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Impacts of agricultural intensification through upscaling of suitable rainwater harvesting technologies in the upper Ewaso Ngiro North basin, Kenya

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Changes in land cover and land use can lead to significant impacts to hydrology by affecting the amount of runoff, soil moisture and groundwater recharge over a range of temporal and spatial scales. However, hydrologic effects of these changes are still an unknown at watershed scale. Moreover, predicting the effects of land cover/use and climate change on hydrological cycle has remained a major challenge. This is because of the complexity and uncertainty of future climate changes making it difficult to predict the consequences. It is against this backdrop that, for sustainable water resources management, assessment of the impacts of land cover/use change on hydrological regime at all scales becomes critical. During this study, we applied the SWAT model to assess the impacts of area hydrology between baseline and alternative scenario (upscaling of rainwater harvesting technologies). Specifically, our overall objective was to quantitatively evaluate the effects of land use changes on watershed hydrology in the upper Ewaso Ngiro North basin in Kenya. This was achieved by estimating hydrological responses under historical land use scenarios obtained from the multi-temporal satellite imageries of 1987, 1995 and 2003. The model performance was found to be relatively good (Nash and Sutcliffe efficient of 70%). Stream flow analysis was carried out for different parts of the basin to understand its hydrological responses, especially, the behavior of base flow. The results show a decrease in base flow during 1987–2003 period with decreasing forest, bush and grass covers, which can be attributed to poor natural vegetation emanating mainly from overgrazing and deforestation for agricultural activities. In conclusion, the study clearly shows that, assessment of hydrologic effects of land use changes is critical for a sustainable water resources planning and management of the basin.

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Global water demand for food production for the growing world population is expected to rise and part of this increase will result in escalating water scarcity (Wisser et al., 2009; Rockström et al., 2007). As fresh water resources are limited, the question 5 arises of whether there will be sufficient water per capita available in the 21st century to fulfill the demand generated by increasing population. Moreover, over exploitation of the useable water resources has already threatened the sustainability of the fresh water availability (Zalewski, 2000).

Studies on water demand for food, environment and industries indicate that more developing countries would experience chronic and physical water shortage by 2025 (Bastiaanssen, 2000). Already some countries mainly in the Middle East and Africa are confronted with water supply shortage (Al-Weshah, 2002). Therefore, the challenge to manage the scarce water resources in a sustainable manner is growing.

Hydrological processes inside river basins are complex due to the combined nature of the natural processes and man made features. Moreover, properties of media forming hydrological systems display a degree of heterogeneity at various scales (Wolski, 1999; Bronstert and Bardossy, 2003). Therefore, attempts to obtain quantitative description of hydrology in river basins must consider these spatial and temporal heterogeneities.

Land cover/use changes (LUCs) do alter the hydrological cycle of a catchment by modifying its rainfall, evaporation and runoff, particularly in small catchments (Cao et al., 2006). Furthermore, they can affect the amount of runoff, soil moisture and groundwater recharge over a range of temporal and spatial scales (Calder, 1992; Im et al., 2003). However, predicting the effects of LUCs on hydrological cycle has remained a major challenge (Sivapalan, 2003).

In recent years, different hydrological models have been applied to quantify the effects of land use changes on the hydrological cycle (Fohrer et al., 2001; Lørup et al., 1998; Beven, 1989; Refsgaard, 1997; Chen and Li, 2004; Quilbe et al., 2008).

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Generally, hydrological modelling is an attempt to describe the physical processes (canopy interception, evapotransiration, overland flow) controlling the transformation of precipitation to runoff (Al-Sabbagh, 2001). For example, Fohrer et al. (2001) who applied SWAT model on a meso-scale catchment observed that, surface run-off is most susceptible variable to LUCs though its influence is difficult to quantify particularly at large scale with complex interactions.

Nevertheless, recent developments of decision support systems based on geographic information systems (GIS) and distributed hydrological models have provided practical and useful tools to achieve this goal (Fohrer et al., 2001).

Land use changes, especially those arising from intensification of rain-fed agriculture, are usually driven by the need to improve agricultural production and hence livelihoods (Ngigi et al., 2008). To enhance productivity of rain-fed agriculture, supplemental small-scale irrigation infrastructure through RWH is important for increasing evapotranspiration, particularly given growing environmental and social concerns about large scale irrigation projects (de Fraiture et al., 2007) that rely heavily on abstractions from either groundwater or river flows.

