11 February 2016

Editor Hydrology and Earth System Sciences Copernicus Publications Bahnhofsallee 1e, 37081 Göttingen Germany

Dear Editor,

Re: Hydrol. Earth Syst. Sci. Discuss., 12, C3698-C3704, 2015 (Response to reviewer's comments)

I am very pleased to receive highly constructive comments made by two anonymous reviewers on the manuscript that I submitted previously, and published in Open Access Journal, *Hydrol. Earth Syst. Sci. Discuss.*, 12, C3698-C3704, 2015.

Majority of comments from both reviewers reflect similar views. The major issue being raised on the proposed water resource management framework for the wetlands of Murray and Yangtze River basins: was 'simplistic', superficial', 'vague' and had limited 'grounding' or 'content'' of the concept with supportive materials for the framework. I fully agree that these comments are highly genuine, and I have duly addressed each of those comments in the revised manuscript. However, what I would like to reiterate that the proposed framework is first of its kind based on the palaeoecological records retrieved from the wetlands of two of the world's large river basins in Australia and China, and the framework is yet to be tested.

This study is expected to convey the important message to the resource managers and the scientific community regarding the value of the long term study of ecology and hydrology of the large river basins to understand the fate of ecosystems, diversity and goods and services provided by wetlands to the society. By bringing the scientists, engineers and decision makers at a single platform can initiate debate to find the various ways for tackling the key issues of water resource management in two of the world's large river basins in Australia and China, and beyond.

Yours sincerely,

Giri Kattel

On behalf of co-authors

Reviewer #1 comments and answers

General comments

"...the transition from a fairly comprehensive discussion of eco-hydrology to adaptive water resource management (effectively socio-hydrology) to be very abrupt and not well supported."

Answer: As the interaction between people and water is fundamental, the linkage between ecohydrology and adaptive water resource management or 'socio-hydrology' in large river basins is significant and this has been described comprehensively in the revised manuscript. (PAGE 8 LINE 172-188; PAGE 27-29 LINE 654-699)

"The framework presented comes across as being somewhat simplistic and superficial, without sufficient grounding in the literature (given the framework components proposed have little connection to the body of the manuscript)."

Answer: This is an important comment. In the revised manuscript, the proposed framework components have been linked to the main body (palaeoecological finding), and described comprehensively to support its grounding with sufficient literature (PAGE 27-29 LINE 654-699; PAGE 29-34 LINE 701-823).

"For the last section to form a useful contribution I believe it needs to be substantially enhanced (there is much in recent socio-hydrology and adaptive management literature to augment with). Otherwise I would suggest the authors perhaps de-emphasize this section (e.g. excluding it from the title) and possibly restructure it as either 'implications of the results' or 'possible avenues for future research' rather than a framework that is capable of guiding water management"

Answer: Thank you for an advice. In the revised version, the last section has been enhanced substantially by a discussion of 'socio-hydrology' and the adaptive management with the support from a wide range of literature in integrated water resource management.

With the view from the Reviewer #2 (who pointed this framework as a significant contribution), we decided not to de-emphasize completely from the title. However, in the revised manuscript, the title has been slightly modified, and the framework has been discussed in detail. The extensive argument on water resource management framework that we have proposed, has now improved the tenet of the framework significantly with regard to its application in water resource management in large river basins of Australia and China (PAGE 29-34 LINE 701-814).

SPECIFIC COMMENTS:

1. As the paper currently stands,...the title overemphasizes the development of an adaptive water management framework as a key contribution and goal of the paper (see my comments above as to why this does not seem appropriate). Perhaps the authors could focus the title more on the hydro-ecological evolution of the basins given the strengths of the paper?

Answer: The title has been modified slightly as per the suggestion from the reviewer (PAGE 1 LINE 1-3).

"A century scale human-induced hydro-ecological evolution of wetlands of two large river basins in Australia (Murray) and China (Yangtze): Development of an adaptive water resource management framework"

2. p.8252 L4-5: compared with what previously? A before and after comparison of sediment load would strengthen this point.

Answer: This section has been described for the role of flow regime, the comparison of sediment load prior and after has been given in PAGE 5-6 LINE 103-127.

3. p.8253 second paragraph: it may be worth reaffirming the socio-economic importance of this to highlight the message of why the authors are working up to an adaptive water resource management framework.

Answer: The reason has been provided in the revised version (PAGE 8 LINE 172-188).

4. Section 2.2: this is an excellent description of the site. By comparison, the description of KB (section 2.1) comes across as a little superficial and would benefit from greater context (e.g. climate) and statistics in terms of impacts.

Answer: The description of Kings Billabong has been rewritten and made comparable to Zhangdu Lake (PAGE 9-11 LINE 192-226).

5. Section 2.3: is there an inconsistency here? The lake area is listed as 304.3km2 and 22067ha.

Answer: Thank you. The inconsistency in unit and the repetition of areas have been clarified.

6. Section 3: I am not convinced that this section adds too much relative to what has already been discussed in sections 1 and 2. As a result it becomes somewhat repetitive. Perhaps sections 2 and 3 could be merged and repetition kept to a minimum, as much of the information in section 2 is repeated without a great deal of additional context or takeaway messages.

Answer: This section is important to describe the conceptual hydrology of the study sites, thus this has been kept. In the revised manuscript, the entire section is rewritten. There is no repetition, and the section now is, concise and convincing (PAGE 12-13 LINE 281-306).

7. p.8258 L13-15: is reservoir construction the sole reason for the two preceding trends? It is not immediately apparent why increased water consumption would result in increased dry season discharge of the Yangtze river. Could you please clarify this point?

Answer: This section has been rewritten and the issue has been clarified (PAGE 12-13 LINE 281-306).

8. Section 4.1 L18-19: is this sentence complete?

Answer: completed.

9. Section 5.1: a finding of greater diversity post interference seems counterintuitive. p.8265 L8-11 cites evidence contrary to this finding. I would suggest the authors attempt to place the present findings into context at this juncture, given their contradictory nature.

Answer: This finding is interesting, and has been addressed in revised manuscript. The increased N2 diversity index of cladocerans in Yangtze River wetlands (Zhangdu and Liangzi) following regulation has reflected increased intermediate frequencies of disturbance (Townsend and Scarsbrook, 1997), while the reduced N2 diversity index of cladocerans in Kings Billabong following regulation was likely to be associated with severe impacts caused by a large scale landscape clearance and river

regulation within a short period by early European immigrants. This has been described in depth in the revised manuscript (PAGE 16 LINE 379-386; PAGE 23 LINE 521-562).

10. Section 6.2: I found much of this section to be quite repetitive. The detailed discussion of population levels and species, although well supported by literature, comes across as overly detailed. This is especially since, by this point, given the expectation created by the title of the manuscript, I was expecting the discussion to take a more high level focus (i.e. what do these changing population levels mean to higher level ecosystem services and to the socio-economic context). Although this is touched upon briefly in parts, the larger scale message is lost in the detail. This would provide a more intuitive link to then build an adaptive water resources management framework. As it stands, this section has a purely eco-hydrological focus, which is still compelling if a little repetitive. As I said in my earlier comments, de-emphasizing the AWRM focus upfront would most likely alleviate most of these issues.

Answer: Thank very good comment. In the revised manuscript, both issues: repetition and linkage between eco-hydrology and adaptive water resource management (socio-hydrlogy) have been established. The changing water quality and population levels of biota following regulation have now been linked to changing biodiversity, ecosystem services as well as other socio-economic contexts such as conflicting demands of natural resources to the society (see details in PAGE 27-29 LINE 654-699). This also has now been linked to build an adaptive water resource management framework in section, 6.3.

11. Section 6.3 p.8271 L4-6: This is a sweeping opening statement that seems disconnected from the rest of the paper. I do not believe the case for this has been convincingly made to this point (i.e. no discussion of higher level impact or literature citations in this regard). The focus of the paper to this point has consistently been on the detail (i.e. shifts in population composition and diversity at the subfossil cladocedan level) rather than on a connection with socio-economic impacts and river basin management. If the authors choose to retain this section, I believe this link needs to be made much more clearly and convincingly throughout.

Answer: Thanks. The entire section 6.3 has been rewritten. Relevant high level literatures have now been cited. The focus of the paper is certainly on the shift in population composition and diversity at the subfossil cladocedan levels. The reviewer is correct, the aim for this section is to connect this with socio-economic impacts and river basin management, thus chosen to retain this section, and in the revised version all issues have been convincingly addressed (PAGE 29-35 LINE 701-839).

12. Section 6.3 p.8271 L14-19: the authors may wish to look at recent literature outlining the evolution of management focus in sub-basins of the Murray river which actually show a shift in focus from socio-economic to environmental water allocation (e.g. Kandasamy et al. (2014)).

Answer: Thank you. This reference has now been cited (PAGE 35 LINE 839), and various related works have been added in the revised manuscript.

13. Section 6.3 p.8271 L20-23: This is a very ambitious claim (i.e. "taking into account the historical environmental, technological, economic, institutional, cultural, and social values") which I do not believe the model achieves in its current simplistic state. This statement is unsubstantiated within the context of the presented framework.

Answer: Thanks. This statement has now been clarified and focused only based on this study (PAGE 29-35 LINE 701-839).

14. Section 6.3 p.8271 L23-26: As with my comment above, I do not believe the authors show sufficient regard for what "integrated" means in the context of a management framework. There is significant debate in the literature discussing the pros and cons of integrated water resource management, with one of the primary issues being the challenges associated with defining an "integrated" system (e.g. Biswas (2004)).

Answer: Thanks. The debate on the definition behind 'integrated' water resource management has been extended in the revised manuscript and supported largely by a range of literature including Biswas (2004). (PAGE 30-31 LINE 733-750).

15. Section 6.3 p.8272 L22-24: The three restoration pillars proposed are very vague, e.g. what does "efficient water allocation" mean? How is this measured? Similarly, L25 refers to improving "livelihoods", "institutional capacities" and "the value of efficient infrastructure" - how would each of these be defined/ measured? I do not believe the authors have convincingly presented a case for this framework. A number of concepts are introduced, none of which are easily measured or translatable to reality, and thus the paper does not provide any useful guidance for practical application. If the authors choose to retain this section, I would suggest building a much stronger foundation from the literature to demonstrate a greater depth of understanding, as well as including practical/ real case examples to illustrate their propositions. Overall, I feel that 6.3 lets the paper down as it is not well supported.

Answer: This is an important advice. In the revised manuscript, the three restoration pillars: science, engineering and community participation are described in details with stronger foundation of literature (PAGE 29-35 LINE 701-839), and these pillars have also been clarified further in Fig. 7.

16. Fig. 3: Why are all graphs identical despite KB being converted to a permanently inundated wetland vs other lakes which are dehydrated?

Answer: Fig. 3 is important, and presents the general conceptual hydrological frameworks for the Murray and Yangtze River wetlands. In the framework, all graphs look identical because these rivers experience very similar wet and dry cycles (flood pulse and flood pause). However, the hydrological alteration of rivers and associated wetlands has been shown by shift in baseline flow and the lake level in the Fig. 3 following regulation.

TECHNICAL CORRECTIONS: As a quick note, there are a great deal of minor typos and written/ grammatical mistakes so I would urge the authors to review the paper in detail.

Answer: These issues have been carefully revised, and corrected accordingly.

1. p.8251 L10: delete "the" before "two of" Done

2. p.8251 L22-26: the addition of a reference that reinforces the broad evolution of this river basin would be useful here. Ref added

3. p.8251 L27: insert "the" before "majority" Done

4. p.8252 L12: insert "the" before "Yangtze River" Done

5. p.8252 L25: insert "a" before "characteristic state" Done

6. p.8253 L12: assess should be "assessing" Done

- 7. p.8253 L26: delete "a" before "large scale" Done
- 8. p.8254 L1: insert "an" before "adaptive" Done
- 9. p.8254 L9: delete either "to" or "until" before "1923" Done
- 10. p. 8254 L12: insert "the" prior to "natural flow" Sentence rephrased
- 11. p.8254 L18: delete "in 1927" (twice in same sentence) This should have been 1937
- 12. p.8255 L11: insert "the" prior to "Yangtze" Sentence rephrased
- 20. p.8255 L12: insert "the" before "Yangtze" Sentence rephrased
- 21. p.8256 L23: delete "projects" (repeated twice) Fixed
- 22. p.8257 L2: do you mean "changes in ecosystem structure"? All section rewritten
- 23. p.8258 L9: insert "the" prior to "wetland" All section rewritten
- 24. s5.1: check figure numbering I think you mean to refer to Figs 4 and 5 Resolved
- 25. p.8262 L1: delete "until the 1980s..." Done
- 26. p.8262 L23: insert "to" before "this change" Done
- 27. p.8263 L21: insert "a" before "decrease" Done
- 28. p.8264 L13: "2000s" Done
- 29. p.8264 L18: "within" the Murray and Yangtze? Done as suggested
- 30. p.8265 L13: delete "that" before "of natural" Done
- 31. p.8267 L4: check spelling of Liangzi Corrected
- 32. p.8267 L10: do you mean "decrease in water quality"? Corrected
- 33. p.8267 L13: "little or no impact" Done
- 34. p.8267 L17: should be "prefer" Done
- 35. p.8271 L3: I think you mean "these three wetlands suggest that water resource...." ok
- 36. p.8272 L20: should this be "changes to ecosystem functioning"? Comprehensively written
- 37. Fig. 1 caption: insert "the" before "wetland" Done
- 38. Fig. 3 caption: I think you mean "Kings Billabong's conversion to..." Done
- 39. Fig. 7 caption: L4 & L5 insert "the" before "ecosystem"; L8 delete "expected" Done

40. Check date inconsistencies of references: Gell (2014 vs 2015 should be 2014, Done); Kattel et al. (2014 vs 2015 should be 2015 Done); Van den Brink (1993 vs 1994 should be 1994 Done); Yang et al. (2011a vs b, corrected)

REFERENCES

Biswas, A. K.: Integrated water resources management: a reassessment, Water International, 29, 248-256, 2004 (added)

Kandasamy, J., Sounthararajah, D., Sivabalan, P., Chanan, A., Vigneswaran, S., and Sivapalan, M.: Socio-hydrologic drivers of the pendulum swing between agricultural development and environmental health: a case study from Murrumbidgee River basin, Australia, Hydrol. Earth Syst. Sci., 18, 1027– 1041, 2014 (added).

