

1 **Quantifying groundwater dependence of a sub-polar lake**  
2 **cluster in Finland using an isotope mass balance approach**

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12

13 **Abstract**

14 A stable isotope study of 67 kettle lakes and ponds situated on an esker aquifer (90 km<sup>2</sup>) in northern  
15 Finland was carried out to determine the role and extent of groundwater inflow in groundwater-  
16 dependent lakes. Distinct seasonal fluctuations in the  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values of lakes are the result of  
17 seasonal ice cover prohibiting evaporation during the winter. An iterative isotope mass balance  
18 approach was used to calculate the inflow-to-evaporation ratios ( $I_{\text{TOT}}/E$ ) of all 67 lakes during the  
19 summer of 2013 when the isotopic compositions of the lakes were approaching a steady-state. The  
20 balance calculations were carried out independently for <sup>2</sup>H and <sup>18</sup>O data. Since evaporation rates were  
21 derived independently of any mass balance considerations, it was possible to determine the total  
22 inflow ( $I_{\text{TOT}}$ ) and mean turnover time (MTT) of the lakes. Furthermore, the groundwater seepage rates  
23 to all studied lakes were calculated. A quantitative measure was introduced for the dependence of a  
24 lake on groundwater ( $G$  index) that is defined as the percentage contribution of groundwater inflow  
25 to the total inflow of water to the given lake. The  $G$  index values of the lakes studied ranged from ca.  
26 39 % to 98 %, revealing generally large groundwater dependency among the studied lakes. This study  
27 shows the effectiveness of applying an isotope mass balance approach to quantify the groundwater  
28 reliance of lakes situated in a relatively small area with similar climatic conditions.

29

30 **Key words**

31 Stable isotopes of water, groundwater-surface water interaction, lake hydrology, mean turnover time  
32 (MTT), inflow-to-evaporation ratio ( $I_{\text{TOT}}/E$ ), thermal imaging

## 33 1. Introduction

34 The characterisation of groundwater dependent ecosystems (GDEs) is a requirement of the  
35 Groundwater Directive (EC, 2006). These systems are often complex and their hydrology and contact  
36 with aquifers are not well established. Lakes can be dependent on groundwater directly or indirectly,  
37 and this dependence can vary over time (Kløve et al., 2011). Understanding groundwater and lake  
38 water interaction is important not only for water resource management (Showstack, 2004), but also  
39 for understanding the ecology and eutrophication of lakes, since groundwater may be a key element  
40 in the lake nutrient balance (Ala-aho et al., 2013; Belanger et al., 1985; Brock et al., 1982; Kidmose  
41 et al., 2013). Furthermore, the vulnerability of lakes to pollution can be controlled by their  
42 dependency on groundwater (Kløve et al., 2011). Methods such as seepage meters (Ala-aho et al.,  
43 2013; Rosenberry et al., 2008, 2013), environmental tracers (e.g. Dinçer, 1968; Shaw et al., 2013;  
44 Stets et al., 2010; Yehdegho et al., 1997; Zuber, 1983) and numerical modelling (e.g. Krabbenhoft et  
45 al., 1990; Stichler et al., 2008; Winter and Carr, 1980) can be used to determine the groundwater  
46 reliance of lakes.

47 Heavy stable isotopes of water ( $^{18}\text{O}$ ,  $^2\text{H}$ ) can be considered as ideal tracers for studying the  
48 hydrological cycle (e.g. Clark and Fritz, 1997). Fractionation of isotopes of water is the very factor  
49 enabling their use in hydrological studies, as it governs the changes in isotopic abundances within the  
50 water cycle (Gat, 2010). At a global scale, the  $^2\text{H}$  and  $^{18}\text{O}$  isotope composition of meteoric waters  
51 cluster along the line called the global meteoric water line (GMWL), first determined by Craig (1961):  
52  $\delta^2H = 8 \cdot \delta^{18O} + 10$ . Locally, this linear relationship may have a slightly different form (local  
53 meteoric water line - LMWL). Evaporation from an open water body fractionates isotopes so that the  
54 remaining liquid phase is enriched in both  $^2\text{H}$  and  $^{18}\text{O}$  in proportion with their effective fractionation  
55 factors accompanying this process. Consequently, the isotopic composition of the evaporating water  
56 body evolves in the  $\delta$ -space along the line known as the local evaporation line (LEL), whose slope is  
57 significantly smaller than that characterising the local or global meteoric water lines. The position of  
58 the isotopic composition of lake water along this line is strongly related to the water balance of the  
59 lake (e.g. Gat, 1996; Gibson and Edwards, 2002; Rozanski et al., 2001).

60 The methodology of isotope-aided studies of the water balance of lakes has been thoroughly discussed  
61 in a number of review papers and textbooks (e.g. Darling et al., 2005; Froehlich et al., 2005; Gat and  
62 Bowser, 1991; Gat, 1995; Gonfiantini, 1986; Rozanski et al., 2001). Although several authors have  
63 applied isotope techniques in studying lakes in cold climates (Gibson and Edwards, 2002; Gibson,

64 2002; Gibson et al., 1993; Jonsson et al., 2009; Turner et al., 2010; Yi et al., 2008), mostly in Canada  
65 and northern Sweden, these studies were generally focused on lakes spread over large areas.

66 The central aim of this study was to quantify the groundwater dependence of 67 kettle lakes and ponds  
67 situated across a relatively small area (90 km<sup>2</sup>) of the Rokua esker aquifer occupying a large  
68 glaciofluvial deposit in northern Finland. To quantify the extent of the interaction between the aquifer  
69 and the lakes, a dedicated isotope study was launched in 2013. This was part of comprehensive  
70 investigations (2010-2012) aimed at understanding the hydrology of an esker aquifer area where some  
71 of the kettle lakes and ponds have suffered from water level decline or eutrophication. Since the  
72 seasonal isotopic behaviour of the selected lakes in the study area was already fairly well understood  
73 based on the data collected from 2010 to 2012, it was decided to conduct a large-scale one-time survey  
74 of the isotopic composition of all 67 lakes on the Rokua esker in order to quantify their dependence  
75 on groundwater. Ala-aho et al. (2013), who studied 11 lakes on the esker, showed that the water levels  
76 in closed-basin seepage lakes have more fluctuations than the drainage lakes, which have more stable  
77 water levels. On the other hand, the drainage lakes are more productive. Their study also showed that  
78 subsurface flow can transport phosphate to lakes. Therefore, it was important to quantify the  
79 groundwater dependence of all lakes on the esker and propose an appropriate index reflecting this  
80 dependence. The large-scale field campaign conducted in July and August 2013 comprised the  
81 sampling of water in all 67 lakes for isotope analyses, combined with continuous temperature  
82 measurements and aerial thermal imaging of the lakes.

