and d-excess was ranked as forest > meadow > grassland, indicating the effect of vegetation conditions on the stable isotope values of soil water. This was also confirmed by the variations in slope and different intercepts for the ELs corresponding to the different vegetation types (Table 1).

3.2 Distribution of stable isotopes along soil profile

In the Three-River Headwater Region, $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values first increased in the 0–40 cm soil layer, then decreased in the 40–80 cm soil layer, and increased again in the 80–100 cm soil layer (Fig. 4). The maximum values of $\delta^{18}\text{O}$ (-10.8‰) and $\delta^2\text{H}$ (-80.82‰) appeared in the 0–40 cm soil layer, and the minimum values ($\delta^{18}\text{O}$: -13.87‰; $\delta^2\text{H}$: -104.06‰) occurred in the 60–80 cm soil layer. The second highest isotope values were observed in the 80–100 cm soil layer. These results corresponded to the



enrichment of $\delta^2\text{H}$ and $\delta^{18}\text{O}$ in the surface layer via evaporation, and evaporation decreased with increasing depth. The results also indicated the influence of soil water movement, whereby “new” water pushes “old” water down via piston flow, and soil water infiltrates along fast channels. Thus, the stable isotope content exhibited a bimodal pattern in the vertical soil profile due to priority flow, characterizing movable and immovable water. In unsaturated soil, piston flow was less pronounced at high soil water contents, whereas priority flow was more pronounced at low soil water contents. Piston flow and priority flow resulted in varying soil water distributions. Hence, these processes changed the distribution of stable isotopes in the study area and led to relatively positive stable isotope values at the bottom of the soil profile.

However, evaporation reduced the d-excess, as evidenced by the variations and maximum–minimum distribution of d-excess in the study area. Overall, the d-excess increased from 0 cm to 100 cm along the soil profile. The maximum d-excess value of 4.88‰ occurred in the 60–80 cm soil layer, whereas the minimum values of 3.95‰ and 3.91‰ appeared in the 0–20 cm and 20–40 cm soil layers, respectively; however, the d-excess value in the 80–100 cm soil layer was lower than that in the 60–80 cm soil layer. This was likely because the 0–40 cm soil layer was the major water supply layer for plants, and the effect of evapotranspiration was stronger in this layer than that in deeper soil layers. In contrast, soil water movement primarily affected the variations in the stable isotopes of soil water below a depth of 40 cm.

As shown in Fig. 4, same trend was observed for the variations in stable isotopes along the soil profiles in the source regions of the Yangtze and Yellow rivers. In the source region of the Lancangjiang River, the maximum isotope values ($\delta^{18}\text{O}$: -11.66‰; $\delta^2\text{H}$: -81.76‰) appeared in the 80–100 cm soil layer, whereas the minimum values ($\delta^{18}\text{O}$: -15.89‰; $\delta^2\text{H}$:



-121.56‰) occurred in the 0–20 cm soil layer. The second highest isotope values were observed in the 20–40 cm soil layer. These characteristics may be explained by two reasons: one is that precipitation infiltration caused the negative stable isotope values in the top soil layer, whereas the lower soil layer was influenced by soil water movement via piston flow and preferential flow. This understanding was confirmed by the variations in the d-excess values.

The same pattern was also observed in the regions with different vegetation types. For forested areas, the maximum $\delta^{18}\text{O}$ (-11.54‰) and $\delta^2\text{H}$ (-88.74‰) values appeared in the 20–40 cm soil layer, whereas the minimum values ($\delta^{18}\text{O}$: -15.75‰; $\delta^2\text{H}$: -113.38‰) occurred in the 60–80 cm soil layer. This was likely because the 20–40 cm soil layer was the major water supply layer for plants, and evapotranspiration was higher in this layer than in the 40–60 cm soil layer. The second highest isotope values were observed in the 80–100 cm soil layer under the influence of soil water movement.

On sunlit slopes, the $\delta^{18}\text{O}$ value first decreased from 0 cm to 80 cm and then increased in the 80–100 cm soil layer. The maximum $\delta^{18}\text{O}$ (-11.54‰) and $\delta^2\text{H}$ (-88.74‰) values appeared in the 0–20 cm soil layer, whereas the minimum values ($\delta^{18}\text{O}$: -14.26‰; $\delta^2\text{H}$: -104.86‰) occurred in the 60–80 cm soil layer. On shady slopes, the maximum $\delta^{18}\text{O}$ (-10.66‰) and $\delta^2\text{H}$ (-78.90‰) values appeared in the 20–40 cm soil layer, primarily due to water absorption by vegetation roots. These results corresponded to the enrichment of stable isotopes in the top soil layers under the influence of surface evaporation, and evaporation decreased with increasing soil depth.

3.3 Spatial distribution of stable isotopes

As shown in Fig. 5, the mean $\delta^{18}\text{O}$ value of soil water throughout the soil profile (0–100 cm) gradually became more positive from the southeast to



the northwest in the source regions of the Yangtze and Yellow rivers, whereas it became more negative from the southeast to the northwest in the source region of the Lancangjiang River. Interestingly, no evident variation trend was observed for the stable isotope values throughout the soil profile (0–100 cm), which also indicated the complexity and diversity of the influencing factors, such as evaporation, soil water movement, vegetation growth, and soil water sources, on soil water.

The $\delta^{18}\text{O}$ values in the 0–20 cm soil layer were nearly positive, particularly in the northern and southern regions. However, there was a decreasing trend toward the central and eastern parts, which was likely due to low evaporation and the mixing effects of new precipitation at relatively higher altitudes. Notably, the same pattern was not observed between the $\delta^{18}\text{O}$ values of surface soil water (0–20 cm) and precipitation; however, this did not include the source region of the Lancangjiang River, where the $\delta^{18}\text{O}$ value of soil water decreased with increasing precipitation from lower to higher altitudes. The influence of evaporation on the isotopic composition of the surface soil water was considerably greater than that on the isotopic composition of any other soil layer, and the higher the evaporation, the more enriched the $\delta^{18}\text{O}$ content.

Overall, the $\delta^{18}\text{O}$ value in the 20–40 cm soil layer exhibited a decreasing trend from the southeastern part to northwestern part of the study area. The low values were primarily distributed in the Tanggula Mountains, source region of the Lancangjiang River, Bayankara Mountains, and Animaqing Mountains, whereas the high values were primarily distributed in the Kunlun, Ruoerge, and outflow areas of the source region of the Yellow River. The influence of evaporation on the isotopic composition decreased with increasing soil depth, and the influence of precipitation, temperature, topography, and other factors were more prominent in the deeper soil layers. In addition, because the



upper soil layer was the major water source for plants, particularly in meadows, this layer had relatively positive $\delta^{18}\text{O}$ values under the influence of water uptake and evapotranspiration by the vegetation root system.

Negative $\delta^{18}\text{O}$ values were primarily distributed in the 40–60 cm soil layer in the Zhaqu River basin, Tuotuohe River basin, and Bayankara Mountains. However, the $\delta^{18}\text{O}$ value was mostly depleted in the Kunlun Mountains, Tongtianhe River basin, and most parts of the source region of the Yellow River, which was co-influenced by plant water use, soil water sources, and soil water movement.

The area with negative $\delta^{18}\text{O}$ values in the 60–80 cm soil layer increased significantly compared with that in the 40–60 cm layer, particularly in the Tuotuohe River basin, Zhaqu River basin, and Ruorgai region. However, mostly positive $\delta^{18}\text{O}$ values were observed in the source region of the Lancangjiang River, central source region of the Yangtze River, and northern fringe of the Yellow River source region. This change was primarily caused by soil water movement, which affected the variations in stable isotopes in the soil profile.

In the bottom soil layer (80–100 cm), the $\delta^{18}\text{O}$ value gradually became more positive from the southern part toward the northern part of the study area. This trend was identical with the latitudinal effect of stable isotopes in precipitation, indicating that precipitation was the major source of soil water recharge in the active permafrost layer.

The d-excess value throughout the soil profile (0–100 cm) gradually increased from the southern part to the northern part of the study area, which was the opposite distribution to that observed for $\delta^{18}\text{O}$ (Fig. 6). In the 0–20 cm soil layer, the mean d-excess value was relatively low (5.18‰), widely ranging from -11.24‰ to 21.39‰. Throughout the study area, the d-excess value was higher in the north than in other areas and



490 was the lowest in the southeast. High d-excess values were primarily
491 distributed in the Kunlun Mountains, Tanggula Mountains, Bayan Kara
492 Mountains, and Animapro Mountains. The relatively low d-excess values
493 were primarily observed in the source region of the Lancangjiang River
494 and the marginal and headwater areas of the Yellow River, which was
495 due to the relatively low evaporation at high latitudes.

496 In the 20–40 cm soil layer, the mean d-excess value was 5.13‰,
497 ranging from -13.35‰ to 22.30‰. The high values were observed in the
498 source regions of the Yangtze River and Lancangjiang River, particularly
499 in the Tanggula and Kunlun mountains; however, lower values were
500 primarily distributed in the source region of the Yellow River,
501 particularly in the headwater area.

502 In the 40–60 cm soil layer, the d-excess value ranged from -13.35‰
503 to 22.30‰, with a mean of 5.71‰. The lower values were primarily
504 observed in the low altitude areas of the Yangtze and Yellow rivers and
505 the Bayan Kara Mountains, whereas the higher values were primarily
506 distributed in the Tanggula and Kunlun mountains.