Townsend, C.R. and Scarsbrook, M.R.: The intermediate disturbance hypothesis, refugia, and biodiversity in streams, Limnology and Oceanography, 42, 938-949, 1997 (added).

Reviewer #2 comments and answers

"The author discussed the long term impacts of human activity on hydrological and ecological regimes shifting in two of the world's large river basins. I found the article is well written; the topic is interesting and should find a relatively wide audience."

Answer: We are very pleased that the article is interesting and can reach into wider audiences.

"I do have some questions:

1. What do the changes of N2 imply in terms of human activities (e.g. construction dams)? I know the author discussed it in the paper or maybe I missed it. But perhaps the authors could elaborate a bit more on how this change is induced by human activity?"

Answer: Thanks. The Hill's N2 diversity index, which has been measured for cladoceran diversity in this study, assumes that the number of species in an ecosystem is uniformly distributed (Hill, 1973). Variation in disturbance can result in the differences in species diversity in the ecosystem. This has been described in (PAGE 16 LINE 369-386, Also see PAGE 23, LINE 544-562.

What is the final consequence to the environment (say, dominance/distinct of one species leads to what consequence)?

Answer: A distinct species diversity (for example dominated by a single species) can have functional consequences in ecosystem processes, which may be observed via impact on ecological traits, for example, poor functioning of the ecosystem and processes followed by reduced resilience and services (Chapin III et al., 2000; MacDougall et al., 2013). The collapse of ecosystem may lead to conflicts in natural resources (Liu et al., 2013). This has been addressed comprehensively in the revised manuscript (PAGE 28-29 LINE 668-699).

2. The ecosystem of a basin might also be affected by other drivers other than only water quantity and quality. Have the authors consider other factors (e.g. nutrients)? Or can the authors justify the use of water quantity and quality as the only drivers?

Answer: Indeed, the ecosystems of both Murray and Yangtze river basins are affected by a range of drivers. For example, the nutrient release from the agriculture and pastures to the wetland is a key driver. Widespread catchment disturbance including the deforestation can also cause the dynamics of nutrients in the wetlands. The misunderstanding on the link between nutrient dynamics and water quality issues has been clarified in the revised manuscript (PAGE 27-29 LINE 654-699).

3. In my opinion, the proposed adaptive WRM framework is rather vague and there is a lack of detailed contents. It is based on three pillars, but nothing more than that (with only one example in Yangtze Basin) and it is not at all into detail. I think the three bullet points that might have been mentioned in one way or another in literatures do not form a detailed innovative framework. The

added value of this paper, in my opinion, should be the development of this framework. Therefore, I would suggest that the authors expand this section as it highlights the core of this paper.

Answer: This is an important comment. Section 6.3 has now been rewritten to highlight the core issues (the three pillars: science, engineering and stakeholders involvement in decision making) of the framework. In the new version the grounding or content of the use of the framework has been substantiated by an in-depth analysis of integrated water resource management with supportive reference materials (PAGE 29-35 LINE 701-839) (Also see the Reviewer #1).

REFERENCES

Biswas, A. K.: Integrated water resources management: a reassessment, Water International, 29, 248-256, 2004.

Chapin III, F.S., Zavaleta, E.S., Eviner, V.T., Naylor, R. L., Vitousek, P.M., Reynolds, H.L., Hooper, D.U., Lavorel, S., Sala, O.E., Hobbie, S.E., Mack, M.C. and Diaz, S.: Consequences of changing biodiversity, Nature, 405, 234-242, 2000.

Hill, M.O.: Diversity and evenness: A unifying notation and its consequences, Ecology, 54:427–432, 1973.

Kandasamy, J., Sounthararajah, D., Sivabalan, P., Chanan, A., Vigneswaran, S., and Sivapalan, M.: Socio-hydrologic drivers of the pendulum swing between agricultural development and environmental health: a case study from Murrumbidgee River basin, Australia, Hydrol. Earth Syst. Sci., 18, 1027– 1041, 2014.

Liu, J., Kattel, G., Arp, H.P.H., Yang, H.: Towards threshold-based management of freshwater ecosystems in the context of climate change, Ecological Modelling, doi:10.1016/j.ecolmodel.2014.09.010, 2014.

MacDougall, A.S., McCann, K.S., Gellner, G., and Turkington, R.: Diversity loss with persistent human disturbance increases vulnerability to ecosystem collapse, Nature, 494, 86-89, 2013.

Townsend, C.R. and Scarsbrook, M.R.: The intermediate disturbance hypothesis, refugia, and biodiversity in streams, Limnology and Oceanography, 42, 938-949, 1997.

- A century-scale human-induced hydro-ecological evolution of wetlands of two large
 river basins in Australia (Murray) and China (Yangtze): Development of an adaptive
 water resource management framework
- 4

5 G. R. Kattel^{1,2,3}, X. Dong^{2,4} and X. Yang²

6 [1] Water Research Network, Faculty of Science and Technology, Federation University
7 Australia, Mt Helen, Ballarat, Vic 3350, Australia;

- 8 [2] Nanjing Institute of Geography and Limnology Chinese Academy of Sciences, Beijing
- 9 Road, Nanjing 210008, China;
- 10 [3] Environmental Hydrology and Water Resources Group, School of Infrastructure
- 11 Engineering, the University of Melbourne, Parkville, Melbourne, Vic 3010, Australia;
- 12 [4] Aarhus Institute of Advanced Studies, Høegh-Guldbergs Gade 6B, Aarhus C, DK-8000
- 13 Denmark.
- 14 Correspondence: G.R. Kattel (giri.kattel@unimelb.edu.au)

- 15 Abstract
- 16

17 Recently, the provision of food and water resources of two of the world's large river basins, 18 the Murray and the Yangtze, has been significantly altered through widespread landscape 19 modification. Long-term sedimentary archives, dating back for some centuries from wetlands 20 of these river basins, reveal that rapid, basin-wide development has reduced the resilience of 21 biological communities, resulting in considerable decline in ecosystem services, including 22 water quality. Large-scale human disturbance to river systems, due to river regulation during the mid-20th century, has transformed the hydrology of rivers and wetlands, causing 23 24 widespread disturbance to aquatic biological communities. Changes to cladoceran 25 zooplankton (water fleas) were used to assess the historical hydrology and ecology of three 26 Murray and Yangtze River wetlands over the past century. Subfossil assemblages of cladocerans retrieved from sediment cores (94 cm, 45 cm and 65 cm) of three wetlands: 27 28 Kings Billabong (Murray), Zhangdu and Liangzi Lakes (Yangtze), showed strong responses to hydrological changes in the river after the mid-20th century. In particular, river regulation 29 caused by construction of dams and weirs together with river channel modifications, has led 30 to significant hydrological alterations. These hydrological disturbances were either: 1) a 31 32 prolonged inundation of wetlands, or 2) reduced river flow, both of which caused variability in wetland depth. Inevitably, these phenomena have subsequently transformed the natural 33 wetland habitats, leading to a switch in cladoceran assemblages to species preferring poor 34 35 water quality, and in some cases to eutrophication. An adaptive water resource management 36 framework for both of these river basins has been proposed to restore or optimize the conditions of wetland ecosystems impacted by these 20th century human disturbance and 37 38 climate change.

39

40 **1. Introduction**

41

42 There has been a worldwide growing awareness of the value of healthy flow regimes 43 (hydrology), as key 'drivers' of the ecology of large rivers and their associated floodplain 44 wetlands (Bedford, 1996; Puckridge et al., 1998; Richter et al., 2003). Natural flows maintain 45 ecological processes which include valuable biodiversity in the ecosystems of the river system and its associated floodplain wetlands. The river channels connecting to floodplain 46 47 wetlands discharge water, mixed with rich sources of carbon, energy, and nutrients, from the 48 river and its catchments, to the wetlands (Bunn and Arthington, 2002; Maddock et al., 2004). 49 In addition, the allochthonous sources of organic matter deposited during flood pulses 50 support reproduction and growth of biota (Junk et al., 1989; McGowan et al., 2011). 51 Integration of local autochthonous production, including algae and inputs from the riparian 52 zone during pulse events, further supports available energy for higher trophic levels (Thorp 53 and Delong, 1994). As a result, large rivers and their associated floodplain wetlands are a 54 potential source of ecosystem goods and services to humans; for example, flood attenuation, 55 water purification, fisheries and other foods, and a range of marketable goods (Poff et al., 56 2003).

57 However, the flow regime of large rivers has been consistently modified to meet demands 58 of water for mono-agriculture and hydroelectricity (Nilsson and Berggren, 2000; Davis et al., 59 2015). Many floodplain wetlands have been transformed into a new regime as a result of 60 over-allocation of water to off-stream uses, or other alterations to the natural flow regimes of 61 large river systems (Walker, 1985). The construction of dams and dykes obstruct migration 62 pathways for fish between the river channels and wetlands, and the newly built reservoirs trap 63 water-borne sediment. The diversion of water may lead to historical channels becoming permanently or intermittently dry. Subsequent inundation of upstream riparian zones 64

increases soil anoxia, often extinguishing entire plant and animal populations and altering the
riparian environment. Furthermore, downstream hydrological and geomorphological
alterations can reduce groundwater recharge, and modify the pattern of sediment exchange
between rivers and wetlands (Nilsson and Berggren, 2000).

Whilst it is recognised that widespread human disturbances have currently caused 69 70 variation in biological and species diversity in many floodplain wetlands worldwide (Zhang 71 et al., 1999; Maddock et al., 2004), the response of biological diversity to these disturbances is variable. Some floodplain wetlands have a reduced diversity index following the 72 73 disturbance, while in other wetlands, the disturbance has paradoxically led to increased 74 diversity index (Power et al., 1996). In either case, the nature of these disturbances over time 75 and space have altered habitat stability, affecting species diversity and ecosystem 76 functioning, and are potentially threatening the historical identity of these wetlands 77 (Dumbrell et al., 2008; Biswas and Malik, 2010).

78 Further, the threats posed by widespread hydrological alterations to large rivers are 79 often ignored or sidelined, with the demand for energy, irrigated food production, and 80 industrial use for the projected growth of human population being, given a higher priority 81 (Power et al., 1996). It is important, therefore, that while water allocation plans are being 82 formulated to provide greater water security for immediate community use, it will be 83 essential that understanding of the considerable socioeconomic benefits provided by healthy 84 floodplain wetland ecosystems associated with these large rivers are not lost, and that 85 degraded ecosystems are restored for the benefit of future generations (Poff et al., 2003). 86 Key socio-economic benefits, such as water purification, flood abatement and carbon sequestration, all of which are maintained by wetland biodiversity and ecosystem 87 88 functioning, will thus not be impaired if care is given to the wetlands of large river basins to 89 ensure that they are not lost or degraded (Zedler and Kercher, 2005).

90 Recent evidence suggests that a significant proportion of the national economy of 91 Australia and China has been generated by two of their large river systems, the Murray and 92 the Yangtze Rivers respectively. These rivers have contributed to a range of ecosystem 93 services, including food, mineral, and water resources, to the communities living in the river 94 basins (Palmer et al., 2008; Zhang et al., 2015). However, because water has been abstracted 95 heavily for irrigation, hydroelectricity, and industrial development in both river basins, there has been widespread disruption in the hydrology of the rivers, for example the frequency, 96 timing, and volume of flow in the main river and associated river channels linking to adjacent 97 floodplain wetlands (Walker et al., 1995). This varying of natural flow regimes has 98 99 interrupted natural flood pulses leading to changes in hydraulic residence time, wetland 100 depth, nutrient inputs and sediment cycling, in addition to changing the structure, function, 101 and species diversity of downstream floodplain ecosystems (Power et al., 1996; Kingsford, 102 2000; Chen et al., 2011; Kattel et al., 2015).

103 There are some parallels in the historical experience of these two river systems, which makes this simultaneous study more appropriate. Records show that following the arrival of 104 Europeans in Australia in the early 1900s, the Murray River system began to be regulated for 105 106 irrigation, hydroelectricity and navigation (Walker, 1985). The wetlands connected to the 107 river were either inundated as water storage basins, or dehydrated due to upstream water 108 extraction or diversion of connecting channels. Deforestation of the catchment became widespread during the expansion of agriculture. As a result, the majority of wetlands have 109 110 been subjected to significant bank erosion and sedimentation (Gell et al., 2009). In China, 111 similar contemporary pressure has been placed on the Yangtze River system. Similar large 112 scale modifications of rivers and wetlands occurred during the 1950s–1970s. Riparian 113 floodplain and wetland habitats across the Yangtze River Basin were extensively reclaimed for agriculture and rural development by the construction of dykes. This resulted in a 114

115 significant loss of vegetation in the upper reaches of the Yangtze, followed by soil erosion and siltation of downstream wetlands (Yin and Li, 2001). The river sediment load of the 116 Yangtze River between the 1960s and 1970s alone was more than 450 Mt/year (Yang et al., 117 2011a, b). Consequently, many lakes experienced reduced flood retention capacity due to 118 disconnection from the main channel of the Yangtze River by construction of embankments 119 and sluice gates in the river channels, which was subsequently followed by widespread 120 121 eutrophication (Yu et al., 2009; Zhang et al., 2012). Because of alterations in natural flood pulses, ephemeral and temporary lakes tended to have fewer taxa than semi-permanent 122 channels or terminal lake habitats (Sheldon et al., 2002). Excessive water abstraction or river-123 124 flow regulation in the Yangtze River disrupted natural variability in connectivity and 125 hydrological regimes, consequently threatening ecological integrity, including the 126 biodiversity of the floodplain system (Sheldon et al., 2002, Yang et al., 2006).