83

## 84 **2. The study area**

85 The Rokua esker aquifer area, situated in Northern Finland, was formed during the transition period  
86 from Late Glacial to Holocene, between approximately 12,000 and 9,000 years ago (Tikkanen, 2002).  
87 As ice retreated, a long ridge formation, consisting mainly of fine and medium sand (Pajunen, 1995),  
88 was shaped. Ancient sea banks surrounding the esker show that the esker was originally an island that  
89 gradually rose from the sea (Aartolahti, 1973). Today, the highest elevation of the esker is 100 m  
90 above the surrounding low-lying peatlands and the layer thickness of sand ranges from 30 m to more  
91 than 100 m above the bedrock. Sea banks, dunes and kettle holes form a rolling and geologically  
92 unique terrain (Aartolahti, 1973). Kettle holes were formed when ice blocks were buried in the ground  
93 and, as they melted, left depressions in the landscape. The ground surface of the esker is mainly  
94 lichen-covered pine forests. Hydrologically, the Rokua esker is an unconfined aquifer, one of the

95 largest in Finland, and it has two regional groundwater mounds (Rossi et al., 2014). The recharge area  
96 of the aquifer is 90 km<sup>2</sup> and the discharge zones are situated in the surrounding peatlands, which  
97 partially confine the aquifer (Rossi et al., 2012).

98 Kettle holes – long and narrow depressions – give Rokua esker its distinct character. The sizes of  
99 these kettle holes vary. They can be 1 to 80 m deep, between 10 m and 1.5 km long, and 0.4 km wide  
100 (Aartolahti, 1973). Most of the kettle holes are now dry, but due to the influence of groundwater in  
101 the past, peat has accumulated at the bottom of them, creating kettle hole mires (Pajunen, 1995).  
102 However, the alternating topography of the area is reflected in the existence of approximately 90  
103 lakes or ponds, referred to as kettle lakes or ponds. Peat started to accumulate in the border regions  
104 of the lakes more than 8,000 years ago, so most of the kettle lakes and ponds are partly paludified  
105 (Pajunen, 1995). Nevertheless, the majority of the lakes and ponds are characterised by their crystal  
106 clear water, which attract people; number of holiday homes and hotels are located on the lakeshores.  
107 The lakes are nowadays widely used for different recreational activities, such as swimming, fishing  
108 and scuba diving (Anttila and Heikkinen, 2007). The uniqueness of the glaciofluvial formation of  
109 Rokua, in which the actions of ice, water and wind can be seen, has been recognised in many ways.  
110 Some of the Rokua esker is protected by Natura 2000 and by the Finnish nature reserve network.  
111 Rokua was recently chosen to be part of the UNESCO GeoPark Network and is currently the  
112 northernmost region in this network.

113

### 114 **3. Materials and methods**

#### 115 **3.1. Hydrological measurements and thermal imaging**

116 During 2010-2012, 11 lakes, 13 piezometers and 11 streams were sampled in the study area four times  
117 per year to analyse the stable isotopic composition of water, nutrients, water quality parameters (T,  
118 pH, E.C., O<sub>2</sub>) and geochemical parameters (silica, major cations and anions) (Fig. 1). During the field  
119 campaign conducted in July and August 2013, a total of 67 lakes and ponds were surveyed for the  
120 same parameters and thermal images of lakes taken from the air in a helicopter using a FLIR thermal  
121 camera. In addition, composite (monthly) precipitation samples were collected during the open water  
122 season at the station on the esker during 2010-2013. Precipitation samples for winter were collected  
123 once a year before snowmelt by taking a uniform sample of the whole snowpack depth.

124 Water quality parameters were analysed in the field using WTW Multi 3430 or Multi 350i meters for  
125 temperature, oxygen, EC and pH. Samples of lake water were collected with a Limnos sampler,

126 approximately 1 m below the water surface and 1 m above the bottom of the lake. If the depth of the  
127 lake was less than 2 m, only one sample from the depth of 1 m was taken and if it was more than 20  
128 m, samples were taken from the middle of the water profile as well. Depending on their shape and  
129 size, the lakes had between 1 and 4 sampling locations. Stream samples were collected by submerging  
130 a bottle in water, facing upstream. Piezometers were pumped for at least 10 minutes prior to taking  
131 groundwater samples or until the colour of the water was clear. The samples were collected one metre  
132 below the water table. All sampling bottles (HDPE) were rinsed with the sampled water prior to  
133 filling. Samples for isotope analyses were stored in the dark at a reduced temperature ( $4\text{ }^{\circ}\text{C} \pm 2\text{ }^{\circ}\text{C}$ ).

134 The isotopic composition of water samples was analysed using CRDS technology with a Picarro  
135 L2120-i analyser. Samples with visible colour or suspended matter were filtered (pore size  $25\text{ }\mu\text{m}$ )  
136 prior to analysis. The measured  $^2\text{H}/^1\text{H}$  and  $^{18}\text{O}/^{16}\text{O}$  isotope ratios are reported as relative deviations  
137 from the VSMOW standard. Typical uncertainty of the reported  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values are  $\pm 0.1\text{ }‰$  and  
138  $\pm 1.0\text{ }‰$  respectively.

139 Lake water temperature was measured continuously during the ice-free period in 2013 for two lakes  
140 on the Rokua esker: Ahveroinen (3.3 ha) and Saarinen (15.3 ha). Hobo loggers (pendant temperature  
141 data logger UA-001-08 and conductivity logger U24-001, accuracy  $0.1\text{ }^{\circ}\text{C}$ ) were installed 50 cm  
142 below the lake surface. In addition, the surface water temperature for lake Oulujärvi (92800 ha) was  
143 obtained from the database of the Finnish Environmental Institute (2013). Lake Oulujärvi is located  
144 east, next to the study site, 1 km from the easternmost lake studied. Thermal imaging of the lakes was  
145 conducted on 5 August 2013 using a Flir Thermacam P-60 thermal camera. This camera had  $320 \times$   
146  $240$  pixel sensor resolution and an opening of  $24\text{ }^{\circ}$ . It covered the electromagnetic spectrum from  $7.5$   
147 to  $13\text{ }\mu\text{m}$ . The imaging was taken by helicopter 150 meters above the lakes. The image data were  
148 correlated to the predominant weather conditions (temperature and relative humidity) with data from  
149 the FMI Pelso weather station measured every 10 minutes.

150 Depth profiling was undertaken in the lakes for which no depth contour lines are available (National  
151 Land Survey of Finland, 2010a). It was carried out with a portable depth-sounding radar (resolution  
152  $0.1\text{ m}$ ) or with a measuring cable and GPS system. Typically, two profiles from the shore to the  
153 deepest point were defined. The number of measurement points differed between the lakes depending  
154 on their size. In total, 52 lakes were surveyed.

155

156

### 157 3.2. Lake volumes

158 The volumes of the lakes were determined in an ArcGIS environment using depth profiling  
159 measurements, contour lines and border lines. The water surface levels of the lakes were estimated  
160 using elevation levels presented in the basic map (National Land Survey of Finland, 2010a). Lake  
161 morphology was mostly interpolated using spline that results in a smooth surface passing by all the  
162 input points (ESRI, 2014). The Tension method with 0.1 weight and 3 input points was used to  
163 calculate the values for the interpolated cells. Interpolation rasters were extracted by surface water  
164 areas. The mean depths of these new rasters were multiplied by the water surface areas in order to  
165 calculate the volumes of the lakes.