507 In the 60–80 cm soil layer, the d-excess value ranged from -8.94‰
508 to 18.36‰, with a mean of 5.85‰. Spatially, the value varied
509 considerably in this soil layer, increasing from the south to the north in
510 the source region of the Yangtze and Yellow rivers but from north to
511 south in the source region of the Lancangjiang River. The high d-excess
512 values were primarily distributed in the Kunlun Mountains, Bayan Kara
513 Mountains, and the central source region of the Yellow River.

514 Among all soil layers, the highest mean d-excess value (6.11‰,
515 ranging from -8.30‰ to 16.66‰) was observed in the 80–100 cm soil
516 layer. Relatively high values were distributed in the Kunlun Mountains,
517 central area of the Yellow River, and source region of the Lancangjiang
518 River. Overall, with increasing soil depth, the d-excess value increased,



519 and the variation range became smaller and more positive.

520 **3.4 Soil evaporation based on stable isotopes**

521 The variations in the lc-excess are shown in Fig. 7. The mean values of
 522 $\delta^{18}\text{O}$, $\delta^2\text{H}$, and lc-excess for precipitation in the study area were -14.25‰,
 523 -100.84‰, and -0.83‰, respectively, whereas those for soil water were
 524 -12.05‰, -90.76‰, and -8.10‰, respectively. These differences indicate
 525 that the isotopic enrichment of soil through evaporation occurred with
 526 precipitation infiltration to the soil. Moreover, there were high variations
 527 in stable isotopic compositions.

528 Temporally, the maximum lc-excess of precipitation occurred in
 529 April, whereas the minimum was in February. Moreover, the lc-excess in
 530 soil water was significantly influenced by precipitation infiltration. The
 531 lc-excess values of soil water in the 0–20 cm, 20–40 cm, 40–60 cm, 60–
 532 80 cm, and 80–100 cm soil layers were -8.48‰, -8.51‰, -8.12‰,
 533 -7.88‰, and -7.54‰, respectively. Hence, the lc-excess value increased
 534 gradually with increasing soil depth, and the degree of variation
 535 decreased. Similar patterns were observed in the source regions of the
 536 Yangtze River, Yellow River, Lancangjiang River, and the entire study
 537 area. The minimum lc-excess value occurred in the 80–100 cm soil layer
 538 in the source region of the Yangtze River, whereas the maximum
 539 lc-excess value occurred in the 80–100 cm layer in the source region of
 540 the Lancangjiang River. The mean lc-excess values were -7.55‰,
 541 -7.65‰, and -7.93‰ in the source regions of the Yangtze River, Yellow
 542 River, and Lancangjiang River, respectively. These results indicated how
 543 the stable isotopes of surface soil water are influenced by evaporation and
 544 precipitation infiltration during the rainy season, whereas they are
 545 primarily influenced by soil water movement in the deeper layers.
 546 Moreover, the degree of influence also varied significantly owing to the
 547 differences in climatic conditions, geomorphology, and vegetation types



548 in the source regions.

549 The mean lc-excess values for grasslands, meadows, and forest were
 550 -8.62‰, -5.92‰, and -7.24‰, respectively, which primarily reflected the
 551 differences in evaporation effects. In addition, the lc-excess values
 552 exhibited an increasing trend from 0 cm to 100 cm but with varying
 553 degrees. For grassland areas, the maximum and minimum values
 554 appeared in the 20–40 cm and 40–60 cm soil layers, respectively, and the
 555 values in the other soil layers were similar. For meadow areas, the
 556 maximum and minimum values occurred in the 40–60 cm and 20–40 cm
 557 soil layers, respectively, and the values in the other soil layers were
 558 similar. For forest areas, the maximum and minimum appeared in the 60–
 559 80 cm and 0–20 cm soil layers, respectively, and other soil layers
 560 exhibited variations. These features indicated the following influences of
 561 vegetation on the stable isotope profiles of soil water. (1) The isotopes of
 562 surface soil water were primarily influenced by evaporation and
 563 precipitation infiltration with substantial variations; (2) the major water
 564 absorption layers for grassland, meadow, and scrub roots were probably
 565 the 20–40 cm, 40–60 cm, and 60–80 cm soil layers, respectively, which
 566 were influenced by vegetation transpiration and had relatively positive
 567 stable isotopes; and (3) the most intense evapotranspiration was observed
 568 in the meadow area with good vegetation conditions. Figure 7 shows that
 569 the lc-excess values were significantly higher on sunlit slopes than on
 570 shady slopes, confirming the intense evapotranspiration. In addition, the
 571 variation pattern of lc-excess with soil profile depth differed between
 572 shady and sunlit slopes, indicating the complex mechanism of stable
 573 isotopes in soil water.

574 **3.5 Relationship between soil water and surface waters**

575 In the study region, the LMWL was $\delta^2\text{H} = 7.89\delta^{18}\text{O} + 12.43$ ($R^2 =$
 576 0.97 ; $N = 375$) based on event-level precipitation. Figure 8 shows that



soil water was primarily located on the LWML, suggesting that precipitation was the major soil water source, and some soil water plotted below the LWML indicated high evaporation. Moreover, the main stream water and tributary water clustered between supra-permafrost water and soil water, indicating a hydraulic relationship between recharge and discharge. This suggests that water from the sources first infiltrated forming soil water, which then transformed to recharge the supra-permafrost water. This supra-permafrost water subsequently recharged the tributary or main stream water, indicating the uniqueness of the runoff-initiating and converging processes in cold regions and confirming the significant influence of permafrost on the hydrological process. This interpretation suggests that precipitation did not directly replenish surface runoff in the study area. This could be due to the transformation of precipitation into soil water or supra-permafrost water that is stored in the permafrost active layer, which has a significant influence on the runoff process. Similar results were also reported for the Qilian Mountains (Li et al., 2019), likely indicating the unique hydrological processes, particularly in glaciers and permafrost regions. Overall, the isotopic compositions of soil water were close to the LMWL, and the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values varied between precipitation and ground ice. Accordingly, it can be inferred that soil water in the study area is recharged by multiple sources.

The relationship between soil water and the LWML varied significantly at different altitudes; the lower the altitude, the lower the left-hand side of the LWML, and vice versa. The slope and intercept of the EL also confirmed this relationship, whereby the lowest slope and intercept values occurred at 3000–3500 m, which increased with increasing altitude to maximum values at 3500–4000 m and 4500–5000 m, respectively. These results confirmed that the degree of influence of



606 evapotranspiration on stable isotopes decreased with increasing altitude.
607 The stable isotope values of soil water were generally clustered and
608 distributed with precipitation at different altitudes, indicating that
609 precipitation was the major soil water source in the study area.

610 The relationship between soil water and the LWML also varied
611 significantly with vegetation types, with forest being farthest from the
612 LWML, followed by meadows and grasslands. The slope and intercept of
613 the EL for each vegetation type also confirmed this trend (Fig. 8). Owing
614 to the high water consumption and evapotranspiration, the stable isotope
615 values of soil water were relatively positive in the forest areas. The
616 meadow region had a lush vegetation growth condition and high
617 evapotranspiration. Moreover, the soil was unconsolidated with capillary
618 development, which likely had a relatively strong influence on stable
619 isotopes. In addition, the relationship between soil water and the LWML
620 varied significantly between shady and sunlit slopes. Soil water was far
621 from the LWML on sunlit slopes, whereas it was closer to the LWML on
622 shady slopes under the influence of evapotranspiration. These variations
623 also indicated the difference in the recharge ratio between precipitation
624 and ground ice to soil water at different elevations, vegetation, and slope
625 directions.

626 **3.6 Sources of soil water**

627 The EMMA model was used to identify different source areas and the
628 mixing processes of soil water and quantify the contribution of each
629 endmember. There were significant differences in the $\delta^2\text{H}$ and $\delta^{18}\text{O}$
630 concentrations of ground ice, precipitation, and soil water in the study
631 area (Fig. 8). Accordingly, these $\delta^{18}\text{O}$ and $\delta^2\text{H}$ data were selected for
632 analysis because they could effectively characterize the sources. There
633 were large spatiotemporal variations in the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ concentrations
634 and soil water plotted on a straight line spanning the two endmembers,



635 suggesting that soil water was a mixture of them (Fig. 9). Therefore,
636 precipitation was considered as the first endmember and ground ice as the
637 second endmember. Soil water was also characterized during the
638 sampling period (Fig. 9). In the study region, precipitation and ground ice
639 accounted for approximately 88% and 12% of soil water, respectively, in
640 July 2019; hence, precipitation was the major source of soil water in July,
641 which is the rainy season. However, a large amount of ground ice likely
642 melted before July as soil temperatures increased, particularly in shallow
643 soils.

644 On sunlit slopes, the estimated contributions of precipitation and
645 ground ice to soil water were approximately 90% and 10%, respectively,
646 whereas those on shady slopes were approximately 86% and 14%,
647 respectively (Fig. 10). This difference can be explained by the following
648 reasons. (1) The effect of solar radiation was stronger on sunlit slopes, as
649 the soil temperature was higher, ground ice melted faster, and melting
650 period started earlier than on shaded slopes; hence, the ground ice content
651 was higher on shady slopes. (2) Evapotranspiration was higher on sunlit
652 slopes than on shady slopes, whereas the soil water content was lower on
653 sunlit slopes than on shady slopes. In addition, piston flow development
654 was more favorable on sunlit slopes when precipitation occurred, as the
655 soil acted as a “dry sponge” with a strong capacity to absorb water.

