

# 1 **Oxycline oscillations induced by internal waves in deep Lake Iseo**

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11

## 12 **Abstract**

13 Lake Iseo is undergoing a dramatic de-oxygenation of the hypolimnion, representing an emblematic  
14 example among the deep lakes of the pre-alpine area that are, to a different extent, undergoing  
15 reduced deep-water mixing. In the anoxic deep waters, the release and accumulation of reduced  
16 substances and phosphorus from the sediments are a major concern. Because the hydrodynamics of  
17 this lake was shown to be dominated by internal waves, in this study we investigated, for the first  
18 time, the role of these oscillatory motions on the vertical fluctuations of the oxycline, currently  
19 situated at a depth of approximately 95 m, where a permanent chemocline inhibits deep mixing via  
20 convection. Temperature and dissolved oxygen data measured at moored stations show large and  
21 periodic oscillations of the oxycline, with an amplitude up to 20 m and periods ranging from 1 to 4  
22 days. Deep motions characterized by larger amplitudes at lower frequencies are favoured by the  
23 excitation of second vertical modes in strongly thermally stratified periods and of first vertical modes  
24 in weakly thermally stratified periods, when the deep chemical gradient can support baroclinicity  
25 regardless. These basin-scale internal waves cause a fluctuation in the oxygen concentration between  
26 0 and 3 mg L<sup>-1</sup> in the water layer between 85 and 105 m depth, changing the redox condition at the  
27 sediment surface. This forcing, involving approximately 3% of the lake's sediment area, can have  
28 major implications for the biogeochemical processes at the sediment-water interface and for the  
29 internal matter cycle.

30

## 31 **1. Introduction**

32 Physical processes occurring at the sediment-water interface of lakes crucially control the fluxes of  
33 chemical compounds across this boundary (Imboden and Wuest, 1995) with severe implications for  
34 water quality. In stratified lakes, the boundary-layer turbulence is primarily caused by wind-driven  
35 internal wave motions (Imberger, 1998). Consequently, the periodicity of these large-scale  
36 oscillations contributes to unsteadiness in the sediment–water flux (Lorke et al., 2003).

37 One reason for non-stationarity is the action of alternating velocity currents at the top of the benthic  
38 boundary layer (BBL), as theoretically explained by Jørgensen and Marais (1990) and Lorke and  
39 Peeters (2006). In the immediate vicinity of the water-sediment interface, the vertical transport of  
40 solutes occurs via molecular diffusion in the diffusive sublayer. The thickness of this layer, which is  
41 solute-specific and on the order of few millimetres, strongly depends on the flow regime in the  
42 turbulent BBL above. Increased turbulence results in a compression of the diffusive sublayer and,  
43 according to Fick’s first law, an increase in the solutes fluxes. These alternating currents are the main  
44 reason for transient variations in the sediment oxygen uptake rate and penetration depth as  
45 experimentally observed by Lorke et al. (2003), Brand et al. (2008) and Bryant et al. (2010) in Lake  
46 Alpnach, a 34 m deep lake known to feature pronounced seiching.

47 In thermally stratified lakes, a further driver of flux unsteadiness is the periodic occurrence of cyclic  
48 convective turbulence in the sediment area exposed to pronounced temperature oscillations of the  
49 overlying water during internal seiches. During the upslope current, cold deep water flows over the  
50 warmer sediments. The resulting intermittent instability drives free convection and accelerates the  
51 fluxes at the sediment–water interface by more than one order of magnitude, as experimentally  
52 observed by Kirillin et al. (2009), Lorke et al. (2005) and Chowdhury et al. (2016). In lakes with  
53 anoxic water layers, the seiches–induced oscillations can be accompanied by periodical changes in  
54 the oxygen concentration in a large internal shoreline area as described by Deemer et al. (2015) for  
55 Lacamas Lake. Bernhardt et al. (2014) observed similar seiches–induced oxygen fluctuations at the  
56 sediment–water interface in the shallower area of the eutrophic Lake Arendsee resulting from the  
57 formation of a distinct metalimnetic oxygen minimum during summer.

58 These findings motivated us to assess whether similar unsteady fluxes also occur in deep lakes where  
59 incomplete seasonal mixing creates a deep oxycline between the mixolimnion and a perennially  
60 stagnant and denser monimolimnion. The density gradient that is typically present across these layers  
61 has been shown to support higher vertical baroclinicity (Salvadé et al., 1988; Roget et al. 2017),  
62 whose amplitude is typically larger than that of the thermocline. Accordingly, we hypothesize that  
63 under the deep oxycline motions, the contiguous sediments undergo alternating redox conditions,

64 with entailing implications for biogeochemical processes controlling the phosphorus (P) fluxes at the  
65 sediment–water interface. In a previous study, a three-layer model of the 288 m deep and meromictic  
66 Northern Lake Lugano predicted the oscillation of the deep chemocline to be up to 10 times greater  
67 than that of the thermocline (Salvadé et al., 1988). Hutter (2011) later invoked a field verification of  
68 these computational results. Although the oxygen gradient across deep oxyclines (e.g. in meromictic  
69 lakes) can be pronounced and typically persists beyond seasonal stratification, field investigation of  
70 the oxycline seiching remains unavailable.

71 A suitable field site for this type of investigation is Lake Iseo, a deep lake where a chemocline at  
72 approximately 95 m separates 4.7 km<sup>3</sup> of oxygenated waters (mixolimnion) and 3.2 km<sup>3</sup> of anoxic  
73 waters (monimolimnion). During the thermally stratified period, high-resolution temperature data  
74 (Pilotti et al., 2013) highlighted a strong internal wave activity in the first 50 m. Here the main ~25 h  
75 period mode (first vertical, first horizontal mode, or V1H1) is excited by the ordinary wind and is  
76 occasionally superimposed on a ~60 h period mode (second vertical, first horizontal mode, or V2H1),  
77 the latter being excited by long-lasting winds. The occurrence of these motions was interpreted as the  
78 outcome of wind forcing with similar horizontal structures and with energies at frequencies near the  
79 free oscillations of the excited modes (Valerio et al., 2012). In this study, we extended this analysis  
80 to wind-induced movements of the waters between 85 and 105 m, where the oxycline forms, to  
81 provide an estimation of the spatial and temporal extent of oxygen fluctuations at the sediment  
82 surface. As sediments are generally known to be potentially redox-sensitive P sinks, we discuss our  
83 results in light of expected P fluxes from the contiguous sediments. The importance of this research  
84 is emphasized by the observation that Lake Iseo is currently undergoing a change in mixing pattern  
85 and P recycling, such that a deeper understanding of the sediment P release dynamics is crucial in  
86 forecasting the possible future trajectory of this ecosystem.

87

## 88 **2. Methods**

### 89 **2.1 Field site**

90 Lake Iseo (see Fig. 1) is 256 m deep and 61 km<sup>2</sup> in area. It is located in the pre-alpine area of Italy,  
91 at the southern end of Valle Camonica, a wide and long glacial valley. In the first limnological study  
92 of Lake Iseo, completed in 1967, the lake was described as a monomictic and oligotrophic lake,  
93 featuring a fully oxygenated water column and P concentrations of a few  $\mu\text{g L}^{-1}$ . Beginning during  
94 the 1980s, the accumulation of solutes from biomass deposition, in combination with climatic factors,  
95 has gradually inhibited deep water renewal, causing a persistence of anoxic conditions and an increase

96 in P concentration (Garibaldi et al., 1999). During April 2018 we measured the chemocline and the  
97 oxycline at a depth of 95 m (see Fig. 2a). The density difference between the mixolimnion and the  
98 monimolimnion, calculated at approximately  $25 \text{ mg L}^{-1}$  (Scattolini, 2018), seems to be sufficient,  
99 under current climatic conditions, to prevent deeper convective mixing. In the anoxic  
100 monimolimnion, the P concentration (currently with a space averaged value of  $\sim 111 \text{ } \mu\text{g TP L}^{-1}$ ) does  
101 not show any reduction, and a recent field campaign has shown that the P stock increases by  
102 approximately 30 tons of P  $\text{year}^{-1}$  through mineralization of material received from above water layers  
103 (Lau et al., in preparation).

104

## 105 **2.2 Field data**

106 A wide set of experimental data was measured at the lake stations shown in Figure 1 to describe the  
107 wind-induced movements of the water layers in the mixolimnion and monimolimnion of Lake Iseo.  
108 Two on-shore stations measured wind speed and direction, air temperature, air humidity, and short-  
109 wave radiation (SS-N and SS-S) at a high temporal resolution (60 s). Furthermore, a floating station  
110 (LS-N) measured wind speed and direction and net long-wave radiation. LS-N is further equipped  
111 with eleven submerged loggers that measure the temperature ( $\pm 0.01^\circ\text{C}$  accuracy, 60 s interval),  
112 providing data regarding the vertical movements of the thermal profile (see Fig. 2b). During October  
113 2017, we added three additional temperature loggers at 55, 75 and 113 m depth to better describe the  
114 temperature fluctuations below the thermocline given their higher accuracy ( $\pm 0.002^\circ\text{C}$ ).