166

### 167 3.3. Evaporation from lakes

168 Evaporation ( $E$ ) was calculated individually for all the lakes surveyed using a mass transfer approach  
169 (Rosenberry et al., 2007; Dingman, 2008). This method was chosen because it yields instantaneous  
170 rates of evaporation and takes into account lake sizes (Harbeck, 1962). Our data enabled the  
171 calculations of daily mean values of evaporation flux for all the lakes studied. Averaging the  
172 parameters for periods of time longer than one day can lead to significant biases in the calculated  $E$   
173 values since on these time scales the vapour pressure differences and wind speed may correlate  
174 (Jobson, 1972). The following expression was used to calculate the evaporation flux (Dingman,  
175 2008):

$$176 E = K_E \cdot v_a \cdot (e_s - e_a), \quad (1)$$

177 where:

178  $E$  is evaporation rate ( $\text{mm s}^{-1}$ )

179  $K_E$  is the mass-transfer coefficient in  $\text{m km}^{-1} \text{kPa}^{-1}$  describing the impact of turbulent eddies of the  
180 wind on vertical transport of water vapour from the lake with area  $A_L$  ( $\text{km}^2$ ),  $K_E = 1.69 \cdot 10^{-5} \cdot$   
181  $A_L^{-0.05}$  (Harbeck, 1962)

182  $v_a$  is wind speed ( $\text{m s}^{-1}$ ) at 2 m height

183  $e_s$  is the saturation vapour pressure in kPa at surface water temperature  $T_s$  ( $^{\circ}\text{C}$ ),  $e_s = 0.611 \cdot$   
184  $\exp\left(\frac{17.3 \cdot T_s}{T_s + 237.3}\right)$

185  $e_a$  is the vapour pressure in the air in kPa,  $e_a = h \cdot 0.611 \cdot \exp\left(\frac{17.3 \cdot T_a}{T_a + 237.3}\right)$ , where  $h$  is relative humidity  
186 and  $T_a$  is air temperature ( $^{\circ}\text{C}$ ).

187 Wind speed measured at 10 m height was adjusted to the corresponding speed at 2 m height using the  
188 power law profile (Justus and Mikhail, 1976):

$$189 \quad v_z = v_r \left(\frac{z}{z_r}\right)^\beta, \quad (2)$$

190 where  $v_r$  is the measured wind speed at the reference height  $z_r$  (10 m),  $z$  is the height for which speed  
191 is adjusted (2 m) and  $\beta$  is the friction coefficient. The value of 0.15 for  $\beta$ , characteristic for grassland,  
192 was employed in our study (0.1 characterizes oceans and lakes) (Bañuelos-Ruedas et al., 2010) since  
193 the lakes are surrounded by forests lowering the wind speed.

194 The meteorological parameters necessary for the calculations (relative humidity, wind speed and air  
195 temperature) were obtained from the meteorological station 5502 (Vaala-Pelso) of the Finnish  
196 Meteorological Institute (2014), located approximately 10 km from the site. A probable range for the  
197 lakes' surface water temperature was evaluated using continuous temperature measurements at 50 cm  
198 depth from one of the studied lakes, Ahveroinen (see section 4.1), and a standard deviation of this  
199 temperature determined from thermal images. Using the derived temperature range, a probable range  
200 for evaporation rates from all the lakes was calculated. The adopted method relies only on temperature  
201 difference measured on one day, but since all the lakes are in a relatively small area with almost  
202 identical weather conditions, it is highly probable that the seasonal behaviour of the surface water  
203 temperature of the studied lakes is similar.

204

### 205 **3.4. Isotope mass balance**

206 Instantaneous water and isotope balances for an evaporating surface water body can be formulated as  
207 follows:

$$208 \quad \frac{dV}{dt} = I_{TOT} - E - O_{TOT} \quad (3)$$

$$209 \quad \delta_L \frac{dV}{dt} + V \frac{d\delta_L}{dt} = \delta_{IT} \cdot I_{TOT} - \delta_E \cdot E - \delta_{OT} \cdot O_{TOT} \quad (4)$$

210 where  $V$  stands for the volume of the surface water body,  $\delta_L$  signifies its isotopic composition and  
211  $I_{TOT}$ ,  $E$  and  $O_{TOT}$  represent the total inflow, evaporation and total outflow of water from the system,  
212 respectively, whereas  $\delta_{IT}$ ,  $\delta_E$  and  $\delta_{OT}$  stand for their respective isotopic compositions, expressed in  
213 ‰. As the total inflow may consist of several components (precipitation, underground and surface  
214 inflows), each with its specific isotopic composition,  $\delta_{IT}$  should be calculated as a flux-weighted mean  
215 of the respective isotopic compositions of individual components. The total outflow may also consist



216 of surface and underground components. For well-mixed systems it is typically assumed that  $\delta_{OT} =$   
 217  $\delta_L$ .

218 The isotopic composition of the evaporation flux,  $\delta_E$ , cannot be measured directly. However, it can  
 219 be calculated using the expression derived from the linear resistance model describing isotope effects  
 220 accompanying evaporation process (Craig and Gordon, 1965; Horita et al., 2008):

$$221 \quad \delta_E = \frac{(\delta_L/\alpha_{LV}) - h_N \cdot \delta_A - \varepsilon}{(1 - h_N) + \Delta\varepsilon \cdot 10^{-3}} \quad (5)$$

222 where  $\varepsilon$  is the total effective isotope fractionation,  $\varepsilon = \varepsilon^* + \Delta\varepsilon$ , where  $\varepsilon^*$  stands for equilibrium isotope  
 223 enrichment ( $\varepsilon^* = (1 - 1/\alpha_{LV}) \cdot 10^3$ ) expressed in ‰ and  $\alpha_{LV}$  represents the equilibrium isotope  
 224 fractionation factor between liquid and gaseous phases. The kinetic isotope enrichment  $\Delta\varepsilon$ , is defined  
 225 as  $\Delta\varepsilon = C_k(1 - h_N)$  where  $C_k$  stands for the kinetic enrichment parameter.  $\delta_A$  represents the isotopic  
 226 composition of atmospheric water vapour over the evaporating water body (‰) and  $h_N$  is the relative  
 227 humidity of the local atmosphere, normalized to the temperature of evaporating water.

228 When the evaporating water body is in hydrologic and isotopic steady-state ( $dV/dt=0$  and  $d\delta_L/dt=0$ ,  
 229 respectively), the following approximate expression describing the isotope enrichment of the  
 230 evaporating water body can be derived from eqs. 3-5 (see e.g. Gat and Bowser, 1991):

$$231 \quad \Delta\delta = \delta_{LS} - \delta_{IT} \cong \frac{\delta_A - \delta_{IT} + \varepsilon/h_N}{1 + \frac{I_{TOT} \cdot 1 - h_N}{E \cdot h_N}} \quad (6)$$

232 where  $\Delta\delta$  stands for the evaporative enrichment and  $\delta_{LS}$  is the steady-state isotopic composition of  
 233 the studied system. The following expression describing the ratio of the total inflow to the evaporation  
 234 rate can be derived from eq. (6):

$$235 \quad \frac{I_{TOT}}{E} = \frac{\delta_A - \delta_{LS} + \varepsilon/h_N}{(\delta_{LS} - \delta_{IT}) \frac{1 - h_N}{h_N}} \quad (7)$$

236 If the evaporation flux  $E$  can be assessed independently, as is the case of this study, the total inflow  
 237 of water to the given lake can be calculated from eq. (7). From this, the groundwater component of  
 238 this inflow can be further inferred, provided that the other components of this inflow are known or  
 239 can be independently assessed.