Due to the complexity of the climate system and its interactions with the hydrological cycle, it is extremely difficult to detect the causes of climate and land use change that are responsible for changes in the rainfall - runoff relationship (Pfister et al., 2004). Difficulties in predicting these changes can arise from the limit of data quality, the short period of measurements, and the gaps in time series, etc. This makes hydrological models useful tools for extrapolating data in space and time and to simulate the effects of changing climate and land use conditions on the hydrological processes in a river basin.

In this study, we applied the soil and water assessment tool (SWAT) model to estimate spatial variations of surface runoff resulting from upscaling of rainwater harvesting (RWH) in the upper Ewaso Ng'iro North basin in Kenya. Impacts were assessed on the area hydrology between baseline and alternative scenario such as upscaling of suitable RWH technologies. Our overall objective however, was to quantitatively evaluate

the effects of land use changes on watershed hydrology of the basin (Fig. 1). This was achieved by estimating hydrological responses under historical land use scenarios obtained from multi-temporal satellite imageries.

Materials and methods

Study area

The major challenges facing the upper Ewaso Ng'iro North basin include rapidly growing population and degradation of natural resource base resulting to declining land productivity and consequently insecure livelihoods. Farmers migrating from adjacent high agricultural potential districts due to increased pressure on land have caused land use changes particularly in the lower zones from natural vegetation to small scale agriculture, which have led to increased water abstraction and subsequently decreased river flows (Gichuki, 2002).

Land use changes in the basin, and especially from the intensification of rain-fed agriculture, have become inevitable due to increased food demand. Such changes are bound to have positive socio-economic impacts geared towards improving livelihoods, but may also lead to negative impacts downstream, consequently affecting their livelihoods and natural ecosystems that depend on sustained river flows (Ngigi et al., 2006). Generally, upstream watersheds play an important role on controlling the stream flow regime, and its hydrologic behaviour (water yield and runoff generation) depends mainly on their vegetation cover, soil and geological setting (Tangtham, 1998).

Low rainfall reliability and occurrences of dry spells in the basin are responsible for persistent crop failure in the upper Ewaso Ng'iro North basin. Studies by Ngigi et al. (2006) indicate that, there is 60% probability of occurrence of below average rainfall and 50-80% of agricultural droughts in the basin. However, it was also observed that, on-farm storage RWH systems can adequately address major critical water deficits by storing runoff for supplemental irrigation (SIR), thus bridging the dry spell period.

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Water demand is continuously increasing in the basin due to population growth and irrigation development. About 60 to 95% of the available river water in the upper reaches of the basin is abstracted during the dry season with up to about 90% of the total abstraction being illegal (Kiteme and Gikonyo, 2002; Notter et al., 2007). This has negatively affected downstream populations and natural ecosystems leading to water use conflicts (Mutiga et al., 2010).

However, all is not lost since RWH can play a vital role in easing competition for the scarce water resources and consequently enhance food security. RWH is increasingly being recognized as a viable strategy for improving food production, especially by small-scale farmers in semi-arid environments. Rockström and Falkenmark (2000) observed that RWH can provide the opportunity to maximize soil water holding capacity and mitigate dry spells in order to increase water productivity. Therefore, RWH need to be promoted significantly to enhance their adoption rates.

2.2 Description of the SWAT model

SWAT is an acronym for Soil and Water Assessment Tool, a river basin model developed originally by the USDA Agricultural Research Service (ARS) and Texas A&M University that is currently one of the worlds leading spatially distributed hydrological models. The model is a physically based semi-distributed rainfall-runoff model that operates on a daily time step. It comprises of a GIS interface that outlines the sub-basins and stream networks from a Digital Elevation Model (DEM) and calculates daily water balances from meteorological, soil and land-use data (Arnold et al., 1998; Srinivasan et al., 1998). The model has the capability to predict the impact of management on water, sediment and agricultural chemical yields in large basins (Fontaine, 2002). The main components of the model include hydrology, weather, sedimentation, soil temperature, crop growth, nutrients, pesticides and agricultural management. However, fundamental strength of SWAT is the combination of upland and channel processes that are incorporated into one simulation package. The model has been widely used for both agricultural and water resources applications (Gassman et al., 2007).