115 The LS-S logger chain was installed at 105 m depth in the southern basin. To capture the vertical  
116 fluctuations in the oxycline, we installed four submersible instruments (miniDOT, Precision  
117 Measurement Engineering, Vista, Ca, USA) between 85 and 105 m depth, and measured dissolved  
118 oxygen (DO) for nine consecutive months at a  $60 \text{ s}^{-1}$  sampling frequency (see Table 1). These loggers  
119 rely on a fluorescence-based oxygen measurement with an accuracy of  $\pm 5\%$  of the measured value  
120 ( $\text{mg L}^{-1}$ ). Two miniDOT loggers were also installed at the northern station (LS-N) at 85 and 95 m.  
121 depth. As shown in Table 1, NO85 and NO95 measured the oxygen concentration at the same depths  
122 as those of the southern instruments, but operated for a shorter period of time. In the following  
123 sections, we will focus on describing the data analysis from July 2017 to February 2018 that fully  
124 captures the oxygen concentration evolution during the transition from a strongly to a weakly  
125 stratified period.

126 On the 21<sup>th</sup> and 22<sup>nd</sup> of July 2017, we also conducted a field campaign aimed at investigating the  
127 oxygen profiles in the whole water column at a higher vertical resolution. Using a conductivity,

128 temperature and depth (CTD) probe (RINKO CTD profiler with an optical fast DO sensor, JFL  
129 Advantech Co. Ltd., Tokyo, Japan), we alternately measured the temperature and DO profiles at the  
130 two lake extremities in the proximity of the LS-N and LS-S stations several times throughout the day.  
131 Similarly, consecutive DO profiles were measured in the proximity of the LS-N stations on the 10<sup>th</sup>,  
132 16<sup>th</sup> and 18<sup>th</sup> of April 2018.

133

### 134 **2.3 Numerical models**

135 In this study we used two numerical models to evaluate dynamic aspects of the measured internal  
136 oscillations. Therefore, we quantified the temporal evolution of the periodicity and the spatial  
137 structure of the free modes in Lake Iseo.

138 During the first stage, following the approach pursued in Guyennon et al. (2014) for Lake Como, a  
139 modal analysis was performed to quantify the temporal evolution of the free modes periods. This  
140 model subdivides a lake into constant density layers and provides the free baroclinic oscillations of  
141 the layers interfaces by solving an eigenvalue problem (details are in Guyennon et al., 2014). The  
142 Lake Iseo bathymetry was discretized using a 160 m × 160 m horizontal grid, while the horizontally  
143 averaged vertical density profile was discretised monthly with the number of layers ranging from 2  
144 to 4, as detailed in Table 2. As is typical for the subalpine deep lakes, beginning in April, a pronounced  
145 3-layers thermal stratification develops, characterized by a well-mixed and warm surface layer,  
146 separated from the cold hypolimnion by an intermediate metalimnion. Under this condition, the upper  
147 interface of the metalimnion ( $Z_2$  in Table 2) was set at the depth of the maximum temperature gradient  
148 (thermocline), while the lower interface ( $Z_3$  in Table 2) was set at a depth of 35 m, below which the  
149 vertical temperature gradient strongly weakens. Typically, stronger thermal stratification occurs  
150 during August. After the thermocline deepening during the cooling period, the thermal stratification  
151 reduces to two layers during winter, separated by one interface between 35 and 55 m and  
152 characterized by a weak thermal gradient, which finally disappears during March. The thermal  
153 stratification of Lake Iseo is also superimposed by a chemical stratification. Accordingly, we  
154 considered an additional deep layer separated from the hypolimnion by the chemocline at 95 m depth  
155 ( $Z_4$  in Table 2), which is characterized by a 25 mg L<sup>-1</sup> step in density because of the higher  
156 concentration of dissolved salts. This value was quantified based on the chemical analysis of two  
157 water samples collected at 40 m and 200 m depth, according to the procedure proposed by Boehrer  
158 et al. (2010) (details are in Scattolini, 2018). The resulting discrete density structure well describes  
159 the density profiles computed from the conductivity and temperature profiles (see Figure 2c).

160 The vertical and horizontal structure of the free modes were investigated in detail by using a three-  
161 dimensional (3D) hydrodynamic model that accounts for the non-linear terms of the momentum  
162 equations. We used of the hydrostatic version of the Hydrodynamic-Aquatic Ecosystem Model  
163 (AEM3D, Hodges and Dallimore, 2016). This model was developed from the ELCOM-CAEDYM  
164 model (Hodges et al. 2000) and has already been successfully tested in simulating the internal wave  
165 activity in the upper 50 m of Lake Iseo (Valerio et al., 2017). In particular, we investigated the wind-  
166 induced oscillations at approximately 100 m depth, using a vertical grid of 150 layers, 1 m in  
167 thickness, followed by layers with gradually increasing thickness up to 25 m for the deepest part of  
168 the lake. We also refined the uniform horizontal grid up to 80 m  $\times$  80 m to better describe the  
169 bathymetry in the southern and northern areas. Finally, we used a passive tracer to follow the wind-  
170 driven vertical fluctuations in the oxycline. To simulate the structure of each single mode of  
171 oscillation, we conducted numerical experiments in which the lake was forced by a synthetic  
172 sinusoidal wind time series, with a maximum amplitude of 5 m s<sup>-1</sup>, whose spatial and temporal  
173 structure fits that predicted by the eigenmodel for the free oscillation modes. This approach was  
174 already successfully applied by Vidal et al. (2007) to the study of the higher vertical modes of Lake  
175 Beznar.

176

### 177 **3. Results**

#### 178 **3.1 Analysis of the measured data**

179 The oscillatory motions measured around the thermocline and the oxycline show marked differences  
180 in periodicities and amplitudes. These differences clearly stand out from the comparison of the 12°C  
181 isotherm oscillation at LS-N (see Fig. 3a) and the 0.5 mg DO L<sup>-1</sup> oscillation at LS-S (see Fig. 3c). To  
182 better analyse the frequency content of these time series we used the wavelet analysis. We applied  
183 the Morlet transform to the two measured signals that, unlike the classical Fourier transform, allows  
184 localization of the signals both in frequency and time rather than in the frequency space only  
185 (Torrence and Compo, 1998).

186 Figure 3b highlights the strong concentration of the energy of the shallower oscillations for an  
187 approximately 1-day period during the thermally stratified period. The cooling period is characterised  
188 by higher energy peaks, with maximum values during November. A trend towards a longer period is  
189 also detectable. Conversely, the deeper DO oscillations (Fig. 3d) show higher energy content with a  
190 period ranging from 1 to 4 days during the observational phase: the first two months (Aug–Sept) are  
191 characterized by a stronger thermal stratification and four major peaks are detectable in the 2–4 days

192 band; during the following two months (Oct–Nov), during the autumn cooling, the energy level is  
193 lower and is centred at approximately 1 day; during the final two months (Dec–Jan), when the thermal  
194 stratification is weak, the energy peaks maximize and are sparse in the 2–4 days band.

195 To better highlight these different behaviours, we individually show an analysis of a representative  
196 fraction of each of these periods in Figures 4 to 6, respectively. Figure 4 shows the third week of  
197 October when the oscillatory motions at the depth of the thermocline and of the oxycline have energy  
198 peaks centred around a daily period (see Figure 3). During this week, the wind speed and direction  
199 show a typical pattern of the pre-alpine lakes (Valerio et al., 2017), blowing regularly from the south  
200 during the day and the north during the night. The internal wave response in the upper 30 m is a  
201 regular daily motion with an amplitude around of approximately 6 m. Deeper in the water, the main  
202 vertical fluctuations at LS-S show a similar response both in terms of amplitude and periodicity, even  
203 though they are less regular and superimposed to higher frequency signals. The  $0.5 \text{ mg L}^{-1}$  iso-oxygen  
204 at 95 m depth at LS-S is dominated by a 1-day period wave oscillation in counterphase with respect  
205 to the  $15 \text{ }^\circ\text{C}$  isotherm at the other end of the lake, suggesting a H1V1 behaviour (see Fig. 4e).

206 On the 21<sup>st</sup> and 22<sup>nd</sup> of July 2017, when a similar situation dominated by a V1H1 mode was present,  
207 we measured several temperature and oxygen vertical profiles around the thermocline and the  
208 oxycline at the LS-N and LS-S stations to better understand the vertical structure of this motion (see  
209 Figure 7). One can easily see that the downwelling that characterises the epilimnetic waters at LS-N  
210 is also present in the deeper layer of the oxycline, although it is vertically amplified and has a more  
211 irregular behaviour. A similar structure characterises the simultaneous upwelling at the LS-S station.