656 The soil water sources also varied significantly at different
657 elevations (Fig. 10). The area below 3700 m was characterized by
658 seasonally frozen soil, where the major soil water source was
659 precipitation because the seasonally frozen soil melted before July;
660 therefore, ground ice did not contribute to soil water in this region. For
661 the area above 3700 m, the contribution of precipitation to soil water
662 gradually decreased with increasing altitude, whereas the contribution of
663 ground ice gradually increased but fluctuated. A higher contribution of



precipitation was observed in the zones of 3900–4100 m, 4300–4500 m, and 4700–4900 m, whereas ground ice contributed more to soil water in the zones of 4500–4700 m and 4900–5100 m. Thus, as temperature increased with a decrease in elevation, the earlier the ground ice melted, the greater the melting intensity. In addition, the distribution of ground ice was uneven owing to various factors, such as topography, geology, and groundwater.

The soil water sources also varied significantly with different vegetation zones (Fig. 10). The forest area is primarily located in the region of seasonally frozen soil, where soil water is primarily recharged by precipitation. Precipitation contributed approximately 84% and 80% to soil water in grassland and meadow areas, respectively, , whereas ground ice contributed approximately 16% and 20%, respectively. The soil water content was high in the meadow area because of the lush vegetation growth. The supra-permafrost water level was also high, and the ground ice storage was abundant and mostly distributed on shady or semi-shady slopes. Furthermore, a previous study reported that ground ice was abundant during July in meadows with high vegetation cover than in grasslands (Li et al., 2010). Interestingly, with the increase in soil profile depth, the contribution of precipitation to soil water gradually decreased, whereas the contribution of ground ice gradually increased (Fig. 10). The reasons for this are as follows: i) ground ice storage increases with increasing soil profile depth, ii) ground ice melts earlier on the surface, and iii) precipitation primarily recharges soil water through piston flow.

4. Discussion

4.1 Influence of altitude on stable isotopes

Stable isotopes of soil water are influenced by multiple factors such as precipitation, evaporation, soil water movement, vegetation type, topography, and human activities (Matthias et al., 2017). Although stable



isotopes of soil water were affected by altitude (Fig. 11), no evident effect was observed for the 0–20 cm soil layer, likely due to intense solar radiation and evaporation from the surface soil. Moreover, precipitation infiltration occurred primarily at the surface, leading to random variations in stable isotopes and an irregular trend with increasing elevation. The rate of change in $\delta^{18}\text{O}$ with increasing altitude was $-0.11\text{‰}/100\text{ m}$ ($R^2 = 0.013$), $0.37\text{‰}/100\text{ m}$ ($R^2 = 0.08$), $0.02\text{‰}/100\text{ m}$ ($R^2 = 0.12$), and $0.02\text{‰}/100\text{ m}$ ($R^2 = 0.02$), at soil depths of 20–40 cm, 40–60 cm, 60–80 cm, and 80–100 cm, respectively. Hence, altitude evidently affected the $\delta^{18}\text{O}$ values of soil water in the 20–60 cm soil layer, whereas it was less pronounced in the 60–100 cm soil layer. The $\delta^{18}\text{O}$ value increased with increasing altitude throughout 40–100 cm soil layer. These changes indicate that precipitation infiltration was not the major factor affecting the variations in soil water in the 20–100 cm soil layer with increasing altitude. Alternatively, soil hydrological processes and other factors played significant roles. With increasing altitude, the d-excess value increased in the 0–40 cm soil layer and then decreased in the 40–100 cm soil layer. The rate of change in d-excess with increasing altitude was $0.43\text{‰}/100\text{ m}$ ($R^2 = 0.09$), $0.13\text{‰}/100\text{ m}$ ($R^2 = 0.005$), $-0.64\text{‰}/100\text{ m}$ ($R^2 = 0.02$), $-0.54\text{‰}/100\text{ m}$ ($R^2 = -0.02$), and $-0.69\text{‰}/100\text{ m}$ ($R^2 = -0.02$) in the 0–20 cm, 20–40 cm, 40–60 cm, 60–80 cm, and 80–100 cm soil layers, respectively.

For grassland, the rate of change in $\delta^{18}\text{O}$ with increasing altitude was $-0.22\text{‰}/100\text{ m}$ ($R^2 = -0.02$), $-0.106\text{‰}/100\text{ m}$ ($R^2 = -0.002$), $0.34\text{‰}/100\text{ m}$ ($R^2 = 0.02$), $0.46\text{‰}/100\text{ m}$ ($R^2 = -0.02$), and $-0.125\text{‰}/100\text{ m}$ ($R^2 = -0.083$) in the 0–20 cm, 20–40 cm, 40–60 cm, 60–80 cm, and 80–100 cm soil layers, respectively. The rate of change in d-excess value with increasing altitude was $0.54\text{‰}/100\text{ m}$ ($R^2 = 0.15$), $0.15\text{‰}/100\text{ m}$ ($R^2 = -0.01$), $-0.45\text{‰}/100\text{ m}$ ($R^2 = -0.01$), $0.16\text{‰}/100\text{ m}$ ($R^2 = -0.07$), and $-0.43\text{‰}/100$



m ($R^2 = -0.083$) in the 0–20 cm, 20–40 cm, 40–60 cm, 60–80 cm, and 80–100 cm soil layers, respectively. These gradients confirm that the soil layer above 40 cm in the grassland area was primarily influenced by evapotranspiration, whereas the influence of other factors (such as soil water movement) dominated below 40 cm.

In the meadow area, except for the 20–40 cm soil layer ($-0.15\text{‰}/100$ m; $R^2 = -0.06$), there was no significant altitude effect on the $\delta^{18}\text{O}$ values of other soil layers. However, the rate of change in d-excess with increasing altitude was $-0.14\text{‰}/100$ m ($R^2 = -0.03$), $0.23\text{‰}/100$ m ($R^2 = -0.02$), $-0.18\text{‰}/100$ m ($R^2 = -0.05$), $0.25\text{‰}/100$ m ($R^2 = -0.17$), and $-1.5\text{‰}/100$ m ($R^2 = 0.55$) in the 0–20 cm, 20–40 cm, 40–60 cm, 60–80 cm, and 80–100 cm soil layers, respectively. These gradients indicate that the altitude effect was not significant in the meadow area owing to strong evaporation, high soil water content, freeze–thaw processes, and soil water movement.

In addition, the altitude effect was slightly more pronounced on sunlit slopes than on shady slopes, which also indicated the complex coupling process between moisture–soil–vegetation and freeze–thaw processes in the permafrost region. Therefore, continuous observations and sampling are key to studying ecohydrological processes in cold regions.

Therefore, unlike the stable isotopes of precipitation and river water, the stable isotopes of soil water did not vary significantly with altitude. This can be explained by three possible reasons. (1) Soil water flows downhill along the slope under gravity due to lateral recharge at higher altitudes, implying that soil water may be insufficient and variable. Thus, soil water at high altitudes is characterized by low soil water dynamics with positive stable isotope values under the influence of evapotranspiration. (2) A relatively flat topography effectively reduces



the lateral movement of soil water at low altitudes. Flat areas at low altitudes can also receive soil water from high altitudes and be recharged by rivers or upward infiltration from supra-permafrost water, resulting in sufficient soil water with negative stable isotopes. (3) Furthermore, vegetation cover is sparse at high altitudes, leading to relatively weak water-holding capacity. However, the high vegetation coverage at low altitudes promotes long-term accumulation of soil water, high soil water content, and negative stable isotopes.

4.2 Influences of soil temperature and moisture on stable isotopes

Soil temperature and moisture not only affect regional runoff production, infiltration, evapotranspiration, and vegetation evolution, but also the distribution of energy and thermal parameters (Carey and Feng, 2004). Hu et al. (2014) revealed that a decline in soil temperature caused soil water to migrate to the upper and lower freezing fronts during the freezing period, whereas the middle part of the active layer was evacuated and dried. As shown in Fig. 12, with increasing soil moisture, the $\delta^{18}\text{O}$ value decreased ($\delta^{18}\text{O} = -0.046H - 9.93$; $R^2 = 0.024$), whereas the d-excess value increased ($\text{d-excess} = 0.18H - 0.27$; $R^2 = 0.09$) throughout the study area. Thus, the higher the soil moisture content, the more negative the stable isotope value, and vice versa. This corresponds well with the variation pattern between the stable isotopes of precipitation and air humidity. These results confirm that precipitation was the major soil water source in this study and that high soil water content may have resulted in a low evaporation effect on stable isotopes with increasing soil depth. The relationship between $\delta^{18}\text{O}$ and soil moisture was also inconsistent for each soil layer. The negative correlation between $\delta^{18}\text{O}$ and soil moisture decreased with increasing soil depth and became positive below a depth of 60 cm. However, d-excess and soil moisture were positively correlated in all soil layers except the 20–40 cm soil layer,



and the correlation coefficient gradually increased with increasing soil depth, reaching the maximum in the 80–100 cm soil layer (Table 2). These findings indicate that (1) the stable isotopes of surface soil water were significantly influenced by frequent precipitation infiltration during the rainy period; (2) the 20–60 cm soil layer provided the major moisture source for grassland with relatively high evapotranspiration, and the soil water was replenished by ground ice, which weakened the relationship between stable isotopes and soil water; and (3) the stable isotopes below the 60 cm soil layer were primarily affected by soil water movement and ground ice.

