

1 **A 2600-year history of floods in the Bernese Alps,**
2 **Switzerland: frequencies, mechanisms and climate forcing**

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12

13 **Abstract**

14 A 2600-yr long composite palaeoflood record is reconstructed from high-resolution delta
15 plain sediments of the Hasli-Aare floodplain on the northern slope of the Swiss Alps. Natural
16 proxies compiled from sedimentary, geochemical and geomorphological data were calibrated
17 by textual and factual sources and instrumental data. No fewer than 12 of the 14 historically
18 recorded extreme events between 1480 and the termination of the Hasli-Aare river channel
19 correction in 1875 were also identified by coarse-grained flood layers, $\log(\text{Zr}/\text{Ti})$ peaks and
20 Factor 1 anomalies. Geomorphological, historical and instrumental data provide evidence for
21 flood damage intensities and discharge estimations of severe and catastrophic historical
22 floods.

23 Spectral analysis of the geochemical and documentary flood series and several climate
24 proxies (TSI, $\delta^{18}\text{O}$, tree-rings, NAO, SNAO) identify similar periodicities of around 60, 80,
25 100, 120 and 200 years during the last millennia, indicating the influence of the North
26 Atlantic circulation and solar forcing on alpine flood dynamics. The composite floodplain
27 record illustrates that periods of organic soil formation and deposition of phyllosilicates (from
28 the medium high catchment area) match those of Total Solar Irradiance maxima, suggesting
29 reduced flood activity during warmer climate pulses. Aggradation with multiple sets of flood

1 layers with increased contribution of siliciclasts from the highest catchment area (plutonic
2 bedrock) (e.g., 1300-1350, 1420-1480, 1550-1620, 1650-1720 and 1811-1851 cal yr AD)
3 occurred predominantly during periods with reduced solar irradiance, lower $\delta^{18}\text{O}$ anomalies,
4 cooler summer temperatures and phases of drier spring climate in the Alps. Increased water
5 storage by glaciers, snow cover and snow patches susceptible to melting processes associated
6 with rainfall episodes and abrupt rises in temperature substantially increased surface run-off
7 on slopes and discharges of alpine rivers. This interpretation is in agreement with the findings
8 that the severe and catastrophic historical floods in the Aare since 1670 occurred mostly
9 during positive SNAO pulses after years or even decades dominated by negative SNAO and
10 cooler annual temperatures.

11

12 **1 Introduction**

13 Mountain regions like the Alps cover sensitive and vulnerable ecosystems which are exposed
14 to changes in atmospheric circulation, extreme meteorological events, and the effects of land-
15 use. In the context of global climate change, it is striking that the annual mean temperatures in
16 the Alps have increased three times more than the global temperature over the last 100 years
17 (Hartmann et al., 2013). In general, the warming trend is not dependent on altitude (Hansen et
18 al., 2010); however, the strong vertical environmental gradient, with major altitudinal limits
19 such as the treeline, the snowline, and so on, makes the alpine area very sensitive to climate
20 changes.

21 In contrast to urban gauging stations in the foreland (e.g., the Basel-Rhine station, in
22 operation since AD 1808) data series of instrumental hydrological measurements in the inner
23 Alps only go back 100 years and many of the series are affected by a flood gap from AD 1937
24 to AD 1967 (Gees, 1997). The fundamental problem is that secular climate pulses (e.g.,
25 during the Little Ice Age) and low-frequency extreme events may not be recorded in these
26 flood series. For this reason it is difficult to confidently assess floods with a return period of
27 >200 years using short instrumental series, and other methods need to be applied. For
28 example, flood reconstruction from documentary sources like chronicles, annals, paintings
29 and flood marks provides data from Switzerland over approximately the last 750 years
30 (Röthlisberger, 1991; Pfister, 1999; Wetter et al., 2011) encompassing the latest climatic
31 cycles of the Holocene: the end of the Medieval Warm Period, the Little Ice Age, and the 20th
32 century warming.

1 Proxy data from sedimentary records such as lake sediments (Irmeler et al., 2006; Stewart et
2 al., 2011; Wilhelm, et al., 2012; Wirth et al., 2013) and flood plain deposits (Schulte et al.,
3 2008, 2009a, 2014; Laigre et al., 2013; Carvalho, 2014) can provide data for the study of the
4 potential effects of climatic changes on alpine floods outside the known range of extreme
5 events reconstructed from documentary and instrumental data. Continuous high resolution
6 palaeohydrological time series from terrestrial sediments of floods and debris flows are
7 generally attributed to decadal and annual records of lake sediments rather than to those of
8 fluvial sediments (e.g., Magny et al., 2010; Wilhelm, et al., 2012; Wirth et al., 2013; Glur et
9 al., 2013). However, with the exception of the studies in Lake Bourget (Arnaud et al., 2005),
10 Lake Silvaplana (Stewart et al., 2011) and Lake Brienz (Wirth et al., 2011) most of the alpine
11 lakes analysed are fed by small catchments ranging from several hectares to a few km². Due
12 to the unequal spatial distribution of the precipitation caused by summer thunderstorms and
13 advective rainfall events (due for example to the orientation of slopes), the question arises of
14 whether alpine lake records show a predominantly local response to regional climate
15 variability.

16 The aim of this paper is to reconstruct long time series generated from high-resolution
17 floodplain sediments of intertributary basins of the Hasli-Aare delta, which reproduce the
18 fluvial dynamic, including trends, clusters and gaps in the floods in a medium-size basin.
19 Medium-size basins are not only influenced by local factors, but may also respond to the
20 regional and/or global climate variability. Furthermore, the investigation of the floodplain
21 dynamics will integrate information about human occupation and hydraulic management that
22 interact with the fluvial systems. The study focuses on the Bernese Alps, for two reasons:
23 firstly, the societal demand for more reliable information on the hydrological risks in a
24 densely populated area which historically has been considered as a flood "hot spot"; and
25 secondly, the possibility of calibrating geoarchives by historical sources and instrumental
26 data. Furthermore, we will test the geochemical flood proxies by applying spectral analysis if
27 these time series provide information regarding the frequencies of hydrological and
28 environmental variability similar to the periodicities of Late Holocene palaeoclimate proxies.
29 These analyses and possible correlations contribute to the understanding of the possible
30 driving forces behind alpine floods, and the mechanisms at work.

31

1 **2 Regional setting**

2 The upper Aare basin (46°41'N, 6°04'E; Fig. 1), located on the northern slope of the Swiss
3 Alps, is dominated by alpine limestone landscapes in the north and by alpine crystalline
4 landscapes in the south, carved by Quaternary glaciers. The 596 km²-large Aare catchment is
5 subdivided into four major headwater catchments, the Higher Hasli, Ürbach, Gen and
6 Gadmen valleys, and the lower main valley, the Lower Hasli valley, which additionally is fed
7 by several tributary basins (e.g., Alpbach, Reichenbach).

8 Catchment lithology (Fig. 1) is an important issue for the interpretation of geochemical
9 proxies of key cores and for tracing sediments to establish their provenance. The northern
10 fringe of the basin, the Helvetic Nappe (31.7% of the catchment area; mean elevation 1578 m
11 a.s.l.), consists of carbonate rocks such as limestone, schist, calcareous sandstone, marly
12 shales and calcareous phyllite. To the south this area is limited by the Infrahelveticum (2.4%
13 of the catchment area; mean elevation 2171 m a.s.l.) a narrow band of sandstone-rich flysch
14 and limestones. The central area of the basin (37% of the catchment area; mean elevation
15 2171 m a.s.l.) belongs to the Aare massif. From north to south the para-Mesozoic bedrock
16 includes granite with sericite, epidote and chlorite; feldspar-rich gneiss; and micaschist and
17 gneiss, rich in biotite and muscovite. The southern catchment area (28.4% of the area; mean
18 elevation 2528 m a.s.l.) is formed by basic-ultrabasic old crystalline rocks (amphibolite,
19 diorite and gneiss) and late Palaeozoic intrusive rocks (granite, quartz diorite, syenite)
20 forming the highest slopes and summit areas in the Aare Massif, up to an altitude of 4274 m
21 at the Finsteraarhorn.

22 The present alpine geomorphology shows a high diversity of complex connected landforms
23 such as cirques, glacier forefields, moraine walls, scree slopes, debris and alluvial cones,
24 discharge channels, rock avalanches, alluvial fans and deltas. Some of these landforms result
25 from non-linear threshold dynamics as a consequence of the interglacial adaption cycle (e.g.,
26 rock avalanches; Huggel et al., 2012); others respond to low frequency climate changes (e.g.,
27 Holocene moraines; Hantke, 1980), but some landforms such as alluvial fans, alluvial plains
28 and deltas may be sensitive to intracentennial climate variability.

29 At 563.70 (+1.63/-1.25) m a.s.l., Lake Brienz defines the base level of erosion of the upper
30 Aare river system, which accumulated a 12 km-long and 1 km-wide delta plain limited by the
31 slopes of the Lower Hasli valley (Fig. 1). Sedimentation rates of the flood plain range from
32 1.16 to 6.20 mm yr⁻¹ and sediment volumes from 15 to 26 x10⁶m³ per 500yr-time slices

1 (Carvalho and Schulte, 2013). The floodplain morphology of the Hasli-Aare delta, equivalent
2 to the bottom of the Lower Hasli valley, is defined by palaeochannels, levees, crevasse splay
3 and interdistributary basins. Sections and cores show how layers of fluvial gravels, sand and
4 silts intertongue with organic-rich beds and peat horizons which are related to a high water
5 table of wetland environments.

6 In the northern Swiss Alps, floods have mainly been triggered by precipitation anomalies such
7 as intensive summer thunderstorms and long-lasting advective rainfall combined with
8 pronounced snow melt as well as glacier lake or landslide-dammed lake outburst floods
9 (Gees, 1997; Weingartner et al., 2003). Precipitation ranges from 1175 mm yr⁻¹ at Interlaken
10 to 2800 mm yr⁻¹ at the summit level of the Aare massif. According to the instrumental
11 hydrological data recorded since 1905 at the Brienzwiler gauging stations, the hydrological
12 regime is defined as nival-glacial, taking into account the fact that approximately 17% of the
13 catchment area is covered by glaciers. The mean discharge of Aare river is 35 m³ s⁻¹ at the
14 Brienz gauging station, with a maximum discharge of 444 m³ s⁻¹ being recorded on 22 August
15 2005.

16 In spite of the potential geographical marginality of high mountain regions such as the Alps,
17 periods of increased land-use have been recorded since the Bronze Age (Schaer, 2003;
18 Guyard *et al.*, 2007; Ebersbach et al., 2010) and various adaptation and mitigation strategies
19 for natural hazards have been developed. In some areas these strategies are still part of the
20 cultural landscape and settlement pattern. Since AD 1876, the lower Aare stretch has been
21 channelized and since AD 1932 reservoirs for hydroelectric power have influenced flood
22 dynamics due to changes in their retention capacities. As the result of the development of
23 grazing, agriculture, industry, tourism and infrastructure, the AD 2000 census recorded a
24 population of 8,190 inhabitants in the upper Aare basin. Furthermore, the population densities
25 of the municipalities in the Lower Hasli valley (50 - 100 inhab. km⁻²) are among the highest
26 per productive area in the Alps. However, the limited space in the Hasli valley that is suitable
27 for settlement is mostly to be found in alluvial fans and trough shoulders. In contrast to the
28 nearby Lütchine delta, no towns or villages are located in the Hasli-Aare delta floodplain
29 (with the exception of the small municipality of Unterbach). However, present-day human
30 activities (e.g., tourism) are not limited to traditional low risk areas, due to the demographic
31 pressure during the 19th and 20th century and the introduction of hydraulic management of the
32 flood plains. Furthermore, infrastructures such as highways, power lines, hydroelectric power

1 stations, gas pipelines, railway tracks and the Meiringen Air Base are all exposed to flood
2 hazard.

3

4 **3 Methods**

5 The integrated multi-proxy approach focuses on the Late Holocene flood dynamics in the
6 Lower Hasli valley, the main alpine valley in the upper Aare river. Palaeoflood frequencies
7 were reconstructed from geoarchives, particularly from alluvial delta plain sediments (section
8 3.1), geochemical records (section 3.2) and their calibration by data series from historical
9 sources and instrumental data (section 3.3). Frequencies of various time series such as
10 palaeoflood proxies, historical flood records, and climate variability were investigated
11 (section 3.4).

12 **3.1 Geoarchives from delta flood plains**

13 Meso-scale fluvial landforms were mapped in the delta flood plain of the Lower Hasli valley
14 by geomorphological survey and analysis of historical aerial photographs (AD 1928-1944), IR
15 and SPOT images, historical maps and a 2 m-spatial resolution digital terrain model. Different
16 sedimentary facies were identified depending on the flood plain morphology, changing
17 environments, and river dynamics. Channel and crevasse splay deposits are generally
18 composed by coarse sand and gravel, levees by sand layers, and overbank deposits by fine
19 sand and silt, and interdistributary basins contain clay-rich and organic-rich layers as well as
20 peat horizons. River channel shifts and avulsion may cause erosion and redeposition, whereas
21 sediments in intradistributary basins are deposited conformably. Thus, according to the results
22 from the Lüttschine delta (Schulte et al., 2008), alluvial plain sediments provide excellent
23 geoarchives for reconstructing the Late Holocene aggradation and flood history. During larger
24 floods these basins record aggradation of coarse-grained flood layers; during moderate floods
25 fine sand and silt deposits are formed, and organic rich horizons and peat during minor floods
26 or flood gaps. Therefore, peat layers are marker horizons that represent stable land surfaces, a
27 high water table, and minimum sediment contribution.

28 A total of 16 cores were obtained by percussion coring down to 10 m depth. The lateral
29 extension of the major units was traced by four cross-sections of 20 m-spaced shallow
30 drillings (85 cores). Sediments, organic soil horizons and peat layers were described
31 macromorphologically and wood, plant, mollusc fragments and artefacts were collected and

1 classified. Sediment structures, facies and associated geomorphic processes as well as the
2 mineralogy of selected flood layers were analysed by thin section. Furthermore,
3 sedimentological data were compiled from core inventories provided by the geological
4 database of the Bureau of Water Management of the Bern Canton (WWA).

5 The most detailed sedimentary records in the Hasli-Aare floodplain, in terms of lithological-
6 geochemical and temporal resolution, were retrieved from interdistributary basins and their
7 lateral transitional landforms. In this paper we focus on three key cores: AA-10, at a distance
8 of 200 m from the delta shore line, AA-02, at a distance of 1.5 km, and AA-05 at a distance of
9 4.5 km (Fig. 1). The age–depth models are based on 11 AMS radiocarbon datings (Table 1 in
10 Supplement) of peat, wood and plant remains analysed at the Tandem Laboratory, Uppsala
11 and compared to the chronology of other core sites in the study area (Schulte et al., 2008,
12 2009a, 2009b; Carvalho and Schulte, 2013). From our experience with 161 radiocarbon
13 datings, we suggest that radiocarbon ages of peat and wood (when not removed) show
14 consistent and reproducible ages that correlate at different sites. Radiocarbon dating of bulk
15 sediment, plant remains and charcoal frequently show reversal of ages, due to sample
16 contamination by reworked older organic-rich beds and redeposition processes. Radiocarbon
17 ages were rejected when they disagreed with the sample’s stratigraphic position. The
18 chronology of each core sample was calculated from age–depth models based on linear
19 interpolation between the calibrated ages calculated with the CALIB Radiocarbon Calibration
20 program Version 7.0 (Stuiver et al., 2014). The mean resolution of the sediment accumulation
21 rate of our original sedimentary records is 0.25 cm yr⁻¹. Each sample taken at intervals of 1
22 cm integrates 4 years. Calibration of the geochronological model was performed firstly by
23 identification of historical flood layers and metal anomalies (from the last century), secondly
24 by the correlation of marker horizons and major geochemical anomalies, and thirdly by the
25 comparison of possible synchronized trends and variability of geochemical proxies and
26 palaeoclimate records. For example, age–depth models were corrected within maximum
27 probability intervals (Magny et al., 2011) where regular displacement of peaks in our data
28 series were observed compared to other climate records such as the $\delta^{18}\text{O}$ curve. For detailed
29 information on the radiocarbon dating, the reader is referred to Tab. 1 in the supplementary
30 material and to Carvalho and Schulte, 2014 and Carvalho, 2014).