240 To quantify the water balance of a lake with the aid of eq. (7) the knowledge of the isotopic  
 241 composition of atmospheric moisture interacting with the lake,  $\delta_A$ , is required. Field measurements  
 242 of this parameter become feasible only recently thanks to advancements of CRDS technology.

243 However, the combined studies of the isotopic composition of atmospheric water vapour and  
244 precipitation performed in moderate climates (Jacob and Sonntag, 1991; Schoch-Fischer et al., 1984)  
245 have shown that, on monthly basis, the isotopic composition of precipitation is generally in isotopic  
246 equilibrium with the local atmospheric moisture at ground-level temperature. This is particularly true  
247 for summer season. Therefore, the value of  $\delta_A$  can be derived from the isotopic composition of local  
248 precipitation,  $\delta_P$ , which is also required to quantify the isotopic composition of the total inflow to the  
249 studied lake,  $\delta_T$ , appearing in eq. (7). The following relation can be used to calculate  $\delta_A$  (in ‰):

$$250 \quad \delta_A = \frac{1}{\alpha_{LV}} (\delta_P + 10^3) - 10^3 \quad (8)$$

251 Equation (7) is valid under two basic assumptions: (i) the evaporating water body is in hydrologic  
252 and isotopic steady-state, and (ii) the water body is isotopically homogeneous. Natural surface water  
253 systems, such as lakes, typically operate close to their hydrologic and isotopic steady-states attained  
254 in the course of their long history. Their steady-state characteristics are defined by local climate,  
255 morphological setting and prevailing hydrological regime. Such systems usually exhibit seasonal  
256 fluctuations of varying amplitude, caused by seasonal fluctuations of local climate (surface air  
257 temperature, relative humidity, precipitation amount), superimposed on long-term trends. Seasonal  
258 ice-cover, typical for mid and high latitudes, may also contribute to the seasonal fluctuations of the  
259 steady-state characteristics of such systems. The gradual attainment of the isotopic steady-state,  
260 which is characterized by an exponential function describing the temporal evolution of  $\delta_L$ , can be  
261 observed only for surface water systems which are artificially created, such as dredging lakes  
262 resulting from exploitation of gravel deposits (Zimmerman, 1979). The time constant characterizing  
263 the dynamics of this process is mainly controlled by the mean turnover time of water in this system,  
264 defined as the ratio of its volume to the total inflow, its hydrological balance ( $I_{TOT}/E$  ratio) and the  
265 normalized relative humidity (e.g. Gonfiantini, 1986; Zimmerman, 1979).

266

## 267 **4. Results and discussion**

### 268 **4.1. Climate and lake water temperature data**

269 The climate is strongly seasonal in the Rokua esker study area. The long-term monthly mean values  
270 of surface air temperature vary from  $-10.9$  °C (January) to  $13.2$  °C (June) for the period between 1959  
271 and 2013 (Fig. 2). The amount of monthly precipitation varies from 29 mm (February and April) to  
272 79 mm (August) for the same period. The warmest months of the year are June, July and August. The

273 long-term (1970-2013) monthly mean relative humidity of air varies from 61 % (May) to 91 %  
274 (November).

275 The seasonal temperature patterns of the monitored lakes were very similar, despite significant  
276 differences in lake size (Fig. 3). Thus the surface water temperature of lake Ahveroinen 1 (mean value  
277 of 19.1 °C) during the period from 1 June 2013 to 31 August 2013 was used as a basis for estimating  
278 the water temperature of other lakes. Thermal images collected on 5 August 2013 yielded comparable  
279 surface water temperatures that ranged from 19.5 °C to 24.6 °C, with a mean of 21.3 °C and a standard  
280 deviation of 0.87 °C. Combining the results of continuous temperature measurements and thermal  
281 images, an estimate of the mean surface water temperature of all lakes for the period from 1 June to  
282 31 August 2013 was derived to be  $19.10 \text{ °C} \pm 0.87 \text{ °C}$ . This temperature was used in the isotope mass  
283 balance calculations.

284

#### 285 **4.2. Local isotopic compositions**

286 An overview of the isotopic composition of different types of water in the study area is presented on  
287 the  $\delta^2\text{H}$ - $\delta^{18}\text{O}$  space in Fig. 4. It comprises precipitation data collected during the period from 18  
288 March 2010 till 29 October 2013 at the station located on the esker, the mean isotopic compositions  
289 of the selected lakes, streams and groundwater monitored during the period 2010-2013 (Table 1), as  
290 well as the isotopic compositions of 67 lakes surveyed in July and August 2013 (Table 2).

291 The local meteoric water line (LMWL) of Rokua ( $\delta^2\text{H} = 7.77 \cdot \delta^{18}\text{O} + 9.55$ ) was defined using the  $\delta$   
292 values of precipitation samples collected during the years 2010-2013 (Fig. 4). The local evaporation  
293 line (LEL),  $\delta^2\text{H} = 5.09 \cdot \delta^{18}\text{O} - 28.19$ , is the best fit line of the  $\delta$  values representing lake water data  
294 for the year 2013. The intercept of the LMWL and LEL lines yields the estimate of the weighted  
295 annual mean  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values of precipitation ( $-14.1 \text{ ‰}$  and  $-100 \text{ ‰}$  respectively). Slightly  
296 elevated mean  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values of local groundwater ( $-13.1 \text{ ‰}$  and  $-95 \text{ ‰}$ ), combined with  
297 reduced deuterium excess ( $d = \delta^2\text{H} - 8 \cdot \delta^{18}\text{O} = 4.8 \text{ ‰}$ ) when compared to deuterium excess of  
298 precipitation ( $12.8 \text{ ‰}$ ), indicate the presence of an evaporation signal in the local groundwater.  
299 Furthermore, some of the winter precipitation is most probably returned to the atmosphere via  
300 sublimation and does not contribute to groundwater recharge.

301 Although majority of groundwater samples cluster near the LMWL-LEL intersect, there are some  
302 data points lying along the LEL in the  $\delta^{18}\text{O}$ - $\delta^2\text{H}$  plot indicating the contribution of (evaporated) lake  
303 water to groundwater. However, the interconnection between the lakes via groundwater is likely to

304 be minor since lakes probably have groundwater table maxima between them as they are situated in  
305 deep holes in the landscape. Nevertheless, the existence of deeper flow paths from the upper elevation  
306 lakes to the lower ones cannot be excluded. Based on the estimation of elevation differences and  
307 distances between the lakes, we identified the lakes which do not have surface inflows but which  
308 might receive some groundwater input originating from upper elevation lakes. These are lakes No. 6,  
309 14, 20, 34, 38, 41, 47, 50 and 59. The sensitivity study presented in section 4.5 considers probable  
310 changes of the isotopic composition of the total inflow to each lake caused by the presence of  
311 evaporated lake water component.