Studies show that the Murray and Yangtze River wetlands have lost significant density 127 of submerged littoral macrophytes over the past century (Reid et al., 2007; Yang et al., 2008). 128 129 For example, the subfossil assemblages of diatoms and cladocerans in the floodplain 130 wetlands of the mid-reaches of the Murray River indicate a collapse of submerged vegetation 131 coincident with the first appearance of the introduced conifer, Pinus radiata (Reid et al., 132 2007). Similarly, the multi-proxy responses, including diatoms and physico-chemistry of 133 sediment of the Taibai Lake (lower Yangtze), show that after the 1990s, the lake shifted to 134 hyper-eutrophic condition. This was thought to be due to increased dominance of algal 135 biomass and a reduced density of submerged macrophytes (Liu et al., 2012). There has been a 136 characteristic state shift in wetlands of both river systems due to the changes in the dynamics 137 of submerged vegetation (Reid et al., 2007; Yang et al., 2008). The submerged vegetation in 138 wetlands reduces phytoplankton by shading the substrate and competing for underwater light 139 sources needed for photosynthesis, consequently improving the water quality by stabilising 140 sediment resuspension (Jeppesen and Sammalkorpi, 2002; Folke et al., 2004). However, the 141 characteristic alternative stable states of ecosystems, which are thought to be buffered by 142 naturally occurring hydrology, nutrient enrichments and submerged vegetation dynamics in 143 large river floodplain wetlands, (e.g. Scheffer et al., 1993) have been substantially disrupted in recent decades. Today, the prior, undisturbed ecological state of the Murray and Yangtze 144 145 River wetlands has been difficult to understand, due to the effects of multiple stressors, including human disturbances and climate change. For instance, following river regulation 146 147 (1950s), the wetlands of Yangtze have become eutrophic, even in the presence of submerged 148 vegetation (Qin et al., 2009).

149 Understanding the effects of disruption in natural hydrological regimes of the Murray 150 and Yangtze rivers on diversity and community structure of consumers, such as cladcoeran 151 zooplankton (water fleas) in the adjacent floodplain wetlands, is crucial to assessing wetland 152 ecosystem health. Both Australia and China have faced increasing challenges in addressing 153 shortages of water and food supplies, resulting from reduced water flows in these catchments. 154 A long term monitoring of wetlands exposed to hydrological disturbance is important to 155 ensure maintenance of ecosystem services, by identifying the causes of degradation and using 156 effective and adaptive restoration measures.

157 The subfossil cladocerans have responded to past climate change, eutrophication, and 158 water pollution in many shallow lakes (Jeppesen et al., 2001). Some cladocerans are also 159 significant indicators of locally associated hydrological factors, including the river flow, lake 160 water depth, sediment properties, macrophyte cover, and biotic interactions (Nevalainen, 161 2011). Recently, Pawlowski et al. (2015) have documented cladoceran-inferred palaeo-162 hydrology, including the formation of meandering channels, hydraulic characteristics and 163 water level change in the oxbow lake, of the Grabia River (central Poland) during the late 164 Glacial and Holocene periods. Whereas the role of fossil cladocerans is becoming increasingly significant for understanding the past hydrology of large river basins elsewhere, understanding cladoceran response to long term hydrology and water level change of wetlands (eco-hydrology) in the Murray and Yangtze rivers currently is limited. In this paper, we aim to examine three sites: the Murray and Yangtze River floodplain wetlands, Kings Billabong (Murray), and the Zhangdu and Liangzi Lakes (Yangtze), each of which have been exposed to large scale human-induced hydrological disturbances during the 20th century, as inferred by subfossil assemblage and diversity of cladocerans.

172 Understanding the linkage between eco-hydrology and adaptive water resource management, or 'socio-hydrology', is becoming increasingly important in large river basins, 173 174 since interaction between people and water systems is fundamental to long-term community 175 and ecological health (Nilsson and Berggrern, 2000). However, until recently the use of 176 palaeoecology (subfossil cladocerans) has been rarely examined in rapidly changing environments, nor has its role in socio-hydrology been fully exploited. A participatory 177 approach of water resource management has been found to be successful in many regulated 178 environments (Falkenmark, 2004), and such an approach appears to be sustainable in nature 179 and to provide increased levels of integration between natural and social scientists, land and 180 181 water users, land and water managers, planners and policy makers across spatial scales 182 (Macleod et al., 2007). This type of integrated platform is crucial for learning and exchange of knowledge among stakeholders for successful management outcomes (Pahl-Wostl, 2009). 183 Based on scientific evidence of ecological and hydrological transitions responded to by 184 185 cladocerans, we have proposed in this paper an adaptive water resource management framework for the Murray and Yangtze River wetlands. Such management framework is 186 187 expected to potentially contribute to the resolution of critical issues of the management of the 188 wetlands of both river basins.

189

- **2 Study areas**

2.1 Kings Billabong (Murray River)

194	Kings Billabong (34° 14' S & 142° 13' E) is a shallow (~1.8 m deep) wetland (210 ha).
195	located along the River Murray near Mildura (northwest Victoria), Australia (Fig. 1). Kings
196	Billabong was once an important source of food and water for the Nyeri Nyeri Aboriginal
197	Community. The intensification of agriculture around Kings Billabong by early European
198	settlers began in 1891 and continued until 1923. Initially in 1896, Kings Billabong was used
199	as a pumping station and was converted to water storage basin (Lloyd, 2012). Modification of
200	the landscapes around the billabong and construction of dams, including the series of locks
201	and weirs for upstream water storages, have significantly altered the natural flow regime of
202	the River Murray which feeds Kings Billabong (Gippel and Blackham, 2002). The hydrology
203	and, in particular, the variability of flows which include duration and water retention time in
204	the river, have substantially influenced the volume of water in Kings Billabong (Lloyd,
205	2012). Since formal regulation of the River Murray began in 1927, with construction of Lock
206	11 at Mildura and Lock 15 at Euston in 1937, downstream river flows and naturally occurring
207	flood pulses have altered in many wetlands, including Kings Billabong (Gippel and
208	Blackham, 2002). The artificial flooding linking Kings Billabong to the weir pool of Lock 11
209	has led this wetland becoming permanently inundated.
210	The first sign of impact due to river regulation on Kings Billabong was observed as
211	widespread dieback of River Red Gum (RRG) forests and the establishment of fringing
212	Cumbungi (Typha sp.) vegetation (Parks Victoria, 2008). Logging of RRG forests was
213	intensified in the region until the 1950s, with the timber used to fuel steam-operated pumps

and paddleboats along the River (Parks Victoria, 2008). The life cycle of native aquatic biota

215 in the wetlands around the lower Murray has thus become disrupted due to the variation in 216 natural wet-dry events caused by river regulation (Ellis and Meredith, 2005). Increased distribution range of exotic fish and weeds were also observed following regulation. For 217 example, in a survey of native and exotic fish in Kings Billabong, Gambusia (an exotic 218 219 species), comprised 35% of the total species collected (Ellis and Meredith, 2005). Apart from human activity, climate change has also impacted the condition of Kings 220 221 Billabong. Average water temperatures in the Southeast Australia have risen over the past 60 years and there has been a decrease of 40% in the total rainfall in the region (Cai and Cowan, 222 2008). This regional variability in climate change has led to significant changes in river flow, 223 224 wetland volume, thermal structure and alteration of catchment inputs, all of which are 225 influenced by a marked increase in frequency and intensity of extreme events such as 226 droughts and floods (Lake et al., 2000).

227

228 2.2 Zhangdu Lake (Yangtze River)

229

230 Zhangdu Lake (30° 39' N & 114° 42' E) is a floodplain wetland (1.2 m deep) of the Yangtze 231 River system, which is located in Hubei Province, central China (Fig. 2). During high river 232 flows, Zhangdu Lake previously received flood pulses from the Yangtze River. However, the lake was disconnected from the Yangtze River in the 1950s, due to the construction of dams 233 234 and widespread land reclamation across the catchment. By the 1980s, the shoreline of 235 Zhangdu Lake had been significantly modified as a result of the increased reclamation 236 activity and construction of water conservancy infrastructure, which commenced in the 237 1970s. In 2005, after the reclamation of 50 square km of shoreline, funding from the World 238 Wildlife Fund enabled Zhangdu Lake to be seasonally reconnected with Yangtze River for the purpose of habitat restoration. This lake now has an area of 35.2 km^2 , with an average 239

240 depth of 1.2 m and a maximum depth of 2.3 m. The watershed lies within the northern 241 subtropical monsoon zone, with a mean annual temperature of 16.3°C, mean annual rainfall of 1150 mm and evaporation of 1525.4 mm. The terrain slopes gently with an elevation of 16 242 243 to 21 m. The main inflows of Zhangdu Lake are from the Daoshui River in the west and the 244 Jushui River in the east. Water drains from the lake into the Yangtze River via an artificial channel in the south-eastern corner. Historically, Zhangdu Lake has interacted not only with 245 246 the Yangtze River when the water level is high, but it has also connected with surrounding lakes, Qi Lake and Tao Lake, during flood events (Zhang et al., 2013). However, due to the 247 248 construction of dams, dykes and land reclamation, it became disconnected from the river in 249 the 1950s. Water conservancy and reclamation construction reached a peak in the 1970s, attaining its current finished and formed shape during the 1980s. Following the mid-20th 250 251 century reclamation phase, the rate of carbon accumulation in Zhangdu Lake has increased, 252 possibly due to an increase in shallow marginal areas favouring the growth of carbon rich 253 macrophytes (Dong et al., 2012). However, the ecological impacts of disconnection from the 254 river in Zhangdu Lake have become severe. Wild fishery production has reduced from 95% 255 in 1949 to less than 5% in 2002, and fish diversity has decreased, from 80 species in 1950s to 52 species at present (Wang et al., 2005). To address this decline, funding from the World 256 Wildlife Fund (WWF) in 2005 reconnected Zhangdu Lake with the Yangtze River. 257

258

259 **2.3 Liangzi Lake (Yangtze River)**

260

Liangzi Lake (30°3' N, 114°26' E) is a shallow wetland (3-5 m deep), located in southeast region of Hubei province on the southern bank of the middle reaches of the Yangtze River. The lake area is 304.3 km² with a drainage area of 3,265 km². The lake has an elevation of 20 meters and is 31.7 km in length with a mean width of 9.6 km (Fig. 2). The lake connects to 265 Yangtze River via a 43.3 km river canal (Xie et al., 2001). Since 1992, the western part of the 266 lake, approximately 6000 ha in area with mean depth of 4.2 m, has been separated from the 267 main lake by a 2000 m nylon screen (mesh size 20 mm) for the purpose of aquaculture. Water 268 exchange occurs easily between the two parts of the lake. Intensive stocking with commercial fish, including grass carp Ctenopharyngodon idella (Val.), bighead carp Aristichthys nobilis 269 270 (Richardson) and silver carp Hypopthalmichthys molitrix (Cuvier and Valenciennes), is 271 common in the western part of the Liangzi Lake (Xie et al., 2001). Because of grass carp 272 stocking, macrophytes were completely eliminated from the western part of the lake. 273 However, areas of less intensive aquaculture still maintain an abundant density of submersed 274 macrophytes, with Potamogeton maackianus (A. Bennet) as the dominant species (Xie et al., 275 2001). Apart from fisheries, Liangzi Lake provides significant services for drinking water, 276 irrigation, transportation and recreation to the people living around the four large cities, Wuhan, Huangshi, Ezhou and Xianning Liangzi. Recently, one of the largest foreign 277 278 investment projects to date in central and southern China, the Hubei Liangzi Lake 279 International Golf Club, has opened a training centre at the edge of the lake.

280

281 **3 Frameworks for changes in hydrology of Murray and Yangtze River wetlands**

282

Figure 3 presents hydrological frameworks for both Murray and Yangtze River systems. This diagram shows the deviation of baseline flows of the two rivers and associated wetlands before and after regulation. Construction of weirs in the lower Murray River during the 1920s and 1930s, and construction of dams in the Yangtze River during the 1950s to the 1970s, significantly altered peak flows and downstream wetland hydrology (Lloyd, 2012; Yang et al., 2011a, b). 290 construction of Lock 11 in 1927, have been altered by regulation, and as a result, the amount of water released to meet peak irrigation demands has changed (Lloyd, 2012). Increased 291 292 demand for water has resulted in the flow of the Lower Murray River falling below the historical baseline (Fig. 3 A-i). Regulation for wetland permanency has led to the depth of 293 294 Kings Billabong being above the historical baseline level (Fig. 3 A-ii). 295 In Zhangdu Lake, water levels were maintained through inflows from two rivers, the Daoshui River from the west and the Jushui River from the east, and outflow to the Yangtze 296 297 River via by an artificial channel from the southeast corner of the lake. The water level was 298 maintained by permanent connectivity between the Zhangdu Lake and the Yangtze River 299 channels prior to the 1950s, but became disrupted by regulation (Fig. 3 B-i). The decline in 300 annual discharge of the Yangtze River (-11%) after the 1950s (Yang et al., 2011a,b), has led 301 to a reduction of the historical baseline flow of the river, subsequently reducing the baseline 302 water level in Zhangdu Lake (Fig. 3 B-ii). The South-to-North Water Diversion Projects, in addition to wetland reclamation and construction of new dams, particularly after the 1970s-303 80s, has further altered the hydrology of Zhangdu Lake (Qin et al, 2009; Yang et al., 2010). 304

Naturally occurring spring flood patterns in the River Murray, experienced prior to the

305 However, the project initiated in 2005 by the World Wildlife Fund for Nature has recharged

306 the channel hydrology and increased water level of Zhangdu Lake (Fig. 3 B ii).

307

289

- 308 4 Methods
- 309

310 **4.1** Assessment of diversity and ecosystems of Murray and Yangtze River wetlands

311

312 The diversity and ecological conditions of the three floodplain wetlands, Kings Billabong,

313 Zhangdu Lake and Liangzi Lake associated with two large river systems, were assessed using

subfossil cladoceran zooplankton remains retrieved from lake sediments deposited over the
past century. A high resolution subsampling of a 94 cm long core, collected from Kings
Billabong, was carried out at 1 cm intervals.