1 **3.2 Geochemical flood proxies**

2 To investigate the geochemical variations of the alluvial plain sediments during the last 2600
3 years, the element composition of the samples retrieved was analysed by X-ray fluorescence
4 (XRF) core scanning techniques (MARUM-University of Bremen) and by conventional XRF
5 (Central Laboratories of the University of Barcelona). The XRF core scanning techniques
6 (AVAATECH Serial No.2; Canberra X-PIPS Silicon Drift Detector) provide non-destructive
7 analysis of split core surfaces collecting down-core data at 1 cm intervals over a 1.2 cm² area
8 (Röhl and Abrams, 2000). The data were acquired by a Canberra X-PIPS Silicon Drift
9 Detector with 150eV X-ray resolution, the Canberra Digital Spectrum Analyser DAS 1000,
10 and an Oxford Instruments 50W XTF5011 X-Ray tube with rhodium (Rh) target material.
11 The following X-ray tube settings were used: elements Al, Si, S, K, Ca, Ti, Mn, Fe at 10 kV,
12 0.35 mA and 30 sec; Rb, Sr, Zr, Pb and Br at 30 kV, 0.75 mA and 60 sec; and Cu at 20 kV,
13 0.25 mA and 30 sec.

14 Because the XRF-scan results (counts per area) express the relative variability of fluorescence
15 according to the different excitation of the atoms in the substance in response to bombardment
16 by incident energy, it was not possible to obtain comparable percentages of element contents.
17 Therefore, calibration of individual samples with maximum anomalies was carried out by
18 conventional X-ray fluorescence. In addition, lighter elements such as MgO, P₂O₅ and NaO
19 could also be measured. Spectrometric measurements were undertaken on pearls using a
20 Philips PW 2400 spectrometer to estimate the of major element contents of 82 samples
21 collected from the split cores. The major elements were quantified by a calibration curve
22 generated by 58 international reference samples in pearls.

23 For comparison of CaCO₃ content, loss on ignition (LOI) at 950°C was punctually measured
24 following Heiri et al. (2001) and Santisteban et al. (2004). In addition, total organic carbon
25 (TOC) content was analysed systematically down-core by LOI at 550°C at 1cm steps. TOC
26 values of wood remains were removed case-by-case from the data set to avoid alteration of
27 the geochemical proxy.

28 To generate environmental proxies from delta plain sediments, the geochemical variability of
29 the core samples was analysed in a series of steps. First, series of individual elements were
30 plotted versus lithology, grain-size and total organic carbon along with sample depth. Second,
31 elements were analysed as Ti ratios, because of the conservative nature of Ti during transport
32 and weathering (Kylander et al., 2011), in order to remove possible alterations in XRF-scan

1 intensities caused by pore volume, the changing roughness of the split core surface (counts
2 per area decrease with increasing roughness), and so on. Third, factor analysis (FA) was
3 computed with the STATISTICA 6 software to explore the variability of the geochemical data
4 sets (Schulte et al., 2009a). The first two factors were extracted (rotated and unrotated) from
5 TOC values and the geochemical data matrix (original data and Ti ratios). The scores were
6 plotted applying the geochronological model and then compared to data series of
7 palaeoclimate records, such as reconstructed temperature and precipitation curves of the Alps
8 (Büntgen et al., 2011), the Greenland $\delta^{18}\text{O}$ record (GISP2, Reimer et al., 2004) and Total
9 Solar Irradiance (TSI, Steinhilber et al., 2009). For this comparison a composite sedimentary
10 palaeoflood proxy was generated from core AA-02 and AA-05 at a 21-yr resolution taking the
11 accumulation rate between pairs of contiguous radiocarbon ages.

12 To investigate the provenance, deposition and diagenetic processes of the materials, minerals
13 such as quartz, feldspar, chlorite, calcite and pedological features were microscopically
14 identified in thin section, and factor analyses were also applied to conventional XRF data,
15 TOC and grain size fractions of selected samples.

16 Furthermore, the Zr/Ti, Zr/Rb and Sr/Ti ratios were compared with grain-size fractions (laser
17 diffraction grain size analyser) and macroscopically and microscopically analysed coarse-
18 grained flood layers to produce grain-size flood proxies of three intensity levels (M1 = silty
19 fine sands, M2 = fine sands, M3 = middle and coarse sands). In contrast with the results of
20 Jones et al. (2012) on the geochemical flood records of the upper River Severn in mid-Wales
21 (UK), the Zr/Ti ratio calculated in the delta flood plain sediments of the Lower Hasli valley
22 was a more sensitive signal than the Zr/Rb ratio. Finally, the frequency and magnitude of
23 flood layers and Zr/Ti peaks were compared to the historical flood index reconstructed from
24 documentary sources (section 3.3).

25 **3.3 Historical flood series and instrumental data**

26 Flood series of the upper Aare (Hasli valley) were compiled from textual sources (local and
27 regional historical monographs, newspapers, scientific reports, reports of local and regional
28 authorities, chronicles, the parish register) and factual sources (historical maps, historical
29 paintings and photographs) (Pfister, 1999). These reconstructed flood events were compared
30 to episodes recorded in existing flood databases for Switzerland provided by R othlisberger
31 (1991) for the period AD 1020-1988, Pfister (1999) for the period AD 1496-1995, Gees
32 (1997) for the period AD 1800-1994, H ahlen (2007, Civil Engineering Department of the

1 Bern Canton) for the period AD 1600-2005 and digital flood archives provided by the Swiss
2 Flood and Landslide Damage Database of the Swiss Federal Institute for Forest, Snow and
3 Landscape Research for the period AD 1972-2009. Singular flood events were also compared
4 to instrumental precipitation records of the IDAWEB database provided by MeteoSwiss
5 precipitation data from the stations of Guttannen since AD 1876 and Meiringen since
6 AD 1898. Information on discharges of the upper Aare river was taken from the records of the
7 Brienzwiler gauging station located 1.4 km from Lake Brienz, since AD 1905 (data provided
8 by BUWAL).

9 Original flood descriptions were analysed to locate the reported damage geographically, to
10 estimate the flooded area and to reconstruct the type and magnitude of damage. Reported
11 geomorphic processes such as channel migration and aggradation were validated by the
12 geomorphological data obtained by mapping and the sedimentological data by coring along
13 cross-sections as described in section 3.1. In addition, useful information was also obtained
14 via comparisons between the spatial evolution of the Hasli-Aare floodplain and the
15 descriptions of the historical road network reconstructed by the Swiss Inventory of
16 Thoroughfares (Inventar Historischer Verkehrswege der Schweiz, 1992).

17 To estimate historical flood intensities between AD 1480 and 2012, in the first step primary
18 and secondary indications were defined for classifying floods according to the scale of the
19 damage and geomorphic change (Table 1). Although several flood classifications and
20 typologies have been proposed by a large range of publications (Röthlisberger, 1991; Pfister,
21 1999; Sturm et al., 2001), in the present study we adapted the flood criteria to local
22 physiographic, socio-economic and demographic settings of the Aare and Lüttschine
23 catchment.

24 In the second step, the tributary catchments were included in order to consider the spatial
25 dimension. In the case of the Aare river, flood categories in the bottom of the Lower Hasli
26 valley were multiplied by a factor of 1, whereas flood categories in the tributaries and
27 headwater catchments were multiplied by 0.5. This higher weight is attributed to the floods in
28 the stretch of the lower Hasli-Aare (M_{AA}) because floods in the main valley normally result
29 from higher discharges from several subcatchments (e.g., the floods of AD 1762 and 1831),
30 while discharges that cause severe damage in a tributary (M_i) do not necessarily generate
31 significant flooding in the main valley (e.g., the floods of AD 1869 and 1915). Finally, the
32 total flood intensities of the Aare river (M) are defined as the sum of both flood categories.

1 Flood event intensities <2 are considered as small and medium-sized, those ≥ 2 are severe and
2 those ≥ 3.5 are catastrophic. The maximum value of 4.5 was reached in AD 1762. The
3 equation is

$$4 \quad M = M_{AA} + \sum_{i=1}^n (M_i * 0.5), \quad (1)$$

5 where n is the number of flooded tributaries.

6 The precision and continuity of historical flood data series may change over time. In
7 particular, information on small and medium flood categories before AD 1850 is limited. The
8 data became more reliable after the introduction of the Swiss Federal Law on River
9 Correction in AD 1854, and improved over the course of the 19th century due to the increased
10 information available in the press. As for severe and catastrophic flood episodes, several
11 authors (Röthlisberger, 1991; Gees, 1997; Pfister, 1999; Wetter et al., 2011) note that they are
12 generally well recorded in Switzerland due to their impact on society. Flood mitigation
13 management was implemented in the Bernese Alps as early as the 13th century (Vischer,
14 2003) and more frequently since the 18th and 19th century (Wetter et al., 2011).

15 **3.4 Spectral analysis of flood and climate series**

16 Segments of the geochemical data series of cores AA-02, AA-05 and AA-10 (Section 3.2)
17 show a quasi-cyclic variability (Schulte et al., 2014). To explore the frequencies of this
18 variability, the data were processed by spectral analysis (Schulz and Statteger, 1997; Schulz
19 and Mudelsee, 2002). Frequency analyses were also applied to the historical flood series of
20 the upper Aare catchment (section 3.1) and other palaeoclimate records, such as $\delta^{18}\text{O}$
21 anomalies (the GISP 2 record from Greenland; Stuiver et al., 1997), $\delta^{14}\text{C}$ anomalies (Reimer
22 et al., 2004) and reconstructed temperature and precipitation curves from the Alps
23 (Luterbacher et al., 2002; Büntgen et al., 2011). To detect periodic signals in unevenly spaced
24 time data series, a harmonic analysis (Percival and Walden, 1993) was performed using the
25 SPECTRUM software (Schulz and Statteger, 1997). The periodograms were calculated from
26 the Lomb-Scargle Fourier Transform with a rectangular window, using a significance level of
27 0.05 and a lambda of 0.4. This configuration detects a false-alarm level of 99.6% for white
28 noise assessment through the Siegel test (Siegel, 1979). The red-noise spectra of the records
29 have been processed with the REDFIT software (Schulz and Mudelsee, 2002).

30

1 4 Results

2 4.1 Aggradation processes in the floodplain

3 The key-cores retrieved from the Hasli-Aare floodplain (Fig. 1 and 2) show alluvial delta
4 plain facies defined by sequences of shallow gravel channel beds, sandy levee and crevasse
5 splay deposits, coarse-grained flood layers within overbank deposits, palustrine fine-grained
6 sediments, organic-rich beds and peat horizons. From lithostratigraphical data an aggradation
7 model of the Hasli-Aare floodplain is reconstructed, showing two different patterns of
8 floodplain dynamics: first, abrupt channel shifts, occasionally from one edge of the valley
9 floor to the opposite; and second, the vertical channel aggradation, combined with minor
10 horizontal displacements. This pattern tends to produce a dissymmetry of the valley floor
11 topography. In addition, these dynamics may be reinforced by the slow subsidence produced
12 by the compaction of delta sediments.

13 For example, in AD 1766 the engineer Mirani (1766) measured differences in height of up to
14 5.4 m between the southern and the northern edges of the valley (Willi, 1932; Fig. 1). Under
15 this predisposition the river can break through levees during larger floods, thus changing its
16 course towards the lowest parts of the valley (e.g., interdistributary basins). Consequently a
17 new cycle of progressive aggradations begins. In four cross-sections the following shifts were
18 identified: between 957 and 1251 yr cal AD (^{14}C dating; core AA-02 and AA-P1.25) and
19 AD 1762 (historical sources and ^{14}C dating; Aa-P1.12; Fig. 1). A third mechanism of channel
20 shift was introduced by large landslides and debris flows such as the Bitschi landslide, dated
21 by radiocarbon between 574±172 yr cal BC and 158±80 yr cal AD (core AA-12; 56±32 yr cal
22 AD, core AA-21), the large Kienholz debris flow of AD 1499 (which destroyed the castle of
23 Kienholz), the Balm landslide of AD 1650, and to a lesser extent the active scree slope
24 southwest of Krummeney (until the 1860s).

25 Over the last centuries anthropogenic activity has become a major driver of flood plain
26 dynamics. In the Hasli-Aare catchment a number of structural hydraulic measures have
27 influenced the floodplain dynamics in the Lower Hasli valley: 1) the construction of the river
28 barrier at the outlet of lake Brienz, raising it by 1.50-1.95 m between AD 1434 and 1865
29 (Willi, 1932; Kurz and Lerch, 1979), thus affecting the distal area of the Aare delta; 2) the
30 repeated levee construction and maintenance as well as the local river detour created by the
31 local river management cooperative in AD 1579 (Willi, 1932); 3) the correction of the Aare
32 River in AD 1876, channelling and straightening the riverbed from the Aare gorge to the river

1 mouth; and 4) the operation of several connected reservoirs to produce hydroelectric power
2 since AD 1933. However, flood mitigation, ground sealing, deforestation, reforestation, and
3 changing land-use practices have opposite effects which may partially compensate for each
4 other (Pfister, 1999).

5 **4.2 Sedimentary delta plain records**

6 In general, the 10 m deep core AA-05 reflects low energy deposition environments of a
7 marginal basin located at the southern valley floor at distance of 4.5 km from Lake Brienz
8 (Fig. 1). The basin is protected upstream by a landslide deposit which diverted the Aare
9 northwards during the last 3000 years. Sand and silt beds deposited during multiple
10 aggradation pulses are intercalated by 14 organic horizons. The geochronological model of
11 the last 2600 years was established by six AMS radiocarbon ages (supplementary material;
12 Table 1). The flood layers of the youngest units (unit VII) were calibrated by historical
13 sources (AD 1811 at 36 cm depth and AD 1851 at 44 cm depth; Fig. 2 and 3). The established
14 chronology was tested by comparing the interpolated age of the Pb peak (AD 1967 at 7 cm
15 depth) with the maximum consumption of unleaded gasoline around AD 1970 (Weiss et al.,
16 1999).