312 The influence of evaporated lake water seeping to groundwater is illustrated in Fig. 5, showing the  
313 isotopic composition of lake Ahveroinen 1 and adjacent groundwater. The mean  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values  
314 of piezometers MEA 2010 and MEA 1907 situated on the south-eastern and north-western sides of  
315 the lake were  $-13.4\text{‰}$  and  $-97\text{‰}$  and  $-10.7\text{‰}$  and  $-83\text{‰}$  respectively, clearly indicating a  
316 substantial (ca. 55 %) contribution of lake water to groundwater at the north-western side of the lake.  
317 A smaller contribution (ca. 10 %) of lake water to groundwater can be seen on the eastern and western  
318 sides of the lake where the mean  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values of groundwater were  $-12.9\text{‰}$  and  $-93\text{‰}$   
319 respectively. The main direction of groundwater flow is therefore from south-east to north-west,  
320 which coincides with the results from seepage measurements conducted by Ala-aho et al. (2013). The  
321 direction of groundwater flow can also be noted from the difference in the mean isotopic composition  
322 of the lake water between points 2 and 3 of  $-8.7\text{‰}$  and  $-73\text{‰}$  and  $-8.5\text{‰}$  and  $-72\text{‰}$  respectively.  
323 The difference in isotopic compositions between points 2 and 3 was greatest during the winter: in  
324 March 2011 the difference in  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  between these points was  $-1.1\text{‰}$  and  $-4\text{‰}$  respectively.

325

### 326 **4.3. Temporal variations in the isotopic composition of lake water**

327 The seasonal variability in the isotopic composition of the lakes studied is illustrated in Fig. 6,  
328 showing changes of  $\delta^{18}\text{O}$  in lake Ahveroinen 1 at two depths (1 and 4 meters).  $\delta^{18}\text{O}$  of lake  
329 Ahveroinen 1 reveals distinct seasonal fluctuations with peak-to-peak amplitude in the order of 1 ‰.  
330 This lake does not have any surface inflows or outflows. After the disappearance of ice cover during  
331 the spring (April-May), the lake starts to evaporate, which results in its gradual enrichment in heavy  
332 isotopes, approaching the steady-state value sometime in September-October. Freezing of the lake in  
333 late autumn stops the evaporation flux. Systematic decline of  $\delta^{18}\text{O}$  during ice-cover period seen in

334 Fig. 6 stems from gradual dilution of lake water with groundwater seeping into the lake. Figure 6  
335 shows that the lake is well mixed throughout the year.

336 The declining parts of the  $\delta^{18}\text{O}$  curve in Fig. 6 can be used to assess the intensity of groundwater  
337 inflow during ice-cover period, if the volume of the studied lake is known and the isotopic  
338 composition of groundwater is constant. The isotope balance of such lake system (eq. 4) can be then  
339 expressed as follows:

$$340 \quad V \frac{d\delta_L}{dt} = \delta_{IT} \cdot I_{TOT} - \delta_{OT} \cdot O_{TOT} \quad (9)$$

341 Since  $I_{TOT} = I_{GW}$ ,  $\delta_{IT} = \delta_{GW}$ ,  $O_{TOT} = O_{GW} = I_{GW}$  and  $\delta_{OT} = \delta_L$ , eq. (9) becomes:

$$342 \quad \frac{d\delta_L}{dt} = \frac{I_{GW}}{V} (\delta_{GW} - \delta_L) \quad (10)$$

343 The solution of this differential equation reads as follows:

$$344 \quad \delta_L = (\delta_{L0} - \delta_{GW}) \cdot e^{-k \cdot t} + \delta_{GW} \quad (11)$$

345 where  $k = I_{GW}/V$  and  $\delta_{L0}$  is the isotopic composition of the lake at the beginning of ice-cover period  
346 ( $\delta^{18}\text{O}_{L0} = -8.5 \text{ ‰}$  for lake Ahveroinen 1). First derivative of eq. (11) at  $t = 0$  is:

$$347 \quad \left( \frac{d\delta_L}{dt} \right)_{t=0} = \frac{I_{GW}}{V} (\delta_{GW} - \delta_{L0}) \quad (12)$$

348 Equation (12) allows to calculate the mean flux of groundwater to the lake during ice-cover period.  
349 The observed reduction of  $\delta^{18}\text{O}$  of lake Ahveroinen 1 by ca. 1.2 ‰ over the six-month period (cf.  
350 Fig. 6, Table 1) results from the continuous inflow of groundwater with specific isotopic signature  
351 ( $\delta^{18}\text{O}_{GW} = -13.4 \text{ ‰}$ ). The groundwater seepage rate obtained from eq. (12) is ca.  $160 \text{ m}^3 \text{ day}^{-1}$ .  
352 Identical value was obtained using corresponding  $^2\text{H}$  data. It is worth noting that groundwater inflow  
353 to lake Ahveroinen 1, derived for the summer period of 2013 from isotope mass balance calculations  
354 (ca.  $300 \text{ m}^3 \text{ day}^{-1}$ ) is almost two times higher, which suggests significant seasonal variations of  
355 groundwater inflow to Rokua lakes, with high groundwater fluxes during summer and low fluxes  
356 during winter.

357

#### 358 **4.4. Quantifying groundwater dependence of the studied lakes**

359 Out of 67 Rokua lakes sampled during July-August 2013 field campaign, 50 lakes do not reveal any  
360 surface water inflow in the form of a stream or a creek. For the remaining 17 lakes surface inflows  
361 were identified. For all but one lake those surface inflows could be linked to specific upstream lakes  
362 which were sampled during the July-August 2013 campaign.

363 The isotopic composition of the lakes sampled covers a wide range of  $\delta$  values: from  $-5.6\text{‰}$  to  $-12.7$   
364  $\text{‰}$  and from  $-57\text{‰}$  to  $-93\text{‰}$  for  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  respectively. This large variability reflects a wide  
365 spectrum of the heavy isotope enrichment of the lakes studied. Since Rokua lakes are situated in a  
366 unique climatic region, their observed isotopic composition is primarily controlled by their water  
367 balance, which in turn can be characterised by the total inflow-to-evaporation ratio.

368 Equation (7) was used to calculate the total inflow-to-evaporation ratios ( $I_{\text{TOT}}/E$ ) for all studied lakes.  
369 The isotope mass balance calculations were run for the period of June-August 2013 separately for  
370  $^{18}\text{O}$  and  $^2\text{H}$ . Since the evaporation rates from the studied lakes were derived from eq. (1),  
371 independently of any mass balance considerations, the total inflow to each lake could also be  
372 calculated from the assessed  $I_{\text{TOT}}/E$  ratios.

373 The values of the parameters occurring in eq. (7) were derived as follows:

374 (i) The mean isotopic composition of atmospheric moisture ( $\delta_{\text{A}}$ ) was calculated with the eq. (8)  
375 using the available isotope data for local precipitation. The following mean  $\delta_{\text{A}}$  values were used in  
376 isotope mass balance calculations:  $\delta^{18}\text{O}_{\text{A}} = -20.4\text{‰}$  and  $\delta^2\text{H}_{\text{A}} = -149\text{‰}$ .