212 A completely different oscillatory response developed during the period 28/8–7/09 2017, when the  
213 continuous wavelet transform highlights the different frequency content of the upper and deeper  
214 motions (Fig. 5). Consistently, the temperature and oxygen contours at the different depths appear to  
215 be decoupled. The upper 35 m (Fig. 5c) shows the superimposition of a dominant 1-day V1H1  
216 oscillation and a lower amplitude, longer period (approximately 3 days), second vertical (V2)  
217 oscillation mode. The latter is qualitatively evident in Figure 5c after a strong northerly wind started  
218 on the 1<sup>th</sup> of September, inducing a distinctive metalimnion widening on the 2<sup>nd</sup> of September,  
219 followed by a metalimnion narrowing on the 3<sup>rd</sup> of September. Low-pass filtering of the  $12^\circ\text{C}$   
220 oscillations with an  $\sim 1$ -day and  $\sim 3$ -day cut-off period resulted in average amplitudes of 3.3 and 2.2  
221 m, respectively. Deeper in the water (see Fig. 5d), the internal wave field is instead dominated by  
222 much larger excursions of the oxycline (up to 20 m) and longer periodicities. Low-pass filtering of  
223 the  $0.5 \text{ mg L}^{-1}$  iso-oxygen line at LS-S shows that the main oscillation pattern resembles the  
224 superimposition of an  $\sim 3$ -day period oscillation with an average 14.6-m amplitude and a daily

225 oscillation with an average 2.2-m amplitude. The observed lower frequency motion presents a V2H1  
226 structure, as shown in Figure 5e where the  $\sim 3$ -day oscillation of the DO immediately above the  
227 oxycline is in counterphase at LS-N and LS-S. Figure 5c-d also show that the metalimnion widening  
228 at LS-N (e.g. on the 2<sup>nd</sup> of September), associated with a downwelling in the hypolimnion,  
229 synchronously occurs with a hypolimnetic upwelling at LS-S. Accordingly, during the period under  
230 consideration, the field data suggest the dominance of a V1H1 mode in the epilimnion and a V2H1  
231 mode in the hypolimnion.

232 From the 16<sup>th</sup> to the 18<sup>th</sup> of April 2018, when a similar situation dominated by V2H1 was observed  
233 in the hypolimnion, we measured vertical profiles to examine the vertical structure of this motion at  
234 a higher spatial resolution. The DO time series measured at LS-N and LS-S at the oxycline depth (see  
235 Fig. 8a) shows a distinctive H1 oscillation with a period of approximately 4 days. In correspondence  
236 to the maximum and minimum vertical excursion of this fluctuation, we compared the vertical  
237 temperature and oxygen profiles at LS-N around the thermocline and the oxycline, respectively. In  
238 contrast to that shown in Figure 7, the oscillation is not vertically uniform: a downwelling of the  
239 thermocline on the order of a few meters is associated with an upwelling of the oxycline of  
240 approximately 25 m. Accordingly, these data further highlight the amplification of the vertical  
241 excursion of the V2H1 motion in the oxycline area.

242 In comparison to the previous oscillations, an intermediate case is shown in Figure 6. In this case,  
243 during winter of 2017, the water column is weakly thermally stratified and the wind blows mostly  
244 from the south (see Fig. 6b). The wavelet transform of the DO measurements at LS-S show a first  
245 tight peak at an approximately  $\frac{1}{4}$ -day<sup>-1</sup> frequency and a second at an approximately  $\frac{1}{2}$ -day<sup>-1</sup>  
246 frequency (see Fig. 3d). Consistently, the time series of the 0.3 mg DO L<sup>-1</sup> measured at LS-S (see  
247 Fig. 6d) shows evidence of both a shorter and a longer period signal. Filtering with the cut-off periods  
248 highlighted in the spectrum show that these  $\sim 2$  and  $\sim 4$ -day signals have in this case comparable  
249 amplitudes (5.0 and 7.6 m, respectively) around the chemocline at LS-S. At LS-N, the DO time series  
250 at 85 m depth oscillates in counter phase with respect to the southern series with coherent periodicities  
251 and amplitudes, so suggesting an H1 response (see Fig. 6d).

252

### 253 **3.2 Analysis of the model results**

254 With reference to the modal results, Table 2 reports the monthly averaged values used for the  
255 calculations, and the obtained yearly evolution of the periods of the V1H1, V2H1 and V3H1 modes.  
256 During April, all the periods present values (V1H1: 2.9, V2H1: 4.6 and V3H1: 6.4 days) that

257 progressively decrease during the warming season. During the strongly stratified period (July–  
258 October) the modelled of V1H1, V2H1 and V3H1 periods show nearly constant values, of  
259 approximately 1, 3 and 4 days, respectively. As soon as the water column starts cooling and the  
260 thermocline deepens, all mode periods start increasing. During the weaker 3–layer stratification  
261 during February, when a similar density difference is present across the metalimnion and chemocline,  
262 V2H1 reaches a 7.4–day period, while the V1H1 period increases up to 3.3 days during March, when  
263 the water column is thermally homogeneous and only a saline stratification is present.

264 Regarding the spatial structure of these modes, Table S1 (see the supplementary material attached to  
265 this paper) summarizes the 3D results in terms of maximum interface displacements at different lake  
266 locations during four representative periods of the year. In the following, we mostly focus on the  
267 V1H1 and V2H1 oscillations of the thermocline ( $\xi_2$ ) and the chemocline or oxycline ( $\xi_4$ ) at LS-S and  
268 LS-N to provide an interpretation of the data measured at these stations from July 2017 to February  
269 2018. Regarding the first vertical mode, all the interfaces oscillate in phase at the different depths. At  
270 LS-N (220 m depth), their amplitude is nearly vertically uniform ( $\xi_4/\xi_2 \approx 1$ ), while at LS-S and NB  
271 (105 m depth) the intermediate and deep tilt is amplified ( $1.2 < \xi_4/\xi_2 < 2.3$ ). Conversely, the deep  
272 interface tilt is strongly damped and more irregular in the eastern basin, a 100–m flat plateau located  
273 east of Monte Isola ( $\xi_4/\xi_2 \approx 0.4$ ). In absolute terms, the weaker is the density stratification, the stronger  
274 is the interface tilt. At the end of winter, when the water column is thermally homogenous and  
275 chemically stratified, the V1H1 amplitudes are up to 7.5 times larger than those during summer.  
276 Regarding the second vertical mode, the interfaces oscillation is strongly non-uniform over the  
277 vertical, with the metalimnion and the chemocline both oscillating in counterphase with respect to  
278 the upper thermocline and with much larger vertical displacements. At LS-N, the vertical  
279 displacement of the chemocline is on average 2.6 times larger than that of the thermocline. This  
280 vertical amplification is favoured by larger density gradients (at LS-N  $\xi_4/\xi_2$  decreases from 3.4 during  
281 August to 1.8 during December). Similarly to that observed for V1H1, this vertical amplification is  
282 also enhanced at the southern end of the lake (average  $\xi_4/\xi_2 = 4.0$  at LS-S), while it is strongly  
283 attenuated in the eastern basin, where the chemocline oscillations are more irregular in time and show  
284 maximum vertical displacements comparable to those of the thermocline ( $\xi_3/\xi_1 \approx 1$ ). We emphasize  
285 that, independent from the vertical mode and stratification, the ratio between the V1H1 and V2H1  
286 amplitude of a given interface simulated at different lake locations does not present a wide range of  
287 variation. In particular, the displacement of the deeper interface  $\xi_4$  at the different locations is as  
288 follows:  $0.6 < \xi_{4\text{-LS-N}} / \xi_{4\text{-LS-S}} < 0.8$ ;  $0.1 < \xi_{4\text{-EB}} / \xi_{4\text{-LS-S}} < 0.2$ ;  $0.7 < \xi_{4\text{-NB}} / \xi_{4\text{-LS-S}} < 1.2$ . This implies that the  
289 chemocline maintains a similar H1 horizontal structure throughout the year, even with different

290 absolute values depending on the stratification and the vertical mode (see Fig. S1 in the  
291 supplementary material).

292 The obtained numerical results clarify the nature of the observed oscillations and extend the spatial  
293 information provided by the local measurements. Between October and November (see Fig. 4), we  
294 observed a daily, coupled oscillatory response at the chemocline and thermocline. During this time,  
295 the natural period of V1H1 is daily as well, confirming that the whole water column is dominated by  
296 this type of motion. This is consistent with the observed spatial structure characterized by a counter-  
297 phase response at the two lake ends (H1) and a similar amplitude at the different depths (V1). During  
298 the strongly stratified period (Aug–Sept), we occasionally observed a decoupled internal wave  
299 response at the different depths (see Fig. 5). By comparing the periodicity of the measured oscillations  
300 and that of the unforced modes (see Fig. 3), the thermocline appears to be dominated by a V1H1  
301 motion ( $\sim 1$ -day period), while the oxycline is dominated by a V2H1 motion ( $\sim 2$ – $3$ -day period).  
302 This suggests that both modes were excited by the wind, but at different energy levels along the water  
303 column. This decoupled response can be explained by the vertical structure of the modes detailed in  
304 Table S1. During the summer stratification, the V1H1 amplitudes are nearly vertically uniform ( $1.1$   
305  $< \xi_4/\xi_2 < 2.3$ ). Conversely, the V2H1 amplitude at the chemocline  $\xi_4$  is up to 5.7 times larger than that  
306 of the thermocline  $\xi_2$ . Accordingly, when a second vertical mode is excited by the wind, the larger  
307 vertical displacements occur at the deeper interface. This vertical amplification may explain why the  
308 V2H1 mode is dominant in the deeper waters and is in contrast weaker than the V1H1 daily signal  
309 around the thermocline. Finally, during the period from December to January (see Fig. 6) we observed  
310 the superimposition of  $\sim 2$ -days and  $\sim 4$ -days large oscillations at the oxycline depth. According to  
311 the periodicities of the unforced modes, they correspond to a V1H1 and V2H1 modes, respectively  
312 (see Fig. 3e). The evidence of a large amplitude V1H1 mode at this depth is consistent with the  
313 increased displacements reported in Table S1 corresponding with the weaker density stratification.