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Conceptually, the model divides a catchment into smaller discrete calculation units (hydrological response units – HRUs) for which the spatial variation of the major physical properties are limited, and hydrological processes can be treated as being homogeneous. The total catchment behaviour is a net result of manifold small sub-basins. The model operates on a daily time step, and can be used to predict the impacts of land management practices on water, sediment and agricultural chemicals in catchments (Neitsch et al., 2002; Chaplot, 2004).

The upper Ewaso Ng'iro North basin was subdivided into sub-basins and a river network based on a digital elevation model (DEM). Based on the unique combinations of soil and land use, the sub-basins were further detailed into hydrological response units (HRUs), which are the fundamental units of calculation. In total, 40 sub-basins and 128 HRUs were delineated for the basin.

Data requirements

SWAT model requires detailed spatial and temporal input data, as it is a highly detailed physical model. The most important spatial information used includes Digital Elevation Model (DEM), weather variables, land use, soil properties and land management practices. The DEM, which forms the basis for delineating the catchment boundary, stream network and creates sub-basins, was obtained from the interpolation of 20 m interval contours. For temporal data, daily rainfall and potential evapotranspiration were used as climatic input data. Rainfall records were collected from five meteorological stations within the basin (Fig. 1) while potential evapotranspiration was calculated by using the FAO Penman-Monteith method (FAO, 1998) which requires air temperature, relative humidity, wind speed, and radiation data.

The soil and land cover/use layers for the basin were used to generate unique combinations, each considered as having a homogeneous physical property called Hydrological Response Unit (HRU) which form the fundamental units for modelling. Hence, SWAT was used to distribute the river basin into units with similar characteristics in soil.

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land cover and that are located in the same sub-basin. The water balance for every HRU was computed on a daily time step.

2.4 Model calibration and validation

The SWAT hydrological model was run on a daily time step, with model calibration, validation and analyses computed on a monthly basis for the basin. Calibration was performed manually by varying the ten most sensitive parameters (Table 1) in the model. This process was applied to examine the influence of various model parameters, step by step with an aim of improving simulated results as measured variables may not always be readily available for the area under investigation. The calibration and validation were done using the flow records from 1970 through 1990 for Mt. Kenya sub-basin (Fig. 1), where we had adequate data. The period was split into two periods; 1970-1980 for calibration and 1980–1990 for validation.

Results and discussions

Model calibration and validation

The initial model runs, after calibration, resulted in reasonable agreement between monthly observed and simulated discharge with a Nash-Sutcliffe efficiency of 0.75 indicating that the model performed well and could therefore be applied for discharge prediction. In general, model performance efficiency, determines how well the probability distributions of simulated and observed data fit each other.

The performance efficiency (R^2) value for simulated versus observed daily stream flow for the basin was 0.75 for the calibration period and 0.70 for the validation period (Fig. 2). Visual comparison of simulated and observed stream flow during the calibration period shows that the model performed well in terms of the rainfall and runoff relationships.

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The SWAT model divides contributions to river flow into three categories; surface overland flow, lateral flow (quick flow within the upper soil profile) and groundwater flow (return flow from shallow aquifers), Table 1.

Major components of the hydrologic budget were simulated to determine the impacts of proposed land management (RWH) and LUC changes. This was done for 2003–2015 period. It was assumed that during the base year (2003) there is no RWH, and that it would be implemented sufficiently to meet crop requirements by 2015. The soil conservation service curve number (SCS, CN) approach and Penman-Montheith methods were used to calculate runoff and potential evapotranspiration respectively (Table 1).

3.3 Land cover/use changes and population

Land cover/use types for the three time periods were obtained from classification of multi-spectral landsat images of 1987, 1995 and 2003, each with a spatial resolution of 30 m. Proportional changes in land use during the study period were determined by visually comparing classification results of multi-temporal images. Four main land cover/use types (forest, grassland, bushland, and cropland) were identified in the upper Ewaso Ng'iro basin and used for SWAT simulations. However, it was observed that the upper catchments experienced the highest forest cover loss due to encroachment from people migrating from the neighbouring high potential areas with dense population (Kohler, 1987; Wiesmann, 1998). This resulted in catchments deterioration, making them prone to erosion and flooding. The population in the basin grew from 250 000 to about 650 000 in 1987 and 2003 respectively (more than double).