17 In the Hasli-Aare floodplain the water table is very close to the surface, ranging between 1.4
18 and 2.5 cm in depth. Therefore, hydromorphic dynamics are relevant for the interpretation of
19 geochemical records. For example, Mn and Fe values mostly show a positive correlation,
20 particularly in fine-grained layers, when they are bound in the clay lattice (Tebbens et al.,
21 2000). Minimum values of both elements are recorded in sandy flood layers (Fig. 2).
22 However, the Mn/Fe ratio, used by several authors as an indicator of palaeo-redox conditions
23 (Koinig et al., 2003), decreases in the organic horizons where organic decomposition
24 generates oxygen depletion, contributing to anoxic conditions and mobilization of Mn(II).
25 Also important is the effect of groundwater dynamics on carbonates. In core AA-05
26 carbonates are leached below the depth of 213 cm, whereas above this depth CaCO_3 (Ca/Ti)
27 shows a sensitive variability with maximum values about 7% (Fig. 2). To avoid
28 inhomogeneous time series and to investigate the geochemical proxy with maximum
29 resolution, in this paper the analysis of core AA-05 focuses on samples from between a depth
30 of 217 cm and the surface.

31 Figure 2 shows seven major deposition pulses (units I-VII) of upward thinning sequences.
32 The aggradation of sandy overbank deposits during major flooding is accurately recorded by

1 Zr/Ti, Sr/Ti and Ca/Ti peaks associated with coarse-grained flood layers (Fig. 2). Silty paludal
2 beds, which reflect decreased sediment contribution during minor floods, show high values of
3 K, Ti and CaCO₃ and frequently contain disperse organic matter and plant remains. The
4 organic beds and soil horizons (4 - 12% TOC) at the top of each cycle (at depths of 90 cm,
5 125 cm, 188 cm and 213 cm) correspond to relatively calm deposition environments or even
6 to stable conditions without flooding.

7 The catchment lithology is reflected by thin section micromorphology. Eighteen samples
8 retrieved from flood layers of cores AA-05 and AA-10 show quartz/feldspar ratios of grains
9 (30-1500 µm) ranging from 0.4 to 0.7. Low ratios point to the dominance of feldspar
10 contribution from the plutonic bedrock in the highest terrain of the Aare catchment,
11 particularly during cooler climate pulses (section 5.1).

12 The 6 m-deep core AA-02, retrieved from a central interdistributary basin located in the axis
13 of the Lower Hasli valley floor 2 km from the lake shore, records nine major aggradation
14 pulses over the last 2600 years. Coarse channel deposits of the Aare river were drilled from
15 800 to 650 cm depth. The aggradation of the channel facies then ceased abruptly, probably
16 due to channel abandonment, and continued through the deposition of organic and silty
17 material from palustral environments. After 2220 cal yr BP, the influence of the Aare river is
18 again more noticeable. Between the depths of 470 and 220 cm, multiple pulses of overbank
19 deposition show a general trend of upward fining sedimentation. The upper unit (50 to 220 cm
20 depth) contains four peat horizons with up to 45% total organic carbon. The presence of
21 minerotrophic fens in the central area of the floodplain lasted more than half a millennium,
22 from 1450 to 1000 cal yr BP, until alluvial floodplain sedimentation started again.

23 The mean chemical composition of the sediments of core AA-02 reflects the dominance of
24 SiO₂ (74%), Al₂O₃ (18%) and Fe₂O₃ (7%) due to the fact that 65% of the catchment consists
25 of crystalline bedrock of the Aare Massif (Fig. 1). Although more than 30% of the Aare
26 catchment area contributes carbonate-rich sediments to the river system, Ca counts are very
27 low in the total data series of core AA-02. According to the X-ray diffraction analyses, CaO
28 values up to a maximum of 2% are related to hornblende and not to carbonates. The absence
29 of carbonates in the fine-grained beds (except for the lower gravel deposits) suggests: a)
30 efficient carbonate leaching by acidic water in peat wetland environments, and b) the
31 dominance of phyllosilicates as a source of fine-grained materials (the metamorphic rocks of
32 the Aare massif).

1 Two units of different facies were detected at core site AA-10, located 200 m from Lake
2 Brienz. The lower unit (between depths of 1.80 m and 12.00 m) consists of clean coarse sand
3 and fine gravel which were deposited on the delta front, whereas the upper unit (0 - 1.80 m
4 depth) shows sandy floodplain deposits. In the paper we refer only to the delta plain deposits
5 of the upper unit, which cover the last 700 years. The chronology of AA-10 was based on the
6 correlation of beds with characteristic flood layers and fine-grained still water deposits of core
7 AA-05. In addition, the metal peaks of the 20th century, such as the Pb peak at 9 cm depth and
8 Zn peak at 20 cm depth (the latter peak may be associated with pre-WW I zinc tin production;
9 Weiss et al., 1999) were identified. Radiocarbon ages on charcoal and plant fragments were
10 rejected because they show reversals of age due to redeposition processes of charcoal and
11 plant remains in the distal delta floodplain environment. After correction of the
12 geochronological model, the geochemical variability (factor 1 scores) of AA-10 shows a very
13 close correlation with the variations of core AA-05 (Fig. 3; section 4.3).

14 **4.3 Geochemical palaeoflood proxies**

15 The youngest sediments (217-0 cm depth) at the key site AA-05 provide a good opportunity
16 to study flood dynamics from alluvial plain sediments and their related mechanisms at a high
17 resolution. Seven clusters of coarse-grained flood layers intertongue five organic soil horizons
18 (TOC 4-11%) and silt-rich still water deposits. Figure 3 shows that the log Zr/Ti ratio of core
19 AA-05 (AA-10) samples above -0.5 (-0.1) correspond to flood layers, thus providing a
20 palaeoflood proxy. However, the log Zr/Ti ratio of core AA-10 shows a reverse pattern
21 between depths of 156 cm and 188 cm (1460-1350 cal yr BP; Fig. 2), while the log Sr/Ti ratio
22 indicates a significant positive correlation with flood layers (Sr/Ti >-0.85) and sand fraction
23 ($r=0.72$; Fig. 2) throughout the entire record. We stress that the ratios of these stable elements
24 provide information of two kinds: grain size, and provenance of sediments. Zr is frequently
25 enriched in coarse silt and sand in association with quartz (Kylander et al., 2011) which is
26 present in many types of bedrocks throughout the Aare catchment. At the same time, zircon is
27 also a tracer for sediment supply from the highest area of the basin (mean altitude: 2528 m
28 a.s.l.) because this heavy mineral is present in the crystalline rocks such as syenite, granite
29 and amphibolites of late Palaeozoic intrusions. The element Ti, the denominator of these
30 ratios, is related to clay mineral assemblages and to phyllosilicates located in the para-
31 Mesozoic metamorphic rocks of the central area of the Aare catchment (mean altitude: 2171

1 m a.s.l.). Finally, Sr values are associated with both carbonates and silicates, as reported by
2 Kylander et al. (2011) and illustrated in Fig. 4.

3 Factor analysis (FA) is a powerful tool for inferring palaeoenvironmental processes from
4 geochemical variables of a sediment record, as exemplified by the data of core AA-05
5 (Fig. 4a). Factor 1 (F1) explains 47.9% of the variability of the geochemical properties of the
6 samples measured by XRF core scanning. It is defined by a strong positive loading of Fe, Ti,
7 Rb, K, Al and Mn (phyllosilicate components such as biotite and K-feldspars in gneiss and
8 other metamorphic rocks), a strong negative loading of Zr (associated with heavy minerals
9 like zircon and also with quartz) and Sr (associated with carbonates and plagioclase), while
10 the loadings of Si and Ca are not significant. The second factor (F2; 22.8% of total variance)
11 demonstrates positive loadings of metals (Pb, Zn, Cu) associated with organic material (TOC)
12 and negative loadings of Si, Al, and K, associated with siliciclastic rocks.

13 Factor analysis was also applied to 27 calibration samples in which grain size data and
14 conventional XRF data were obtained (Fig. 4b). The first two factors are defined by an
15 element distribution very similar to that of the FA of scanned XRF samples. Despite the
16 reversals of factors F1 and F2, the groups of the variables are equivalent to the scanned
17 samples, and show a noticeable relation to grain-size: Zr, Sr and Na₂O are related to the sand
18 fraction, phyllosilicates to silt, and metals and TOC to clay. We suggest that there is a
19 lithological control of the chemical composition of the samples (Schulte et al., 2009a) because
20 several variables are grouped in characteristic pairs: Pb-TOC (metal-organic complexes), Zn-
21 Clay (enrichment due to increased adsorption surfaces), Rb-K₂O (K-feldspars), Fe₂O₃-MgO
22 (biotite, e.g., in gneiss), Sr-Na₂O (plagioclase e.g., in quartz diorite; a less close relation) and
23 Zr-Sand (heavy minerals in the plutonic area).

24 These findings coincide with the results of core AA-10. The 2D-plot (not shown) of loadings
25 shows the following groups of variables: metals and TOC associated with the clay fraction
26 (soil formation), phyllosilicates related to the silt fraction (metamorphic rocks) and, finally, a
27 group defined by the elements Zr, Sr, (Al) and Si (plutonic rocks and siliciclasts). The loading
28 of the sand fraction is the opposite of all other variables, except for Sr, indicating perhaps a
29 lesser influence of the sand fraction on the chemical composition of samples. Ca is related to
30 hornblende and feldspars.

31 With regard to core AA-02, factor analyses were applied to three data sets. First, the
32 distribution of variables of scanned samples retrieved from 0-551 cm depth was studied

1 (Fig. 4c). The order of the factors differs from that of the other core sites: the first factor of
2 AA-02 corresponds to factor 2 of AA-05, and vice versa. Factor 1 of AA-02 (52.9% of
3 variance, corresponding to F2 of AA-05) is defined by the strong negative loadings of K, Ti,
4 Al, Fe, Rb and Mn and the positive loading of TOC, whereas factor 2 (21.3% of variance,
5 corresponding to F1 of AA-05) shows Zr and Sr on one side and TOC and metals on the
6 opposite side. Second, FA of 26 calibration samples (conventional XRF) showed the typical
7 element distribution of the Hasli-Aare delta floodplain according to content percentages: Fe,
8 Al, Ti and Mn (phyllosilicates, metamorphic rocks) related to the silt fraction; Zr (quartz
9 diorite-syenite, granites) related to the sand fraction and, finally a group of Sr, Na and Si
10 (plagioclase, quartz diorite) with weak loadings. Finally, these outcomes are supported by
11 additional FA computation of XRF-scanning and grain-size fractions of approximately 300
12 samples collected from 251 to 551 cm depth (Fig. 4d).

13 To conclude, the analysis of the geochemical records of the cores AA-05, AA-10 and AA-02
14 provides evidence that the chemical composition of the floodplain deposits is influenced by:
15 1) grain size, 2) the lithology of the source area, and 3) soil formation (organic material,
16 leaching of carbonates and redox processes). The following areas of provenance were
17 detected by FA: the southern catchment area comprised plutonic bedrock, the central area a
18 predominance of metamorphic rocks, and (though less clearly) the northern area presented
19 carbonate-rich bedrock.

20 **4.4 Correlation and periodicities**

21 When the scores of the first factor are plotted against depth, multiple aggradational pulses
22 inside the overbank deposits are detected, which indicate changing sedimentation
23 environments. For example, aggradational pulses in core AA-05 (0-213 cm depth) are
24 characterized over the last 700 years by the increase in the phyllosilicate content
25 (metamorphic rocks) and the decline in elements such as Zr and Sr associated with granite,
26 quartz diorite and syenite (intrusive rocks at 2528 m a.s.l. mean altitude) as shown by
27 negative scores of factor 1 (Fig. 3). These negative scores coincide with peaks of Zr/Ti ratios
28 and with a total of 26 coarse-grained flood layers, forming seven episodes: 1250-1350, around
29 1390, 1420-1480, 1550-1620, 1650-1720, 1762 and 1811-1851 cal yr AD. Eight of these
30 flood layers show Ca/Ti and CaCO₃ peaks (Fig. 2) pointing to increased discharge
31 contribution from catchment areas with calcareous bedrock (lower Aare catchment, mean

1 altitude: 1578 m a.s.l.) during floods that occurred around 1390, 1480, 1660, 1700 and 1760
2 cal yr AD.

3 The figure (Fig. 3) illustrates a significant correlation between the clusters of flood layers
4 detected in core AA-05 and the Aare flood episodes recorded by historical sources (section
5 4.5). However, the magnitude of the Zr/Ti peaks does not systematically coincide with the
6 historical flood intensity, for the following reasons: firstly, some flood layers are defined by
7 higher carbonate contribution and decreased Zr values; secondly, there are changes in the
8 distance from the main channel and in the extension of the flooded area; and thirdly, historical
9 flood series may also include a range of uncertainties.

10 The correlation between cores AA-10 and AA-05 and also with the historical data (Fig. 3)
11 provides arguments for the validity of flood reconstruction in the Hasli-Aare flood plain.
12 However, the amplitude of factor 1 and the total number of 13 flood layers in core AA-10 are
13 lower than in core AA-05, indicating a lower sensitivity of the floodplain records, due to the
14 influence of flooding by Lake Brienz on one hand (e.g., deposition of suspended load during
15 the AD 1390 and 1762 flood episodes: see section 4.5) and to the change in the distance from
16 the channel as a consequence of displacement of delta lobes on the other. The lowering of the
17 outlet of Lake Brienz by 3.5 feet (1 m) between AD 1852 and 1862 (Willi, 1932) may have
18 decreased the blocking effect on the river drainage caused by high lake levels. Since the
19 termination of the Hasli-Aare Correction Project in AD 1875, geochemical and grain size
20 flood proxies of both core sites have been noticeably masked because sedimentation processes
21 have been reduced by structural flood mitigation (section 4.5).

22 To study the flood dynamics prior to periods of persistent human impact on landscape, as
23 shown by palynological data (falls in arboreal pollen and mesic tree pollen percentages;
24 Schulte et al., 2009a), we focused our analysis particularly on core AA-02 which provides
25 high resolution records from 2600 to 1600 cal yr BP. Figure 5 illustrates the visual correlation
26 between the sedimentary proxies of core AA-2 and the $\delta^{18}\text{O}$ values of the GISP2 record of the
27 Greenland Ice sheet (Fig. 5a; Reimer et al., 2004) over a time slice of 1000 years. Figure 5b
28 represents the variability of scores of factor 1 (XRF-scanned samples) defined by siliciclasts
29 (negative scores) and organic content (positive scores). Fig. 5c shows scores of factor 2
30 (XRF-scanned samples and grain size fractions), where negative scores correspond to Si, Sr,
31 Ca, Zr and sand fraction, whereas positive scores are associated with TOC and metals (section
32 4.3, Fig. 4d). The curves show a very similar pattern, suggesting that the higher silicate

1 content and elements associated with plutonic rocks from the highest catchment correlates
2 with a cooler climate in Greenland whereas soil formation and lesser flooding correlate with
3 milder climate pulses.

4 Finally, Fig. 5d compares the maximum and minimum peaks between $\delta^{18}\text{O}$ and Factor 1 were
5 labeled with characters from “a” to “ad” (Fig. 5a and 5b). This technique is widely used in the
6 interpretation of paleoclimate proxies (e.g. Pèlachs et al., 2011). When we compare the timing
7 of local minima and maxima of the two series, the time lag between the respective peaks are
8 always within the dating error intervals. Thus the timing of events in both records is
9 consistent. The scatter plot (Fig. 5e) of F1 scores versus $\delta^{18}\text{O}$ shows a lineal distribution of
10 maximum and minimum local events a-ad. Two groups can be differentiated: the first group is
11 related to maximum values in both variables and documents warm climate and organic rich
12 sediments; the second group corresponds to minima values of the variables and evidence cool
13 climate conditions and siliciclastic rich sediments.