317 In the case of Zhangdu Lake, a subsampling of a 45 cm long core was carried out at 1 cm intervals for up to 27 cm, and at 2 cm intervals for up to 45 cm respectively. For Liangzi 318 319 Lake, the subsampling of 65 cm core was carried out at 2 cm intervals. Subsamples from all 320 three lakes, weighing approximately 3-4 g each as wet sediment, were treated with 100 mL of 10% KOH solution, and heated at 60°C on a hotplate for at least 45 minutes. Sieving of the 321 322 sub-sample mixture was carried out through a 38 µm mesh. More than 200 identifiable 323 cladoceran remains were enumerated at 400 x magnification from each subsample. Numbers 324 were converted to individuals per g dry weight of sediment, followed by the calculation of 325 relative proportion of the remains present in the sample (Kattel et al., 2008). Cladoceran taxa were identified following the procedures suggested by Frey (1986), Shiel and Dickson 326 (1995), Zhu et al. (2005) and Szeroczyńska and Sarmaja-Korjonen (2007). 327

328

329 **4.2 Dating**

330

The age chronology was based on the standard ²¹⁰Pb dating for all sites (Appleby, 2001). For Kings Billabong, radionuclide activity was detected at 51 cm, while the radionuclide activities for Zhangdu and Liangzi Lakes were detected at 45 cm and 65 cm respectively. The age modelling of Kings Billabong can be found in detail in Kattel et al. (2015).

The sediment samples from Zhangdu and Liangzi Lakes were dated using ²¹⁰Pb and ¹³⁷Cs by non-destructive gamma spectrometry laboratory at the State Key Laboratory of Lake Science and Environment, NIGLAS. The activities of ²¹⁰Pb, ²²⁶Ra and ¹³⁷Cs in samples were determined by counting with an Ortec HPGe GWL series well-type coaxial low background intrinsic germanium detector. The ¹³⁷Cs was used to identify the peak that indicated use of the
1963 nuclear bomb. This evidence was then used for developing a constant rate of supply
(CRS) model to calculate ²¹⁰Pb chronology for the core. The important dates relevant to
hydrological changes were indicated in the stratigraphy.

343

344 4.3 Numerical analyses

345

Dendrograms for subfossil cladoceran samples were produced in the TILIA Graph following 346 the constrained incremental sums of squares (CONISS) analysis. Zonation of samples in the 347 348 diagram was based on the chord-distance dissimilarity coefficients obtained in CONISS 349 (Grimm, 1987). Indirect ordination techniques, such as detrended correspondence analysis 350 (DCA) were used for identifying species alignments with samples over time (Hill and Gauch, 351 1980). DCA was run for sub-fossil cladoceran samples meeting 200 counts in each sample 352 followed by running CA or PCA as per the gradient length of the first DCA axis (ter Braak, 353 1995). The CA and PCA sample scores were incorporated in the stratigraphy diagrams. 354 **5** Results 355

356

357 5.1 Diversity of subfossil cladocerans (water fleas) in Murray and Yangtze River 358 wetlands

359

The species richness (species count) of subfossil cladocerans was higher in the Murray River wetland than in the Yangtze River wetlands. More than 40 species of subfossil cladoceran were recorded from Kings Billabong, while core samples from Zhangdu Lake and Liangzi Lake had only 36 and 20 species, respectively. The most commonly recorded cladoceran taxa in Kings Billabong were Bosmina meridionalis, Chydorus sphaericus, Biapertura setigera,
Dunhevedia crassa, Biapertura affinis and Alona guttata (Fig. 4) while the most commonly
recorded taxa in Zhangdu Lake were, Bosmina, Chydorus sphaericus and Sida crystallina,
and in the Liangzi Lake, Bosmina, Acroperus harpae, Alona guttata, Alona rectangula and
Chydrorus sphaericus (Figs. 5 & 6).

- 369 The species diversity test of cladoceran counts over time by using the Hill's N2 diversity
- 370 index reflected a small change in both river systems. The Hill's N2 diversity index assumes
- that the number of species in an ecosystem is uniformly distributed (Hill, 1973). In Kings
- 372 Billabong, the N2 diversity index was low during the 1900s. However, prior to human
- disturbance of the river (c. 1870s), as well as in c. 1960s, the N2 diversity index was
- 374 relatively high (Figure 5).
- 375 In Zhangdu Lake, the N2 diversity index prior to the construction of the dam (c. 1881-
- 376 1954) was low compared to the post-dam construction period, during which time the taxa
- 377 preferring disturbed environment increased (Fig. 5). Similarly, the N2 diversity index of
- 378 Liangzi Lake during the earlier period (c. 1900-1930) was lower than post dam construction
- 379 period in the Yangtze River (Fig. 6). Differences in responses of cladoceran diversity to
- 380 regulation in Murray and Yangtze rivers as shown by the N2 diversity index suggest some
- 381 degree of variations in disturbances between the Murray and Yangtze River systems. Unlike
- the occurrence of more severe and frequent disturbances in Kings Billabong following the
- arrival of early European immigrants, gradual and intermediate frequencies of disturbance in
- 384 Yangtze River wetlands may have resulted in the increased species diversity of cladocerans
- 385 following regulation similar to the condition described by the intermediate disturbance
- 386 hypothesis model (Townsend and Scarsbrook, 1997).
- 387

388 5.2 Cladoceran responses to ecological and hydrological changes of Murray and
389 Yangtze River wetlands

390

391 5.2.1 Kings Billabong

392

393 The subfossil assemblage of cladocerans in Kings Billabong showed four distinct changes in 394 ecosystem. Until the 1890s, (Zone I) Littoral cladocerans such as Dunhevedia crassa, Alona 395 guttata, Chydorus sphaericus and Graptoleberis testudinaria were the dominant species 396 (Zone I). This period experienced a relatively low abundance of the planktonic species 397 Bosmina meridionalis (Fig. 4). However, total littoral cladocerans gradually declined, while 398 small littoral species such as Alona guttata became abundant during the period 1890 to 1950 399 (Zone II). During this time, an increasing density of planktonic *B. meridionalis* contributed to 400 total planktonic cladocerans. Some Daphnia records (1950s-1970s) were also retrieved, and 401 coincided with the timing of the 1956 flood in the River Murray (Zone III) (Fig. 4). 402 Although total littoral cladocerans declined, some littoral species such as Alona guttata and 403 A. quadrangularis were still abundant during this time. However, in the 1970s-2000s, 404 planktonic B. meridionalis and littoral A. guttata, Biapertura longispina, A. quadrangularis 405 and Chydorus sphaericus dominated, while the littoral D. crassa declined significantly. In the 406 meantime, the frequency and density of cladoceran resting eggs also increased in the 407 sediment (Fig. 4).

In Kings Billabong, the L:P ratios of cladocerans began to decline rapidly from about 75 cm depth (c.1930s) (Fig. 4). The subfossil assemblages of littoral and planktonic cladocerans responded to hydrological changes of the Murray River, together with subsequent changes of water level of Kings Billabong. The construction of Lock 11 in the Murray River near Mildura led to permanent inundation of Kings Billabong during the 413 1920s-1930s, the time of major hydrological shift (Fig. 4). Because of the expansion of the 414 pelagic habitat in Kings Billabong, the assemblage of subfossil *Bosmina* increased (Fig. 4). 415 Although the billabong was inundated, there was sustained increase in the abundance of some 416 littoral cladocerans including Alona guttata, Alona quadrangularis and Biapertura longispina. Following the hydrological shift, Kings Billabong began to respond to this change 417 418 with declining water quality. For example, littoral cladocerans such as A. guttata and A. 419 quadrangularis, which prefer poor water conditions, were sustained together with B. 420 meridionalis. However, the assemblage of the dominant littoral cladoceran, Dunhevedia 421 crassa, which prefers clean water conditions, significantly declined following the 422 hydrological shift, from pre-regulated, variable water levels to post-regulated, constant 423 inundation, in Kings Billabong, due to the imposition of river regulation in 1927 (Fig. 4).

424

425 **5.2.2 Zhangdu Lake**

426

427 Three distinct ecosystem changes were observed in Zhangdu Lake, based on the subfossil 428 assemblage of cladocerans from lake sediment. Planktonic cladocerans dominated the period 429 c. 1880s-1960s (Zone I), when the planktonic Bosmina sp. was the most dominant species. 430 During this time, the abundance of total littoral cladocerans declined, when only a few 431 species, including those that characteristically occupy both littoral and planktonic habitats, 432 such as Chydorus sphaericus, were present (Fig. 5). However, the major hydrological shift 433 occurred during the c. 1960s-1980s (Zone II). Following the construction of dams across the 434 Yangtze River channels (c. 1950s), sediments deposited in the dam contained increasing 435 numbers of remains of the littoral cladocerans, where by some of the common species of 436 cladocerans such as Acroperus harpae, Alona guttata, Alona rectangula, Chydorus 437 sphaericus, Graptoleberis testudinaria and Sida crystallina were gradually becoming dominant (Fig. 5). The abundance of littoral cladoceran species such as *A. harpae*, *Alona intermedia*, *Alona affinis*, *Kurzia lattissima*, *Leydigia leydigi*, *A. guttata*, *Camptocercus rectirostris* and *Disparalona rostrata* increased further during the c. 1990s-2000s (Zone III)
indicating a significant change in the system. In addition, the concentration of the cladoceran
resting eggs increased during this time (Fig. 5).

443 In the Zhangdu Lake, increased diversion of the water from the Yangtze River, during the 1960s-70s because of the construction of dams, led to significant decline in water level. 444 445 This resulted in a decrease of water depth around the lake margins, consequently providing 446 suitable conditions for the increased growth of littoral vegetation and associated habitat for 447 cladocerans. In response, the abundance of littoral cladocerans, including Alona affinis, Alona 448 guttata, Alona intermedia, Camptocercus rectirostris, Kurzia latissima and Leydigia leydigi, 449 increased with high L:P ratios (Fig. 5). Smaller Alona such as A. guttata, A. rectangula and A. 450 intermedia showed a distinct presence during this time (Fig. 5).

451

452 **5.2.3 Liangzi Lake**

453

Four distinct ecosystem changes were observed in Liangzi Lake, based on the subfossil 454 455 assemblage of cladocerans retrieved from lake sediments. Prior to 1900 (Zone I), the total 456 abundance of planktonic Bosmina was high. In the c. 1900s-1920s (Zone II), the relative 457 abundance of *Bosmina* began to decline, while the abundance of littoral species increased. 458 The dominant species during this time were Acroperus harpae, Alona rectangula, 459 Camptocercus rectirostris and Dunhevedia crassa (Fig. 6). During the c. 1930s-1950s (Zone 460 III), the relative abundance of *Bosmina* was relatively constant, but the abundance of littoral 461 species continued to increase. Four dominant species were found in this community; Alona rectangula, Chydrorus sphaericus, Dunhevedia crassa and Graptoleberis testudinaria. 462

During the c. 1960s-2000s, the period of major dam construction in the Yangtze, the total abundance of *Bosmina* increased, particularly in the early 2000s, and four species of littoral species, *Alona guttata*, *Alona intermedia*, *Chydorus sphaericus* and *Sida crystallina* also became dominant throughout this period (Fig. 6).

- 467
- 468 6 Discussion
- 469

6.1 Shifts in hydrology and its implications for ecosystem functioning of wetlands within the Murray and Yangtze River wetlands

472

473 Over the past century, impacts on the Murray and Yangtze Rivers include the construction of 474 irrigation dams, hydroelectric power plants, regulation works for navigation, land reclamation projects, and large-scale flood control measures (Maheshwari et al., 1995; Sun et al., 2012). 475 476 As a result, vast areas of floodplain wetlands of both river systems have been drained and disconnected from the river. In some areas, this reduced hydrological connectivity has 477 478 resulted in a flushing of organic matter and nutrients from the floodplains only during 479 extreme floods, when the river retention capacity is the lowest. Therefore, organic matter 480 from the floodplain system is not accessible to wetland organisms. With the loss of 481 dynamically connected floodplains, the biogeochemical budget of the Murray and Yangtze River wetlands has changed significantly. Previous evidence strongly suggests that the 482 483 climatic cycles of drought and flood have become extreme, triggering unusual responses of 484 floodplain wetlands to the disturbance regime of these rivers (Zhang et al., 2012).

Wetlands losing hydrological connections with the river result in divergence of aquatic micro- and macro-invertebrate assemblages (Qin et al., 2009). The disruptions in the natural variability and connectivity of hydrological regimes, due to river-flow regulation, have 488 consequently reduced ecological integrity, resulting in reduced invertebrate diversity 489 (Sheldon et al., 2002). The downstream impacts of low flows in the River Murray were 490 visible mainly following the construction of Hume Dam in 1936, but at present, average 491 monthly and annual flows are still considerably lower than those of natural conditions in the 492 past (Maheshwari et al., 1995). The study of natural flow regimes in the Murray River 493 suggests that the strength of average annual floods (annual exceedance probability 50%) has 494 reduced by over 50% at all stations. The effects of large floods with an average recurrence 495 interval of 20 years or more, are, however, relatively low (Maheshwari et al., 1995). The 496 number of low flows defined by a given annual non-exceedance probability, are higher under 497 regulated conditions than under natural conditions (Maheshwari et al., 1995). The 498 implications of these changes are not only for communities of native plants and animals in 499 both riverine and floodplain environments, but also for the long-term use of the riverine 500 resources by humans (Maheshwari et al., 1995). Rivers and their associated wetlands 501 exchange particulate and dissolved organic matter, including suspended sediments, nutrients, and algal biomasses (Tockner et al., 1999). These nutrients are fundamental for the support of 502 503 ecosystem structure and function in riverine food webs (Bunn and Arthington, 2002). The 504 current flow regimes also determine which physical habitats are available for all aquatic 505 species that have evolved life history strategies primarily in direct response to natural flow 506 regimes (Bedford, 1996).