The dominant land cover types in the area include forest, grassland, bareland and cropland (Table 2). Results obtained show that, forest cover decreased by about 7% between 1987 and 2003. Similarly bushland and grassland areas reduced drastically during the same period while bareland increased. The decrease could be associated

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with the need to clear more land for agricultural activities to feed the growing population as indicated by an increase in cropland. However, the increase in bareland witnessed over the same period could be associated to overexploitation of the soils through continuous poor farming practices with minimum soil nutrient in the area in addition to overgrazing. There was a 100% increase in urban area in the same period.

3.4 Runoff generation

Surface runoff generally occurs when the rate of water application to the ground surface exceeds the rate of infiltration. SCS curve number method was used to estimate surface runoff. Based on land use change scenarios, model parameters (Table 1) were recalculated and the model was re-run to deliver the modified flows. Figure 3 gives the simulated flow hydrographs for the three years (1987, 1995 and 2003) and land cover/use scenarios in the catchment. Analysis from running the model under different land cover/uses, revealed that runoff significantly increased (Table 3) leading to a decrease in evapotranspiration (ET) in relation to rainfall.

It was observed that surface runoff constitutes about 20% on average of the annual water balance in the basin with a higher component being converted to evapotranpiration (about 60% on average) leading to less groundwater recharge and consequently less water availability (Table 3). This observation tends to agree with the findings of Rockström (1999) on how rainfall is partitioned in the dry areas of SSA (10–25%, runoff and 45-80%, evapotranpiration). Further, the results also revealed that upscaling of RWH increased base flow by about 5% and reduced surface runoff by 2% with no significant effects in the downstream areas. The principal areas with relatively high runoff generation include the headwaters in the Mt. Kenya and the Aberdare ranges.

Table 3, shows the average annual values of modelled hydrological components and changes attributed to land cover/use changes over the last 15-yr period in the basin. The results indicate that there were slight increases in surface runoff and lateral flow as a response to the land cover/use change. The percent increase in surface runoff over the 15-yr period (1987–2003) was about 4% per year while shallow ground water

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flow decreased by about 1% per year (Table 3). This situation was primarily due to the changes in land cover/use experienced during this period (Table 2).

Nortcliff et al. (1990) observed that major changes in runoff occur between 0 to 30% vegetation cover, with higher vegetation cover having relatively smaller impacts. This tends to agree with the findings of the current study which show that the observed surface runoff increased gradually during 1987-2003 period (Table 3) with decreasing forest, grassland and bushland covers (Table 2). This can be attributed to poor natural vegetation resulting from overgrazing and deforestation for agricultural activities. This is because, infiltrated water reduces with decreasing vegetation cover.

Expansion in cropland resulted in higher surface runoff and consequently higher annual water yields (Table 3). Since an increased water yield percolates through welldrained soils, the primary implications include flooding in the downstream areas of the basin, and if this flood water can be diverted and stored to supplement irrigation activities, could reduce the downstream impacts significantly.

Downstream impacts of upscaling RWH

The results revealed that there are insignificant effects on downstream flow (Fig. 3) resulting from the upscaling suitable RWH technologies in the upstream part of the basin. The annual total water yields, quick flow and base flow decreased moderately in the two scenarios when compared with flow at the current land cover/use (2003). The flow duration curves shows the temporal variation of flow over the three periods which could also be related to climate variability in addition to LUCs.

Land cover/use changes, especially those emanating from the intensification of rainfed agriculture within the basin are inevitable due to the need to meet increasing food demand. Such changes could have either, positive socio-economic impacts such as those improving yields and hence livelihoods, but could also lead to negative impacts downstream, such as reduced water availability thus affecting both people and the natural ecosystems. Figure 4, gives the simulated flow hydrographs for the three land cover/use scenarios of the basin during 1987-2003 periods. Moreover, it was noted

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that the upstream part of the catchment, played an important role of controlling stream flow with its hydrologic behaviour (water yield and runoff generation) depending mainly on the vegetation conditions agreeing with the observations made by Tangtham (1998).