377 (ii) The mean relative humidity, normalized to lake water temperature ( $h_{\text{N}}$ ) was calculated using the  
378 mean surface air temperature ( $+14.9\text{ °C}$ ), the mean surface water temperature of the lakes ( $+19.1\text{ °C}$ )  
379 and the mean relative air-based humidity calculated on the basis of daily mean values available from  
380 meteorological station in the area ( $79.2\%$ ). The resulting mean  $h_{\text{N}}$  value was  $60.7\%$ .

381 (iii) The total effective isotope fractionation ( $\epsilon$ ) was derived as the sum of the equilibrium and kinetic  
382 isotope enrichments ( $\epsilon = \epsilon^* + \Delta\epsilon$ ). The equilibrium isotope enrichment ( $\epsilon^*$ ) values for  $^{18}\text{O}$  and  $^2\text{H}$ ,  
383 were calculated for the mean surface water temperature of  $+19.1\text{ °C}$  using the known temperature  
384 dependence of the empirical equilibrium fractionation factors,  $\alpha_{\text{LV}}$  (Horita and Wesolowski, 1994).  
385 The values of kinetic enrichment parameters ( $C_{\text{k}}$ ) used to calculate  $\Delta\epsilon$ ,  $14.2\text{‰}$  for  $^{18}\text{O}$  and  $12.5\text{‰}$   
386 for  $^2\text{H}$ , were adopted after Gonfiantini (1986). Those values were obtained in wind-tunnel  
387 experiments (Vogt, 1976) and are widely used in lake studies.

388 (iv) Isotopic homogeneity of the studied lakes was addressed through multiple samplings of large  
389 lakes (in both horizontal and vertical direction - cf. section 3.1). The range of the measured  $\delta^{18}\text{O}$

390 values for the given lake was generally lower than one per mil. It was assumed that the average values  
391 calculated on the basis of individual measurements performed in each lake represent sufficiently well  
392 the studied systems.

393 (v) The isotopic composition of lake water obtained during the sampling campaign in July and  
394 August 2013 for each studied lake was used in the isotope mass balance calculations. As discussed  
395 in section 3.4 above, the isotopic compositions of the studied lakes fluctuate seasonally reaching their  
396 steady-state values toward the end of ice-free period (September-October). Therefore, the isotopic  
397 compositions of lake water samples collected during the late summer (July-August) may still deviate  
398 slightly from the respective steady-state values, thus creating uncertainty in the assessed components  
399 of the water (see section 4.5).

400 (vi) As the isotopic compositions of the surface and underground components of water inflow to each  
401 studied lake were not measured directly, an iterative approach was adopted to calculate  $\delta_T$   
402 individually for each lake. In the first step it was assumed that  $\delta_T$  is defined by the intercept of the  
403 LMWL and LEL lines (Fig. 4) which represents the weighted annual mean  $\delta^{18}\text{O}$  and  $\delta^2\text{H}$  values of  
404 local precipitation ( $-14.1\text{‰}$  and  $-100\text{‰}$  respectively). With these  $\delta_T$  values the underground  
405 component of  $I_{\text{TOT}}$  for each lake was derived from eq. (7). The second step differed for the lakes  
406 without surface inflow and with identified surface inflow from an upstream lake. For the lakes without  
407 surface inflow the  $\delta_T$  values were calculated individually as flux-weighted averages of the  
408 underground inflow obtained in the first/previous step of the procedure and precipitation input to the  
409 given lake, each with their respective mean isotopic compositions representing the period of June-  
410 August 2013 (cf. section 4.2 above). For the lakes with identified surface inflow from an upstream  
411 lake, in the first instance the total outflow of water from the upstream lake was calculated using  
412 appropriate mass balance equation. Then, it was assumed that 25 % of the total outflow from the  
413 upstream lake flows to the downstream lake as surface inflow carrying the isotopic composition  
414 characteristic for the upstream lake. The  $\delta_T$  values were calculated individually for each lake  
415 belonging to this group of lakes as flux-weighted averages of three components: precipitation, surface  
416 inflow and groundwater inflow. For both lake groups the calculations were repeated until the change  
417 of  $\delta_T$  in subsequent iteration step was in the order of the analytical uncertainty of isotope  
418 measurements ( $0.1\text{‰}$  for  $\delta^{18}\text{O}$  and  $1\text{‰}$  for  $\delta^2\text{H}$ ).

419 The calculated inflow-to-evaporation ratios of the studied lakes based on  $^{18}\text{O}$  isotope mass balance  
420 are shown in Fig. 7 as a function of isotope enrichment of lake water with respect to the isotopic  
421 composition of the total inflow to the given lake. They vary in a wide range, from  $I_{\text{TOT}}/E$  values

422 between 2 and 3 and large  $^{18}\text{O}$  isotope enrichments between approximately 6.5 and 8.0 ‰, indicating  
423 evaporation dominated systems, to typical through-flow lakes characterized by  $I_{\text{TOT}}/E$  ratios higher  
424 than 10 and moderate  $^{18}\text{O}$  isotope enrichments of less than 2 ‰ (Table 2). Knowing the volume and  
425 the total inflow, the mean turnover time of water (MTT) in each lake could be quantified as the ratio  
426 of lake volume to the total inflow. The calculated MTT values range from approximately one week  
427 for the Pasko pond ( $V = 2 \times 10^3 \text{ m}^3$ , mean depth 0.2 m, maximum depth 0.7 m) to approximately five  
428 years for lake Saarijärvi 2 ( $V = 2.47 \times 10^6 \text{ m}^3$ , mean depth 11.8 m, maximum depth 26 m), with the  
429 mean in the order of ten months (Table 2). Lake Saarijärvi 2 is the deepest of all the lakes surveyed.  
430 As expected, the calculated MTT values correlate well with the mean depth of the studied lakes,  
431 expressed as the volume-to-surface area ratio. However, the link between MTT and the  $I_{\text{TOT}}/E$  ratio  
432 is much weaker; lakes with higher  $I_{\text{TOT}}/E$  ratios tend to have shorter mean turnover times.

433 The dependence of the studied lakes on groundwater can be quantified through an index ( $G$  index)  
434 defined as the percentage contribution of groundwater inflow to the total inflow of water to the given  
435 lake. Groundwater inflow was derived by subtracting the precipitation and surface water inflow (if  
436 exists) from the total inflow. Such an evaluation was undertaken for all the lakes listed in Table 2.  
437 Note that for the group of lakes with identified surface inflow from an upstream lake it was assumed  
438 arbitrarily that this surface inflow is 25 % of the total outflow from the upstream lake (discharges of  
439 surface inflows were not measured). The resulting groundwater seepage rates vary from less than 20  
440  $\text{m}^3\text{day}^{-1}$  for Kissalampi pond to around  $14 \times 10^3 \text{ m}^3\text{day}^{-1}$  for lake Nimisjärvi, the lake with the largest  
441 surface area (167.5 ha) among all studied lakes.

442 Figure 8 summarises the values of  $G$  index obtained for the lakes surveyed during the July-August  
443 2013 sampling campaign. The mean values of  $G$  index obtained from  $^2\text{H}$  and  $^{18}\text{O}$  balance are shown.  
444 They vary from ca. 40 % to more than 95 %. The lowest value (39.4 %) was obtained for lake Etu-  
445 Salminen. The highest  $G$  values were derived for lakes Kiiskeroinen (97.1 %) and Levä-Soppinen  
446 (97.5 %). Interestingly, these lakes are characterised by a high degree of eutrophication induced by  
447 high loads of phosphorus brought to the lakes with groundwater (Ala-aho et al. 2013). Although the  
448  $G$  index describes groundwater dependency of the studied lakes rather unambiguously, also lakes  
449 with moderate  $G$  index values can suffer if groundwater table in the esker aquifer would decline as a  
450 result of climate and/or land-use changes.