14 Although trends in geochemical proxies appear to show a close relationship with the climate
15 proxy, it is difficult to evaluate in all cases whether a flood layer corresponds to precise
16 climate pulses (minima or peaks). The reason for this is the inadequate calibration (e.g., for
17 the period 450-700 cal yr BP) or total lack of any calibration by historical sources (before 700
18 cal yr BP). Furthermore, the question arises of whether there may be time lags between the
19 two data series: for example, $\delta^{18}\text{O}$ values may record delays from 0 to 40 years with relative
20 to the ^{14}C production rate (Stuiver et al., 1997; Versteegh, 2005).

21 Because of the quasi-cyclic pattern of the geochemical delta plain proxies and the possible
22 correlation with the Greenland Ice record (Fig. 5) and the reconstructed summer temperature
23 and spring precipitation of the Alps (Büntgen et al. 2011), spectral analyses were performed.
24 The harmonic analysis (Fig. 6a) was applied to F1 scores from AA-05, F1 scores from AA-
25 10, F1 and F2 scores from AA-02 and, finally, to the composite palaeoflood record (AA-05
26 and AA-02) to detect periodicities in the time series considering noise. The valid signals
27 detected were above the Siegel test level (Fig. 6a and 6b). Peaks of return intervals <60 years
28 were not considered due to the magnitude of the uncertainty intervals in fluvial deposition
29 environments when calibration was not possible.

30 According to the results (Table 2) the sedimentary record of core AA-2 shows periodicities
31 around 60, 80, 100 and 205 years for the period from 2600 to 1600 cal yr BP. With regard to
32 the last 700 years, the spectral analysis of the AA-05 record suggests the existence of three

1 cycles: 80, 96 and 196 years. Factor 1 of core AA-10 shows periodicities of 60, 86, 102 and
2 184 years. All the cycles obtained are very similar to the periodicities obtained from the
3 GISP2 record (69, 81, 105 and 208 yrs; Stuiver et al., 1997), the Total Solar Irradiance (75,
4 86, 105, 129 and 207 yrs; Steinhilber et al., 2009) and the North Atlantic Oscillation (65, 80
5 and 100 yrs; Luterbacher et al., 2002). Dendrochronological series provide cycles of
6 reconstructed spring precipitation at intervals of 73, 130 and 200 yrs (Büntgen et al, 2011).
7 The appearance of the Gleissberg (~81-yr cycle), the ~105-yr and the Suess cycles (~211 yr
8 cycle; Versteegh, 2005) in the data series analysed provides evidence that the influence of
9 solar forcing can be considered as a major driver of floods in the Aare catchment.

10 **4.5 Historical flood series**

11 The reconstruction of the Hasli-Aare floods yield a total of 35 flood damage events for the
12 period 1480-2012 (Fig. 7), with flood intensities ranging from 0.5 to 4.5 according to the
13 classification of Table 1 and equation (1). Thirty-three of the 35 reported events (94%)
14 occurred during the extended summer period (JJAS). This temporal distribution is consistent
15 with the findings of Weingartner et al. (2003), who analysed instrumental flood data from 85
16 Alpine catchments in Switzerland. Five extraordinary episodes (AD 1342-43, 1480, 1551,
17 1762 and 1831 (Fig. 7) were defined as catastrophic floods ($M \geq 3.5$), and eleven events as
18 severe floods ($2 \leq M < 3.5$), three of which reached intensity level 3. Finally, 21 small and
19 medium floods ($M < 2$) were recorded after AD 1855. Before AD 1855 no records of $M < 2$
20 were obtained, because minor damage was not recorded in written sources. In contrast to this
21 lack of flood data, a cluster of nine minor floods between AD 1855 and AD 1875 can be
22 interpreted partially as an artefact which reflects a turning point in the human-environmental
23 interaction regarding hydrological hazards. Firstly, after the destructive events of AD 1831
24 and AD 1851, local residents were more sensitive to hydrological hazards; secondly, they
25 were more likely to report minor or medium flood damage in order to force the cantonal and
26 state authorities to fund the creation of a solid river embankment; and thirdly, floods easily
27 eroded the infrastructure of the Hasli-Aare Correction Project during the period of its
28 construction from AD 1867 to 1876 (Willi, 1932) and were therefore reported and measured (
29 AD 1875) by engineers (Hählen, 2007).

30 From AD 1480 to 2012, fifteen severe and catastrophic floods ($M \geq 2$) in the Hasli-Aare were
31 caused by three rainfall episodes, three rainfall-snowmelt episodes, three thunderstorm events
32 and one rainfall episode with thunderstorm (five events without information). All catastrophic

1 floods ($M \geq 3.5$) recorded not only extraordinary flooding in the Lower Hasli valley floor but
2 also damage in one or more headwater subcatchments and/or tributaries. The extensive impact
3 of the AD 1342-43, 1480, 1762 and 1831 floods in the Hasli-Aare catchment coincides with
4 the greater volume and spatial distribution of flood damage in Swiss catchments
5 (Röthlisberger, 1991). Moreover, these data indicate episodes of long lasting rainfall or
6 rainfall plus snowmelt as a consequence of higher temperatures and snowlines. The cause of
7 the extraordinary AD 1551 event in the Hasli valley is not known, but the lack of damage in
8 other Swiss catchments may suggest local heavy precipitation. A scenario of a single glacier
9 outburst flood is unlikely because from the historical and instrumental data of the Lütschine
10 catchment we can assume that flood crests did not produce severe damage in the deltas after
11 spreading approximately 20 km.

12 The magnitude of the damage and extent of flooding in the Hasli valley is illustrated by the
13 following examples. According to the historical sources, the most catastrophic floods
14 destroyed entire villages: Bürglen, Tschingeln, Hinterluchena and Niederhufen in AD 1551
15 (Aare); or parts of villages as occurred in Balm in AD 1551 (Aare) and Meiringen in 1342-43,
16 1762 and 1851 (Alpbach). Flooding of larger areas of the Lower Hasli valley floor
17 corresponded to flood intensities $M \geq 3$; the area was described as a “continuous lake”
18 (AD 1851), where “boats crossed the highest fences” (AD 1762) or “only trees and stables
19 were visible” (1867; Willi, 1932; Kurz and Lerch; 1979; Mätzener; 1984). Many of these
20 floods introduced important changes in the floodplain morphology, particularly shifts of the
21 Aare main channels (AD 1499, 1762, 1831), and caused massive aggradation of gravel, stones
22 and boulders. Both flood plain dynamics (Fig. 1) were documented by historical maps
23 published by Mirani in AD 1766, Wyss in 1813 and Dufour in 1876 and by geological cross-
24 sections (Llorca and Schulte, 2014). Mass destruction of houses and loss of farmland, as
25 occurred in AD 1342-43, 1499, 1551, 1762 and 1831 generated famine, abandonment,
26 migration, please for assistance and subsequent reorganization.

27 An important issue in the research undertaken is the question of whether historical floods are
28 reproducible by the proxy data from sediment records. No fewer than 13 of the 15 severe and
29 catastrophic events which occurred before the termination of the Hasli-Aare Correction in AD
30 1875, are also detected by coarse-grained flood layers and $\log(\text{Zr}/\text{Ti})$ peaks in Core AA-05
31 (Fig. 3b) and to a lesser extent also in core AA-10 (Fig. 3c and 3d), where the influence of
32 Lake Brienz is noticeable. For example, although the AD 1762 flood is the largest event

1 recorded in the Hasli valley during the last half millennium, no coarse-grained flood layer was
2 detected in core AA-10 and only a minor change was observed in the geochemistry (factor 1).
3 This contradiction can be explained by the rise of Lake Brienz (Willi, 1932) and flooding of
4 the distal area of the delta, meaning that only suspended fine material was deposited at the
5 AA-10 site. The area of fine material deposition and delimitation of the flooding can be easily
6 traced from the SPOT satellite (30/08/2005; Swisstopo) images, taken six days after the
7 AD 2005 flood, and from oblique aerial photographs taken on the day after the flood.

8 The flood dynamics in the Hasli valley changed significantly after AD 1875, as illustrated by
9 Figs. 7 and 8. For climatic and anthropogenic reasons, floods of intensities $M \geq 1$ disappeared
10 completely between AD 1876 and 1976. First, a flood gap in Swiss hydrological time series is
11 reported by Röthlisberger (1991), Schmockler-Fackel and Naef (2010) and Stucki et al.
12 (2012). Pfister (1999) attributed the decrease of floods to long-term summer precipitation
13 minima between AD 1935 and 1975. Peña and Schulte (2014) stress the lack of extreme
14 weather conditions from AD 1944 to 1972 in Switzerland as a consequence of the
15 predominance of negative Summer North Atlantic Oscillation. Second, according to Gees
16 (1997), river regulation, embankments and reservoirs substantially reduced smaller and
17 medium floods after AD 1854. In the Hasli valley several actions contributed to the flood
18 mitigation in the Aare river system (section 4.1): lowering of the lake level in (AD 1862), the
19 channelling of the Aare riverbed (AD 1875), the commissioning of interconnected reservoirs
20 and power plants since AD 1932, and more recently the construction of retention basins
21 (AD 2013). For example, in AD 1875, the year the Hasli-Aare correction was completed, a
22 flood with a discharge of $351 \text{ m}^3\text{s}^{-1}$ did not produce any damage or flooding in the Lower
23 Hasli valley, whereas one year before, in AD 1874, bridges were destroyed and two breaches
24 in the new embankment were eroded, even though the flood level of the Aare river was a foot
25 lower than in AD 1875 (Hählen, 2007).

26 **4.6 Estimations of historical flood discharges**

27 Determining the historical flood discharges that defined the damage threshold (Fig. 7) is a
28 challenging task and in this paper we present only some rough estimates. From the historical
29 data and the discharge measurements by engineers during the construction of the embankment
30 in AD 1875 (Hählen, 2007) we can assume that before the termination of the Aare Correction
31 in AD 1875 the level of $351 \text{ m}^3\text{s}^{-1}$ (a conservative estimate) produced damage of intensity
32 $M_{AA} \geq 1$. Since AD 1875, flooding of this magnitude disappeared from the data series until

1 AD 1977, and only in tributaries and headwater subcatchments was any damage noted, and
2 then only low-scale ($M_{AA}=0$ and $M_i>0$). The new threshold of flooding in the Lower Hasli is
3 located approximately between $360 \text{ m}^3\text{s}^{-1}$ and $370 \text{ m}^3\text{s}^{-1}$ ($M_{AA}=1$). For example, during the
4 flood of October 10 2011 ($367 \text{ m}^3\text{s}^{-1}$) the water slightly overtopped levees at Unterbach and
5 caused small ponded lakes ($M=1$). However, since AD 1932 several connected reservoirs
6 have been in operation for hydroelectric power generation. The floods that occurred during
7 the spring (e.g., the flood of 12/05/1999) and early summer were retained for the most part in
8 the headwater of the Higher Hasli valley because the reservoirs recorded lower levels due to
9 electricity production during the winter months. Through late summer, retention capacity is
10 lower (the reservoir level is high, due to snowmelt), but it can still contribute to flood
11 reduction as it did in AD 2005 ($M_{AA}=2$ and $M_i=1$, then $M=2+0.5$: see equation 1 – when the
12 level was low due to inspection work) and in AD 2011 ($M_{AA}=1$; dry autumn; Richli and
13 Andres, 2012). Flood levels, reconstructed from lichenometric dating at three sample profiles
14 downstream of the Räterichsbodensee Dam during summer AD 2014 (results not included in
15 this paper), indicate that floods still affected the Higher Hasli-Aare subcatchment after
16 AD 1932, but that the flood levels of known floods are much lower than in AD 1922, the year
17 of the last major flood before the construction of the reservoirs.

18 Under the present river configuration, the AD 2005 event with a discharge of $444 \text{ m}^3\text{s}^{-1}$
19 corresponded to an intensity of 2.5, but if it had occurred before AD 1875 it might have
20 reached intensity 3 or 3.5, in which case it would have qualified as catastrophic. Likewise,
21 various events of intensity 1 and 1.5 may correspond to intensities $M \geq 2$ and as a result may
22 have been considered as severe events. Interestingly, during the 1860s engineers originally
23 planned a channel capacity of $510 \text{ m}^3\text{s}^{-1}$ (Hählen, 2007) which may have marked the possible
24 magnitude of catastrophic floods. To conclude, the changing configuration of the mitigation
25 structures and retention capacities makes it difficult to homogenize the flood intensities series
26 before and after river correction and reservoir construction, at least in the data series analysed.

27 **4.7 Evidence of the AD 1342 and/or 1343 flood episodes**

28 The catastrophic flood episode of AD 1342 and/or 1343, cited in the German literature as the
29 “Magdalena flood”, is described as the outstanding flood episode in Central Europe during the
30 last millennium. The number of pulses, their exact dates and drivers are controversially
31 discussed in Bork and Bork (1987), Röthlisberger (1991), Glaser (2001), Kiss (2009), Wetter
32 et al. (2011), Zbinden (2011) and Herget et al. (in press). Whereas in central and northern

1 Switzerland historical information about this flood wave has been analysed (Pfister and
2 Hächler, 1991; Siegenthaler and Sturm, 1991; Röthlisberger, 1999; Wetter et al., 2011), little
3 is known about its impact in western Switzerland. Turbidite beds recorded in the sediments of
4 Lake Urner and dated between 990-1250 and 1270-1420 cal yr BP (2σ ; Siegenthaler and
5 Sturm, 1991) were probably deposited by the AD 1343 flood in the River Reuss.

6 There are no written reports of the AD 1342 and/or 1343 event in the Hasli Valley, but
7 interesting evidence can be inferred from sedimentary and geoarchaeological data. Although
8 changing distances between source and deposit (e.g., shifts of river channels) influence the
9 deposition environment and nature of sediments, it is striking that the flood beds identified in
10 core AA-05 at 211-200 cm depth and in core AA-10 at 197-189 cm show the highest scores
11 of Factor 1, high sand content (85%) and $\log(\text{Zr/Ti})$ values. Organic beds just below and
12 above the coarse-grained overbank deposits are dated by radiocarbon to 1179-1269 and 1279-
13 1394 cal yr BP (2σ). These ages are quite consistent, but they do not allow a priori to
14 distinguish between different catastrophic flood events, such as the AD 1275 or 1342 and/or
15 1343 episodes (Röthlisberger, 1991).

16 However, geoarchaeological data recorded from excavations of the Sankt Michael church in
17 the village of Meiringen, located on the alluvial fan of the Alpbach, indicate several
18 construction and restoration phases (phases I to XIII) of which some are related to flood
19 events (e.g., AD 1733 and 1762). According to Gutscher (2008) the church was damaged
20 twice by destructive floods just before AD 1351 the date engraved on the church bell, but no
21 particular flood event was named. The first flood damaged the northern wall (phase VI
22 according to Gutscher, 2008) which was subsequently rebuilt (phase VII). During a second
23 flood, massive aggradation filled the church with debris up to a height of 3.5 m. In this case
24 the ancient church was not excavated, due either to the volume of material or to the short
25 recurrence interval of the events. Consequently, the new church floor was built right on the
26 flood sediments (Phase VIII). Gutscher (2008) argues that the two floods occurred within a
27 very short time, because the archaeological findings showed that the church walls were not
28 plastered with mortar after the first event; this would have been highly unusual for a church in
29 the Bernese Oberland during the 14th century.