For different vegetation types, the correlation between stable isotopes and soil moisture was most significant in the forest area, followed by the grassland area; however, it was relatively weak in the meadow area. Forests primarily depend on deep soil water or groundwater, and evaporation is relatively weak under the shade of trees; therefore, soil water can retain information regarding precipitation. The meadow area had the higher levels of soil moisture and vegetation growth than the grassland area. Moreover, the meadow area had a “grass carpet layer,” which was rich in vegetation, and had a well-developed root system; thus, precipitation could quickly infiltrate the deep soil, with a small part being absorbed and retained by the root system, leading to no flow in the shallow soil. However, deeper soil water could be mixed by precipitation infiltration, thereby affecting the stable isotope content. In addition, the correlation between stable isotopes and soil moisture was relatively weaker on sunlit slopes than on shady slopes.

As shown in Fig. 12, soil temperature exhibited a weak positive correlation with $\delta^{18}\text{O}$, whereas it exhibited a negative correlation with d-excess. Thus, it was confirmed that the higher the soil temperature, the more intense the evapotranspiration, resulting in a more positive stable



isotope value. However, the relationship between $\delta^{18}\text{O}$ and soil temperature varied significantly between soil layers, exhibiting a weak positive correlation for the 20–60 cm soil layer but a negative correlation for the 0–20 cm and 60–100 cm soil layers (Table 3). This can be explained by three main reasons. (1) Surface soil water is jointly affected by precipitation infiltration and evapotranspiration, resulting in large variations in $\delta^{18}\text{O}$. (2) The $\delta^{18}\text{O}$ value of soil water in the 20–60 cm layer was primarily affected by vegetation evapotranspiration. (3) The 60–100 cm soil layer was primarily dominated by soil water movement. Overall, the d-excess of soil water exhibited a significant positive correlation with the soil temperature.

The mean soil temperature of different vegetation types decreased in the order of forest > grassland > meadow. Except for grassland, the $\delta^{18}\text{O}$ values of soil water in the meadow and forest areas were positively correlated with soil temperature. In contrast, d-excess was significantly negatively correlated with soil temperature, and the correlation level was consistent with the variation in soil temperature. In addition, the correlation coefficients between stable isotopes and soil temperature were significantly high on sunlit slopes than on shady slopes. These findings indicate that soil temperature is an important indicator of the degree of influence of evapotranspiration on stable isotopes and that this influence varies with soil depth, vegetation type, and slope direction.

4.3 Influence of vegetation conditions on stable isotopes

Figure 13 shows that the mean values of $\delta^{18}\text{O}$ and d-excess were -11.32‰ (ranging from -20.86‰ to -0.74‰) and 5‰ (ranging from -15.46‰ to 22.30‰), respectively, in the grassland area, -11.63‰ (-19.26‰ to -5.68‰) and 7.87‰ (-5.07‰ to 24.46‰), respectively, in the meadow area, and -12.89‰ (-16.09‰ to -9.47‰) and 7.87‰ (-4.73‰ to 17.48‰), respectively, in the forest area. Interestingly, the slope and intercept of EL



increased in the order of forest, meadow, and grassland. This indicates that the vegetation type is closely related to the variations in the stable isotopes of soil water. To further analyze the effect of vegetation conditions on the stable isotopes of soil water, the relationship between vegetation cover, vegetation height, and root depth and stable isotopes were analyzed as follows.

Vegetation cover was negatively correlated with $\delta^{18}\text{O}$ and d-excess (Fig. 13). Generally, the higher the vegetation cover and the stronger the evapotranspiration, the more positive the $\delta^{18}\text{O}$ value and the more negative the d-excess value. For specific layers, the $\delta^{18}\text{O}$ value in the 0–60 cm soil layer was significantly negatively correlated with vegetation cover; however, a positive correlation was observed in the 60–100 cm soil layer, where d-excess was negatively correlated with vegetation cover. These results indicate that precipitation infiltration had some influence on soil water with a higher vegetation cover due to root pore space and soil looseness, whereby soil water could be gradually replenished after being removed by evapotranspiration. Moreover, the variations in the stable isotopes of soil water were primarily influenced by evapotranspiration in areas with relatively low vegetation cover. For the soil layer below 60 cm, the influence of vegetation cover continued to weaken, and the variations in stable isotopes were relatively stable. Zimmermann et al. (1966) also reported that stable isotope profiles were enriched in bare soil conditions compared with grass-covered areas.

The grass height was positively correlated with the $\delta^{18}\text{O}$ value of soil water, whereas d-excess was negatively correlated both throughout the soil profile and in each soil layer. The higher the grass height, the greater the evapotranspiration effect, the more positive the $\delta^{18}\text{O}$ value, and the more negative the d-excess value. Therefore, grass height can be an indicator of the degree of vegetation evapotranspiration. Vegetation root



depth exhibited a weakly negative correlation with $\delta^{18}\text{O}$, whereas it exhibited a non-significant positive correlation with d-excess. In terms of specific soil layers, $\delta^{18}\text{O}$ was positively correlated and d-excess was negatively correlated with root depth in the 0–20 cm and 80–100 cm layers; however, the reverse was true for the 20–80 cm soil layer. Accordingly, it can be inferred that (1) the effect of high evapotranspiration is primarily concentrated in the surface soil, whereas soil water movement is more complex and influenced by multiple factors; (2) rapid precipitation infiltration is more favorable with increased root system, thereby mixing soil water and leading to more negative stable isotope values; (3) vegetation primarily absorbs deep soil water, and the deeper the root system, the less effective the evapotranspiration. Wang et al. (2010) also confirmed that plant roots have no fractionation effect on stable isotopes in soil water because they remove both heavy and light isotopes from soil water, resulting in a slow development of the isotope profile.

4.4 Soil water: Sources and implications for ecological protection

This study confirmed that precipitation is the major soil water source in the permafrost active layer and that the degree of influence of precipitation on soil water varies significantly depending on the topography, vegetation, soil texture, and freeze–thaw processes. Wu et al. (2021) revealed that both soil water and daily mean precipitation exhibited the same spatial pattern on the Qinghai–Tibet Plateau, whereas the northwestern arid region had low precipitation and low soil water. Evapotranspiration is the major process through which soil water dissipates in the permafrost active layer. On the one hand, evapotranspiration causes the variations in the soil water content, which in turn changes the stable isotope profiles. On the other hand, evapotranspiration also influences the changes in vegetation and freeze–



896 thaw processes, ultimately causing spatiotemporal changes in soil water.
897 In addition, evapotranspiration varies significantly with vegetation type
898 and soil type, thereby resulting in significant differences in stable isotope
899 profiles.

900 Physical and chemical properties of soil are the key determinants of
901 soil water movement, and environmental factors affecting soil water
902 infiltration primarily include bulk density, porosity, soil texture, organic
903 matter content, and the number of particles with diameter of < 0.1 mm
904 (Zhu et al., 2017). Moreover, soil represents a precondition that
905 determines the occurrence of preferential flow or piston flow in soil,
906 which profoundly influences the changes in the soil water profile. When
907 the active layer is in a frozen state, the unfrozen water exhibits an overall
908 upward trend under the effect of temperature gradients. After the active
909 layer has completely thawed, precipitation moves under the influence of
910 gravity, and the amount of water migration is thus higher (Jiao et al.,
911 2014). The distribution and volume of ground ice in permafrost differ
912 spatially owing to regional variations in climate, topography, ecosystems,
913 and permafrost development (Kanevskiy et al., 2014); thus, the impact of
914 ground ice on soil water is also stochastic. Moreover, the near-surface
915 ground ice content has been closely correlated with surface soil and
916 vegetation parameters, with the strongest correlations observed for
917 locations with the longest landscape-development time (Wang et al., 2019;
918 Fan et al., 2021).

919 Vegetation differences also have a significant effect on soil water. Li
920 et al. (2020) reported that the aboveground and belowground biomasses
921 in alpine meadows were 2 and 2.5 times higher than those in alpine
922 grasslands. In addition, the root system of alpine meadows was primarily
923 dense, with a stronger water-holding capacity and water-blocking
924 function than that of alpine grasslands. The dry surface soil of alpine



meadows first recharges when precipitation occurs, thereby reducing the recharge of deep soil water below a depth of 20 cm. During the complete soil thaw in summer, there was one low water-bearing layer (~50 cm) and two relatively high water-bearing layers (20 cm and 120 cm) in the active layer of alpine meadows; however, there was a consistent increasing tendency for soil water with increasing depth in alpine grasslands (Liu et al., 2009). Jiao et al. (2014) revealed that the onset of soil freezing in alpine meadows lagged than in alpine grassland by 3–15 d during the autumn freezing period. Moreover, Niu et al. (2019) reported that the soil water content was higher in regions with higher vegetation cover. With decreasing vegetation cover, Liu et al. (2009) observed that the rate of variation of soil temperature and water content increased, and the onset dates of ground surface thawing and freezing advanced.