451 The isotope mass balance calculations for Rokua lakes were run independently for  $^{18}\text{O}$  and  $^2\text{H}$  data.  
452 Consistent results were obtained with respect to three evaluated elements of lake water balance



453 ( $I_{TOT}/E$  ratios, MTT values and the  $G$  index) reported in Table 2. These quantities, derived  
454 independently from  $^2\text{H}$ -based and  $^{18}\text{O}$ -based isotope mass balances are highly correlated ( $R^2 = 0.9681$ ,  
455  $0.9972$  and  $0.9745$  for  $I_{TOT}/E$  ratios, MTT values and the  $G$  index, respectively). The total inflow-to-  
456 evaporation ratios derived from  $^{18}\text{O}$ -based balance turned out to be ca. 10.8 % higher on the average  
457 than those derived from  $^2\text{H}$ -based balance. For the  $G$  index this difference is approximately 2.3 %.  
458 The MTT values were ca. 12.5 % higher for  $^2\text{H}$ -based balance.

459 Small but significant differences in the values of the evaluated quantities ( $I_{TOT}/E$  ratios, MTT,  $G$   
460 index), derived independently from  $^{18}\text{O}$ - and  $^2\text{H}$ -based isotope mass balance calculations, stem most  
461 probably from their different sensitivity to small changes of the measurable parameters (air and lake  
462 water temperature, relative humidity, isotopic composition of local precipitation, isotopic  
463 composition of lake water) rooted in different role of equilibrium and kinetic fractionation during the  
464 evaporation process. While for  $^{18}\text{O}$  the ratio of equilibrium to kinetic isotope fractionation is in the  
465 order of one, for  $^2\text{H}$  it is ten times higher. Since isotope mass balance method relies on isotope  
466 enrichment of lake water along the local evaporation line, controlled mostly by kinetic fractionation,  
467 the  $^{18}\text{O}$ -based balance calculations are generally considered more reliable (e.g. Rozanski et al., 2001).

468

#### 469 **4.5. Uncertainty assessment**

470 The above methodology for quantifying elements of water balance in the lakes studied introduces  
471 some uncertainties linked to the assumptions made and the uncertainties associated with the  
472 parameters used in the evaluation process. Sensitivity tests were performed to derive the range of  
473 uncertainties associated with the quantities being evaluated, such as mean turnover time, total inflow-  
474 to-evaporation ratio and the  $G$  index. The sensitivity analysis was focussing on eq. (7). All variables  
475 present in this equation were considered in this process. The results for  $^{18}\text{O}$ -based calculations are  
476 summarized in Table 3.

477 The uncertainty with regard to lake water temperature was probed assuming the temperature change  
478 of  $\pm 0.87$  °C (cf. section 4.1). The uncertainty of lake water temperature leads to uncertainty as regards  
479 the evaporation flux, which in turn influences the  $I_{TOT}/E$ , MTT and  $G$  values derived for each lake.  
480 Also equilibrium isotope enrichment is a function of temperature. The mean turnover time increases  
481 by ca. 15 % when the temperature of the lake is reduced by 0.87 °C, and decreases by approximately  
482 12 % when the temperature increases by the same amount. The  $G$  index reveals lower sensitivity (2.9

483 and 3.6 %, respectively). The smallest changes were obtained for  $I_{TOT}/E$  ratios (0.9 and 0.7 %,  
484 respectively).

485 The changes of relative humidity of the atmosphere normalised to the temperature of the lake surface  
486 have an impact on the evaporation flux, control the  $I_{TOT}/E$  ratios through eq. (7) and determine the  
487 actual value of kinetic isotope enrichment  $\Delta\epsilon$ . It was assumed in the calculations that normalized  
488 relative humidity changes by  $\pm 2$  %. As seen in Table 3, the resulting changes of the derived quantities  
489 are moderate, the mean turnover time being the most sensitive parameter.

490 It is apparent from Table 3 that among isotope parameters occurring in eq. (7), the isotopic  
491 composition of lake water ( $\delta_{LS}$ ) and the isotopic composition of the total inflow ( $\delta_{IT}$ ), are the two  
492 most important variables in the isotope mass balance calculations. An increase of  $\delta^{18}O_{LS}$  by 0.5 ‰,  
493 which may account for possible departures from the isotopic steady-state of the investigated lakes  
494 (cf. section 4.4), leads to decrease of calculated  $I_{TOT}/E$  ratios on the average by 15.8 %, increase of  
495 MTT values by 19.6 % and decrease of  $G$  index values by 3.3 %. An increase of  $\delta^{18}O_{IT}$  by 0.5 ‰,  
496 which may result from the contribution of an evaporated lake water originating from an upstream  
497 lake to groundwater input, leads to substantial increase of  $I_{TOT}/E$  ratios (20.2 % on the average),  
498 comparable decrease of MTT values (14.8 % on the average) and moderate increase of the  $G$  index  
499 (4.4 % on the average). Variation of the  $^{18}O$  isotopic composition of atmospheric water vapour by  $\pm$   
500 1.0 ‰ introduces changes in the calculated elements of the water balance of the studied lakes in the  
501 order of several per cent (Table 3).

502 Figure 9 shows the percentage changes of  $I_{TOT}/E$  ratios calculated for all studied lakes using eq. (7),  
503 in response to the increase of  $\delta_{LS}$  or  $\delta_{IT}$  by 0.5 ‰. The sensitivity of the calculated  $I_{TOT}/E$  ratios to the  
504 given increase of  $\delta_{LS}$  or  $\delta_{IT}$  raises sharply with increasing value of this parameter. This is particularly  
505 true for through-flow systems characterized by high  $I_{TOT}/E$  ratios. Therefore, when isotope studies  
506 aimed at quantifying water balance of such systems are planned, it is important to characterize these  
507 two isotope quantities as good as reasonably possible.

508

## 509 **5. Conclusions**

510 The Rokua esker, with its numerous lakes located across a relatively small area, provided a unique  
511 opportunity to explore the possibilities offered by environmental isotope techniques in quantifying  
512 the water balances of lakes and their dependency on groundwater in a sub-polar climatic setting. The

513 quantification of groundwater seepages to lakes using conventional methods is notoriously difficult  
514 and associated with considerable uncertainty. The presented study demonstrates the power of isotope  
515 mass balance approach for resolving this issue. It appears that a stable isotope analysis of lake water  
516 samples, collected at right time and supplemented by appropriate field observations, may lead to  
517 quantitative assessment of the water balance of a large number of lakes located in a similar climatic  
518 settings.