Furthermore, the results from this study indicate that an increase in ET as a result 5 of intensifying agricultural activities using RWH technologies led to a decrease in the amount of water penetrating into the soil profile to replenish the shallow groundwater storage during the wet season. This change caused a reduced contribution of groundwater to the river flow and hence the overall discharge.

Monthly average surface runoff tends to follow the rainfall pattern with higher values being observed when rainfall amounts are also high, clearly distinguishing between the two rainfall peaks (April-May and October-November) in the basin with relatively low values during the dry seasons (January–February and August–September).

Conclusions

SWAT model was applied to investigate the watershed-scale hydrologic impacts of land use changes within a 800 km² watershed. Simulated stream flow at the watershed outlet was found to be close to observed values with respect to low flow, and partly peak flows for the study period. The model however often underestimated at some rainfall events. This could be due to the poor quality of input data. Nevertheless, a good agreement was also observed between simulated and the observed total runoff volumes during the simulation period.

Moreover, the results obtained also show that basin hydrology was found to be relatively sensitive to changes in land cover/use attributes, with a general pattern of increasing surface runoff with a decrease in forest, bushes and grasses with a subsequent decrease in evapotranspiration. However, intensification of rain-fed agriculture particularly in the upstream of the catchment does not significantly lower water availability in its downstream. Further, it was noted that the upstream part of the catchment,

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play an important role of controlling stream flow with its hydrologic behaviour (water yield and runoff generation) depending mainly on the vegetation conditions agreeing with the observations made by Tangtham (1998).

The performance of the model was assessed using the Nash and Sutcliffe efficient 5 model performance evaluation criteria, and after verification, the model was applied for different scenario analyses (status quo and upscaling of RWH). Simulation of different scenarios demonstrates the implications of increased evapotranspiration (due to RWH upscaling) particularly to the contribution of groundwater to river discharge. Confidence can therefore be placed in asserting that irrespective of the level of future changes in RWH, the change in proportion of runoff that contributes to Ewaso Ng'iro river discharge through groundwater flows is insignificant and does therefore not affect the downstream flow significantly as a result of increasing ET.

The results also revealed that upscaling of RWH increased base flow by about 5% and reduced surface runoff by 2% with no significant effects in the downstream areas. In conclusion, assessment of the hydrologic effects of land cover/use changes is crucial for water resources development and management in the basin. Rapid population growth in addition to the effects of climate change has adversely impacted on the already limited resources (mainly water, arable land and pasture) leading to overwhelming conflicts over their use and management.

Smallholder agro-pastoralists have become the main agents of resource degradation in the recent past as they engage themselves in survival and coping strategies that are incompatible with prevailing ecological conditions in the basin. In addition, unregulated land subdivision has resulted in small and unviable land parcels that cannot support any meaningful livelihood. All these combined, have led to resource use conflicts especially in the dry areas of the basin (lowlands). This situation has been escalated by the increasing effects of climate change. Resource use conflicts in the Upper Ewaso Na'iro basin have now become as unpredictable as the weather over the past two decades with violence reaching to unexpected level in 2007/2008 period. This consequently resulted in loss of human lives and property worth millions of shillings as witnessed

during the post election violence not only in the basin, but also in most parts of the country (Kenya).

To minimize these effects, innovative natural resources (water and pasture) management remains crucial calling for formulation of policies in relation to natural resources use and management that provide efficient mechanisms to address the situation while ensuring their sustainability. From the findings of this study, upscaling of RWH could play this critical role by providing more water for use especially during the dry season when the user conflicts are at their peak.

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Table 1. Sensitive SWAT parameters in Ewaso Ng'iro North Basin.

SWAT Parameter	Parameter Description
CN2	Curve number
SURLAG	Surface Runoff lag coefficient
SOL₋K	Soil Conductivity
SOL_AWC	Soil Water Capacity
EPCO	Plant Evaporation compensation factor
ESCO	Soil Evaporation coefficient
GW_REVAP	Groundwater "revap" coefficient
REVAPMN	Threshold depth of water in shallow aquifer
GW_DELAY	Groundwater Delay
ALFA_BF	Base flow alpha factor

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Table 2. Different land cover/use types in the basin.