30 To conclude, the sedimentary data of the flood plain and the geoarchaeological findings of the
31 Sankt Michael church suggest that the AD 1342-43 flood episodes very likely left their mark
32 on the Hasli valley, but it is not possible to assign the events to specific flood episodes during

1 AD 1342 and 1343 in Central Europe or Switzerland. According to the flood pattern
2 reconstructed by time series from AD 1480 to 2012, the 1342-43 flood episodes occurred very
3 likely during the summer months (e.g., July 1342, July-August-September 1343; Herget et al.,
4 in press; Kiss et al., in prep.) and so the episodes of February and November 1342 should be
5 excluded.

6

7 **5 Discussion**

8 The spectral analysis conducted (section 4.4) provides evidence that the frequencies of the
9 variability of sedimentary floodplain proxies are similar to the cycles of palaeoclimatic
10 records of the Alps, Europe and the North Atlantic and, furthermore, are in agreement with
11 the solar cycles. Moreover, the synchronous evolution of the geochemical proxies of core
12 AA-02 and the Greenland Ice Record GISP2 (Fig. 5) points to the fact that floods in the Hasli-
13 Aare are influenced not just by local factors but by regional factors and/or by the Northern
14 Hemisphere climate. To investigate the possible mechanisms and drivers of catchment
15 dynamics, the discussion focuses firstly on the flood records of the last 700 years (section
16 5.1), in which palaeoclimate information obtains adequate resolution (section 4.3) and is
17 supported by historical data (section 4.5), and secondly on the possibility of extending this
18 palaeoflood model to the past 2600 years (section 5.2).

19 **5.1 Palaeofloods and climate variability of the last 700 years**

20 Figure 8 illustrates the quasi cyclic variability of Factor 1 scores, where maxima represent
21 silty beds rich in phyllosilicates and organic matter. This facies is related to in situ soil
22 formation during phases of minor flooding or flood gaps, soil erosion in the catchment, and
23 the deposition of fine grained crystalline material particularly from areas with metamorphic
24 rocks. According to Figs. 8 and 9 phases of smaller floods correlate with high Total Solar
25 Irradiance (Steinhilber et al., 2009) and to higher summer temperatures (JJA) in the European
26 Alps as reconstructed from recent and historic larch ring density chronologies (Büntgen et al.,
27 2011).

28 The increased input of phyllosilicates during warmer summers can be attributed to a variety of
29 mechanisms such as permafrost degradation (limit of continuous permafrost is located at
30 approximately 2600-2900 m a.s.l.), rainfall, and repeated snowmelt processes (rainfall on
31 snow cover and frozen soil, snowmelt due to the entry of warm air masses, snowfall on

1 unfrozen soil) during late spring and summer. These connected dynamics particularly affect
2 the area of erodible metamorphic rocks and shallow soils (Lithosols and Regosols) with low
3 water retention capacities at an average altitude of 2171 m a.s.l. (from 619 to 4076 m a.s.l.)
4 and their impact can be demonstrated most clearly in the Rotlauri and Spreitlauri tributaries. In
5 the AD 2005 flood, large debris flows on the Rotlauri fan yielded 500,000 m³ of materials into
6 the Aare river system, and since then pulses in AD 2009, 2010 and 2011 on the Spreitlauri fan
7 have yielded 600,000 m³ more (Hählen, 2010; Huggel et al., 2012). After the sediment input
8 of 100,000 m³ by the Spreitlauri creek on August 12 2010, within a few days the Aare
9 transferred 20,000 m³ of sand, gravel and stones over a distance of 7 km to the basin of
10 Innertkirchen (intermediate storage; Hählen, 2010). The absence of any increased discharge of
11 the Aare during this period indicates the high connectivity between the upper slope, the
12 fluvial system and the delta floodplains. However, negative scores of F1 or Zr/Ti peaks are
13 not recorded during warmer climate pulses. We suggest that the effect of permafrost
14 degradation on erosional processes in the plutonic bedrock area of the Aare catchment is less
15 important because more than half of this domain (2528 m a.s.l.) has been located above the
16 permafrost limit (2600-2900 m a.s.l.) during the present warmer climate (Institut für
17 Kartographie, 2004).

18 The possible correlations of periods of low flood frequencies with the regional climate
19 variability are shown in Fig. 8. In addition, we used a method to express the similarities
20 between series: the Pearson product moment correlation coefficient (Maddy and Brew, 1995).
21 The results show negative and significant ($p < 0.01$; $N = 566$) correlations between F1 scores
22 (21-year homogenized proxy data) and late spring and early summer precipitation ($r = -0.46$),
23 summer temperature ($r = -0.32$) and TSI ($r = -0.53$).

24 Periods of reduced flooding and deposition of phyllosilicates (maximum scores) correlate
25 with positive late spring and early summer precipitation anomalies (Büntgen et al., 2011)
26 from 1350 to 1410, 1500 to 1560, around 1660 and from 1720 to 1810 cal yr AD. The
27 combination of wet springs and warm summers produced increased discharges during spring
28 and early summer, whereas during warm high summer, the critical season for large flood
29 events (92% in the Hasli-Aare occur during this time), less stored water volume is available.
30 The historical data from the Hasli-Aare indicate that floods triggered by thunderstorms
31 correspond mostly to warmer climate pulses or intermediate climate (Figs. 7 and 8). However,

1 Pfister (1999) and Weingartner et al. (2003) stressed that local or short thunderstorms only
2 rarely produce severe flooding in mid- and large-size catchments.

3 Against this background, it is interesting that during the warmer climate pulses around 1390,
4 1660 and 1762 cal yr AD, coarse-grained beds with a noticeable carbonate contribution (high
5 Ca, CaCO₃ and Sr values) are recorded. These elements reflect sediment yield from limestone
6 areas, thus indicating rainfall events that also affected the lower catchment (1578 m a.s.l.
7 mean altitude) of the Hasli-Aare. This was the case in the AD 1762 event, the largest flood
8 ever recorded by historical sources in the Lower Hasli valley (section 4.5). The lateral
9 contribution from tributaries with limestone bedrock was demonstrated by the tremendous
10 description of the catastrophic Alpbach flood which caused massive aggradation in the village
11 of Meiringen (Mätzener, 1984). According to the historical flood analysis of all Swiss
12 catchments conducted by Röthlisberger (1991) and validated later by Schmocker-Fackel and
13 Naef (2010), the AD 1762 event was the outstanding flood episode in Switzerland during
14 recent centuries and had an intensive effect on the Rhine, Reuss and Linth basins. The flood
15 was caused by the combination of four days of rainfall, high temperatures and snowmelt
16 (Mätzener 1984, Röthlisberger, 1991).

17 Nevertheless, the aggradation of the palaeoflood clusters (1250-1350, 1420-1490, 1550-1620,
18 1650-1720 and 1811-1867 cal yr AD) occurred predominantly during periods with cooler
19 summer temperatures (Büntgen et al., 2006; 2011; Trachsel et al., 2012), reduced solar
20 irradiance, clusters of increased northern hemisphere aerosol sulphate from major volcanic
21 eruptions (Gao et al., 2008) and phases of drier spring climate (Fig. 8). However, there are
22 also flood periods such as the pulse around 1580 that do not follow the pattern of the TSI: the
23 maximum of TSI around 1600 coincides with the lowest summer temperature (T_{JJA})
24 reconstructed by dendrochronology. The disagreement between TSI and T_{JJA} needs further
25 research. Our flood data are in agreement with the lower T_{JJA} in the Alps that could be
26 influenced by two episodes of volcanic eruption.

27 Furthermore, the 1550-1620 and 1811-1851 cal yr AD clusters coincide with the flood-rich
28 periods in Switzerland identified by Schmocker-Fackel and Naef (2010), Glur et al. (2013)
29 and Peña et al. (2014). Minimum scores of factor 1 and the highest Zr/Ti, Si/Ti and Ca/Ti
30 ratios were obtained in beds dominated by coarse-grained flood layers (Fig. 2 and 3). The
31 correlation matrix shows negative coefficients of $r=-0.58$ between Si and TOC and $r=-0.47$
32 between Zr and TOC (n=198). According to these relations, floods with high flow velocities

1 deposited medium and coarse-grained overbank beds of resistant siliciclasts (e.g., quartz) and
2 heavy minerals (e.g., zircon) eroded from the highest catchment with plutonic bedrock (2528
3 m a.s.l. mean altitude; Figs. 1 and 8).

4 Cooler climate trends promote glacier advance and more extensive snow cover. This greater
5 water storage in turn produces higher base discharges and surface runoff during summer
6 months (Stucki et al., 2012). As regards the spatial significance of lower climatic snowlines
7 and glacier advances, it is important to note that the area susceptible to melting processes
8 associated with rainfall episodes and abrupt temperature increases (e.g., caused by Foehns)
9 can grow substantially in mountain topographies and may shift to the high summer (flood)
10 season. Moreover, the outlast of snow cover and snow patches through the summer favours
11 the existence of impermeable areas and saturated soils in adjacent terrain, thus increasing
12 surface run off on slopes. For example, the magnitude of the most recent major Aare floods
13 (AD 1831 and 1851) is believed to be related to the increased melting processes of advanced
14 glacier and extended snow cover (cool-moist winters; Pfister 1999) as a consequence of the
15 marked trend towards higher summer temperatures and a higher altitude of the 0°C line. This
16 interpretation is supported by the major sediment yield from the higher catchment with
17 plutonic bedrock.

18 The influence of land-use on flood discharges and sediment yield is difficult to assess because
19 different kinds of anthropogenic activity may have had a compensatory effect. For example,
20 the maximum deforestation and damage caused by debris flows during the second half of the
21 19th century (Willi, 1932; Marlot, 1915) are not recorded in the sedimentary records of the
22 Hasli-Aare floodplain, due to the effects of the structural mitigation of river management (in
23 the form of embankments and river correction).

24 From the historical data (this paper), the study of flood damage in Switzerland over the last
25 200 years (Peña and Schulte, 2014) and temperature reconstruction (Luterbacher et al., 2002;
26 Büntgen et al., 2006; Trachsel et al., 2012) we infer that the cooler climate trends during the
27 Little Ice Age reflected important rainfall episodes with snowmelt triggered by North Atlantic
28 dynamics. With regard to the frequency of severe and catastrophic floods in Switzerland since
29 AD 1800, Peña and Schulte (2014) analysed the influence of the principal atmospheric
30 circulation patterns based on the standardized daily anomalies of sea level during the summer
31 months of July and August. The Summer North Atlantic Oscillation is inferred from the
32 monthly sea level pressure fields over the North Atlantic and Europe, generated by

1 Luterbacher et al. (2002) for the years 1659-2000. This grid was developed, under the
2 assumption of stationarity in the statistical relationships, using a transfer function based on the
3 combination of early instrumental station series and documentary proxy data from Eurasian
4 sites. The function is derived over the 1901–1990 period and was used to reconstruct the 500-
5 year large scale SLP fields (Luterbacher et al., 2002). Episodes of major floods in the Central
6 Swiss Alps are triggered by negative Summer North Atlantic Oscillation (SNAO; Hurrell et
7 al. 2003) phases during the last pulses of the Little Ice Age (AD 1817–1851 and 1881–1927
8 flood clusters) and by positive SNAO phases during the warmer climate from AD 1977 to
9 present. Floods during positive SNAO are related to cyclones of Mediterranean origin that
10 cross central Europe as they move north-east along the Vb track. Floods during negative
11 SNAO are associated with cold fronts originating over the Atlantic, tracing a northwest to
12 southeast passage (Peña et al., 2014).

13 Comparison between the historical flood intensities (Fig. 7) and F1 score (Fig. 8) from the
14 Lower Hasli valley and the SNAO index (annual values and 13-yr smoothed data; Peña et al.,
15 2014) from AD 1700 to 2000 show the following relation: floods $M \geq 1$ in the Aare occurred
16 mostly during positive trends of SNAO phases. This pattern is clearly displayed by the AD
17 1749 flood and by the modern floods since AD 1977 (1977, 1987 and 2005). In the case of the
18 severe AD 1703, 1707, 1811, 1831 and 1851 floods, the episodes correlate to short positive
19 SNAO pulses following years or even decades dominated by negative SNAO. This
20 combination points to the importance of the effect of snowmelt (e.g., together with
21 extraordinary heavy rainfall; Weingartner et al., 2003) during short warm episodes within
22 cool climate periods characterized by larger snow cover and glaciers. Only the AD 1733 and
23 1867 floods occurred during negative SNAO pulses dominated by cool-moist air masses
24 transferred by North Atlantic front systems. The AD 1762 flood, the largest event recorded in
25 the Hasli valley, shows a singular pattern defined by a negative annual SNAO index within a
26 longer pulse of positive SNAO mean values, probably because of the relevance of drivers
27 other than snow melt. This is supported by the historical sources that report an exceptional 4-
28 day rainfall episode (Mätzener, 1984; Röthlisberger, 1991).

29 Palaeofloods in the Upper Engadine (eastern Switzerland) from 1177 to 2000 cal yr AD were
30 reconstructed by Stewart et al. (2011) from lake sediments. According to their results, floods
31 may be related to strong negative anomalies of Sea Level Pressure (SLP) over western Europe

1 and the western Mediterranean that caused increased advection of anomalous humid south
2 westerlies between 1950 and 2000 cal yr AD.

3 In addition, atmospheric dynamics during the winter season may also have a delayed
4 influence on summer flood frequencies, especially in terms of snow accumulation and glacier
5 dynamics (Stewart et al., 2011). Wirth et al. (2013) underline the coincidence between
6 increased floods in the Southern Alps, reconstructed by flood layers in lake deposits, and
7 overall annual and decadal negative NAO phases during the Little Ice Age, due to a southerly
8 position of the Atlantic Storm tracks.

9 In the upper Aare catchment located on the northern slope of the Alps it is difficult to
10 establish a correlation, because major floods are recorded during years of both positive and
11 negative NAO phases. However, during the Little Ice Age NAO values smoothed by a 11-yr
12 running mean correlate positively with the geochemical flood proxy Factor 1 scores from
13 1667 to 1820 cal yr AD. The contribution of siliciclasts from the highest catchments (positive
14 F1 scores) deposited during floods correlate with negative NAO mode (cooler winters).
15 Afterwards, this correlation disappears. Whereas NAO shows a positive trend, negative F1
16 scores (flooding) continue until AD 1867, due to the effect of considerably warmer summer
17 temperatures on melting processes.

18 As regards the low-frequency flood pattern at centennial scale (Fig. 8), geochemical proxies
19 of the Hasli-Aare floodplain record four major quasi-cycles from AD 1350 to 1876. Cycles
20 start during warmer summer climate conditions with the deposition of phyllosilicates (positive
21 scores), followed by floodlayers with carbonate contribution (around 1380, 1480, 1658, 1700
22 and 1762 cal yr AD). The cycle continues with a progressive increase in material from the
23 high altitude plutonic bedrock (negative scores) and ends with a flood peak defined by
24 maximum negative scores. These terminations at around 1460, 1590, 1720 and 1850 yr cal
25 AD coincide with minima of summer temperatures in the Alps (Büntgen et al., 2006), Total
26 Solar Irradiation (TSI; Steinhilber et al., 2009) and negative SNAO trends (Hurrell et al.
27 2003; Peña et al., 2014).