Permanent inundation of wetlands occurred in many areas across the Lower Murray River in response to the 1914 Commonwealth Act. This legislation enforced a requirement to manage the Murray River's water by the construction of locks, weirs, and water storage areas. Construction of the Mildura Weir (Lock 11), which began in August 1923, resulted in an increased water level in Kings Billabong by the time construction was completed in 1927. These long periods of water storage in Kings Billabong are thought to have increased 513 stagnation, nutrient levels, and primary productivity, subsequently impacting the higher 514 trophic levels around the billabong (Kattel et al., 2015). Some have argued that the high 515 nutrient input in the river system, combined with relatively long water residence times in 516 water storages, supports phytoplankton growth and a tendency towards eutrophication (e.g. 517 Tockner et al., 1999; Chaparro et al., 2015).

518 In the Yangtze River, construction of many dams and water impoundments has 519 significantly altered downstream hydrological regimes, which have directly affected the relationship between the Yangtze River and its river channels and floodplain wetlands, 520 521 including the Zhangdu Lake (e.g. Yang et al., 2011a, b). The construction of dams throughout 522 this catchment has caused changes in channel morphology and sedimentology, with a 523 concomitant drastic decline in sediment transportation and severe channel erosion in 524 connections to lakes. From the monitoring of stream cross-sections, changes to river channels are evident, including the reduction of water level within wetlands (Yang et al., 2011a, b). 525 These have inevitably induced alterations in inundation patterns of the wetlands, resulting in 526 changes to ecosystem structure and function, which in turn have disturbed the habitats of 527 biota (Maheshwari et al., 1995; Sun et al., 2012). As a consequence of a rapid expansion of 528 529 human activity in the watershed during the 1960s, significant changes at the base of the food 530 web in Zhangdu Lake have been observed in the subfossil composition of testate amoeba communities. For instance, the characteristic oligotrophic, lake-dwelling species (e.g. 531 Difflugia biwae) have been replaced by eutrophic species (e.g. Difflugia oblonga) (Qin et al., 532 533 2009). 534

- 535 6.2 Cladoceran-inferred responses to hydrological shifts in Murray and Yangtze River
 536 wetlands
- 537

538 Cladoceran assemblages of three floodplain wetlands, Kings Billabong, Zhangdu Lake, 539 and Liangzi Lake all have shown strong responses to human-mediated hydrological alterations in the Murray and Yangtze Rivers over the past century. Although the N2 540 541 diversity index did not show a strong response to disturbance, the impact of river regulation and permanent inundation of Kings Billabong in the 1920s nonetheless revealed a decline in 542 543 the density of littoral species. 544 The Hill's N2 diversity index assumes that the number of species in an ecosystem is uniformly distributed (Hill, 1973). Following this advice, we assumed that the distribution of 545 546 cladoceran species along the temporal scale of Murray and Yangtze River wetlands should 547 also have been uniform. However, the N2 diversity index of cladocerans in Kings Billabong 548 and Yangtze River wetlands was found to be non-uniform across our measurement period, 549 and, in addition, they showed different trends. Following similar regulation and construction 550 of dams in the two sites, the N2 diversity index decreased in Kings Billabong, whereas the 551 N2 index in Yangtze River wetlands increased. We argue that the observed disturbances in 552 each site were due to quite different impacts of regulation. In Kings Billabong, the disturbance appeared to be severe following the arrival of Europeans, whereas the 553 554 disturbance in Yangtze River wetlands occurred over a longer time scale, and could be 555 characterised as an intermediate frequencies of disturbance (Collins and Glenn, 1997). 556 Indeed, records indicate that the early European immigrants in Australia transformed the 557 landscapes quickly, which had severe impacts on Kings Billabong cladocerans. However, 558 unlike Kings Billabong, the Yangtze River wetlands did not experience such a severe 559 disturbance, and as the intermediate disturbance hypothesis model suggests, the diversity 560 index increased following the disturbance (Townsend and Scarsbrook, 1997) indicating the 561 intermediate frequencies of disturbance in cladoceran diversity of the Zhangdu and Liangzi 562 lakes.

However, habitat stability determines the species and functional diversities of biota. In addition, the species diversity patterns are often context and system dependent (Biswas and Malik, 2010). For example, reduced water level, which results in increased light regime and higher growth of littoral vegetation, may provide stability of habitat for small *Alona* sp. in Yangtze River wetlands following the intermediate disturbance (c. 1960s), and consequently this leads to an increased N2 diversity index (Figs. 4 & 5).

569 The species such as *Dunhevedia crassa* and *Graptoleberis testudinaria*, are adapted to 570 submerged vegetation and their decline in abundance indicates a reduction of suitable habitat. 571 such as decreased water quality. The increase in the abundance of lentic species, such as 572 Bosmina meridionalis, demonstrates a switch from the prior ephemeral state to one of more 573 or less constant inundation. Although drought had little or no impact on the water nutrient 574 levels in Kings Billabong following regulation, by contrast, large-scale flood events such as 575 in 1956, may have significantly increased nutrient input in the water column. The apparent result was to increase the population of Bosmina, as well as littoral species (e.g. A. guttata) 576 577 that prefer enriched nutrient environments (Hofmann, 1996). Turbidity from suspended 578 sediment during flood events also limits growth of submerged vegetation, due to a reduction 579 of light penetration. By the early 2000s, planktonic B. meridionalis and littoral A. guttata and 580 Biapertura longispina were the dominant species. The high density of cladoceran ephippia 581 retrieved from the wetland sediment also indicates "stress" among the cladoceran community during the prevailing conditions of post- regulation period in the Murray River system 582 583 (Nevalainen et al., 2011). The low abundance of *D. crassa* following river regulation reflects 584 the impact of river regulation on the aquatic ecosystem, with degraded water quality and reduced resilience in the wetland community. In shallow lakes, a consequence of human-585 586 induced actions is the tendency towards a regime shift, followed by poor ecological resilience (Folke et al. 2004). The loss of functional group species and consequent reduced species
diversity may lead to a loss of whole trophic levels or 'top-down effects' (Folke et al., 2004).

589 The Zhangdu Lake aquatic community responded to downstream water shortages in the 590 river channel connecting to the lake, as revealed by low lake levels following the construction 591 of dams and reservoirs for water conservation in the 1950s-1970s. Subsequent to river 592 regulation during the 1950s, hydrological alterations of the river channel and changes to the 593 water level of Zhangdu Lake, increased the growth of littoral plants. This also resulted in 594 increased abundance of littoral cladoceran species, such as Acroperus harpae, Alona guttata, 595 Alona rectangula, Chydorus sphaericus, Graptoleberis testudinaria and Sida crystallina (Fig. 596 5). Although the abundance of littoral species in the lake indicated increased growth of 597 submerged vegetation, the condition of the wetland ecosystem following regulation was poor. 598 The clear water regime, present prior to regulation, gradually transformed to a eutrophic state 599 following the construction of dams. Many small cladocerans recorded in Zhangdu Lake 600 following the work of the 1950s, are typically associated with still (lotic) water, eutrophic and 601 poor water quality conditions, and have been found in similar disturbed habitats elsewhere. 602 For example, in Europe, cladoceran species such as A. harpae, C. sphaericus and S. 603 crystallina have a characteristic affiliation with lotic environments (Nevalainen, 2011). In 604 addition, in Tibet, Chydorus sphaericus has been found to be adapted to wide range of 605 environmental gradients, while Alona affinis and Acroperus harpae colonize dense aquatic 606 macrophytes, and Graptolebris testudinaria and Eurycercus lamellatus are adapted to 607 shallow littoral environments, with a preference for debris-rich substrates (Liping et al., 2005). 608

Eutrophication in Zhangdu Lake, due to hydrological changes of the wetland, was also indicated by the presence of testate amoeba (Qin et al., 2009). Our results strongly suggest that hydrological alterations of rivers and wetlands can result in eutrophication and lead to an 612 increased abundance of smaller size littoral cladocerans. The low level of floods could reduce 613 water level, increase telematic plant growth, and decrease the redox condition of the wetland 614 resulting in the variation in growth, metabolism and reproduction of such cladocerans 615 (Pawlowski et al., 2015). The shallow littoral environment provides habitats for different fish species, and may increase the predator-prey interactions (Pawlowski et al., 2015). Following 616 617 regulation, the large number of cladocearn ephippia recorded in the sediment in Zhangdu Lake (which is found in the lower Yangtze), also indicates the decline in lake levels and the 618 619 loss of lentic habitats, which leads to reduced feeding habitats and reproductive output or an 620 increased ecological stress among the cladoceran community, particularly during the c. 621 1990s-2000s. In Europe, increases in sedimentary resting eggs of cladocerans are reported to 622 be associated with major environmental transitions; for example, climate change (e.g. 623 Pleistocene-early Holocene), timing of strong predator-prey interactions (e.g. fish predation 624 pressure), and increased human impact in the catchment (e.g. unprecedented release of 625 chemicals) (e.g. Sarmaja-Korjonen, 2003; Nevalainen et al., 2011).

626 The response of the subfossil assemblage of cladocerans in Liangzi Lake to 627 hydrological change in the Yangtze River during the 1950s was difficult to establish. This 628 could be due to the permanent inflow to this lake from the Yangtze River. The higher 629 abundance of Bosmina prior to 1900s indicate that the lake was kept at a certain water level, 630 and much of the trophic materials contained in the surface water met the demands of planktonic cladocerans (e.g. Liping et al., 2005). However, the abundance of littoral species 631 632 Alona rectangula, Chydrorus sphaericus, Dunhevedia crassa and Graptoleberis testudinaria 633 during the 1950s are indicative of decreasing depth. During the 1990s to the 2000s, Liangzi 634 Lake was impacted by intensive agriculture practices in the catchment and nutrient inputs 635 into the wetland, as indicated by an increased abundance of planktonic Bosmina (Lipping et al., 2005). In 1992, the local government restricted aquaculture to the western part of the 636

Liangzi Lake, since this activity was affecting water quality throughout the entire lake (Xie et
al., 2001). This problem had been detected from ecological stress responses of cladocerans,
as revealed by an increased density of resting eggs in the sediment, as well as an increased
abundance of *Bosmina* and the chydorid species such as *Alona guttata*, *Alona intermedia*, *Chydorus sphaericus*, since these are all found in nutrient-rich environments (e.g. SarmajaKorjonen, 2003; Nevalainen et al., 2011).

All three of these wetlands appear to exhibit characteristic traits of hydrologically 643 644 triggered ecosystem changes, as revealed by subfossil cladoceran assemblages, since each has 645 tended to undergo regime shifts during recent decades. Furthermore, species richness in each 646 is indicative of reduced water quality. Hydrology strongly drives the community composition 647 of phyto- and zooplankton, relevant nutritional resources, and habitat characteristics, mainly 648 via input of N and P from the eutrophic main channels during flood events (Van den et al., 1994; Nevalainen, 2011). The phenomena observed in the dynamics of physical and 649 650 biological assemblages, and the diversity of cladoceran zooplankton, in Kings Billabong and 651 Zhangdu Lake, for example, have shown tendency of existing in alternative stable states 652 resulting from switching of ecosystems, irrespective of inundation (Kings Billabong) or 653 dehydration (Zhangdu Lake).

654 The alternative 'stable states phenomena' in shallow lakes and wetlands have been widely viewed as indicative of changes to resilience of ecosystems (Scheffer and Jeppesen, 655 2007). Such phenomena have shown the condition of wetlands to vary from a relatively good 656 657 water quality, vegetation-rich state to a poor, turbid water state, which is usually less 658 desirable to society (Folke et al., 2004). Positive feedback associated with the condition of 659 increased water quality, species richness and population dynamics of D. crassa in Kings 660 Billabong prior to 1900 is characteristic of a resilient ecosystem (e.g. Suding et al., 2004). By contrast, an open water habitat, which may be characteristic of a longer flood duration 661

- 662 following regulation, leads to negative feedback, which is turbid and less resilient (e.g. 663 Suding et al., 2004). Similarly, in Zhangdu and Liangzi Lakes, an increased abundance of 664 smaller, mud-dwelling cladoceran species such as small Alona sp. and Leydigia leydigi, as well as presence of other meso-eutrophic species, Chydorus and Bosmina following 665 regulation, is indicative of increased eutrophication (Hofmann, 1996) caused by alteration of 666 667 flow regime and dehydration of wetlands. 668 Long term persistent human disturbances alter species diversity and have functional 669 consequences in ecosystem processes (MacDougall et al., 2013), which may be observed via 670 impact on ecological traits (Chapin III, 2000). The components of species diversity 671 expressing certain traits include the number of species present (species richness), their 672 relative abundances (species evenness), the particular species present (species composition), 673 the interactions among species (non-additive effects), and the temporal and spatial variation 674 in these properties. The consequence to the environment as a result of cladoceran diversity 675 change in the Murray and Yangtze River wetlands is difficult to predict, but in the longer 676 term, poor functioning of the ecosystem due to reduction in diversity in Kings Billabong is expected. In the Yangtze River wetlands, the dominant species richness trait, for instance 677 678 abundance of the small Alona sp. Group, can also lead to poor ecosystem functioning (e.g. 679 Chapin III, 2000). This evidence strongly reflects the reduction in resilience and the limited 680 capacity of these wetlands to support ecosystem services for the society in these increasingly 681 regulated river basins. Further decline in eco-hydrological conditions including the water 682 quality, water quantity, fishery resources, and recreational amenities, due to cumulative 683 stressors can lead to the collapse of ecosystem services, in which case society will no longer 684 be benefitted (Falkenmark, 2003). 685 The ecosystems of both Murray and Yangtze rivers are affected by a range of drivers.
- 686 The cumulative stressors upon these wetlands are nutrient enrichments from agricultural