Permafrost, as an impermeable layer, prevents soil water from infiltrating downward. During thawing, the downward hydrothermal process becomes more active because of the increase in short-wave radiation from the ground. Thus, the thawed water is quickly absorbed by the soil, and the deep soil water migrates to the shallow soil (Yang et al., 2013; Wu et al., 2018). Permafrost degradation leads to the changes in the microstructure, porosity, and infiltration properties of soil at the micro level, thereby affecting the changes in the microstructure and seepage characteristics of the permafrost layer, ultimately causing soil water movement and changes in it (Schuur and Mack, 2018). In addition, seasonal freeze–thaw processes affect soil water migration toward the freezing front in the soil profile (Fu et al., 2018). Under a warming climate, a delayed onset of ground freezing and faster thaw completion would result in reduced availability of near-surface soil water in spring (Yang and Wang, 2019).

In areas with a high active layer thickness and a low ground ice



content, permafrost degradation leads to increased soil water infiltration and limited soil water recharge from the frozen storage of previous year, thereby reducing soil water and causing vegetation degradation. Moreover, the recharging water above the permafrost layer is sharply reduced with decreasing soil water, and the low marsh wetlands shrink significantly. These changes lead to the succession of alpine marshy meadows to alpine meadows and alpine grasslands, with consequent changes in vegetation cover and root systems. These changes weaken influence of vegetation on soil water and reduce the ability of the system to hold and transport surface water, resulting in serious water loss.

Therefore, establishing an observation network and monitoring permafrost degradation in the Three-River Headwater Region are critical. In particular, conducting systematic research on soil water changes in the active permafrost layer and exploring the impact of permafrost degradation on soil water variation and vegetation growth are necessary. Furthermore, there is an urgent need to develop technologies for fragile ecosystem restoration and improve the water conservation capacity for wetland ecosystem restoration/conservation, soil and water conservation enhancement, and ecological adaptation and regulation of climate change. Based on the above-mentioned aspects, it is necessary to vigorously implement ecological protection and construction projects, natural forest protection projects, and the conversion of cropland to forest and grassland projects. Such strategies could effectively deal with ecological problems, such as decreased water conservation capacity, increased soil erosion, and vegetation degradation, caused by future permafrost degradation.

5. Conclusions

The permafrost active layer plays an important role in ground–air exchange, surface processes, and the hydrological cycle. Based on the study of 1140 samples of soil water, precipitation, river water, ground ice,



983 supra-permafrost water, and glacier snow meltwater, the soil water
984 sources were quantified in the Three-River Headwater Region, which is
985 currently experiencing widespread permafrost degradation. The results
986 showed that the mean $\delta^{18}\text{O}$ and d-excess values of soil water were -11.58‰
987 and 5.77‰ , respectively, and that there existed a negative correlation
988 between them. The EL in the study region was $\delta^2\text{H} = 7.46 \delta^{18}\text{O} - 0.37$. In
989 the soil profile, the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values first increased, then decreased in
990 the 0–80 cm soil layer, and increased again in the 80–100 cm soil layer.
991 The mean $\delta^{18}\text{O}$ value became more positive gradually from the southeast
992 to the northwest in the source regions of the Yangtze and Yellow rivers,
993 whereas it became more negative from the southeast to the northwest in
994 the source region of the Lancangjiang River. The variations in lc-excess
995 values indicated that soil isotopic enrichment through evaporation
996 occurred with precipitation infiltration to the soil. The stable isotopes of
997 soil water did not exhibit significant altitude effects owing to i) the
998 downslope flow of soil, ii) flat topography at lower altitudes, and iii)
999 gradual increase in vegetation cover with decreasing altitude. The higher
1000 the soil water content, the more negative the stable isotope values, and
1001 vice versa. The higher the soil temperature, the more positive the stable
1002 isotope values of soil water. Vegetation cover was negatively correlated
1003 with both $\delta^{18}\text{O}$ and d-excess, whereas grass height was positively
1004 correlated with $\delta^{18}\text{O}$ and negatively correlated with d-excess. The stable
1005 isotopes of surface soil water were significantly influenced by the
1006 frequent infiltration of precipitation and evapotranspiration. The 20–60
1007 cm soil layer was the major vegetation moisture source layer, which was
1008 primarily influenced by evapotranspiration and ground ice. The stable
1009 isotopes below the 60 cm soil layer were primarily affected by soil water
1010 movement and ground ice mixing; however, they were weakly affected
1011 by evapotranspiration.



Based on stable isotope tracing, soil water was found to be primarily recharged by precipitation and ground ice in the study area. Precipitation and ground ice accounted for approximately 88% and 12% of soil water, respectively. The contribution of precipitation to soil water on sunlit slopes and shady slopes was approximately 90% and 86%, respectively. Higher precipitation contributions to soil water were observed in the 3900–4100 m, 4300–4500 m, and 4700–4900 m zones, whereas ground ice contributed more to soil water in the 4500–4700 m and 4900–5100 m zones. Precipitation contributed approximately 84% and 80% to soil water in grasslands and meadows, respectively, whereas ground ice contributed approximately 16% and 20%, respectively. Precipitation; evapotranspiration; physical and chemical properties of soil; and the distributions of ground ice, vegetation, and permafrost degradation were the major factors influencing the soil water sources in the permafrost active layer of the study area. Therefore, it is critical to establish an observational network, develop technologies for ecosystem restoration and conservation, and implement ecological protection and construction projects in the Three-River Headwater Region to effectively deal with ecological problems caused by future permafrost degradation.

Acknowledges

This study was supported by National Nature Science Foundation of and China(42077187), the Second Tibetan Plateau Scientific Expedition and Research Program (STEP, Grant No. 2019QZKK0405), the National Key Research and Development Program of China (Grant No. 2020YFA0607700), the "Western Light"-Key Laboratory Cooperative Research Cross-Team Project of Chinese Academy of Sciences, National "Plan of Ten Thousand People" Youth Top Talent Project, Innovative



1039 Groups in Gansu Province (2020), Key Groups of Gansu Province (2020).
1040 We greatly appreciate suggestions from anonymous referees for the
1041 improvement of our paper. Thanks also to the editorial staff.

1042

1043 **Author contributions**

1044 Zongxing Li designed research; Zongxing Li, Gui Juan performed research;
1045 Zongxing Li, Gui Juan, Baijuan Zhang, Feng Qi analyzed data; Zongxing Li and Gui
1046 Juan wrote the paper.

1047 **Competing interests**

1048 This manuscript has not been published or presented elsewhere in part or in entirety
1049 and is not under consideration by another journal. We have read and understood your
1050 journal's policies, and we believe that neither the manuscript nor the study violates
1051 any of these. There are no conflicts of interest to declare.

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1262 **Tables:**

1263 Table.1 Relationship between $\delta^{18}\text{O}$ and d-excess, EL for soil waters in
 1264 study region

1265 Table.2 Correlation between soil water stable isotopes and soil moisture
 1266 in study region

1267 Table.3 Correlation between soil water stable isotopes and soil
 1268 temperature in study region

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1270

1271 Table.1 Relationship between $\delta^{18}\text{O}$ and d-excess, EL for soil waters in
 1272 study region

	Relationship between $\delta^{18}\text{O}$ and d-excess/ R^2	EL/ R^2
All soil water samples	$Y = -0.16x + 3.87$, $R^2 = 0.0065$	
0-20cm	$Y = -0.43x + 0.98$, $R^2 = 0.065$	
20-40cm	$Y = -0.4564x + 0.7948$, $R^2 = 0.0392$	
40-60cm	$Y = -1.05x - 7.33$, $R^2 = 0.1667$	
60-80cm	$Y = -0.32x + 2.5781$, $R^2 = 0.0167$	



80-100cm	$Y = -1.1944x - 7.3393, R^2 = 0.1584$	
Sunny slope	$Y = -0.7x - 2.2479, R^2 = 0.0956$	$\delta^2H = 7.28\delta^{18}O - 2.58$ $R^2 = 0.92$
Shady slope	$Y = -0.4337x + 0.8866, R^2 = 0.0543$	$\delta^2H = 7.56\delta^{18}O + 0.77$ $R^2 = 0.95$
Grassland	$Y = -0.4921x - 0.5722, R^2 = 0.0715$	$\delta^2H = 7.50\delta^{18}O - 0.80$ $R^2 = 0.95$
Meadow	$Y = -0.6067x + 0.8133, R^2 = 0.0615$	$\delta^2H = 7.38\delta^{18}O + 0.67$ $R^2 = 0.91$
Forest	$Y = -1.4013x - 12.706, R^2 = 0.2283$	$\delta^2H = 6.44\delta^{18}O - 14.97$ $R^2 = 0.85$