314 Valerio et al. (2012) showed that the internal wave modes in the upper water layers are excited  
315 whenever the spatial and temporal structure of a wind field over a lake matches the surface velocity  
316 field of a particular internal mode. Accordingly, as shown in Figure 3e, we superimposed the natural  
317 frequencies of the two main vertical modes with the continuous wavelet transform of the northerly  
318 components of the wind forcing, to assess whether a fit in their periodicities might explain the observed  
319 internal wave motions. During the stratified period (July–November), most of the wind energy  
320 oscillates at a period of approximately 1 day, likely because of the regular alternation of northerly  
321 and southerly thermal winds, typical of the area (see Valerio et al. 2017). This forcing perfectly fits  
322 the V1H1 mode that is regularly excited and dominates the response of the upper waters (see Fig. 3b).

323 Occasionally, the daily wind energy reduces its intensity when the wind blows longer from the same  
324 direction. From July to October 2017, this occurred three times (see Fig. 3e). Interestingly,  
325 corresponding to each of these events, there is a large energy peak in the oxycline oscillations for the  
326 lower frequencies (see Fig. 3d). The reason is a resonance between the wind and the waves: the longer  
327 periodicity of the wind forcing approaches the natural periodicity of the V2H1 mode, such that it is  
328 excited in place of V1H1, inducing large vertical fluctuations below the metalimnion. During the  
329 weakly stratified period, the thermal conditions in the surrounding watershed limit the intensity and  
330 the regularity of the alternating thermal winds, causing a spread of wind energy over a larger band of  
331 frequencies (see Fig. 3e). In contrast to that which occurred prior, this condition favours the excitation  
332 of a longer period V1H1 oscillation that clearly is also evident at the oxycline depth, with amplitudes  
333 favoured by the weak stratification.

334

#### 335 **4. Discussion and Conclusions**

336 In Lake Iseo reduced deep mixing has resulted in the formation of an anoxic monimolimnion below  
337 95 m depth, such that any vertical displacement of the oxycline may induce variation in redox  
338 conditions of the contiguous sediments. Accordingly, it seems reasonable to advance the hypothesis  
339 that the internal wave motions in Lake Iseo might result in unstable unsteady sediment–water fluxes.

340 The data collected from July 2017 to February 2018 clearly support our initial hypothesis that there  
341 are large and periodic displacements of the oxycline. The typical oxycline oscillation in the southern  
342 basin is in the range of 10 – 20 m, with periods ranging from 1 to 4 days. Comparing these movements  
343 to those already studied in the lake’s upper water layers (Valerio et al. 2012), dominated to a large  
344 extent by a 1– day motion, we found the dynamics in the deeper waters to be more irregular in  
345 character, featuring larger amplitudes at lower frequencies. We primarily attributed this behaviour to  
346 the excitation of a V2H1 mode characterized by amplified vertical displacements below the  
347 thermocline. During weakly stratified conditions this behaviour was explained by the excitation of a  
348 V1H1 mode, featuring lower frequencies and larger tilts because of the weaker density gradients. In  
349 both cases, the overlap of the temporal structure of the wind forcing with that of the two modes  
350 provides evidence for a resonant response to wind as observed, inter alia, by Vidal et al. (2007).

351 A primary role for the excitation of these deep internal wave motions is played by the permanent  
352 chemical stratification. In Lake Iseo, the decomposition of organic matter and the dissolution of its  
353 end products have favoured the solutes accumulation in the deeper waters since the 1980s.  
354 Accordingly, a stable density gradient is present between the oxic mixolimnion and the anoxic

355 monimolimnion, contributing to maintaining the latter isolated from the water above. This condition  
356 allows for the occurrence of large baroclinic motions at the interface of these layers, even if the water  
357 column is thermally homogenous. Accordingly, this work provides experimental and numerical  
358 evidence of a chemical gradient supporting deep baroclinic motions in perennially stratified lakes, as  
359 already numerically argued by Salvadé et al. (1988) in Lake Lugano, where a similar density  
360 stratification occurs.

361 The observations of highly energetic V2H1 motions in Lake Iseo broaden the observations of higher  
362 vertical modes, which have been much less frequently reported in lakes with respect to the first  
363 vertical mode (e.g. Wiegand and Chamberlain, 1987; Münnich et al. 1992, Roget et al., 1997), and  
364 rarely reported in deep lakes (e.g. Boehrer 2000; Boehrer et al. 2000; Appt et al. 2004; Guyennon et  
365 al. 2014). Interestingly, stronger evidence of these motions in the deep waters compared to the upper  
366 waters supports the idea by Hutter et al. (2011) that the reason for rare documentation in the literature  
367 of these motions is not because they are not excited but that the measuring techniques usually are not  
368 sufficiently detailed to capture them. Moreover, if typically their excitation is seen to be favoured by  
369 the presence of a thick metalimnion, in this case they are enhanced by the presence of a chemical  
370 stratification in the deeper waters. Conducting a sensitivity analysis on the density stratification used  
371 as the initial condition for the simulations, we observed, e.g. during August, that the amplitude of the  
372 second vertical modes is from 2 to 3 times greater compared to a case where the chemical stratification  
373 is absent. Interestingly, similar observations of higher baroclinicity supported by deep isopycnal  
374 layers have been observed in other environments in corresponding to vertical salinity gradients (South  
375 Aral Sea by Roget et al. 2017) and turbidity (Ebro Delta by Bastida et al., 2012).

376 The observation of a pronounced spatio-temporal oxycline dynamics supports the hypothesis of the  
377 occurrence of alternating redox conditions in the water above the sediments at the bottom of Lake  
378 Iseo. For example, considering the variations in DO concentration at 95 m of depth in the (d) panels  
379 of Figures 4 to 6, one can observe that the sediment surface at this depth is periodically forced by a  
380 variation in DO concentrations in the overlying water between 0 and 3 mg L<sup>-1</sup>. To quantify the  
381 potential biogeochemical implications of the oxycline dynamics in Lake Iseo, it is important to  
382 estimate the areal extent of sediment subjected to alternating redox conditions. Obviously, the smaller  
383 the bed slope, the larger the sediment area impacted by a given vertical oxycline displacement.  
384 Accordingly, areas subjected to alternating redox conditions will mainly be located in the northern,  
385 southern and eastern sub-basins (see Fig. 9a), where the bottom more gradually rises compared to  
386 that of the central basin. The depth-area relationship of the three sub-basins (see Fig. 9a) shows that  
387 approximately 5 km<sup>2</sup> of sediment area is situated between the depths of 85 and 115 m, representing

388 the upper limit of the area subjected to episodic changes in oxygen availability. However, a more  
389 precise calculation requires knowledge of the spatial pattern of the oxycline oscillations in the three  
390 sub-basins. To this end, we coupled the area–depth curve of the southern basin to the time series of  
391 vertical displacements of the 0.5 mg DO L<sup>-1</sup> iso-oxygen line at LS-S, taken as a reference for the  
392 oxycline depth. The same analysis was extended also to the northern and eastern basins, where we  
393 used the spatial distribution of the deeper layer interface provided by the 3D numerical model to  
394 estimate the oxycline oscillations (see Table S1). The resulting basin-specific areas subjected to  
395 alternating redox conditions (typically with variations higher than 1 mg L<sup>-1</sup>) are shown in Figure 9b.

396 We estimated that, overall, 1.9 km<sup>2</sup> of bottom sediments of Lake Iseo, 3% of the whole area, are on  
397 average subjected to alternating redox conditions with periods of from 1 to 4 days, with a maximum  
398 areal extent during summer, when long-lasting winds favour the excitation of a second vertical mode,  
399 and from January to February, when the weak thermal gradients favour strong tilts in the chemocline.  
400 The relative contributions of the sub-basins to the whole area subjected to alternating redox conditions  
401 are 49% (southern basin), 32% (northern basin) and 19% (eastern basin). Because of its conformation  
402 as a horizontal plateau with a typical depth of 100 m, the eastern basin contributes only if the oxycline  
403 is above 100 m depth.

404 Oxycline dynamics affect lake sediments with implications for the redox-controlled biogeochemical  
405 processes therein. Redox-sensitive P release (Søndergaard, 2003) may be halted in sediment depth  
406 segments affected by oxycline oscillations and shift P towards redox-insensitive fractions (Parsons et  
407 al., 2017). However, the role of sediments as sink and source of P is known to be controlled by a suite  
408 diagenetic processes including P supply, microbial mineralization, and interaction between iron and  
409 sulphur (Hupfer and Lewandowski, 2008). The susceptibility of these processes to excursion in  
410 oxygen availability is less well understood. According to our calculations, an additional 3% of the  
411 sediment area is affected by such excursions. The monimolimnion of Lake Iseo stores the vast  
412 majority of the in-lake P (360 t of 480 t, April 2016, Lau et al., in preparation), indicating the relevance  
413 of P release from sediment below the oxycline. Therefore, it remains crucial to further explore the  
414 dynamics in redox forcing in sediments of perennially stratified lakes and the entailing implications  
415 for internal P cycling and biogeochemical turnover.