28 **5.2 The possibility of creating a 2600-yr palaeoflood calendar**

29 When calibration by historical sources has been possible, the information about palaeofloods
30 and mechanisms contained in the floodplain sediment record of the Lower Hasli Valley has
31 been shown to be accurate (section 5.1). Because periodicities of 80, 96, 120 and 196 years of

1 the composite record (Table 2) are very similar to the solar cycles (86, 105, 129 and 207
2 years) we plotted factor 1 scores alongside Total Solar Irradiance (TSI, Steinhilber et al.,
3 2009) over the last 2600 years (Fig. 9). Furthermore, periods depicted by formation of peat
4 and organic soils (lithostratigraphic data) were shown by dark shaded rectangles. Figure 9
5 illustrates that periods of organic soil formation and deposition of phyllosilicates (peaks of
6 factor 1) match the maxima of TSI, pointing to reduced flood activity during warmer climate
7 pulses (as already shown by the separate analysis of each core). To validate the regional
8 signal of these proxies, ages of peat horizons were compared to the data obtained from the
9 Lütshine (cores IN-02, IN-04, IN-08, IN-30) and Lombach floodplains (LB-10), where
10 previous studies (Schulte et al., 2008, 2009a and 2009b) also indicated a coincidence between
11 soil formation and solar activity. Common periods of peat formation between the three
12 different floodplains are recorded from 500 to 450 cal yr BC, around 100 cal yr AD, from 125
13 to 250 cal yr AD, from 450 to 550 cal yr AD and around 800 cal yr AD. In recent centuries
14 the palaeoenvironmental records in the Lütshine and Lombach have been disturbed by the
15 impact of human activity, such as river correction and the draining of wetlands.

16 Deposition of siliciclasts with major contributions from plutonic bedrock (minimal factor 1
17 scores, shaded areas in Fig. 9) occurred during solar minima or occasionally with time lags of
18 around 30 years. Apart from a few cases, these aggradation pulses also correlate closely with
19 the cooler climate in Greenland (North Atlantic) recorded by negative anomalies of $\delta^{18}\text{O}$.
20 Therefore, the geochemical pattern, traced with precision over the last 700 years (Fig. 8), can
21 be assumed to be valid for the last two and a half millennium of flood plain dynamics. This
22 outcome is especially relevant for the understanding of alpine rivers, because before 1100 cal
23 yr AD the human impact on landscape in the Bernese Alps was relatively low and sporadic
24 phases of clearance were followed by forest recovery (Schulte et al., 2009a). In consequence,
25 rivers and flood dynamics are assumed to be natural.

26 The interpretation of the comparison between sedimentary floodplain proxies and summer
27 temperature and late spring-early summer precipitation of Europe and the Alps reconstructed
28 from tree rings (Büntgen et al., 2006, 2011) is more difficult over the last 2600 years than
29 over the 700-yr reference period (section 5.1). For example, some periods of peat formation
30 (from 450 to 580, around 800 and 950 cal yr AD) which correlate with increased solar
31 irradiance and $\delta^{18}\text{O}$ do not coincide with increased summer temperature in Europe and the
32 Alps (Büntgen et al., 2006, 2011). This observation may suggest that peat formation is

1 conditioned by the timing of flood gaps rather than by warmer summer temperatures.
2 Furthermore, during the last 2600 years not all floods occurred during cooler summer climate
3 pulses, as previously shown by the data of the reference period (Fig. 8 and 9); flood processes
4 are controlled by drivers and mechanisms of various kinds, related to summer climate
5 (atmospheric circulation, type of precipitation, variations of snowline, abrupt temperature
6 rises and permafrost degradation) on the one hand, and to winter climate variability (water
7 storage by snow-cover and glaciers) on the other, as discussed in section 5.1.

8 Figure 9 also illustrates the possible correlation of our data with the 2600-year long flood
9 reconstruction based on flood deposits from ten lakes in Switzerland (Glur et al., 2013). A
10 good coincidence of flood pulses was detected from 1100 cal yr AD to present, whereas from
11 2600 to 1100 cal yr AD some events do not coincide. However, this observation should not be
12 interpreted as a complete mismatch of the two curves. For example, it is absolutely clear that
13 the outstanding flood gap in the Aare river from 450 to 580 cal yr AD, which coincides with
14 an unusually long-lasting dry late spring-early summer period as shown by the
15 dendrochronological data (Büntgen et al., 2011), is reflected in the composite sedimentary
16 lake record of the Swiss Alps as a relatively calm phase with very low variability.

17 Focusing on the correlation with precipitation proxies, it is striking that from 400 cal yr BC to
18 700 cal yr AD floods occurred during both wetter and drier climate pulses, whereas after the
19 outstanding wet climate anomaly from 350 to 450 cal yr AD, during the “Migration Period”
20 the flood regime switched to a pattern characterized by predominantly dry spring-early
21 summer conditions. This has been consistently recorded over the last 700 years.

22 At our present stage of knowledge, the attribution of individual floods to specific climate
23 pulses may be uncertain without cross-correlation with historical data series or characteristic
24 climate anomalies (marker events). To conclude, alluvial flood plain deposition during floods
25 corresponds quite closely to solar and $\delta^{18}\text{O}$ variations and broadly follows the pattern and
26 frequencies of floods in the last 700 years (the period for which historical sources are
27 available).

28

29 **6 Conclusions**

30 Our results suggest that composite palaeoflood series can be generated from high-resolution
31 deltaplain sediments of the Hasli-Aare, which reproduce the fluvial dynamic and related

1 mechanisms, including trends, clusters and gaps of floods in alpine catchments. We calibrated
2 natural proxies compiled from sedimentary, geochemical and geomorphological data by
3 textual and factual sources and by instrumental data. Before the termination of the River Aare
4 Correction in AD 1875, no fewer than twelve of the fourteen historically recorded extreme
5 events since AD 1480 were also identified by coarse-grained flood layers, $\log(\text{Zr}/\text{Ti})$ peaks
6 and Factor 1 anomalies. The determination of historical flood discharges that defined the
7 damage threshold is complex, and only rough estimations are presented. From the historical
8 and instrumental data we assume that before AD 1875 the magnitude of $351 \text{ m}^3\text{s}^{-1}$ level (a
9 conservative estimate) produced damage of small-medium intensity $M \geq 1$, whereas discharges
10 of $500 \text{ m}^3\text{s}^{-1}$ or higher probably caused catastrophic damage ($M \geq 3.5$).

11 Spectral analysis of the geochemical and pollen time series and climate proxies ($\delta^{14}\text{C}$, TSI,
12 $\delta^{18}\text{O}$ isotopes from the Greenland ice, temperatures and precipitation reconstruction from tree-
13 rings, NAO, SNAO) evidence similar periodicities around 80, 100, 120 and 200 years. Thus,
14 the mechanisms of the flood processes are strongly influenced by the North Atlantic dynamics
15 and solar forcing. The composite 2600-yr sedimentary floodplain record illustrates that
16 periods of minor floods and flood gaps inferred from organic soil formation and deposition of
17 phyllosilicates (medium high catchment area) match the maxima of Total Solar Irradiance.

18 The palaeoflood clusters defined by flood layers (e.g., 1300-1350, 1420-1490, 1550-1620,
19 1650-1720 and 1811-1851 cal yr AD) with contribution of siliciclasts from the highest
20 plutonic bedrock areas occurred predominantly during periods of reduced solar irradiance,
21 cooler summer temperatures and phases of drier spring climate. Cooler climate trends
22 promote glacier advance, more extensive snow cover, and snow patches through the summer.
23 Water storage and larger areas susceptible for melting processes associated with rainfall
24 episodes and abrupt rises in temperature can increase surface run off on slopes and
25 consequently the discharges of alpine rivers.

26 Evidence of the influence of atmospheric circulation dynamics on alpine flood frequencies is
27 obtained when flood intensities and geochemical proxies from the Hasli valley and indices of
28 atmospheric modes AD 1670 to 2000 are compared. Floods $M \geq 1$ occurred mostly during
29 positive trends of SNAO phases or short positive SNAO pulses (cyclones of Mediterranean
30 origin) following years or even decades dominated by negative SNAO (North Atlantic front
31 systems). This combination underlines the importance of the effect of snowmelt during short
32 warm episodes within cool climate periods characterized by larger snow cover and glaciers.

1 This outcome is also supported by the fact that the 11-yr smoothed negative NAO values (i.e.,
2 cool winters) correlates positively with the geochemical flood proxy Factor 1 (floods and
3 major contributions from highest catchment areas) from AD 1667 to 1820.

4 The results with regard to the compilation of a composite 2600-yr palaeoflood record show
5 that alluvial flood plain deposition during floods responds sensitively to climate variations
6 broadly following the flood pattern and frequencies of the last 700 years, albeit with a larger
7 margin of uncertainty. Therefore, palaeoflood proxies do not permit the specification of
8 climate or environmental conditions that cause extreme events beyond the information
9 provided by palaeoclimate proxies, but contribute complementary paleoenvironmental data.

10

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31

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[langsamverkehr/historische](http://www.bve.be.ch/bve/de/index/mobilitaet/mobilitaet_verkehr/langsamverkehr/historische)
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21

22

1 **Figure captions**

2 Table 1. Categories of historical Aare floods in the Hasli valley.

Event category (M_{AA} and M_I)	Primary indications	Secondary indications
1	- Flood and minor damage is reported	- Short-duration, local flooding
2	<ul style="list-style-type: none"> - Damage or destruction of a few buildings close to the river - Damage to hydraulic infrastructure (e.g., bridges and levees) - Aggradation on landforms close to the channel 	<ul style="list-style-type: none"> - Flooding at several stretches of the river, small pounded lakes - Evacuation, people flee from flood - Low number of fatalities
3	<ul style="list-style-type: none"> - Severe damage or destruction of several buildings or entire villages - Loss of productive farm land due to massive aggradation and major shifts of river channels 	<ul style="list-style-type: none"> - Flooding of the entire valley bottom and/or of areas at distance to channel - Fatalities, migration, interregional assistance, donations, poverty, food shortage, etc. - Subsequent action: policy, river regulation, etc.

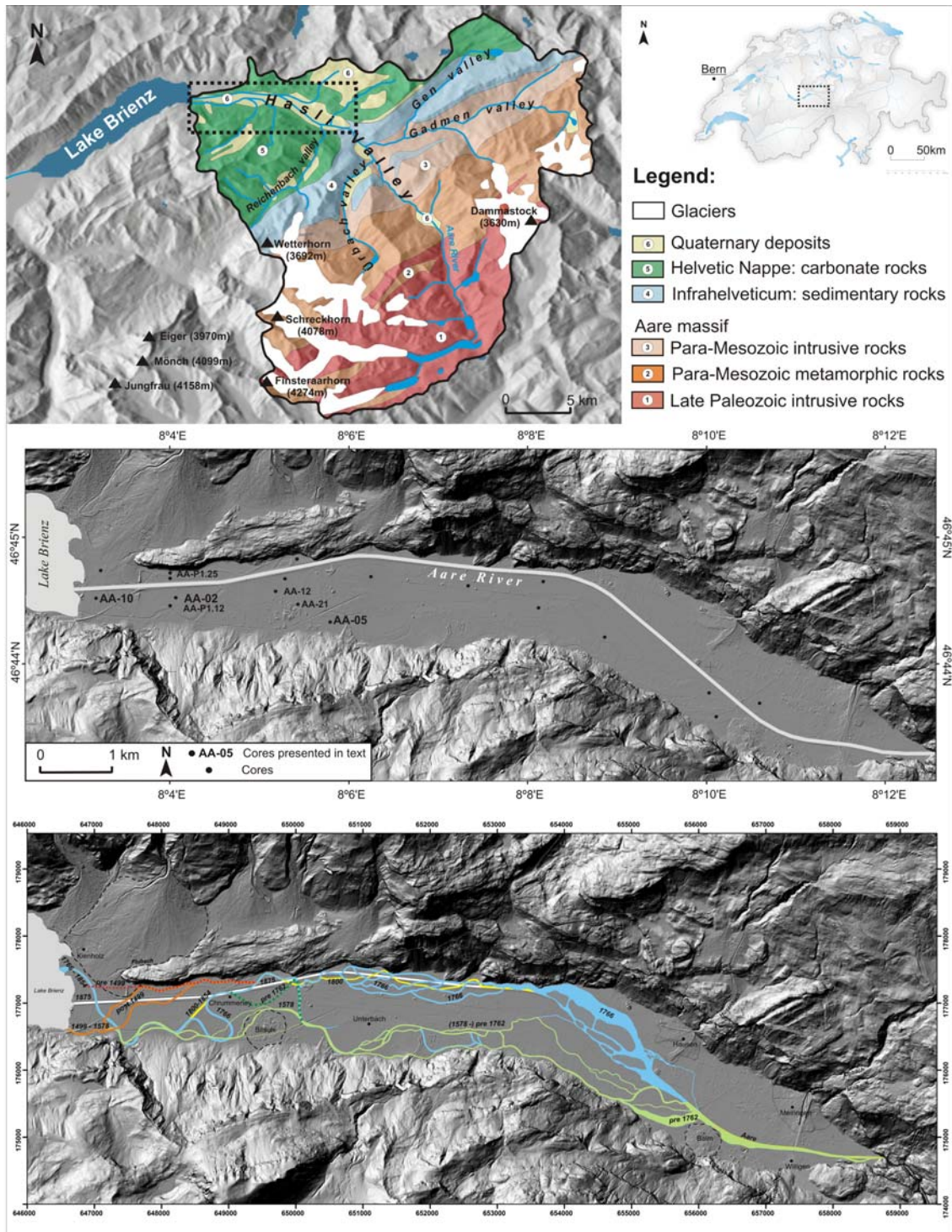
3

1 Table 2. Comparison of periodicities of palaeoclimate time series and alpine delta flood proxies (Bernese Alps). (1) Reimer et al. (2004); (2)
 2 Steinhilber et al. (2009); (3) Stuiver et al. (1997); (4) Lutherbacher et al. (2002); (5) Büntgen et al. (2011); (6) Peña and Schulte (2014).