1273

1274 Table.2 Correlation between soil water stable isotopes and soil moisture
 1275 in study region

Types	Relationship between $\delta^{18}O$ and soil moisture/ R^2	Relationship between d-excess and soil moisture/ R^2	Soil moisture
0-20cm	$\delta^{18}O = -0.084H - 7.8$ $R^2 = 0.08$	D-excess = $0.14H + 0.54$ $R^2 = 0.08$	35.58 %
20-40cm	$\delta^{18}O = -0.046H - 9.93$ $R^2 = 0.02$	D-excess = $0.095H + 2.54$ $R^2 = 0.01$	36.62 %
40-60cm	$\delta^{18}O = -0.022H - 11.91$ $R^2 = -0.01$	D-excess = $0.36H - 6.38$ $R^2 = 0.01$	34.82%
60-80cm	$\delta^{18}O = 0.01H - 14.38$ $R^2 = 0.001$	D-excess = $0.54H - 10.14$ $R^2 = 0.54$	32.04%



80-100cm	$\delta^{18}\text{O} = -0.008H - 10.79$ $R^2=0.002$	D-excess = $0.15H+0.59 \quad R^2=0.09$	35.55%
Grassland	$\delta^{18}\text{O} = -0.055H - 9.59$ $R^2=0.03$	D-excess = $0.13H+0.89 \quad R^2=0.04$	36.78%
Meadow	$\delta^{18}\text{O} = -0.024H - 10.64$ $R^2=0.01$	D-excess = $0.2H+0.12$ $R^2=0.12$	32.91%
Frost	$\delta^{18}\text{O} = -0.07H - 10.25$ $R^2=0.05$	D-excess = $0.53H-14.49 \quad R^2=0.3$	33.36%
Shady slope	$\delta^{18}\text{O} = -0.084H - 8.43$ $R^2=0.06$	D-excess = $0.22H-1.67$ $R^2=0.12$	34.68%
Sunny slope	$\delta^{18}\text{O} = -0.011H - 11.42$ $R^2=0.0019$	D-excess = $0.145H+0.82 \quad R^2=0.06$	35.94%

1276

1277 Table.3 Correlation between soil water stable isotopes and soil
 1278 temperature in study region

Types	Relationship between $\delta^{18}\text{O}$ and soil temperature/ R^2	Relationship between d-excess and soil temperature/ R^2	Soil temperature
0-20cm	$\delta^{18}\text{O} = -0.21T - 7.3$ $R^2=0.08$	D-excess = $-0.34T + 11.3$ $R^2=0.08$	16.43°C
20-40cm	$\delta^{18}\text{O} = 0.09T - 12.01$ $R^2=0.016$	D-excess = $-0.81T + 16.34$ $R^2=0.24$	13.09°C
40-60cm	$\delta^{18}\text{O} = 0.007H$	D-excess = $-0.73H$	11.33°C



	-12.79 $R^2=-0.017$	+14.36 $R^2=0.13$	
60-80cm	$\delta^{18}\text{O}=-0.04\text{H}$ -13.59 $R^2=0.003$	D-excess = -0.72H +15.36 $R^2=0.16$	11.18°C
80-100cm	$\delta^{18}\text{O}=-0.15\text{H}-9.48$ $R^2=0.04$	D-excess =-0.76H+14.28 $R^2=0.12$	10.95°C
Grassland	$\delta^{18}\text{O}=-0.04\text{H}$ -10.77 $R^2=0.002$	D-excess = -0.469H+11.43 $R^2=0.11$	13.91°C
Meadow	$\delta^{18}\text{O}=0.12\text{H}$ -13.11 $R^2=0.04$	D-excess = -0.46H+13.54 $R^2=0.10$	12.17°C
Frost	$\delta^{18}\text{O}=0.14\text{H}$ -15.28 $R^2=0.08$	D-excess = -0.67H+16.88 $R^2=0.21$	14.69°C
Shady slope	$\delta^{18}\text{O}=0.0098\text{H}$ -11.35 $R^2=-0.006$	D-excess =-0.47H+12.08 $R^2=0.12$	13.73°C
Sunny slope	$\delta^{18}\text{O}=-0.0039\text{H}-11.77$ $R^2=-0.007$	D-excess = -0.51H+12.96 $R^2=0.13$	13.57°C

1279

1280 **Figures**

1281 Fig.1 The location of Three-River Headwater Region and distribution of
 1282 sampling sites for soils and waters

1283 Fig.2 Photograph of permafrost ground ice in the study region



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- 1284 Fig.3 Plot of δD versus $\delta^{18}O$ and EL for soil water in different soil layers
 1285 and sources region
- 1286 Fig.4 Variation of $\delta^{18}O$ and d-excess with soil profile
- 1287 Fig.5 Spatial pattern of $\delta^{18}O$ for different soil layers
- 1288 Fig.6 Spatial pattern of d-excess for different soil layers
- 1289 Fig.7 Variation of Ic-excess with soil profile
- 1290 Fig.8 The plot of δD versus $\delta^{18}O$ for different waters in study region (a),
 1291 different altitude (b), different vegetation (c), different slope (d)
- 1292 Fig.9. Two end element diagram using the mean values of $\delta^{18}O$ and δD
 1293 for soil water
- 1294 Fig.10 Contribution from precipitation and ground ice to soil water in
 1295 different soil layers (a), different altitudes (b), different vegetation
 1296 (c), and sunny slope and shady slope (d)
- 1297 Fig.11 Altitude effect of $\delta^{18}O$ and d-excess for soil water in the whole
 1298 study region (a), grassland (b) and meadow (c)
- 1299 Fig.12 Correlation between stable isotope and soil moisture (a), and soil
 1300 temperature (b)
- 1301 Fig.13 Correlation between stable isotope and vegetation cover (a), grass
 1302 height (b), and root depth (c)
- 1303 Fig.14 Ecological protection for vegetation degradation caused by the
 1304 decreasing soil water in permafrost active layer