416

#### 417 **Competing interests**

418 The authors declare that they have no conflict of interest.

419

420 **Acknowledgments**

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426

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516

517

518 **Table 1.** Overview of the oxygen measurements in Lake Iseo (sampling frequency of 60 s<sup>-1</sup>).

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526

ID	Station	Depth (m)	Distance from the bottom (m)	Investigated period
SO85	LS-S	85	20	21/07/2017 – 18/04/2018
SO90	LS-S	90	15	21/07/2017 – 18/04/2018
SO95	LS-S	95	10	21/07/2017 – 18/04/2018
SO105	LS-S	105	0	21/07/2017 – 18/04/2018
NO85	LS-N	85	135	24/10/2017 – 16/04/2018
NO95	LS-N	95	127	22/07/2017 – 24/10/2017

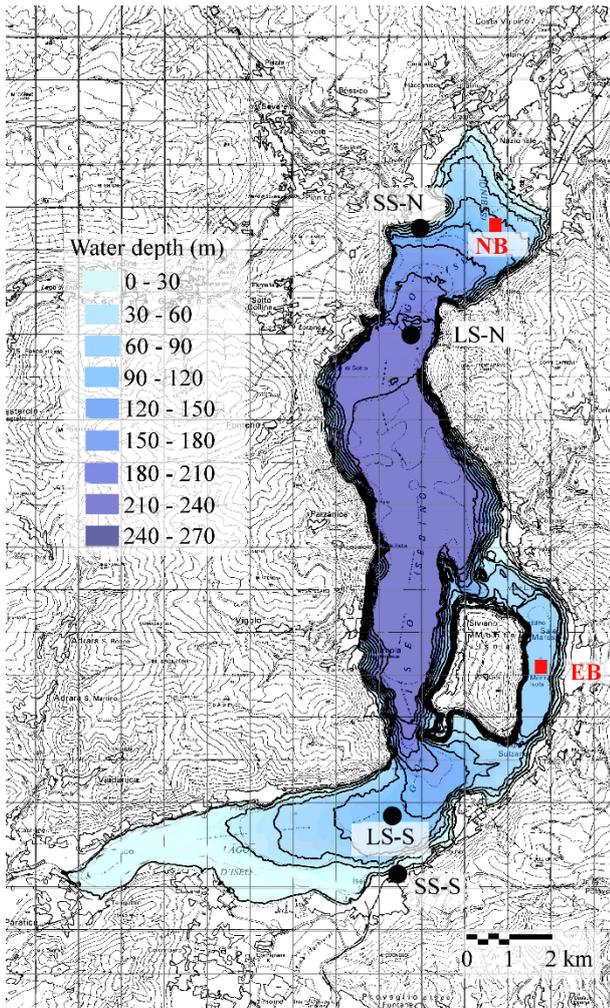
527 **Table 2.** Features of the first horizontal, first, second and third vertical modes in Lake Iseo during a  
 528 one year period. The monthly-averaged layered structure used for the calculation includes the depth  
 529  $Z_i$  of the upper interface of each  $i^{\text{th}}$  layer, and its density difference with respect to the deepest layer,  
 530  $\rho_i - \rho_4$ .

531

Time	Layered structure						Periods of the H1 modes		
	$Z_2$	$Z_3$	$Z_4$	$\rho_1 - \rho_4$	$\rho_2 - \rho_4$	$\rho_3 - \rho_4$	V1	V2	V3
	(m)			$(\text{kgm}^{-3})$			(hours)		
Jul-17	12.5	35.0	95.0	1.700	0.223	0.029	26.7	65.1	88.9
Aug-17	15.0	35.0	95.0	1.741	0.204	0.03	24.1	60.3	90.3
Sep-17	17.5	35.0	95.0	1.486	0.187	0.031	23.7	65.4	92.5
Oct-17	20.0	35.0	95.0	1.049	0.192	0.032	25.9	69.2	94.1
Nov-17	22.5	35.0	95.0	0.645	0.187	0.034	31.0	74.4	102.8
Dec-17	35.0	-	95.0	0.214	0.032	-	43.8	82.3	-
Jan-18	45.0	-	95.0	0.059	0.028	-	67.7	139.2	-
Feb-18	55.5	-	95.0	0.046	0.027	-	71.2	177.3	-
Mar-18	-	-	95.0	0.025	-	-	78.5	-	-
Apr-18	7.5	35.0	95.0	0.200	0.071	0.027	69.3	112.3	153.5
May-18	10.0	35.0	95.0	0.596	0.107	0.028	48.4	75.8	108.7
June-18	12.5	35.0	95.0	1.072	0.131	0.028	33.6	69.1	101.3

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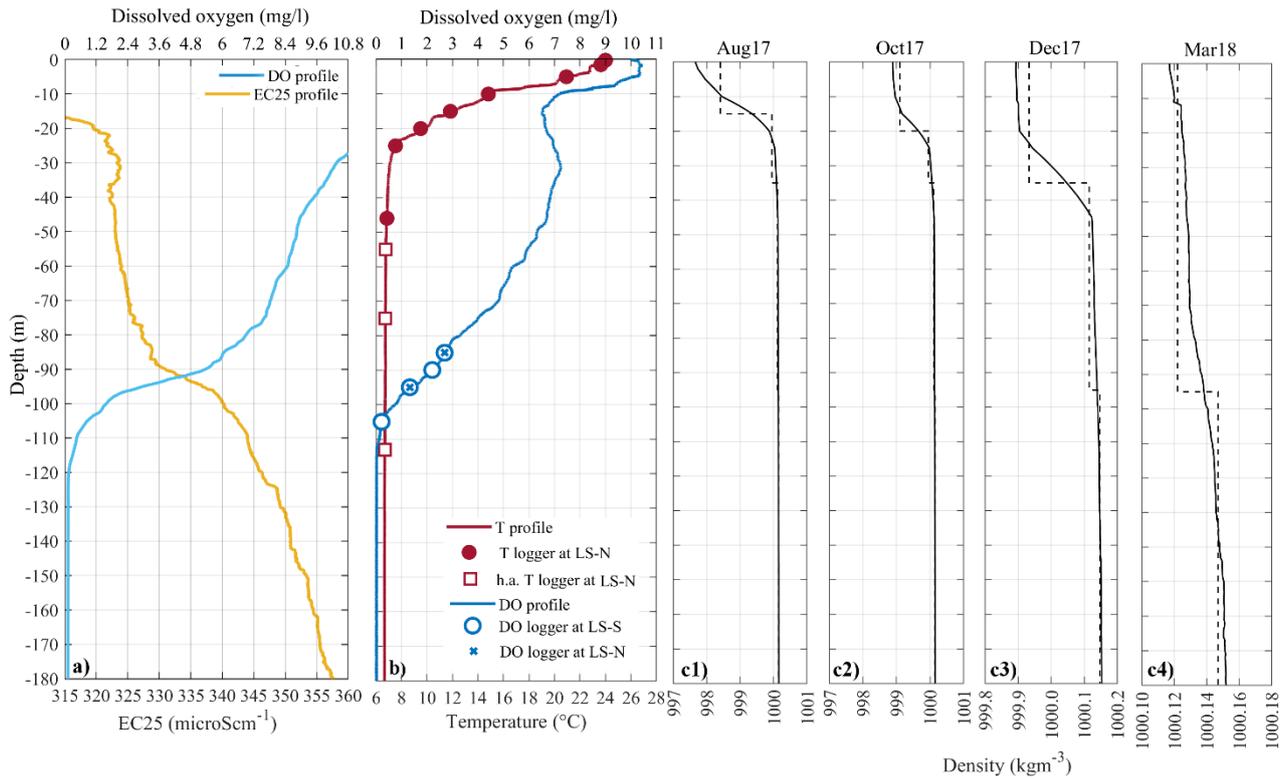