3

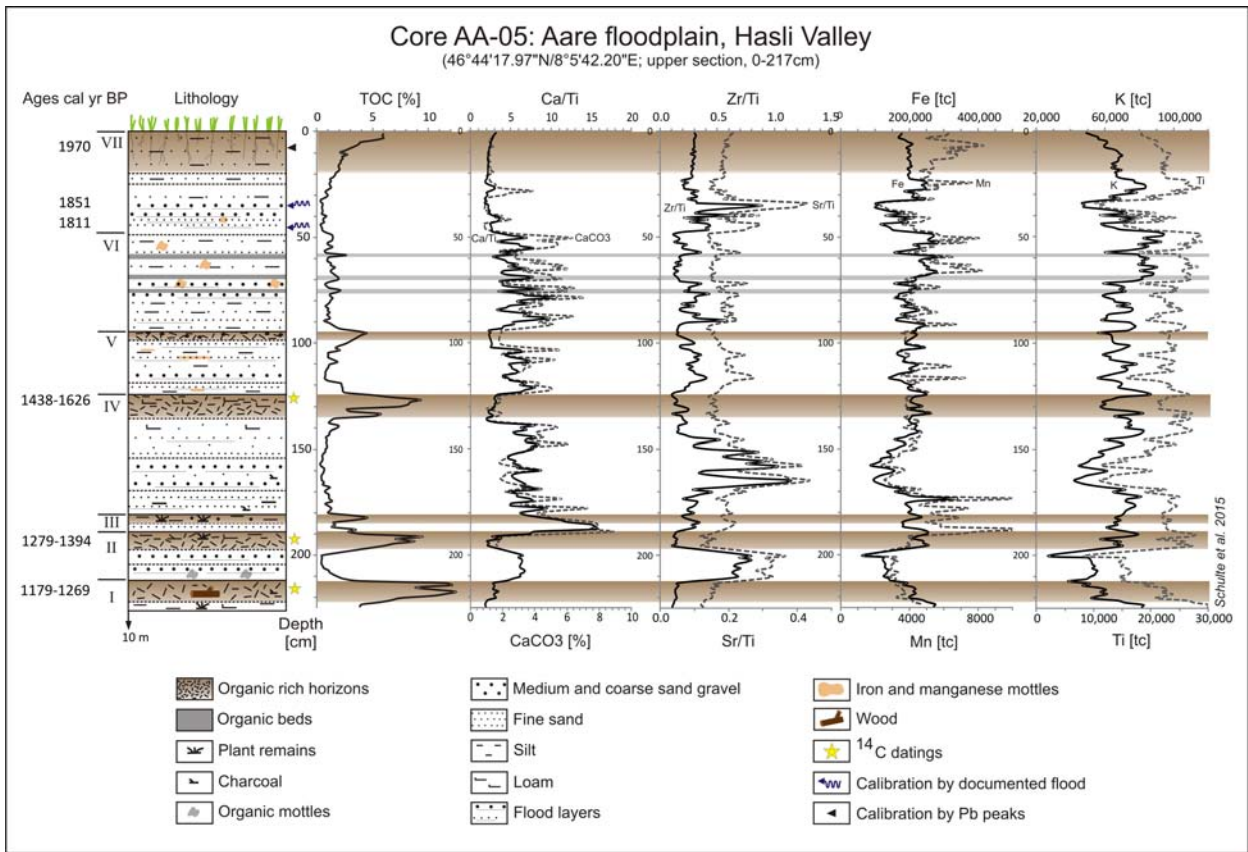
Proxy	Cycles	Solar		North Atlantic		Europe		Alps		Lower Hasli Valley (Aare)				Switzerland		
		$\delta^{14}\text{C}^{(1)}$	TSI ⁽²⁾	GISP 2	Reconstr.	Tree-ring	Tree-ring	Compos.	AA-2	AA-5	AA-10	Hasli-Aare	Flood damage index ⁽⁶⁾			
				$\delta^{18}\text{O}^{(3)}$	NAO ⁽⁴⁾	T _(JJA) ⁽⁴⁾	T _(JJA) ⁽⁵⁾	T _(JJA) ⁽⁵⁾	P _(AMJ) ⁽⁵⁾	-	Factor 1	Factor 1		Factor 1	Flood intensity	
Period (yr cal BP)		1575-4785	2600	1575-4785	450	650	650	1200	950	2600	2600-1600	650	650	470	208	
Periodicities		-	-	69	65	61	64	65	-	-	63	-	60	60	-	
	Gleissberg	81	86	81	80	78	78	-	-	80	84	78	86	89	-	
		104	105	105	100	110	-	-	-	96	100	95	102	-	105	
		-	129	-	-	-	-	-	130	139	120	-	-	-	-	-
	Suess	211	207	208	-	-	-	-	200	192	196	205	190	184	[175]	-

1 Figure 1. Geology of the Hasli Aare catchment and DTM of the Aare delta plain in the Lower
 2 Hasli valley showing location of retrieved cores (black dots). Labeled dots represent key-
 3 cores mentioned in text. Below: evolution of Aare River palaeo-channels reconstructed from
 4 historical maps, field survey and documentary sources (this paper). Age of reconstructed
 5 channels: red discontinuous = 1251-1499; orange = post 1499; green 1578 - pre 1762; dark
 6 green = pre 1762; blue = 1766; yellow = 1800; white = post Aare Correction in 1875.



7

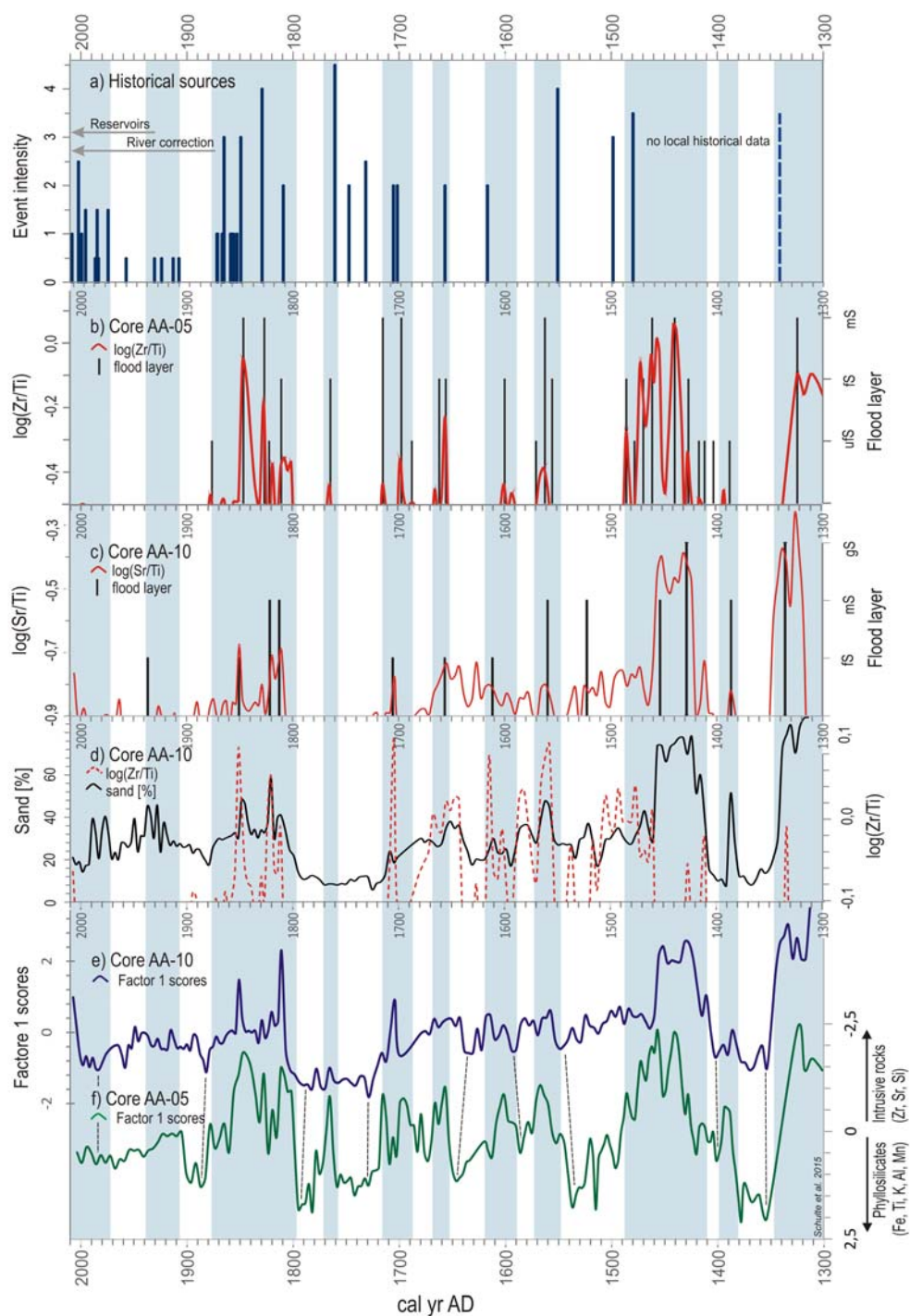
1 Figure 2. Lithology, chronology and geochemical stratigraphy of key core AA-05. The bars
 2 represent organic horizons and beds.



3

1 Figure 3. Chronostratigraphy of core AA-05 and AA-10 and comparison with historical Aare
 2 floods in the Hasli Valley. Time series are plotted in calibrated calendar years (cal yr AD).
 3 Each sample taken from cores at intervals of 1 cm integrates 3.8 years. No filter were applied
 4 to the data series. a) Flood data series reconstructed by historical sources (columns) and
 5 archaeological data (dashed column). b) $\log(\text{Zr}/\text{Ti})$ values > -0.5 and coarse-grained flood
 6 layers (ufS = silty fine sand; fS = fine sand; mS = middle sand) of core AA-05. c) $\log(\text{Sr}/\text{Ti})$
 7 values > -0.9 and coarse-grained flood layers (fS = fine sand; mS = middle sand; gS = coarse
 8 sand) of core AA-10. d) Sand fraction (630-2000 μm) and $\log(\text{Zr}/\text{Ti})$ values > -0.1 of core AA-
 9 10. e) and f) Factor 1 scores of chemical composition of core AA-10 and AA-05 samples
 10 (reverse).

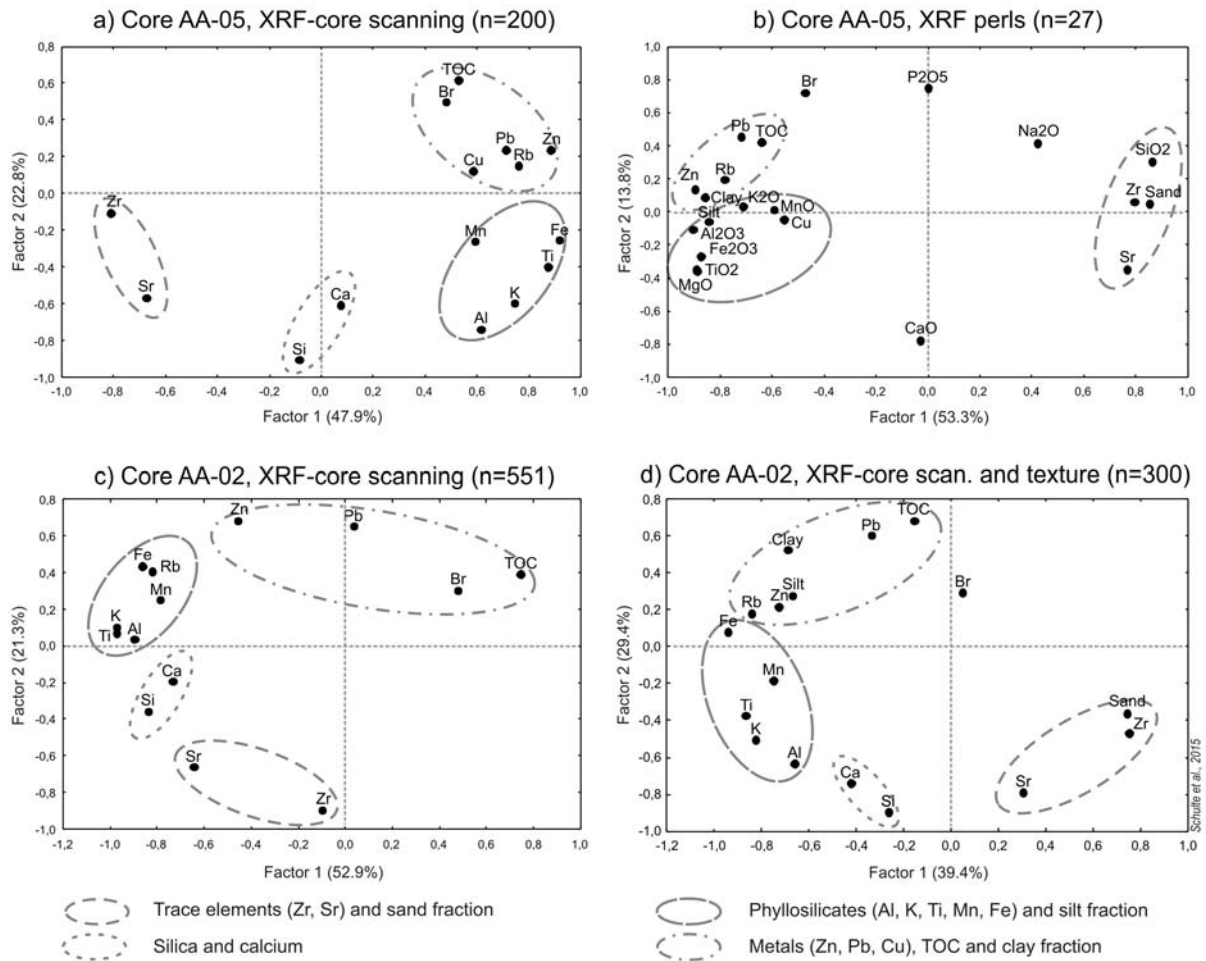
11



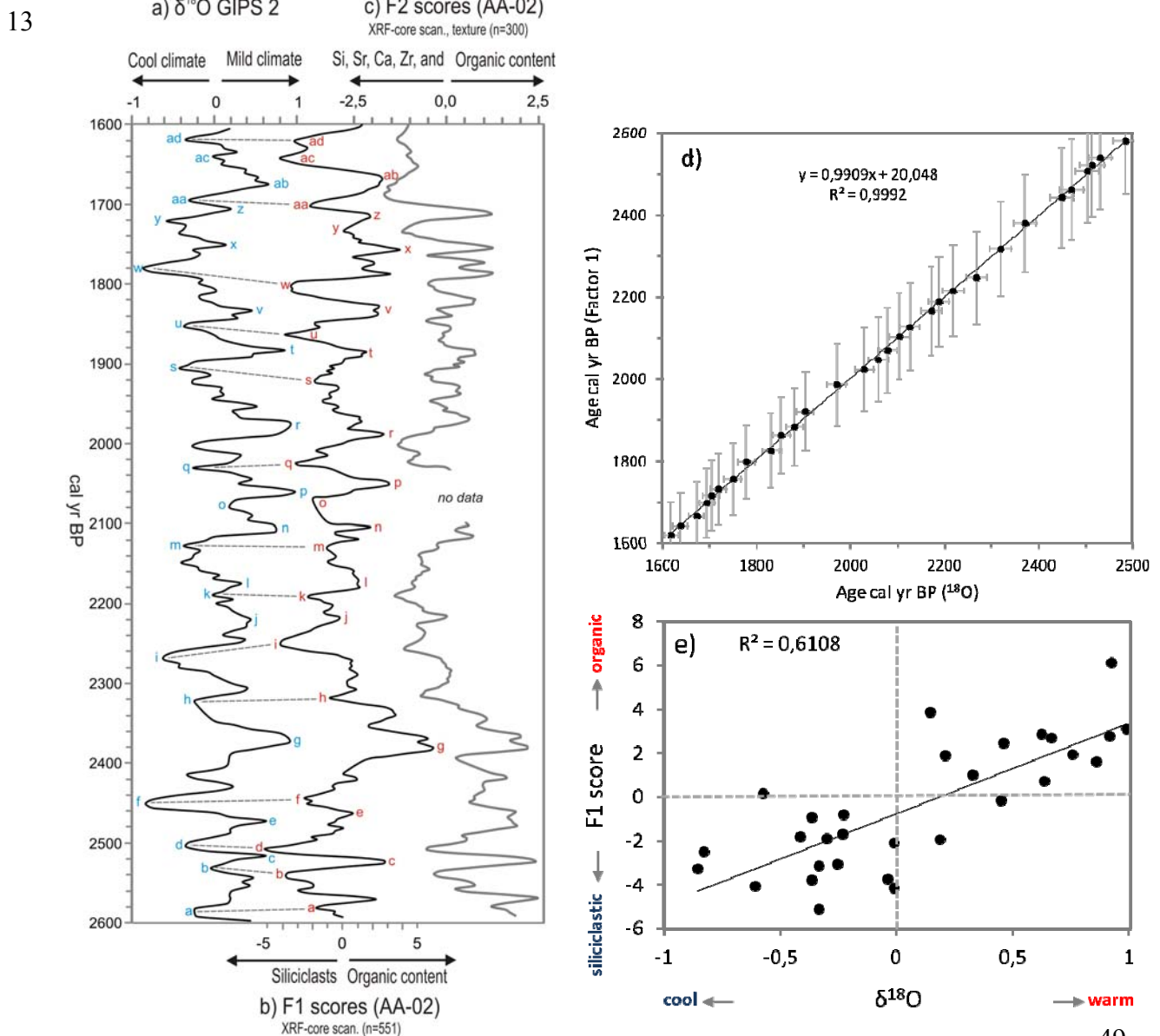
1 Figure 4. 2D-plots of factor loadings (Factor Analysis) of chemical major and minor
 2 elements, total organic carbon (TOC) and grain size fractions of core AA-02 and AA-05
 3 samples.