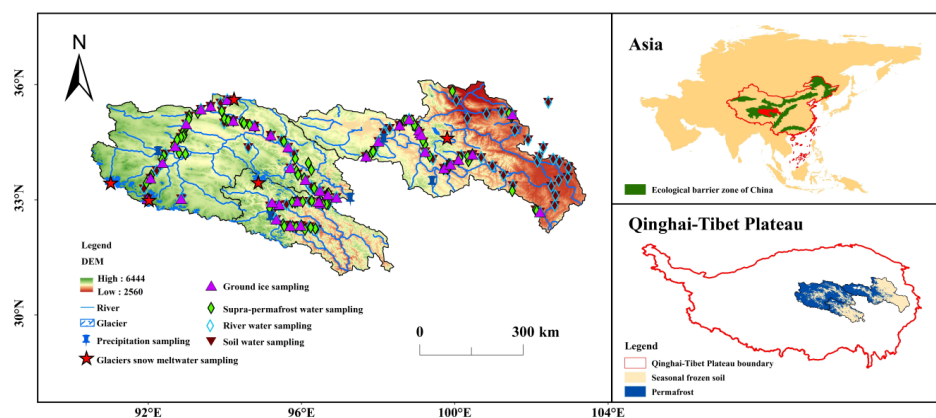


Fig.1



Fig. 2

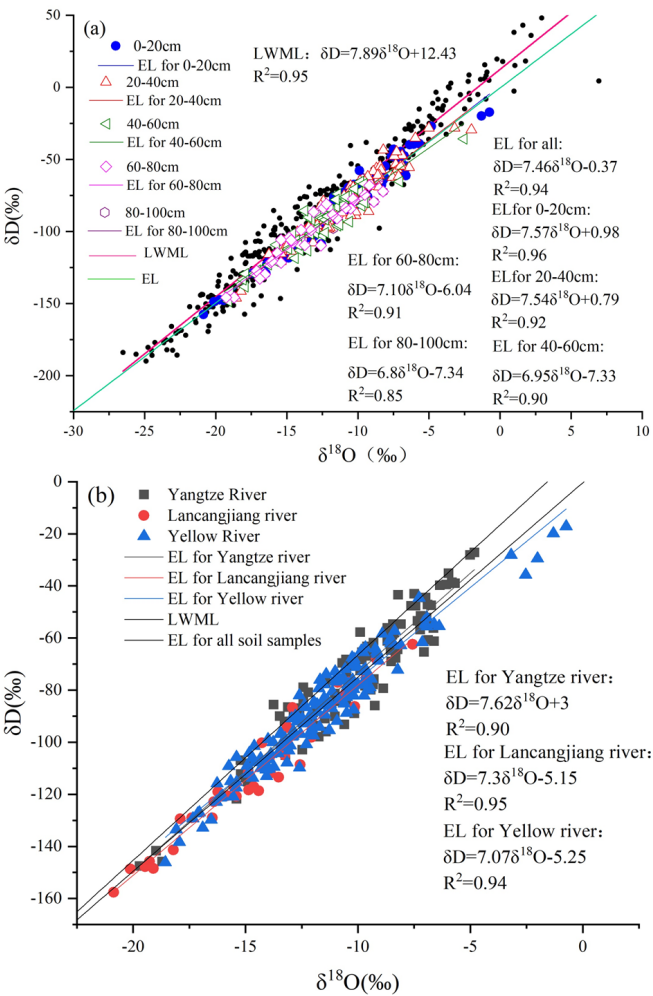


Fig.3

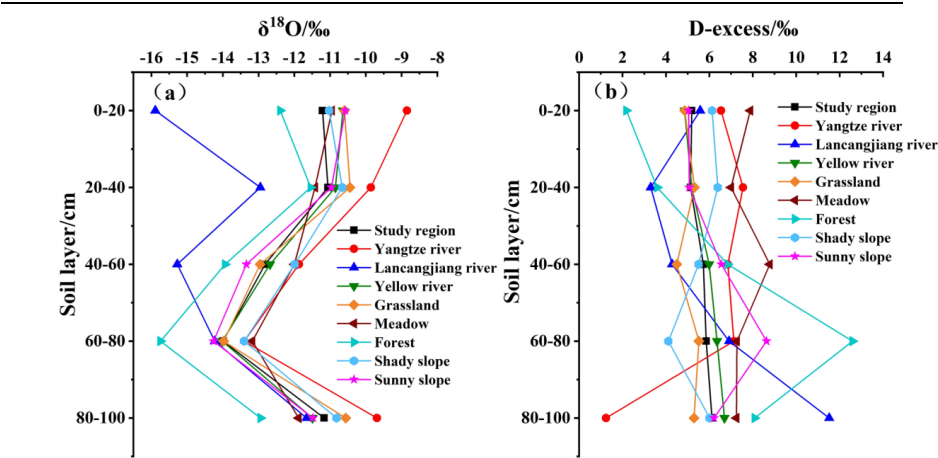


Fig.4

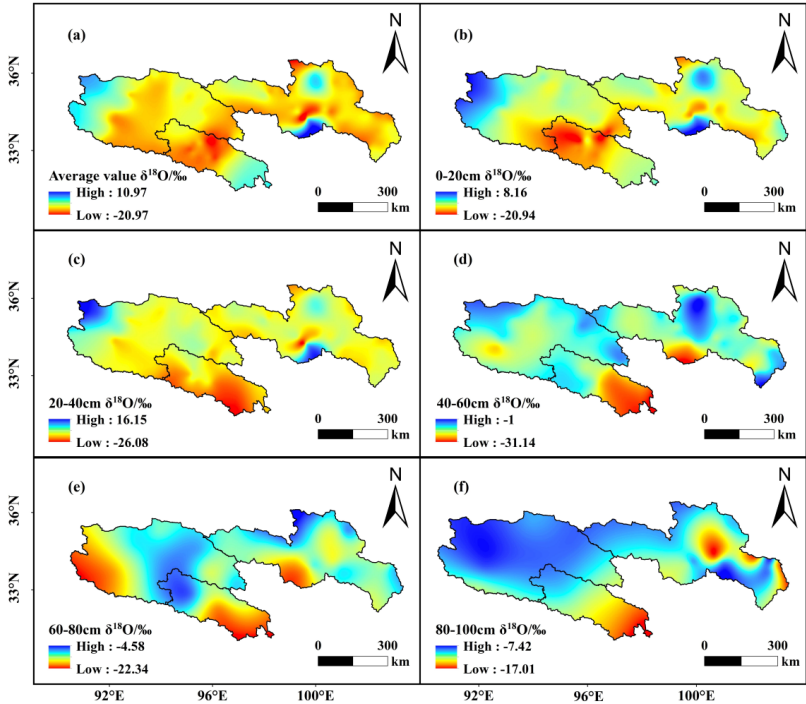


Fig.5

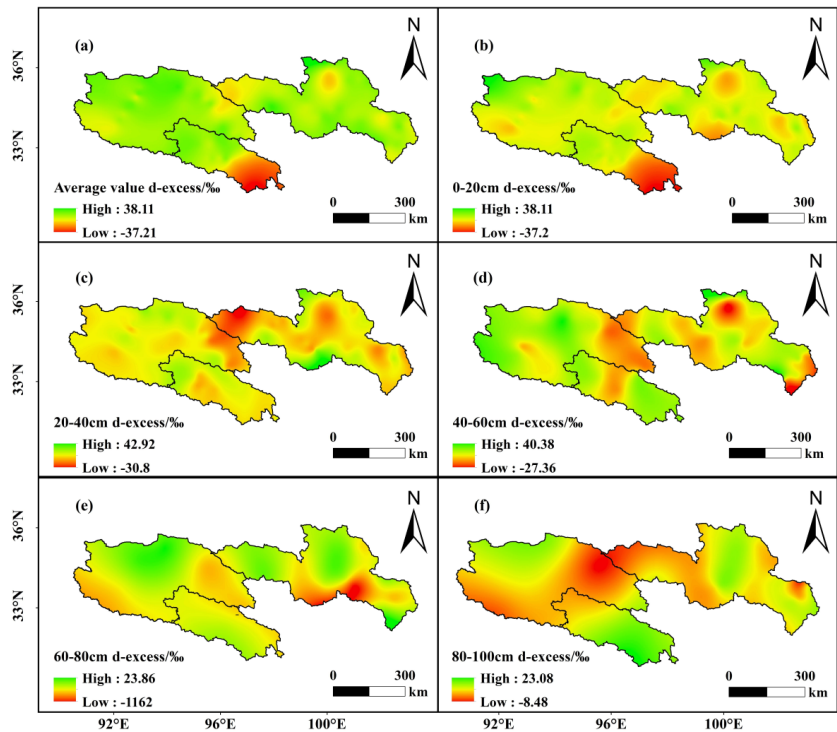


Fig.6

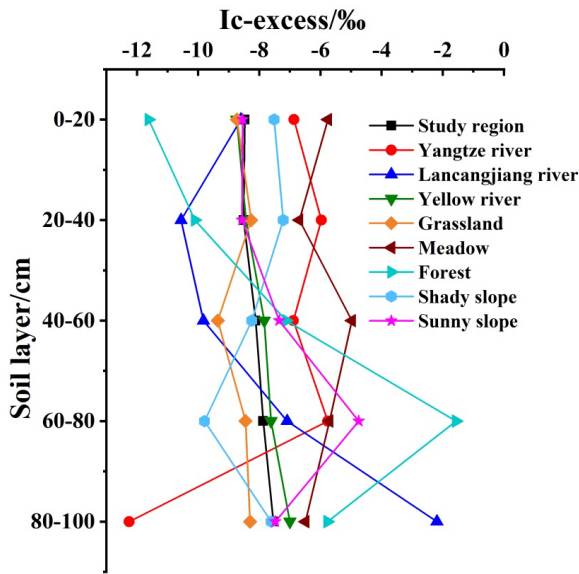


Fig.7