687	catchments, heavy metal release from industries (mainly in Yangtze wetlands) and climate
688	change (flooding and drought episodes). Increased nitrogen deposition has been reported to
689	have a great effect on diversity and ecosystem functioning of wetlands, leading to collapse of
690	food chain and ecosystems (Hooper et al., 2012). This collapse may lead to crises to higher
691	trophic levels including the humans, with conflicting demands placed on natural resources
692	and increasingly poor public health of the local community (Kattel et al., 2013). The
693	participatory approach of river basin management can help increase resilience of wetland
694	ecosystems and goods and services to society (Vörösmarty et al., 2010). Joint action by
695	various stakeholders including ecologists, resource managers and decision makers can be
696	useful to achieve management goals for natural resources (Biswas, 2004; Carpenter et al.,
697	2009, Liu et al., 2014). Such an adaptive management approach for water resources is
698	increasingly appropriate for maintaining ecosystem services of large river basins (e.g. Richter
699	et al., 2003).
700	
701	6.3 Development of an adaptive water resource management framework for Murray
702	and Yangtze River wetlands
703	
704	Water problems in large river basins are increasingly interconnected with multi-sector
705	developments such as agriculture, energy, industry, transportation and communication.
706	Several authors (Walker et al., 1995; Kingsford et al., 2000; Fu et al., 2003) suggest that
707	maintaining ecosystem health of wetlands associated with large river basins, requires a new
708	paradigm in water management. Today, the wetlands of both the Murray and Yangtze River
709	basins have faced greater challenges from hydrological modification, water shortage and
710	eutrophication than at any time before (Yang et al., 2006; Shen, 2010; Gell and Reid, 2014).
711	There are growing concerns about the uncertainties of climate change and socio-economic

712	impacts on these river basins (Palmer et al., 2000). For example, due to rapid decline in water
713	quality, biodiversity and ecological characters of the lower Yangtze River, this region has
714	already been declared as the ecosystem of "lost resilience" (Zhang et al., 2015). A
715	comprehensive synthesis by Varis and Vakkilainen (2001) suggests that following the 1970s,
716	China's environmental pressures have surpassed the carrying capacity of the ecosystem,
717	resulting in greater challenges for water resource management in the Yangtze and many other
718	river basins. Similarly, a rapidly declining trend of biological diversity and ecosystem states
719	of the Murray River basin has also been widely reported following the 1950s (Kingsford et
720	al., 2000). For example, more than 80% of wetlands in the Lower Murray River reaches
721	(Australia) have undergone a significant decline in flow regimes and ecosystem health, due to
722	rapid rates of sedimentation, turbidity and loss of macrophytes (e.g. Mosley et al., 2012; Gell
723	and Reid, 2014). Additionally, the wetlands of both large river basins have experienced
724	substantial loss of ecosystem services, and increased river regulation during the 20 th century.
725	With increasing demand for water, food, fibre, minerals, and energy in the 21 st century, these
726	pressures have degraded conditions of these natural resources even further (e.g. Davis et al.,
727	2015). Solutions for water issues are not possible without a joint effort by the various
728	stakeholders involved in understanding the complexity of water management in large river
729	basins (e.g. Biswas, 2004). It has been envisaged that the current management framework
730	needs to be revitalized to resolve growing issues of wetland management and maintenance of
731	associated ecosystem services, including the quantity and quality of water in both river
732	basins.
733	Adoption of an Integrated Water Resource Management (IWRM) framework has been
734	increasingly useful to resolve issues of quantity and quality of water worldwide. The IWRM
735	promotes water management by maximizing relevant economic and social welfare in an
736	equitable manner without compromising the sustainability of vital ecosystems (Biswas,

737 2004). Over the past decades, the IWRM approach has been constantly modified as per the 738 societal needs of local water management. On this basis, we have proposed the development 739 of an adaptive water resource management framework for wetlands of these two large, 740 hydrologically-transformed river basins in Australia and China (Fig. 7). This consideration 741 has been taken into account on the basis of eco-hydrological evolution of wetlands inferred 742 by subfossil cladoceran assemblages and diversity (Figs. 4 & 5). These changes have been 743 profoundly implicated by socio-economic developments in both river basins over the past 744 century. The proposed adaptive water resource management framework (Fig. 7) is integrated 745 and multi-disciplinary in nature. It is intended to improve management and to accommodate 746 change by learning from the outcomes of management (restoration) policies and practices, as 747 described by Holling, (1978) initially, and debated extensively by Jakeman and Letcher, 748 (2003), Macleod et al. (2007) and Pahl-Wostl (2007). Such a management framework has 749 been facilitated by dialogue between scientists, stakeholders and policy makers, and can be 750 expected to result in highly positive outcomes in management (Falkenmark, 2004). 751 In the framework (Fig. 7), we consider that both the quantity and quality of water 752 determines the resilience of the wetland ecosystems of the Murray and Yangtze Rivers. Prior 753 to regulation, these wetlands were maintained by sustainable flow regimes with improved water quality and reasonably good ecological health at baseline conditions. The natural flood 754 755 inundations maintained the amount of water, nutrients, carbon and salts in wetlands 756 supporting biological diversity, ecosystem functioning and associated goods and services 757 (Junk et al. 1989, Thorp and Delong 1994; Humphries et al. 1999; King et al. 2003). This 758 evidence is also supported by various eco-hydrological models being developed and tested 759 previously to measure flow regimes and ecosystems of the large river wetlands worldwide (Vannote et al. 1980; Naiman et al. 1987; Thoms and Sheldon, 2000). 760

761	The use of palaeoecological approach in our study provides the 1950s as a benchmark
762	of change in flow regime and ecosystem of the Murray and Yangtze River wetlands (Fig. 7).
763	Following river regulation (post 1950s), both the quantity and quality of water in the Murray
764	and Yangtze river wetlands had been significantly altered, reaching a critically low level of
765	flow and ecosystem health by the 2000s (Fig. 7). The condition of and changes in flow
766	regime in the Murray River basin was reported by Maheshwari et al. (1995), where the
767	average monthly and annual flows were considerably lower than those of natural conditions
768	prior to regulation. We argue that the 2000s was the critical level of threshold for quality and
769	quantity of water in wetlands of both river basins, and all available restoration measures
770	should be adopted to avoid further decline in conditions in these wetlands.
771	In our adaptive water resource management framework (Fig. 7), we have proposed the
772	role of three pillars: science, engineering and community engagement when restoring the
773	degraded wetlands of these two large river basins of Australia and China. River regulation,
774	including widespread infrastructure developments across the river basins, has consistently
775	modified natural hydraulic residence time, leading to changes in diversity and associated
776	ecosystem structure and function of wetlands. For example, construction of Hume Dam in the
777	1930s in Murray River, and several large dams, including the Three Gorges Dam (TGD)
778	since the 1950s in Yangtze River, will have long-lasting effects on downstream flow regimes,
779	as well as wetland ecosystem structure and function (Pittock and Finlayson, 2011; Wu et al.,
780	2003). Whilst these infrastructures are already in place, strong scientific evidence including
781	the understanding of the alteration of historical ecology and hydrology is potentially powerful
782	tool to unravel the benchmark of the eco-hydrologic conditions of the Murray and Yangtze
783	River wetlands over time. For example, the use of stable isotopes of carbon in subfossil
784	cladocerans and chironomids in Kings Billabong indicated the shift in carbon energy source
785	following the river regulation (Kattel et al., 2015). As this evidence is significant for

786 understanding wetland ecology, the assessment of past moisture regimes based on various 787 stable isotopes (e.g. oxygen) in water and organisms would be increasingly crucial to identify 788 the source of water for wetlands and the condition of critical water shortages. Benchmarks 789 are important for the development of predictive models on wetland restoration programs by 790 understanding the change of quantity and quality of water over time. Such predictive models 791 can also identify early warning signals of regime shift in wetlands (Wang et al., 2012). 792 Resource managers can target restoration measures on the basis of benchmark conditions so 793 that the investment will not be wasted on restoration of wetlands that would not result in 794 improved values. Zweig and Kitchens (2009) suggest that the predictive hydrologic models 795 can be the foundation for restoration programs of degraded wetlands, since these models can 796 successfully identify the hydrologic effects on the state of transitioning ecosystems. 797 Secondly, innovative and environmentally-friendly infrastructure development and 798 operation have been proposed in water restoration programs, and there is an increased 799 demand of efficient infrastructure development for the wetlands of Murray and Yangtze 800 River basins (e.g. Fu et al., 2010). One of fundamental issues of the integrated water resource 801 management program is to meet balanced water allocations between industry and environment (Poff et al., 2003; Biswas, 2004). Due to the overwhelming industrial demand 802 803 for water in recent decades, economists have developed efficient environmental water 804 allocation schemes for various river basins including the Murray and Yangtze (e.g. Lee and 805 Ancev, 2009; Jiang, 2009). The proposed adaptive water resource management framework 806 (Fig. 7) highlights the role of institutional capacities and development of efficient water 807 allocation infrastructures (e.g. Yu et al., 2009). Consideration of efficient infrastructures for 808 consumptive water uses and environmental water allocation for ecosystem function of large 809 river basins is crucial for wetland restoration measures and sustainability of ecosystem 810 services (e.g. Grafton et al., 2013).

811	Finally, the need for strong linkages between scientific community and management
812	stakeholders is essential in order to achieve the goal of wetland ecosystem management and
813	restoration (e.g. Pittock and Finlayson, 2011, Liu et al., 2014). Any decision making should
814	be based on the need of the local community and mutual understanding among scientists,
815	resource managers and community leaders (Poff et al., 2003). The successful outcomes of
816	water resource management in river basins would be possible if the community is engaged
817	with all aspects of environmental hydrology, ecology and water resource management
818	programs including both structural (e.g. hydropower dams) and non-structural infrastructure
819	developments (e.g. awareness in adaptation to change), as well as water saving (e.g. Shen,
820	2010). The proposed adaptive water resource management framework (Fig. 7) is expected to
821	enhance wetland resilience by improving both water quality and quantity, including
822	ecosystem function, consequently assisting the basin-wide management of food and water
823	security issues through extensive community participation. For example, the WWF-supported
824	partnership program, together with government agencies and local communities, was highly
825	successful for improving water resources, both quantitatively and qualitatively, in the
826	Yangtze River Basin. Under this type of management program and in partnership with local
827	people, the three Yangtze lakes (Zhangdu, Hong and Tian-e-zhou), which were disconnected
828	from the main channel during the 1950s-1970s, have now been recharged by opening of
829	sluice gates (Yu et al., 2009). The recharging of Zhangdu Lake has not only enhanced
830	resilience of the lake environment to climate change and but also livelihoods of the local
831	people (Yu et al., 2009). Recently, the role of community participation in water resource
832	management has also been reported significant in some wetlands of the Murray Darling
833	Basin. For example, the living Murray project initiated by the Murray Darling Basin
834	Authority with the view of increased indigenous community engagement has led to
835	improvements in the ecological health of the Barmah–Millewa floodplain wetlands

supporting large bird breeding events (MDBA, 2014). This kind of success has also been
revealed by the coupled socio-hydrologic models showing strong association between the
trajectory of human-water co-evolution and associated goods and services in the
Murrumbidgee River basin (one of sub-basins of the River Murray) (Kandasamy et al., 2014).

841 7 Conclusions

842

843 Evidence from subfossil assemblages of cladocerans over the past few decades from all three wetlands, Kings Billabong, Zhangdu Lake and Liangzi Lake, suggest that river regulation by 844 845 humans in the Murray (Australia) and Yangtze (China) rivers have significantly altered 846 natural flows, including the hydrology and ecology of these wetlands. The response of 847 subfossil cladoceran assemblages was evident via both prolonged flooding (inundation) and 848 dehydration (abstraction) of water in the Murray and Yangtze Rivers, respectively. Other 849 factors, such as land use, socio-economic developments, and rapid climate change, 850 particularly over the past 30-40 years, may have exacerbated the hydrological and ecological 851 processes further. The conditions of wetlands following the large-scale disturbances, such as 852 widespread river regulation, and construction of dams and reservoirs, have shown a tendency 853 to trigger wetland ecosystem switch, and highlights the urgent need for restoration measures 854 to improve ecosystem services, through better management of quantity and quality of water. 855 The proposed adaptive water resource management framework, based on science, 856 engineering, and community participation, is expected to enhance resilience of the Murray 857 and Yangtze River wetlands and help manage the basin-wide water and food security issues.

858

859 Acknowledgements

860

861 This project was supported by a number of grants awarded to GK including the Australian Institute of Nuclear Science and Engineering (AINSE) #AINSEGRA11087, Australia-China 862 863 Science and Research Fund (ACSRF), Chinese Academy of Sciences (CAS) and National 864 Science Foundation of China (Grant No. 41472314, 41102105). Australian Nuclear Science and Technology Organisation (ANSTO); Collaborative Research Network (CRN), and the 865 866 Faculty of Science and Technology of Federation University Australia (FedUni); State Key Laboratory of the Nanjing Institute of Geography and Limnology Chinese Academy of 867 868 Sciences (NIGLAS) assisted for collection of samples from the field and analyses at the 869 respective laboratories. This paper was presented in Australia-China Wetland Network 870 Research Partnership Symposium (March 24, 2014), Nanjing, China. I would like to thank 871 the HESS Editor, Giuliano Di Baldassarre, and the other two anonymous reviewers for 872 making a critical review of the manuscript and Jim Sillitoe and Sandra Weller for editorial 873 supports.

874

875 **References**

876

Appleby P.G.: Chronostratigraphic techniques in recent sediments. In: Tracking
Environmental Change Using Lake Sediments, Volume 1: Basin Analysis, Coring and
Chronological Techniques (Eds W.M. Last & J.P. Smol), pp. 171-203, Kluwer
Academic Publishers, Dordrecht, 2001.

- Bedford, B.: The need to define hydrologic equivalence at the landscape scale for freshwater
 wetland mitigation, Ecological Applications, 6, 57-68, 1996.
- Biswas, A.K.: Integrated water resources management: a reassessment, Water International,
 29, 248-256, 2004.