4

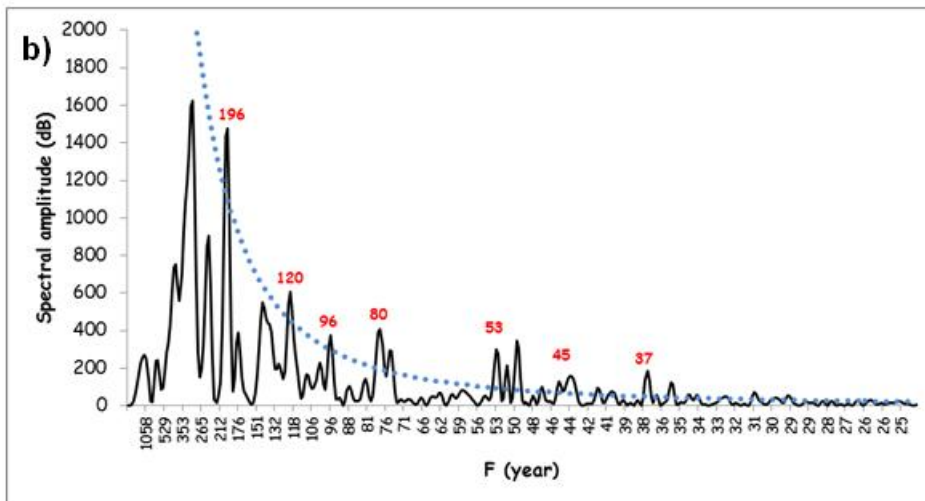
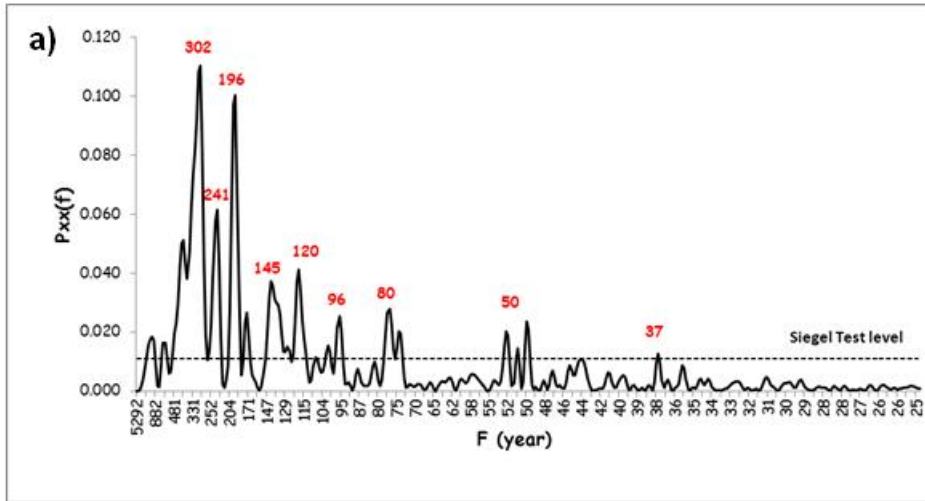
Factor loadings of geochemical properties of core samples



1 Figure 5. Comparison of a) $\delta^{18}\text{O}$ isotope record from Greenland Ice Sheet (GISP2; Stuiver et
 2 al., 1997) and b) Factor 1 scores of scanned Core AA-02 samples from 2600 to 1600 cal yr
 3 BP (3-data-smoothed, approximate 9 years). Correspondence of cool climate pulses and
 4 siliciclasts (negative values) are assigned by dashed lines. Maxima and minima of both series
 5 ($\delta^{18}\text{O}$ and Factor 1) were labeled with characters from “a” to “ad”. c) Scores of scanned Core
 6 AA-02 samples and grain size are plotted for comparison. d) Comparison of maximum and
 7 minimum local events a-ad (N=30; Figures 5a) and 5b) of $\delta^{18}\text{O}$ isotope record from
 8 Greenland Ice Sheet (x axis; GISP2; Stuiver et al., 1997) and Factor 1 scores of scanned core
 9 AA-02 samples (y axis) from 2600 to 1600 cal yr BP. Error bars shown at $\pm 5.0\%$ for Factor 1
 10 scores according to ^{14}C chronology after calibration and at $\pm 1.0\%$ for ^{18}O (GISP2) according
 11 to Stuiver et al. (1997) indicate that the timing of the selected events is consistent. e) scatter
 12 plot between $\delta^{18}\text{O}$ and F1 scores of maximum and minimum local events a-ad.



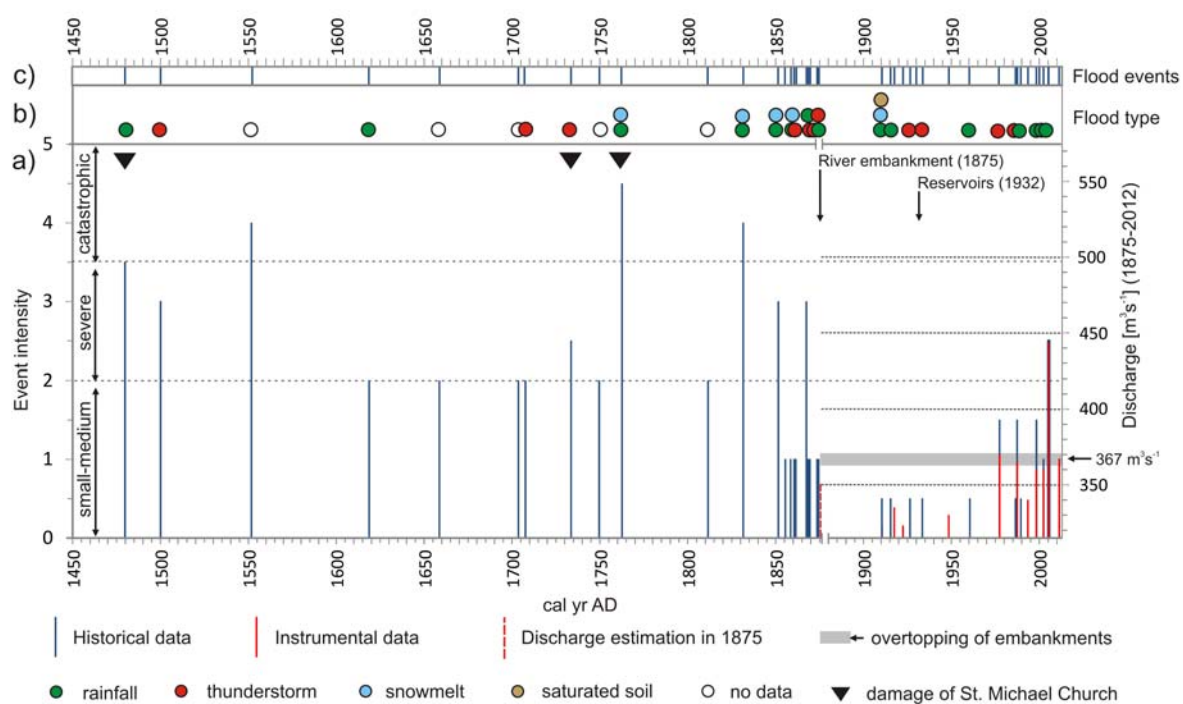
- 1 Figure 6. a) Harmonic analysis of the composite palaeoflood record of the Hasli-Aare delta
- 2 plain. Dotted line represents critical level for the Siegel test and significant frequencies are
- 3 shown in years. b) Red noise spectra of the composite palaeoflood record. Dotted line shows
- 4 false-alarm level. Significant frequencies are shown in years.



5

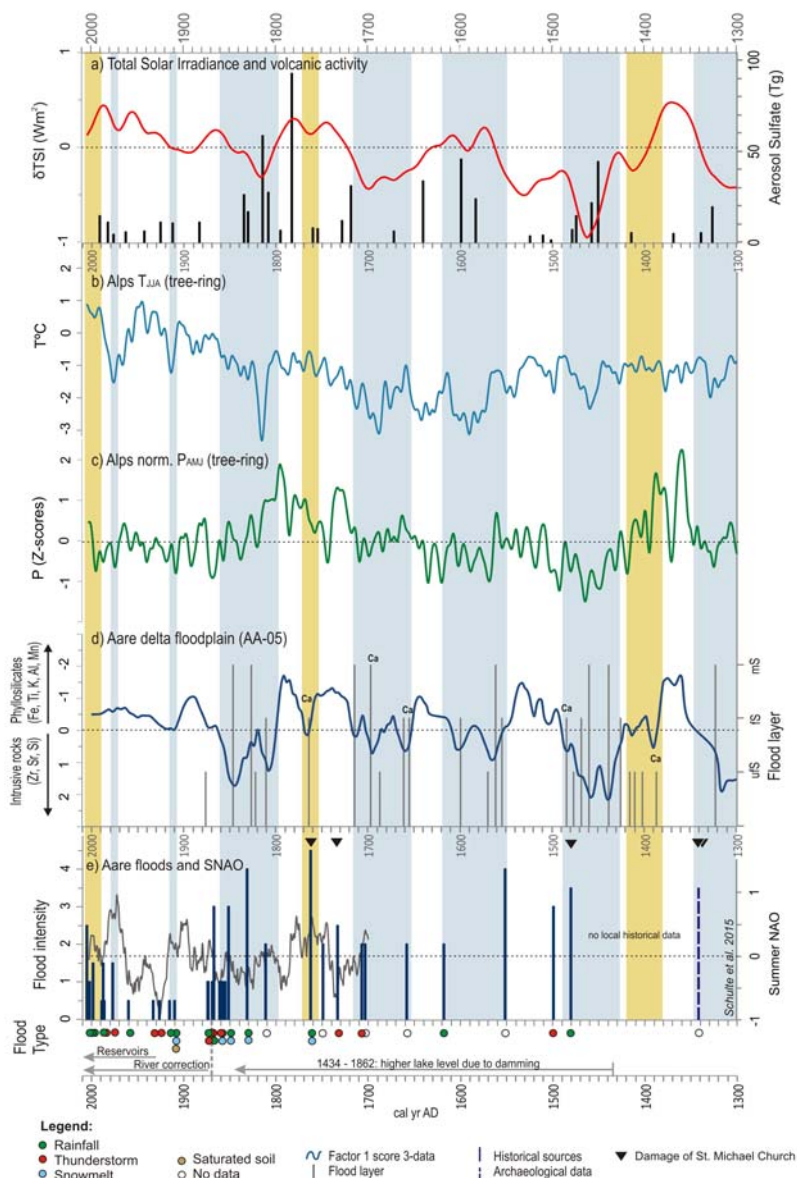
1 Figure 7. Flood chronology of the Aare river in the Hasli Valley from AD 1480 to 2012. a)
 2 Flood intensities reconstructed from documentary and geomorphological evidences (blue
 3 columns) and instrumental data (red columns). Event intensities M (left scale; referring to
 4 table 1 and equation 1) are estimated for the period AD 1480-2012, whereas maximum annual
 5 discharges $> 300 \text{ m}^3\text{s}^{-1}$ (right scale) recorded at the Brienzwiler gauging station are valid for
 6 the period AD 1908-2012. Discharge measurements in AD 1875 were conducted on-site by
 7 engineers of the Aare correction project. Measured discharges and event intensity level are
 8 influenced by structural mitigations such as river embankments since AD 1875 and retention
 9 capacities of reservoirs since AD 1932 as in the case of the 2005 flood (arrows). Triangles
 10 represent damage of the Sankt Michael church by flooding and severe aggradation caused by
 11 the Alpbach river. b) Hydro-climatological cause of floods (legend below) according to
 12 historical written sources, WSL flood data bank, expert reports, newspapers and precipitation
 13 data. c) Composite flood frequencies. Data as in a).

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1 Figure 8. Comparison between historical flood reconstruction of the Hasli-Aare and solar and
 2 volcanic activity and climate proxies (1300-2010 cal yr AD). a) 40-yr averaged variations of
 3 Total Solar Irradiance (Steinhilber et al., 2009) and annual stratospheric volcanic sulfate
 4 aerosol injection, Northern Hemisphere (Gao et al., 2008). b) JJA temperature anomalies
 5 (13-yr Gaussian low-pass filter) in the European Alps reconstructed from larch density series
 6 (Büntgen et al., 2006). c) AMJ precipitation anomalies (13-yr Gaussian low-pass filter) in the
 7 European Alps reconstructed from larch density series (Büntgen et al., 2006). d) Sedimentary
 8 palaeoflood proxy from the Aare delta plain in the Lower Hasli valley (this paper). Factor 1
 9 scores (3-data centred moving average equivalent to 13-year resolution) of chemical
 10 composition of core AA-05 samples and coarse grained flood layers (ufS = silty fine sand; fS
 11 = fine sand; mS = middle sand). e) Historical flood chronology of the Aare River (Hasli
 12 valley) from documentary, archaeological and geomorphological evidences like in figure 7
 13 (this paper). Triangles represent damage of the Sankt Michael church by flooding and severe
 14 aggradation caused by the Alpbach river.

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1 Figure 9. Comparison between reconstructed palaeofloods in the Hasli Valley and solar and
 2 volcanic activity and climate proxies from 600 cal yr BC to 2000 cal yr AD. a) Annual
 3 stratospheric volcanic sulphate aerosol injection, Northern Hemisphere (Gao et al., 2008). b)
 4 40-yr averaged variations of Total Solar Irradiance (Steinhilber et al., 2009). c) Composite
 5 sedimentary palaeoflood proxy at a 21-yr resolution from the Aare delta plain in the Lower
 6 Hasli valley (this paper). Factor 1 scores of chemical composition of delta plain samples. Peat
 7 and organic soils are shown by dark shaded rectangles. Stars indicate the stratigraphical
 8 position of datings. d) $\delta^{18}\text{O}$ of the GISP2 ice core from Greenland (Stuiver et al., 1997) at a
 9 21-yr resolution. e) 21-yr smoothed AMJ precipitation anomalies in Central Europe
 10 reconstructed from oak ring width series (Büntgen et al., 2011). f) Flood chronology derived
 11 from flood deposits of ten lakes from the northern slope and central area of the Swiss Alps
 12 (50-year moving average; Glur et al., 2013).

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