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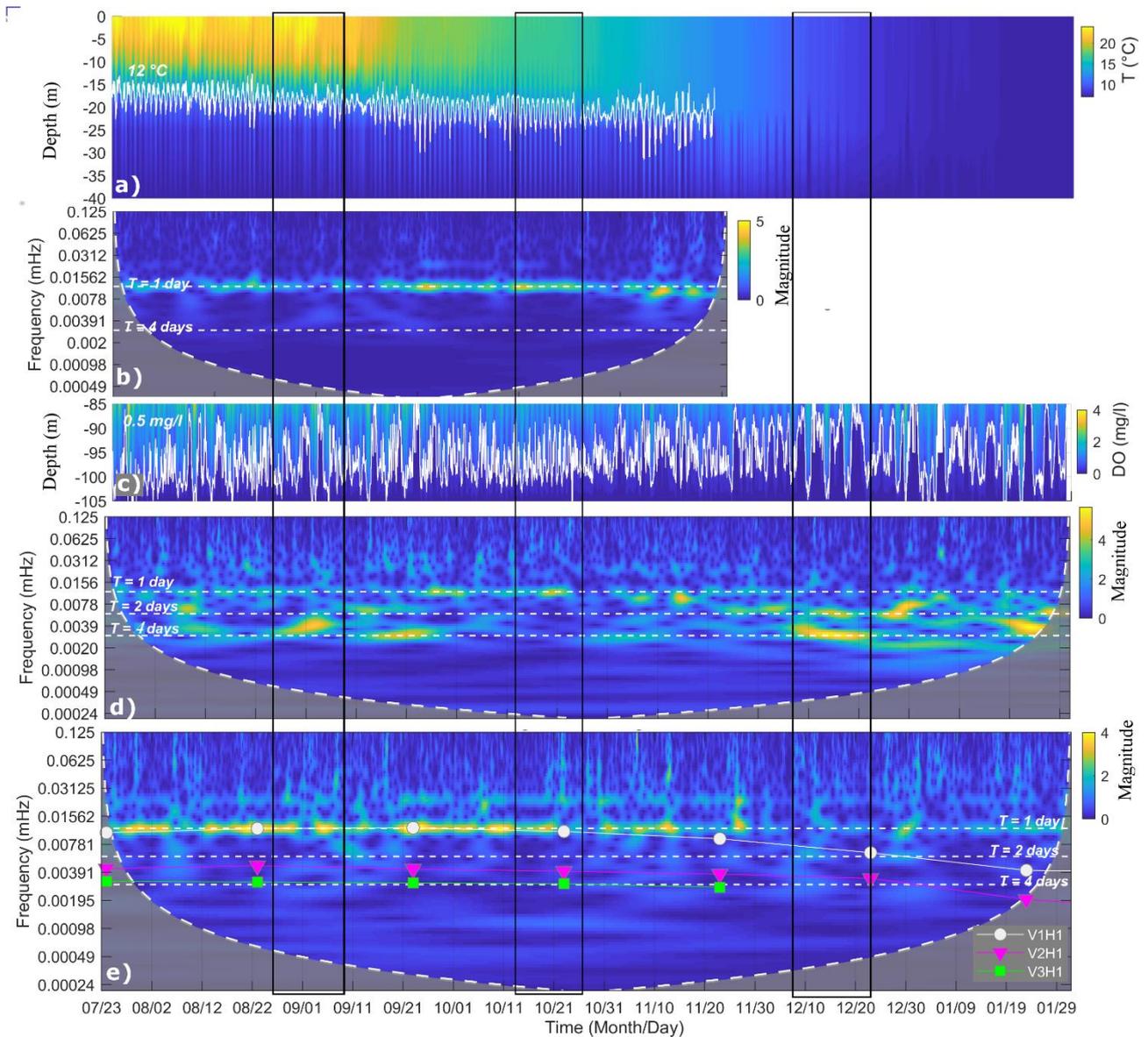
536 **Figure 1.** Contour of Lake Iseo bathymetry and isodepth lines at 30 m spacing . The black dots show  
 537 the measurement stations located on the shore (SS) and in the lake (LS), both north and south. The  
 538 red squares indicate the two points at 98 m depth in the eastern basin (EB) and 105 m in the northern  
 539 basin (NB) that are mentioned in the text.

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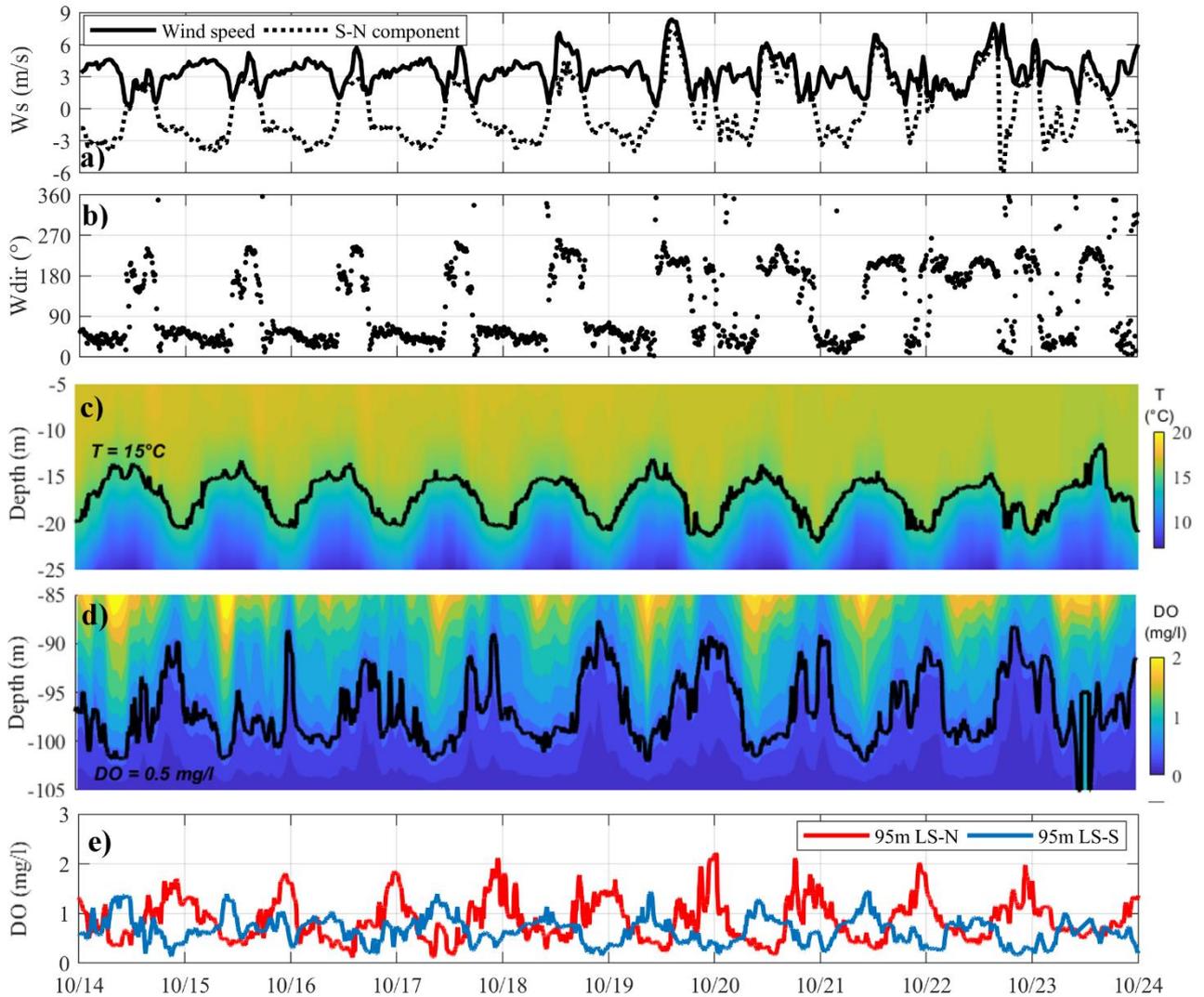


541

542 **Figure 2.** (a) Vertical profile of temperature-compensated conductivity (EC25) and dissolved oxygen  
 543 (DO) measured on 10/04/2018 at LS-N. (b) Vertical profile of temperature (T) and dissolved oxygen  
 544 (DO) measured on 22/07/2017 at the LS-N. The circles and the crosses show the DO sensors at LS-  
 545 S and LS-N, respectively. The dots and the squares show the depth of the temperature sensors at LS-  
 546 N, with the squares indicating the high-accuracy sensors. (c1-c4) Vertical profiles of monthly  
 547 averaged density (solid lines) during four months and the corresponding discrete layered structure  
 548 (dashed line) used in the modal model. The density profiles were calculated on the basis of an  
 549 empirical equation of state that relates density to conductivity and temperature, calibrated for lake  
 550 Iseo according to the algorithm by Moreira et al. (2016) (details are in Scattolini, 2018).



553 **Figure 3.** (a) Time series of the vertical displacements of the 12°C isotherm (white line) measured at  
 554 LS-N, superimposed on the interpolated temperature distribution between 0 and 40 m, and (b) the  
 555 associated continuous wavelet transform for the period between the 23<sup>rd</sup> July and 21<sup>st</sup> of  
 556 November 2017. (c) Time series of the vertical displacements of the 0.5 mgDO L<sup>-1</sup> isoline measured  
 557 at LS-S, superimposed on the interpolated distribution of oxygen, and (d) the associated continuous  
 558 wavelet transform. (e) Natural periods of the V1H1, V2H1, and V3H1 modes superimposed on the  
 559 continuous wavelet transform of the N-S component of the wind measured at LS-N. The grey shaded  
 560 regions on either end indicate the cone of influence, where edge effects become important. The three  
 561 rectangles with a black outline show the three periods analysed in the following Figures 4-6.