- Biswas, S.R. and Mallik, A.U.; Disturbance effects on species diversity and functional
 diversity in riparian and upland plant communities, Ecology, 28-35, 2010.
- Bunn, S.E. and Arthington, A.H.: Basic principles and ecological consequences of altered
 flow regimes for aquatic biodiversity, Environmental Management 30, 492-507, 2002.
- Cai, W. and Cowan, T.: Evidence of impacts from rising temperature on inflows to the
 Murray-Darling Basin, Geophysical Research Letters, 35, L07701, 2008.
- 891 Carpenter, S.R., Mooney, H.A., Agard, J., Capistrano, D., DeFries, R. S., Diaz, S., Dietz, T.,
- 892 Duraiappah, A. K., Oteng-Yeboah, A., Pereira, H. M., Perrings, C., Reid, W.V.,
- 893 Sarukhan, J., Scholes, R.J. and Whyte, A.: Science for managing ecosystem services:
- beyond the millennium ecosystem assessment, Proc. Natl. Acad. Sci. U. S. A., 106,
 1305–1312, 2009.
- Chaparro, G., Fontanarrosa, M.S., Cataldo, D. and O'Farrel, I.: Hydrology driven factors
 might weaken fish predation effects on zooplankton structure in a vegetated warm
 temperate floodplain lake, Hydrobiologia, 752, 187-202, 2015.
- 899 Chapin III, F.S., Zavaleta, E.S., Eviner, V.T., Naylor, R.L., Vitousek, P.M., Reynolds, H.L.,
- Hooper, D.U., Lavorel, S., Sala, O.E., Hobbie, S.E., Mack, M.C. and Diaz, S.:
 Consequences of changing biodiversity, Nature, 405, 234-242, 2000.
- 902 Chen, X., Yang, X., Dong, X. and Liu, Q.: Nutrient dynamics linked to hydrological
 903 condition and anthropogenic nutrient loading in Chaohu Lake (southeast China),
 904 Hydrobiologia, 661, 223–234, 2011.
- Collins, S.L., and Glenn, S.M.: Intermediate disturbance and its relationship to within-and
 between-patch dynamics, New Zealand Journal of Ecology, 21, 103-110.
- 907 Davis, J., O'Grady, A.P., Dale, A., Arthington, A.H., Gell, P.A., Driver, P.D., Bond, N.,
- 908 Casanova, M., Finlayson, M., Watts, R.J., Capon, S.J., Nagelkerken, I., Tingley, R.,
- 909 Fry, B., Page, T.J. and Specht, A.: When trends intersect: The challenge of protecting

- 910 freshwater ecosystems under multiple land use and hydrological intensification
 911 scenarios, Science of the Total Environment, 2015. doi:
 912 10.1016/jscitotenv.2015.03.127.
- Dong, X., Anderson, N.J., Yang, X., Chen, X. and Shen, J.: Carbon burial by shallow lakes in
 the Yangtze floodplain and its relevance to regional carbon sequestration, Global
 Change Biology, 18, 2205-2217, 2012.
- Dumbrell, A.J., Clark, E.J., Frost, G.A., Randell, T.E., Pitchford, J.W. and Hill, J.K.:
 Changes in species diversity following habitat disturbance are dependent on spatial
 scale: theoretical and empirical evidence, Journal of Applied Ecology, 45, 1531-1539.
 2008.
- Ellis, I. and Meredith, S.: Aquatic fauna survey of wetlands 351 and 491 near Wentworth,
 Southwest NSW, Technical Report, Murray Darling Freshwater Research Centre,
 Mildura, Victoria, Australia, 2004.
- Falkenmark, M.: Freshwater as shared between society and ecosystems: from divided
 approaches to integrated challenges, Philos. Trans. R. Soc. London Ser. B Biol. Sci.
 358, 2037-2049, 2003.
- Falkenmark, M.: Towards integrated catchment management: opening the paradigm locks
 between hydrology, ecology and policy-making, International Journal of Water
 Resources Development, 20, 275-281, 2004.
- Folke, C., Carpenter, S., Walker, B.W., Scheffer, M., Elmqvist, T., Gunderson, L. and
 Holling, C.S.: Regime shifts, resilience, and biodiversity in ecosystem management,
 Annual Review of Ecology, Evolution and Systematics, 35, 557-581, 2004.
- 932 Frey, D.G.: Cladocera analysis, in: Handbook of Holocene Palaeoecology and
 933 Palaeohydrology, edited by Berglund, B.E., John Wiley & Sons Ltd., Chichester, pp.
 934 667-692, 1986.

- Fu, C., Wu, J., Chen, J., Wu, Q. and Lei, G.: Freshwater fish biodiversity in the Yangtze
 River basin of China: patterns, threats and conservation, Biodiversity &
 Conservation, 12, 1649-1650, 2003.
- 938 Fu, B.J., Wu, B.F., Lu, Y.H., Xu, Z.H., Cao, J.H., Niu, D., Yang, G.S. and Zhou, Y.M.:
- 939 Three Gorges Project: Efforts and challenges for the environment, Progress in940 Physical Geography, 1-14, 2010.
- 941 Gell P.A., Fluin J., Tibby J., Hancock G., Harrison J., Zawadzki A., Haynes D., Khanum S.,
- Little F. and Walsh B.: Anthropogenic acceleration of sediment accretion in lowland
 floodplain wetlands, Murray Darling Basin, Australia, Geomorphology, 108, 122-126,
 2009.
- Gell, P.A. and Reid, M.: Assessing change in floodplain wetland condition in the Murray
 Darling Basin, Australia, Anthropocene, 8, 39-45, 2014.
- Gippel, C.J. and Blackham, D.: Review of Environmental Impacts of Flow Regulation and
 Other Water Resource Developments in the River Murray and Lower Darling River
 System: Includes Glossary of Terms: Final Report to Murray Darling Basin
 Commission, Murray Darling Basin Commission, 2002.
- 951 Grafton, R.Q., Pittock, J., Davis, R., Williams, J., Fu, G., Warburton, M., Udall, B.,
- 952 McKenzie, R., Yu, X., Che, N., Connel, D., Jiang, Q., Kompas, T., Lynch, A., Norris,
- R., Possingham, H. and Auiggin, J.: Global insights into water resources, climate
 change and governance, Nature Climate Change, 3, 315-321, 2013.
- Grimm, N.: Nitrogen dynamics during succession in a desert stream, Ecology, 68, 1157-1170,
 1987.
- Hill, M.O.: Diversity and evenness: A unifying notation and its consequences, Ecology,
 54:427–432, 1973.

- Hill, M.O., Gauch, H.G. Jr.: Detrended correspondence analysis: an improved ordination
 technique, Vegetatio, 42, 47-58, 1980.
- Hofmann, W.: Empirical relationships between cladoceran fauna and trophic state in thirteen
 northern German lakes: analysis of surficial sediments, Hydrobiologia, 318, 195-201,
 1996.
- Holling, C.S.: Adaptive environmental assessment and management, John Willey and Son,
 Chichester, 1978.
- 966 Hooper, D.U., Adair, E.C., Cardinale, B.J., Byrnes, J.E.K., Hungate, B.A., Matulich, K.L., Gonzalez,
- A., Duffy, J.E., Gamfeldt, L. and O'Connor, M.I.: A global synthesis reveals biodiversity loss
 as a major driver of ecosystem change, Nature, 486, 105–108, 2012.
- Humphries, P., King, A.J. and Koehn, J.D.: Fish, flows and flood plains: links between
 freshwater fishes and their environment in the Murray-Darling River system, Australia,
 Environmental Biology of Fishes, 56, 129-151, 1999.
- Jakeman, A.J. and Letcher, R.A.: Integrated assessment and modelling: features, principles
 and examples for catchment management, Environmental Modelling & Software, 18,
 491-501, 2003.
- Jeppesen, E, Leavitt, P., De Meester, L. and Jensen, J.P.: Functional ecology and
 palaeolimnology: using cladoceran remains to reconstruct anthropogenic impact,
 Trends in Ecology and Evolution, 16, 191-198, 2001.
- Jeppesen, E. and Sammalkorpi, I.: Lakes, in: Handbook of Ecological Restoration, vol. 2.
 Restoration in Practice, edited by Perrow, M. R. and Davy, A. J., Cambridge
 University Press, Cambridge: 618 pp., 2002.
- Jiang, Y.: China's water scarcity, Journal of Environmental Management, 90, 3185-3196,
 2009.

- Junk, W.J., Bayley, P.B. and Sparks, R.E.: The flood pulse concept in river continuum
 systems, in: Proceedings of International Large Rivers Symposium, edited by Dodge,
 D.P., Canadian Special Publication of Fisheries and Aquatic Sciences, 106, 89-109,
 1989.
- Kandasamy, J., Sounthararajah, D., Sivabalan, P., Chanan, A., Vigneswaran, S. and
 Sivapalan, M.: Socio-hydrologic drivers of the pendulum swing between agricultural
 development and environmental health: a case study from Murrumbidgee River basin,
 Australia, Hydrol, Earth Syst. Sci., 18, 1027–1041, 2014.
- Kattel G.R., Battarbee R.W., Mackay A.W. and Birks H.J.B.: Recent ecological change in
 remote mountain loch: an evaluation of cladocera-based temperature transfer function,
 Palaeogeography, Palaeoecology, Palaeooceanography, 259, 51-76, 2008.
- Kattel, G.R., Elkadi, H. and Meikle, H.: Developing a complementary framework for urban
 ecology, Urban Forestry & Urban Greening, 12, 498-508, 2013.
- Kattel, G.R., Gell, P., Perga, M-E., Jeppesen, E., Grundell, R., Weller, S., Zawadzki, A. and
 Barry, L.: Tracking a century of change in trophic structure and dynamics in a
 floodplain wetland: integrating palaeoecological and palaeoisotopic evidence,
 Freshwater Biology, 60, 711-723, 2015.
- King, A.J., Humphries, P., Lake, P.S.: Fish recruitment on floodplains: the roles of patterns of
 flooding and life history characteristics, Canadian Journal of Fisheries and Aquatic
 Sciences, 60, 773-786, 2003.
- Kingsford, R.T.: Ecological impacts of dams, water diversions and river management on
 floodplain wetlands in Australia, Austral Ecology, 25, 109-127, 2000.
- 1005 Lake, P.S., Palmer, M.A., Bird, P., Cole, J., Covich, A.P., Dahm, C., Gibert, G., Goedkoop,
- 1006 W., Martens, K. and Verhoeven, J.: Global change and the biodiversity of the

- 1007 freshwater ecosystems. Impacts on linkages between above sediment and sediment
 1008 biota, BioScience, 50, 1099-1107, 2000.
- Lee, L.Y-T and Ancev, T.: Two decades of Murray-Darling Water Management: A River of
 Funding, a Trickle of Achievement, Journal of Policy Analysis and Reform, 16, 5-23,
 2009.
- Liping, Z., Junbo, W. and Anton, B.: A study on environmental changes based upon
 cladoceran assemblages from the core sediments in Chen Co, southern Tibet, Chinese
 Science Bulletin, 50, 13, 1386-1394, 2005.
- 1015 Liu, J., Kattel, G., Arp, H.P.H., Yang, H.: Towards threshold-based management of
 1016 freshwater ecosystems in the context of climate change, Ecological Modelling,
 1017 doi:10.1016/j.ecolmodel.2014.09.010, 2014.
- Liu, Q., Yang, X., Anderson, N.J., Liu, E. and Dong, X.: Diatom ecological response to
 altered hydrological forcing of a shallow lake on the Yangtze floodplain, SE China,
 Ecohydrology, 5, 316–325, 2012.
- 1021 Lloyd, L.: Malee Catchment Authority: Kings Billabong Operating Plan, Lloyd &
 1022 Environmental, Victoria, Australia, 69p, 2012.
- Macleod, C.J.A., Scholdfield, D. and Haygrath, P.M.: Irrigation for sustainable catchment
 management, Science of the Total Environment, 373, 591-602, 2007.
- MacDougall, A.S., McCann, K.S., Gellner, G., and Turkington, R.: Diversity loss with
 persistent human disturbance increases vulnerability to ecosystem collapse, Nature,
 494, 86-89, 2013.
- 1028 Maddock, I., Thoms, M., Jonson, K., Dyer, F. and Lintermans, M.: Identifying the influence
- 1029 of channel morphology on physical habitat availability for native fish: application to the
- 1030 two-spined backfish (*Gadopsis bispinosus*) in the Cotter River, Australia, Marine and
- 1031 Freshwater Research, 2004, 55, 173-184, 2004.

- Maheshwari, B.L., Walkers, K.F. and McMahon, T.A.: Effects of regulation on the flow
 regime of the river Murray, Australia, Regulated Rivers: Research & Management, 10,
 1034 15-38, 1995.
- McGowan, S., Leavitt, P., Hall, R, Wolfe, B.B., Edwards. T.D., Karst-Riddoch, T.K. and
 Vardy, S.R.: Interdecadal declines in flood frequency increase primary production in
 lakes of a northern river delta, Global Change Biology, 17, 1212-1224, 2011.
- MDBA: The Living Murray 2013–14 Environmental Watering Report, MDBA, Canberra,
 2014.
- Mosley, L.M., Zammit, B., Leyden, E., Heneker, T.M., Hipsey, M.R., Skinner, D., and
 Aldridge, K.T.: The impact of extreme low flows on the water quality of the lower
 Murray River and lakes (South Australia), Water Resource Management, 26, 39233946, 2012.
- Naiman R.J., Melillo, J.M., Lock, M.A., Ford, T.E. and Reice, S.R.: Longitudinal patterns of
 ecosystem processes and community structure in subarctic river continuum, Ecology,
 68, 1139-1156, 1987.
- 1047 Nevalainen, L.: Intra-lake heterogeneity of sedimentary cladoceran (crustacean) assemblages
 1048 forced by local hydrology, Hydrobiologia, 676, 9-22, 2011.
- Nevalainen, L., Luoto, T., Levine, S. and Manca, M.: Paleolimnological evidence for
 increased sexual reproduction in chydorids (Chydoridae, Cladocera) under
 environmental stress, Journal of Limnology, 70, 255-262, 2011.
- Nilsson, C. and Berggren, K.: Alterations of Riparian Ecosystems Caused by River
 Regulation, Bioscience 50, 783-792, 2000.
- Pahl-Wostl, C.: Transitions towards adaptive management of water facing climate and global
 change, Water Resource Management, 21, 49-62, 2007.