Land cover/ use class (%)	1987	1995	2003
Bare	~19.2	~22.5	~24.1
Grassland	~20.5	~19.5	~18.0
Cropland	12.1	17.4	24.3
Bushland	19.1	13.1	8.2
Forest	29.8	25.2	23.2
Water	1.2	1.2	1.0
Built-up area	0.1	0.1	0.2

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Table 3. Rainfall partitioning under different LUC scenarios in mm yr⁻¹.

	1987	1995	2003	RWH
Precipitation	~760	~920	~940	~940
Surface runoff	~143	~212	~224	~210
Lateral soil flow	24	27	28	25
Shallow GW flow	62	56	53	55
REVAP	64	62	63	65
Deep Aquifer Recharge	12	13	14	16
Total aquifer recharge	126	140	146	152
Total water yield	~260	~354	~380	~348
Soil percolation	64	58	60	73
Evapotranspiration	~480	~542	~545	~592
Transmission losses	~26	~29	~33	~21

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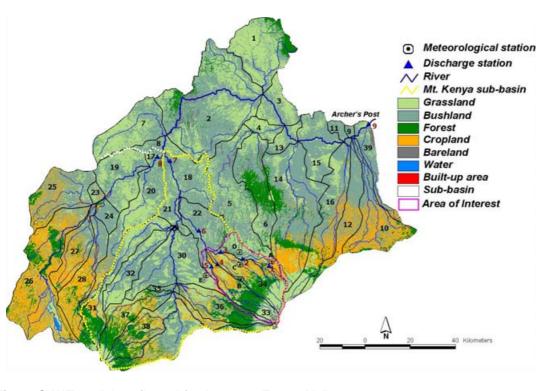


Fig. 1. SWAT model configured for the upper Ewaso Ng'iro North Basin, Kenya with 1–9 discharge gauging stations.



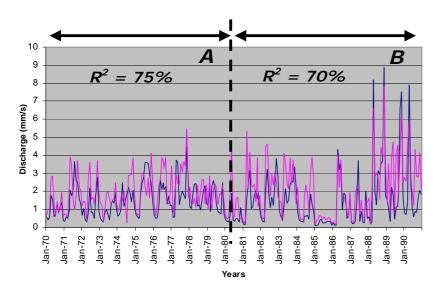
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- Observed Simulated

Fig. 2. Calibration (A) and validation (B) phase of the SWAT model.



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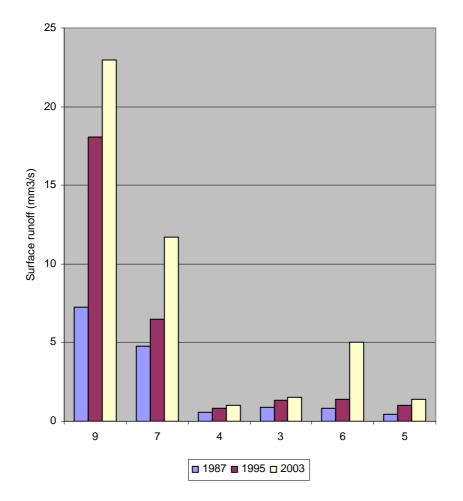


Fig. 3. Generated surface runoff under different land cover/use types at various stations within the basin as shown in Fig 1.



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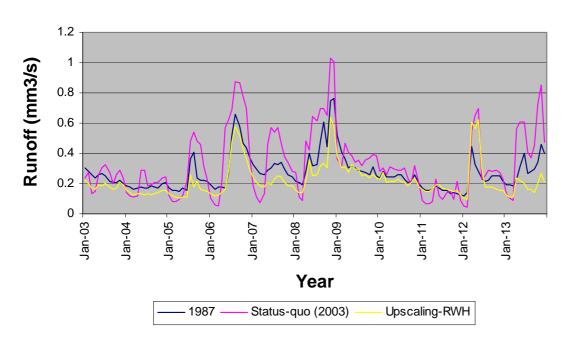


Fig. 4. Simulated surface runoff for three different scenarios at the basin outlet (Archer's Post as shown in Fig. 1).