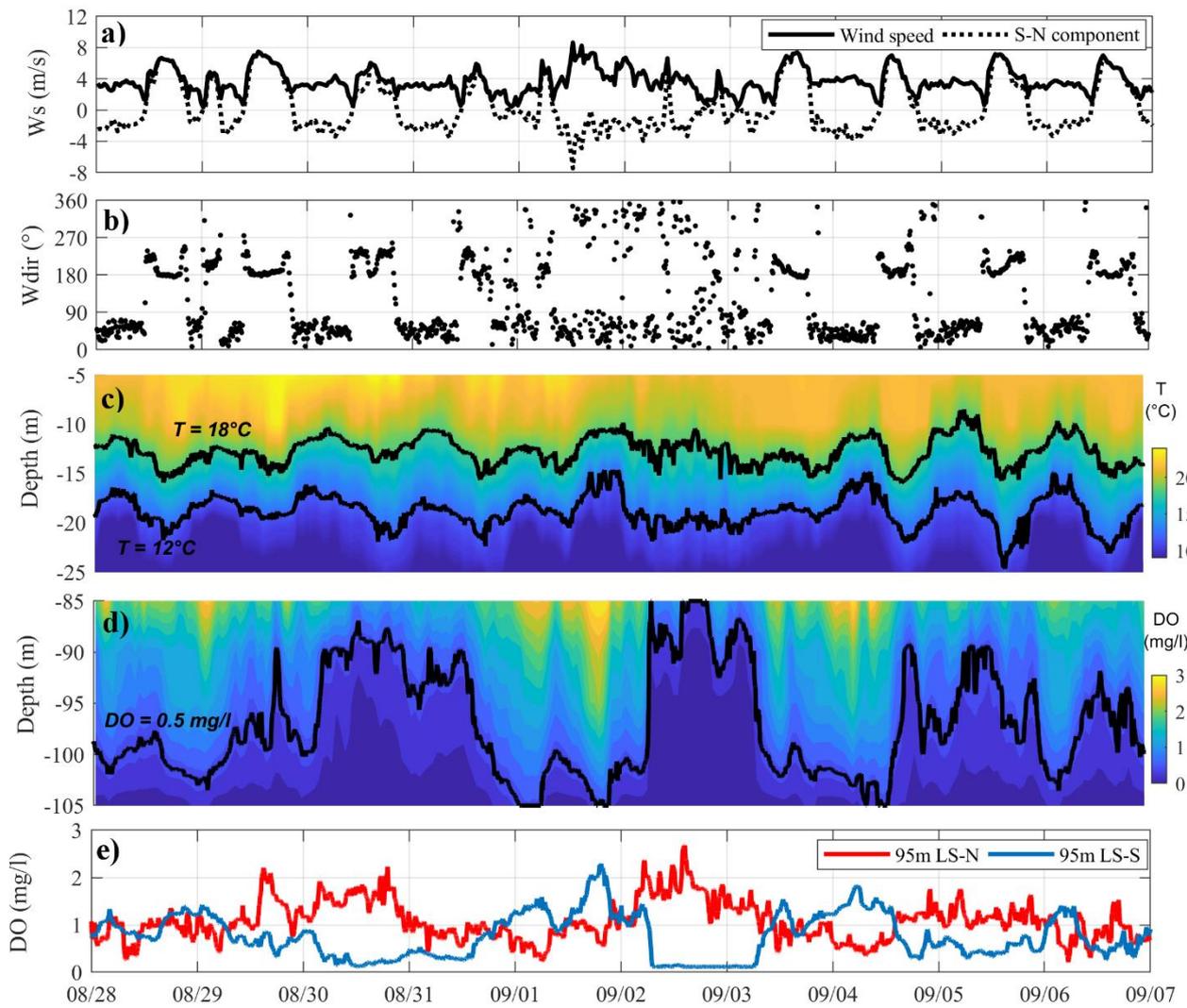


563

564 **Figure 4.** Time series measured from the 14<sup>th</sup> to 24<sup>th</sup> of October 2017 of (a) wind speed and its  
 565 southerly component and (b) wind direction at LS-N, followed by the spatial and temporal variation  
 566 in (c) temperature between 5 and 25 m depth at LS-N and of (d) DO between 80 and 105 m at LS-S.  
 567 Panel (e) compares the time series of DO measurements at the LS-N and LS-S stations.

568 Corresponding to each tick of the horizontal axis it is the time 00:00.

569



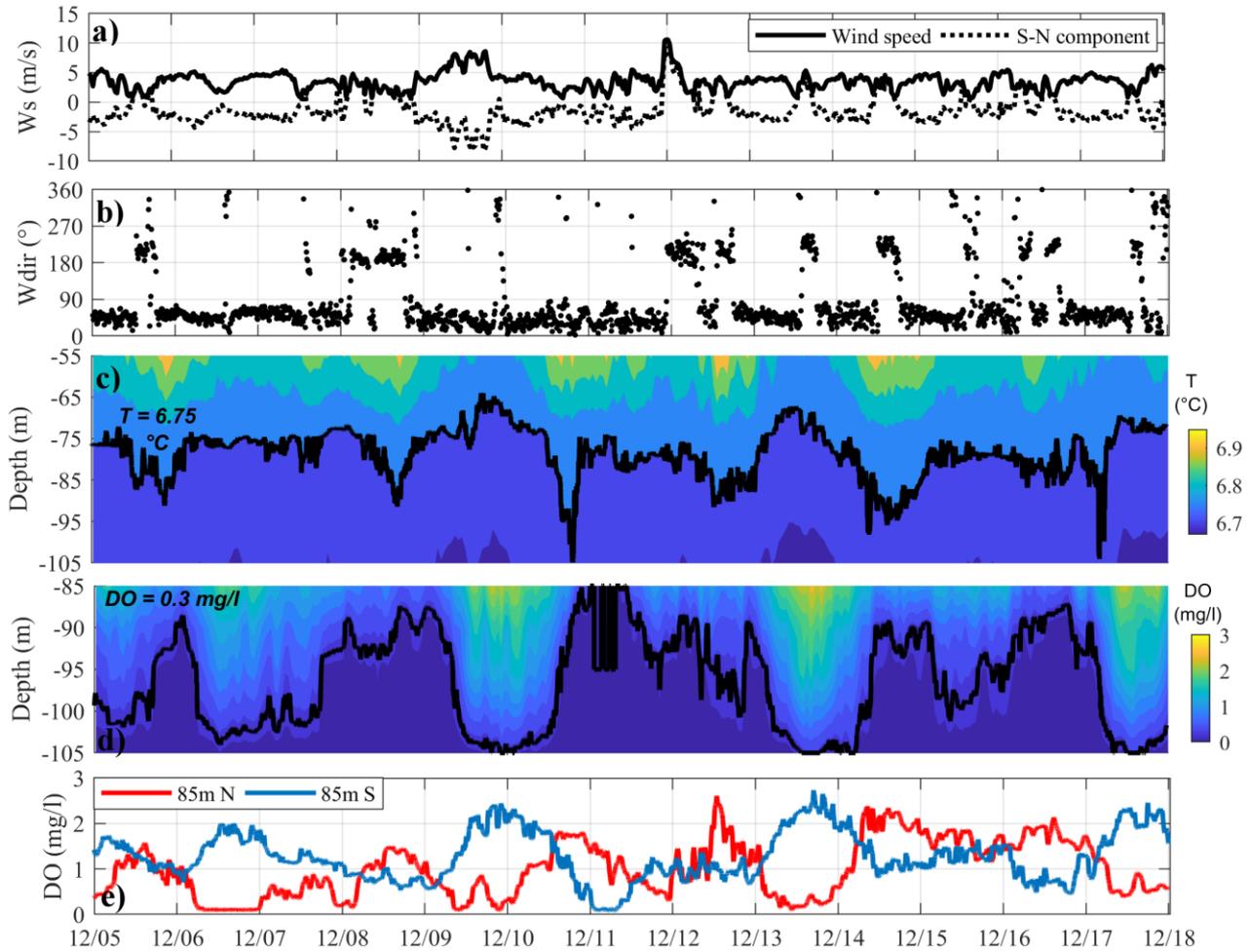
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573 **Figure 5.** Same as Fig. 4 but referring to the period of 28 August – 07 September 2017.