Pahl-Wostl, C.: A Conceptual Framework for Analysing Adaptive Capacity and Multi-Level
Learning Processes in Resource Governance Regimes, Global Environmental Change
19, 354–365, 2009.

1059 Palmer, M.A., Liermann, C.A. R., Nilsson, C., Flörke, M., Alcamo, J., Lake, P. S. and Bond,

- N.: Climate change and the world's river basins: anticipating management options,
 Frontiers in Ecology and the Environment, 6, 81–89, 2008.
- Parks Victoria: The Management Plan for Kings Billabong Wildlife Reserve, Parks Victoria,
 Melbourne, 2008.
- Pawlowski, D., Kowalewski, G., Milecka, K., Plóciennik, M., Woszczyk, M., Zieliński, T.,
 Okupny, D., Wlowdarski, W. and Forysiak, J.: A reconstruction of the
 palaeohydrological conditions of a flood plain: a multi-proxy study from the Grabia
 River valley mire, central Poland, Boreas, doi 10.1111/bor.12115, 2015.
- Pittock, J., and Finlayson, C.M.: Australia's Murray-Darling Basin freshwater ecosystem
 conservation options in an area of climate change, Marine and Freshwater Research, 62,
 232-243, 2011.
- 1071 Poff, N.L, Allan J.D., Palmer, M.A., Hart, D.D., Richter, B.D., Arthington, A.H., Rogers,
- 1072 K.H., Meyer, J.H. and Stanford, J.A.: River flows and water wars: emerging science for
 1073 environmental decision making, Frontiers of Ecology and Environment, 6, 298-306,
 1074 2003.
- Power, M.E., Dietrich, W.E. and Finlay, J.C.: Dams and downstream aquatic biodiversity:
 potential food web consequences of hydrologic and geomorphic change, Environmental
 Management, 20, 887-895, 1996.
- Puckridge, J.T., Sheldon, F., Walker, K.F. and Boulton, A.: Flow variability and the ecology
 of the large rivers, Marine and Freshwater Research, 49, 55-72, 1998.

- Qin, Y., Booth, R.K., Gu, Y., Wang, Y. and Xie, S.: Testate amoebae as indicators of 20th
 century environmental change in Lake Zhangdu, China, Fundamental and Applied
 Limnology/Archiv fur Hydrobiologie, 175, 29-38, 2009.
- Reid, M., Sayer, C.D., Kershaw, A.P. and Heijnis, H.: Palaeolimnological evidence for
 submerged plant loss in a floodplain lake associated with accelerated catchment soil
 erosion (Murray River, Australia), Journal of Paleolimnology, 38, 191-208, 2007.
- Richter, B.D., Mathews, R., Harrison, D.L. and Wigington, R.: Ecologically sustainable
 water management: managing river flows for ecological integrity. Ecological
 Applications, 13, 206–224, 2003.
- Sarmaja-Korjonen, K.: Chydorid ephippia as indicators of environmental change
 biostratigraphical evidence from two lakes in southern Finland, The Holocene, 13, 691700, 2003.
- 1092 Scheffer, M. and Jeppesen, E.: Regime shifts in shallow lakes, Ecosystems, 10, 1-3, 2007.
- Scheffer, M., Hosper, S.H., Meijer, M.L. and Moss, B.: Alternative equilibria in shallow
 lakes, Trends in Ecology and Evolution, 8, 275-279, 1993.
- Sheldon, F, Boulton, A.J. and Puckridge, J.T.: Conservation value of variable connectivity:
 aquatic invertebrate assemblages of channel and floodplain habitats of a central
 Australian arid-zone river, Cooper Creek, Biological Conservation, 103, 13-31, 2002.
- Shen, D.: Climate change and water resources: evidence and estimate in China, ClimateChange and Water Resources, 98, 1063-1068, 2010.
- Shiel R.J. and Dickson A.: Cladocera recorded from Australia, Transaction of the Royal
 Society of South Australia, 119, 29-40, 1995.
- 1102 Suding, K.N., Gross, K.L. and Houseman, G.R.: Alternative states and positive feedbacks in
- restoration ecology, TRENDS in Ecology and Evolution, 19, 46-53, 2004.

- Sun, Z., Huang, Q., Opp, C., Hennig, T. and Marold, U.: Impacts and Implications of Major
 Changes Caused by the Three Gorges Dam in the Middle Reaches of the Yangtze
 River, China, Water Resource Management, 26, 3367–3378, 2012.
- Szeroczyńska K. and Sarmaja-Korjonen K.: Atlas of Subfossil Cladocera from Central and
 Northern Europe, Friends of the Lower Vistula Society, Poland, 2007.
- ter Braak, C.J.F. and Verdonschot, P.F.M.: Canonical correspondence analysis and related
 multivariate methods in aquatic ecology, Aquatic Sciences, 57, 255-289, 1995.
- 1111 Thoms, M.C. and Sheldon, F.: Water resource development and hydrological change in a
- 1112 large dryland river: the Barwon-Darling River, Australia, Journal of Hydrology, 228,1113 10-21, 2000.
- Thorp, J.H. and Delong, M.D.: The riverine productivity model: an heuristic view of carbon
 sources and organic processes in large river ecosystem, Oikos, 70, 305-308, 1994.
- Tockner, K., Pennnetzdorfer, D., Feiner, N., Schiemer, F. and Ward, J.V.: Hydrological
 connectivity, and the exchange of organic matter and nutrients in a dynamic riverfloodplain system (Danube, Austria), Freshwater Biology, 41, 521-535, 1999.
- Townsend, C.R. and Scarsbrook, M.R.: The intermediate disturbance hypothesis, refugia, and
 biodiversity in streams, Limnology and Oceanography, 42, 938-949, 1997.
- 1121 Van den, B., Van, K. and Van der V.: Impact of hydrology on phyto- and zooplankton
 1122 community composition in floodplain lakes along the Lower Rhine and Meuse, Journal
 1123 of Plankton Research, 16, 351-373, 1994.
- Vannote, R.L., Minshall, G.W., Cummins, K.W., Sedel, J.R., Cushing, C.D.: The river
 continuum concept, Canadian Journal of Fisheries and Aquatic Sciences, 37, 130-137,
 1126 1980.
- 1127 Varis, O. and Vakkilainen, P.: China's 8 challenges to water resource management in the first
 1128 quarter of the 21st century, Geomorphology, 93, 93-104, 2001.

- 1129 Vörösmarty, C.J., McIntyre, P.B., Gessner, M.O., Dudgeon, D., Prusevich, A. Green, P.,
- 1130 Glidden, S., Bunn, S.E., Sullivan, C.A., Liermann, C.R. and Davies, P.M.: Global 1131 threats to human water security and river biodiversity, Nature, 467, 555-561, 2010.
- Walker, K.F.: A review of the ecological effects of the river regulation in Australia,
 Hydrobiologia, 125, 111-129, 1985.
- Walker, K.F., Scheldon, F. and Puckridge, J.T.: A perspective on dryland river ecosystems,
 Regulated Rivers & Management, 11, 85-104, 1995.
- 1136 Wang, L.M., Hu, H.J. and Wang, D.: Ecological impacts of disconnection from the Yangtze
- 1137 River on fish resources in Zhangdu Lake, Resources and Environment in the Yangtze
- 1138 Valley, 14, 287-292 (in Chinese), 2005.
- 1139 Wang, R., Dearing, J.A., Langdon, P.G., Zhang, E., Yang, X., Vasilis, D. and Scheffer, M.:
- Flickering gives early warning signals of a critical transition to a eutrophic lake state,
 Nature, 492, 419-422, 2012.
- Wu, J., Huang, J., Han, X., Xie, Z. and Gao, X.: Three Gorges Dam- Experiment in habitat
 fragementation? Science, 300, 1239-1240, 2003.
- Yang, S., Milliman, J.D., Li, P. and Xu, K.: 50,000 dams later: erosion of the Yangtze River
 and its delta, Global and Planetary Change, 75, 14-20, 2011a.
- Yang, X., Ji, S., Dong, X., Liu, E. and Wang, S.: Historical trophic evolutions and their
 ecological responses from shallow lakes in the middle and lower reaches of the Yangtze
 River: Case studies on Longgan Lake and Taibai Lake, Science in China: Series D
 Earth Sciences, 49 Supp. I, 51-61, 2006.
- 1150 Yang, S.L., Liu, Z., Dai, S.B., Gao, Z.X., Zhang, J., Wang, H.J., Luo, X.X., Wu, C.S. and
- 1151 Zhang, Z.: Temporal variations in water resources in the Yangtze River (Changjiang)
- 1152 over the Industrial Period based on reconstruction of missing monthly discharges,
- 1153 Water Resources Research, 46, W10516, 2010.

- Yang, S.L., Milliman, J.D., Li, P. and Xu, K.: 50,000 dams later: erosion of the Yangtze
 River and its delta, Global and Planetary Change, 75, 14-20, 2011b.
- Yang, X., Anderson, N.J., Dong, X. and Shen, J.: Surface sediment diatom assemblages and
 epilimnetic total phosphorus in large, shallow lakes of the Yangtze floodplain: their
 relationships and implications for assessing long-term eutrophication, Freshwater
 Biology, 53, 1273–1290, 2008.
- Yin, H. and Li, C.: Human impact on floods and flood disasters on the Yangtze River,Geomorphology, 41, 105-109, 2001.
- Yu, X., Jiang, L., Li, L., Wang, J., Wang, L., Lei, G. and Pittock, J.: Freshwater management
 and climate change adaptation: Experiences from the central Yangtze in China, Climate
 and Development, 1, 241-248, 2009.
- Xie, S., Cui, Y. and Li, Z.: Small fish communities in two regions of the Liangzi Lake, China,
 with or without submersed macrophytes, Journal of Applied Icthyology, 17, 89-92,
 2001.
- Zedler, J.B. and Kercher, S.: Wetland resources: status, trends, ecosystem services, and
 restorability, Annual Review of Environment and Resources, 30, 39-74, 2005.
- Zhang, E., Cao, Y., Langdon, P., Jones, R., Yang, X., Shen, J.: Alternate trajectories in
 historic trophic change from two lakes in the same catchment, Huayang Basin, middle
 reach of Yangtze River, China, Journal of Paleolimnology, 48, 367-381, 2012.
- Zhang, K., Dearing, J.A., Dawson, T.P., Dong, X., Yang, X. and Zhang, W.: Poverty
 alleviation strategies in eastern China lead to critical ecological dynamics, Science of
 the Total Environment, 506-507, 164-181, 2015.
- Zhang, J., Zhang, Z.F., Liu, S.M., Wu, Y., Xiong, H., and Chen, H.T.: Human impacts on the
 large world rivers: Would the Changjiang (Yangtze River) be an illustration? Global
 Biogeochemical Cycles, 13, 1099-1105, 1999.

- Zhang, Q., Dong, X., Yao, M., Chen, S. and Yang, X.: Environmental changes in response to
 altered hydrological connectivity with Yangtze River in Lake Zhangdu (Hubei
 Province) over the past 200 years, Journal of Lake Science, 25, 463-470, 2013.
- 1182 Zhu, L., Wang, J., and Brancelj, A.: A study on environmental changes based upon
- cladoceran assemblages from the core sediments in Chen Co, southern Tibet, ChineseScience Bulletin, 50, 1386-1394, 2005.
- 1185 Zweig, C.L. and Kitchens, W.M.: Multi-state succession in wetlands: a novel use of state and
- 1186 transition models, Ecology 90, 1900–1909, 2009.





Figure 1. Kings Billabong, one of the wetland complexes of the River Murray system inSoutheast Australia. KBE was the deepest point of the lake, where a sediment core for thisstudy was taken.



Figure 2. Zhangdu Lake and Liangzi Lake around the middle reaches of the Yangtze River in Hubei Province of China.



Figure 3. Hydrological frameworks of Murray and Yangtze rivers. A. i & ii. River Murray: regulation was imposed by humans in the 1920s AD, which resulted in low water volume in the down-stream river channels, but Kings Billabong's conversion to a water storage tank permanently led higher lake level, subsequently ceased natural dry-wet cycles; B. i & ii. Yangtze River: the first large scale human impact on the river was imposed during the c. 1950s, which ceased naturally occurring flood pulses in adjacent wetlands leading to a drying up of the river channel connecting to wetlands including low water volume in Zhangdu Lake.

Wetland Response to Water Quality Change in Kings Billabong









Figure 5. Composition (%) and N2 index of subfossil cladocedans in Zhangdu Lake, and their response to past hydrological and water quality change.





Figure 6. Composition (%) and N2 diversity index of subfossil cladocedans in Liangzi Lake, and their response to past water quality change.





Figure 7. An adaptive water resource management framework based on palaeoecological study in Murray and Yangtze River wetlands: Prior to river regulation (c. 1930-50s), the quantity of water and wetland ecosystems was determined by natural flood pulses, when the water security curve was above the baseline and the state of ecosystem was natural. However, following the1950s, ecosystem responded to human impacts on both river systems showing a rapid downward movement of the water curve. By the early 2000s, the natural flood pulses reduced followed by deterioration of the condition of wetlands. The ecosystem structure and function were poor due to poor water quality and quantity and limited submerged vegetation. The restoration measures are proposed to bring the water quality and quantity back to the baseline condition by a joint effort from science, engineering and community participation. Scientific knowledge is enhanced by palaeoecological and hydrological monitoring and development of future prediction models in wetland ecosystem. However, not all wetlands can be restored to a baseline condition given their individual variability (detail is described in the text).