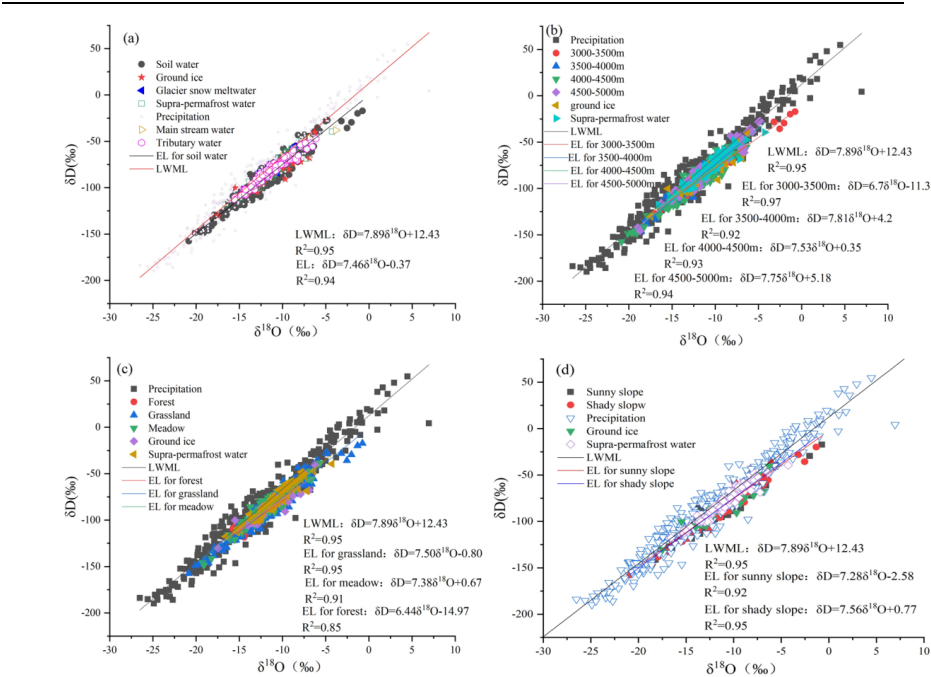


Fig.8

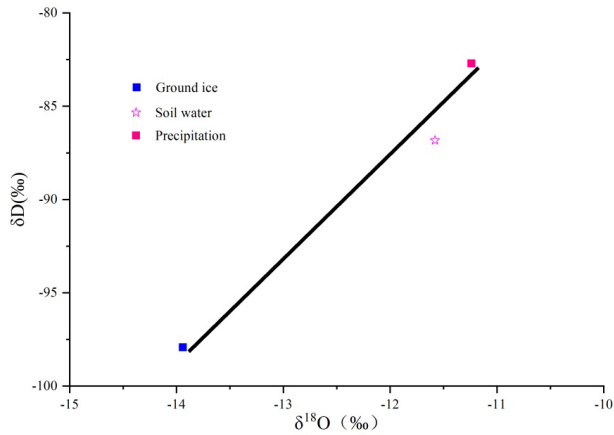


Fig.9

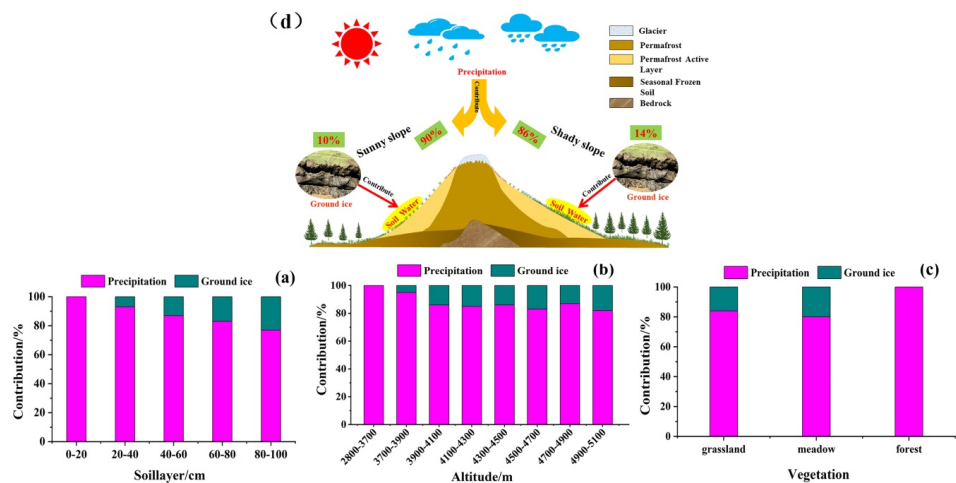


Fig.10

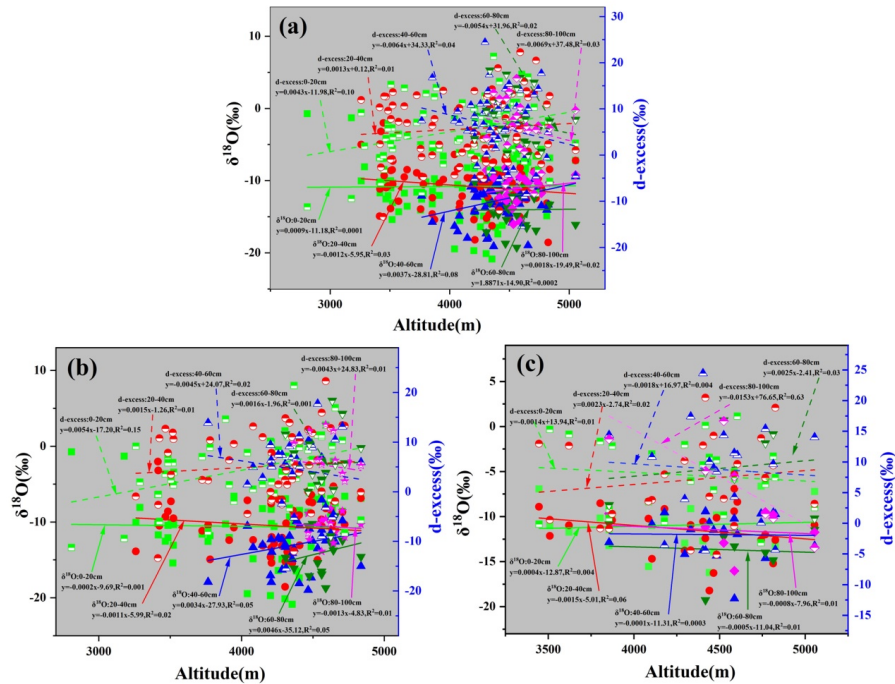


Fig.11

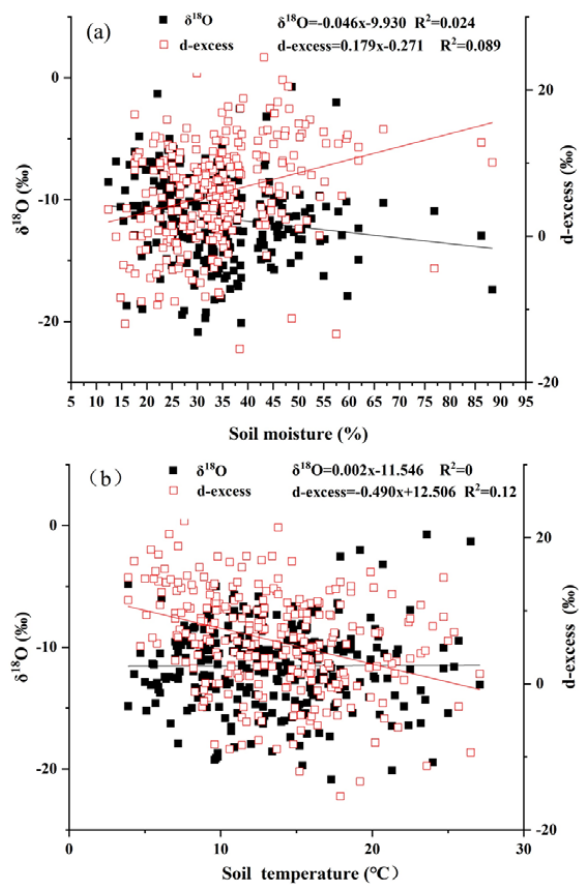


Fig.12

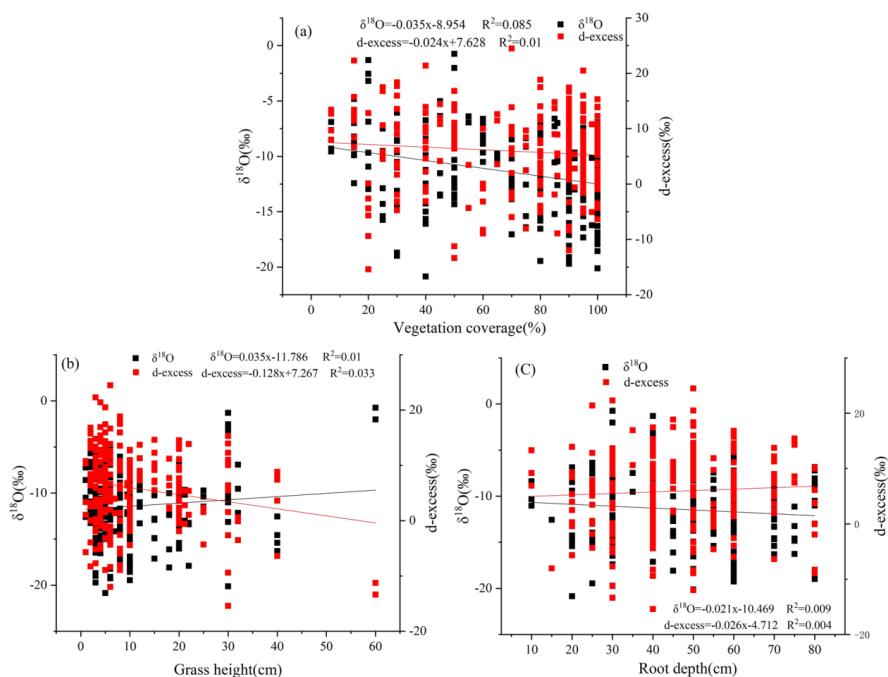


Fig.13

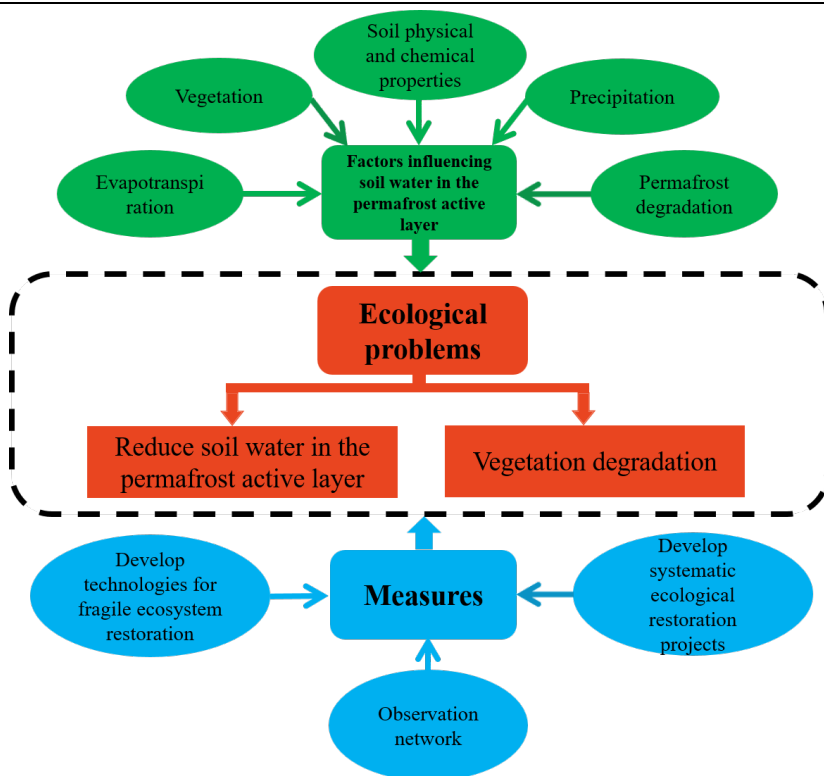


Fig.14