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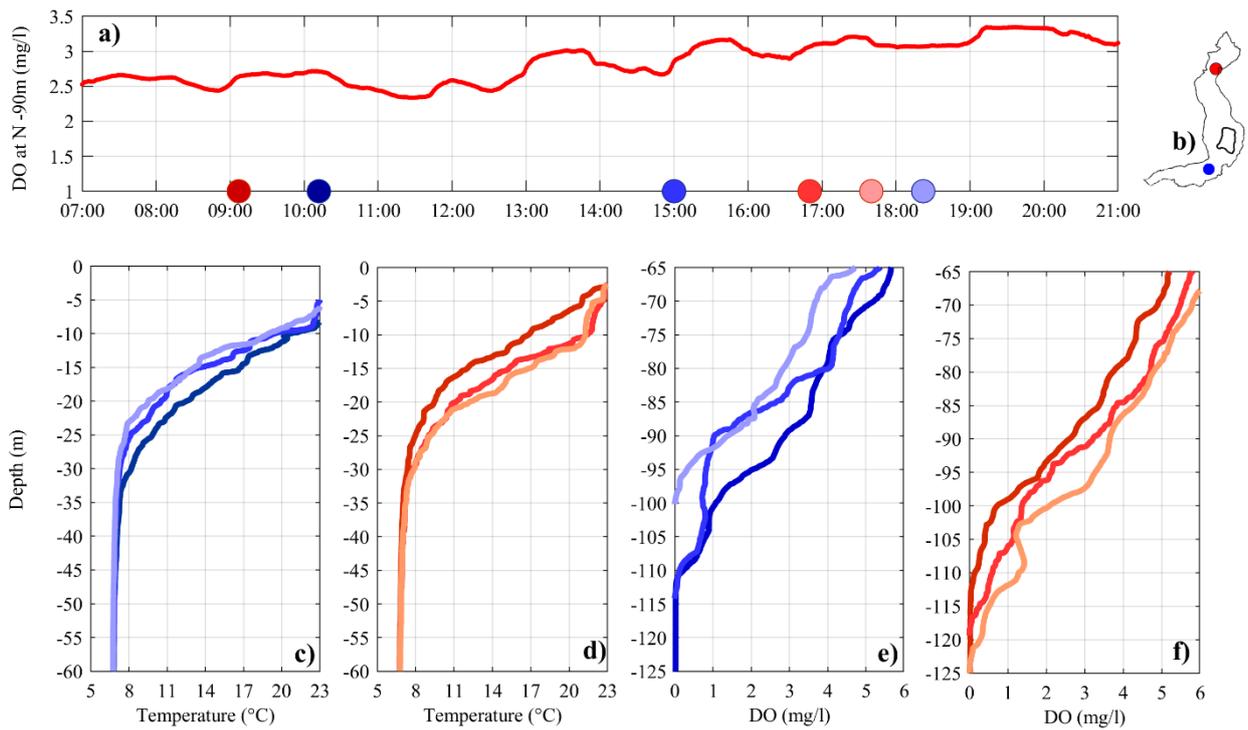
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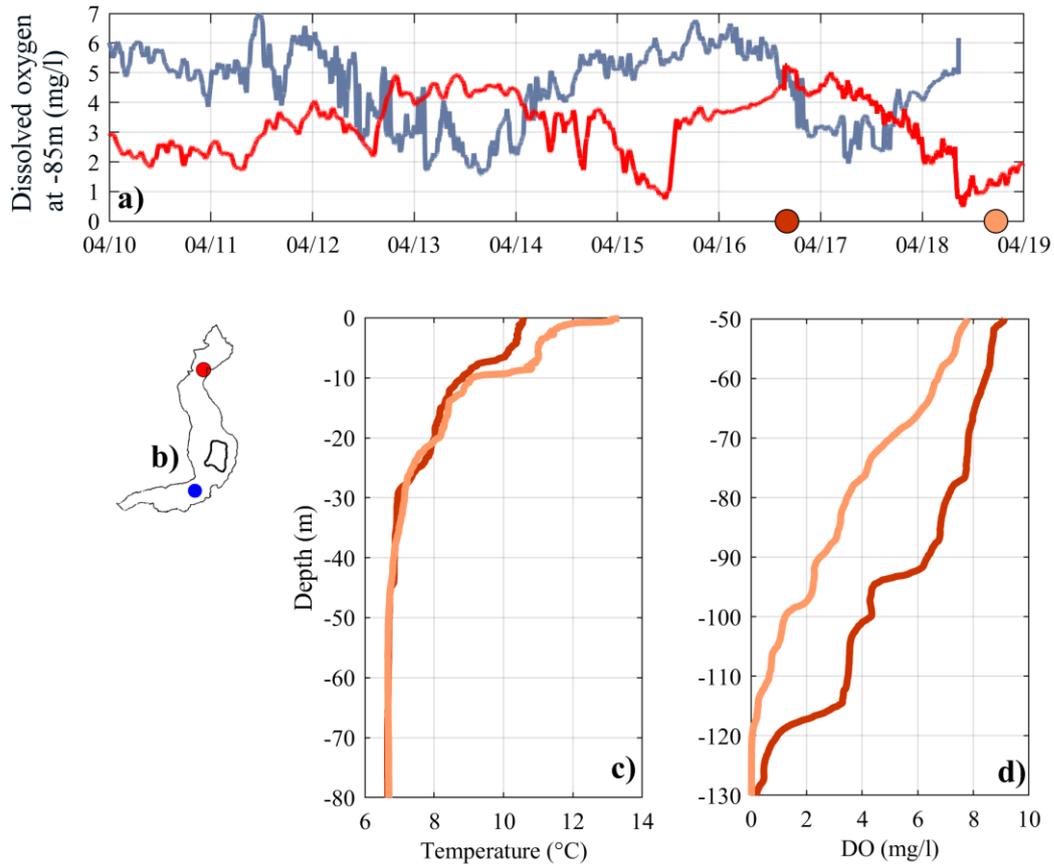
578 **Figure 6.** Same as Fig. 4 but referring to the period 05 – 18 December 2017.



579

580

581 **Figure 7.** (a) DO concentration at 90 m depth recorded at station LS-N on the 21<sup>th</sup> of July 2017.  
 582 Coloured dots on the x-axis indicate the sampling time of the vertical profiles shown in the panels  
 583 (c-f). Panels (c) and (d) compare the profiles of temperature between 0 and 60 m, while panels (e)  
 584 and (f) compare the profiles of DO between 65 and 125 m. Red and blue colours refer to the  
 585 northern and southern sampling location (see panel b), respectively.

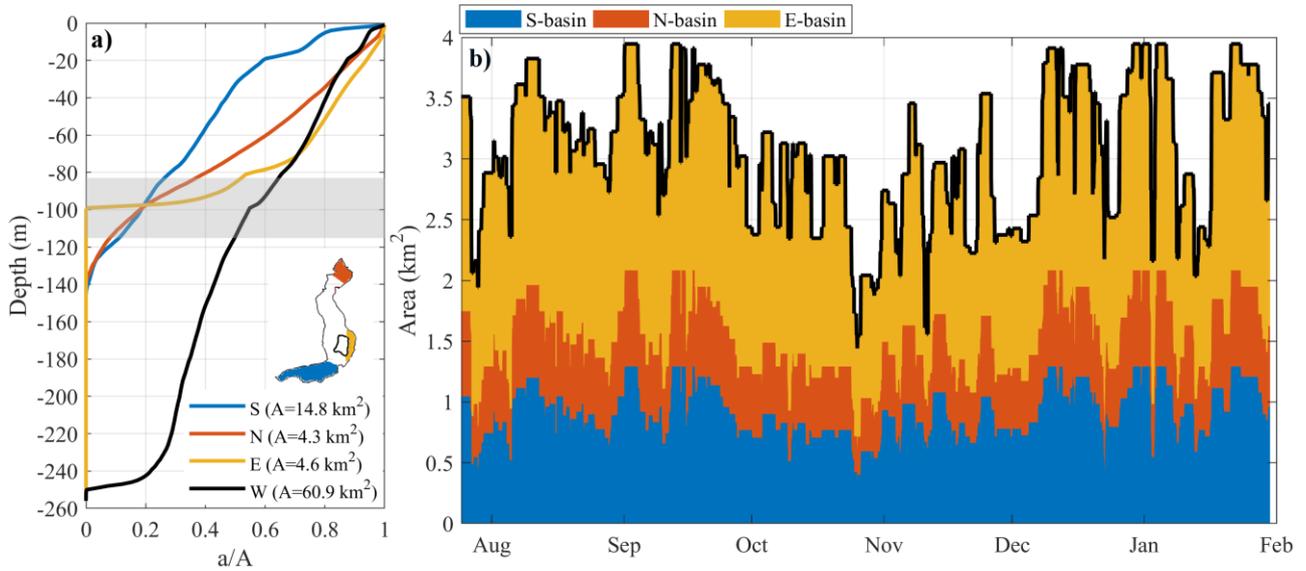


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587

588 **Figure 8.** (a) Time series of DO measured at 85 m depth on April 2018. Red and blue lines refer to  
 589 the northern and southern sampling location, respectively (see panel b). Coloured dots on the x-axis  
 590 indicate the sampling time of the vertical profiles shown in panels (c-d). Panel (c) compares the  
 591 profiles of temperature between 0 and 80 m depth at LS-N, while panel (d) compares the profiles of  
 592 DO between 50 and 130 m at LS-N.

593



595

596 **Figure 9.** (b) Estimation of the area of the bottom sediments subjected to alternating redox conditions.  
 597 The areas were calculated by considering the oscillations of the oxycline over a 3-day long time  
 598 window. The three colours make reference to the contribution of the southern (S, blue), northern (N,  
 599 red) and eastern basin (E, yellow), as shown on the map. In the left panel (a), the area-depth curves  
 600 indicate the cumulative area "a" of the bottom situated below a given water depth in the whole lake  
 601 (W) and in each sub-basin (E, N, S). On the x-axis, the area "a" was normalized with the total area  
 602 "A" of each basin. The grey shaded area marks the maximum and minimum vertical displacement of  
 603 the  $0.5 \text{ mgDO L}^{-1}$  recorded at LS-S, highlighting the area of the bottom where the oxycline fluctuates.

604