519 The presented study has demonstrated that consistent results are obtained when the isotope mass  
520 balance calculations are run independently for oxygen-18 and deuterium. This strengthens the  
521 position of heavy stable isotopes of water as a unique tool for quantifying elements of water balance  
522 of lakes, particularly for groundwater-dominated systems. Solving three equations simultaneously  
523 (one water balance equation plus two isotope balance equations) may help to quantify key balance-  
524 related parameters such as evaporation and groundwater inflow and outflow rates for the studied lake  
525 system, which are difficult to quantify using conventional methods.

526 The specific behaviour of lakes located in sub-polar regions, with their seasonal ice cover extending  
527 over several months, offers another opportunity for quantifying groundwater seepage during ice-  
528 cover periods. As shown in this study, observations of seasonal changes in the stable isotopic  
529 composition of lake water, in particular during the ice-cover period, combined with the survey of  
530 isotopic composition of groundwater in the vicinity of the lakes studied, allows the quantification of  
531 groundwater fluxes to this lake during winter. If such an approach is combined with the isotope mass  
532 balance calculations performed for ice-free summer season, important information about the seasonal  
533 variability of groundwater seepage to lakes located in sub-polar and polar regions can be obtained.

534 The *G* index characterizing groundwater dependency of a lake proposed in this study, and defined as  
535 a percentage contribution of groundwater inflow to the total inflow of water to the given lake, appears  
536 to be a straightforward, quantitative measure of this dependency. The studied Rokua lakes appear to  
537 be strongly dependent on groundwater; more than 40 % of water received by these lakes comes as  
538 groundwater inflow. The quantitative evaluation of groundwater dependency of lakes via the *G* index  
539 proposed in this study may assist lake restoration policies in areas where groundwater is a source of  
540 nutrients to the studied lakes.

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547

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703 Table 1. Mean isotopic composition of selected lakes, streams and groundwater, sampled four times  
 704 per year during the period 2010-2012.

	$\delta^2\text{H}$ (‰)	$\delta^{18}\text{O}$ (‰)	d-excess (‰)	Mean amplitude of $\delta^{18}\text{O}$ seasonal signal (‰)
Lakes:				
1. Ahveroinen 1	-72.4	-8.50	-4.42	1.2
2. Rokuanjärvi	-72.1	-8.75	-2.14	1.3
3. Jaakonjärvi	-64.1	-6.72	-10.34	0.8
4. Kolmonen 2	-66.7	-7.07	-10.14	0.9
5. Loukkojärvi	-63.0	-6.64	-9.88	0.9
6. Saarijärvi 2	-62.4	-6.81	-7.92	0.9
7. Saarinen	-72.3	-8.52	-4.14	3.3
8. Salminen	-71.4	-8.45	-3.80	0.5
9. Soppinen	-63.1	-6.84	-8.38	0.9
10. Tulijärvi	-85.6	-11.20	4.00	1.3
11. Vaulujärvi	-67.9	-7.68	-6.46	0.5
Streams:				
1. Heinäjoki	-93.0	-12.74	8.92	0.5
2. Hieto-oja	-88.9	-11.84	5.82	1.2
3. Kangasoja	-93.7	-12.90	9.50	0.7
4. Lianoja	-83.2	-10.67	2.16	2.2
5. Lohioja	-92.9	-12.93	10.54	0.8
6. Matokanava	-94.6	-13.06	9.88	0.9
7. Päiväkanava	-94.0	-13.01	10.08	0.9
8. Rokuanoja	-82.8	-10.95	4.80	3.1
9. Siirasoja	-94.6	-13.08	10.04	0.7
10. Soppisenoja	-89.9	-12.07	6.66	2.2
11. Valkiaisaja	-93.3	-12.80	9.10	1.0
Groundwater:				
1. MEA 106	-96.4	-13.32	10.16	0.6
2. MEA 206	-95.0	-13.12	9.96	0.8
3. MEA506	-93.5	-12.92	9.86	0.5
4. MEA 706	-93.3	-12.89	9.82	0.7
5. MEA 1106	-95.1	-13.05	9.30	0.8
6. MEA 1807	-93.3	-12.92	10.06	1.0
7. MEA 1907	-83.2	-10.65	2.00	1.0
8. MEA 2010	-97.3	-13.42	10.06	0.5
9. ROK 1	-95.5	-13.22	10.26	0.9
10. Siirasoja 1 esker	-94.5	-13.06	9.98	0.8
11. Siirasoja 1 slope	-94.3	-13.08	10.34	1.0
12. Siirasoja 1 sand	-97.0	-13.36	9.88	0.5
13. Siirasoja 1 peat	-93.8	-12.98	10.04	1.2

706 Table 2. The results of isotope mass balance calculations for 67 lakes of Rokua esker sampled during the July-August 2013 field survey.

Lake No.	Lake name	Volume (10 <sup>3</sup> m <sup>3</sup> )	Surface area (ha)	Mean depth (m)	<i>E</i> <sup>(a)</sup> (mm)	δ <sup>18</sup> O (‰)	δ <sup>2</sup> H (‰)	<i>I</i> <sub>GW</sub> (m <sup>3</sup> /day)		<i>I</i> <sub>TOT</sub> / <i>E</i>		MTT (month)		<i>G</i> index (%)	
								<sup>18</sup> O	<sup>2</sup> H	<sup>18</sup> O	<sup>2</sup> H	<sup>18</sup> O	<sup>2</sup> H	<sup>18</sup> O	<sup>2</sup> H
1	Heinälampi <sup>(b)</sup>	1764	0.22	0.8	286	-10.97	-84.4	71.5	67.3	14.2	13.3	0.6	0.6	72.4	73.0
2	Holma <sup>(b)</sup>	23778	1.89	1.3	257	-11.12	-84.8	569.3	520.7	15.8	14.2	0.9	1.0	68.4	69.5
3	Koivujärvi 1 <sup>(b)</sup>	39237	2.3	1.7	254	-11.38	-85.7	823.9	681.4	19.0	16.2	1.1	1.2	68.2	66.3
4	Koivujärvi 2 <sup>(b)</sup>	76884	2.93	2.6	251	-11.61	-87.3	1555.1	1393.4	20.6	18.5	1.5	1.7	94.1	93.9
5	Pitkäjärvi 1	36103	1.22	3	262	-6.50	-61.5	61.8	51.7	2.6	2.3	13.3	15.0	69.8	66.0
6	Nurkkajärvi	269134	3.93	6.8	247	-8.76	-73.1	407.7	362.8	4.7	4.2	17.8	19.5	82.5	80.8
7	Luontolampi	19995	0.49	4.1	275	-7.29	-64.9	34.6	28.6	3.1	2.7	14.4	16.6	76.4	72.8
8	Ahveroinen 1	119000	3.32	3.6	249	-8.80	-71.9	351.3	282.7	4.7	3.9	9.1	10.9	82.8	79.5
9	Lianjärvi <sup>(b)</sup>	113678	15.13	0.8	231	-10.31	-80.5	2375.0	2044.1	10.0	8.9	1.0	1.1	62.3	60.3
10	Syväjärvi 1 <sup>(b)</sup>	398463	11.52	3.5	234	-11.17	-85.3	3288.8	3030.3	12.7	11.7	3.5	3.8	88.3	88.1
11	Soppinen	81630	6.04	1.4	242	-7.60	-65.7	396.6	310.2	3.3	2.8	5.0	6.0	74.9	70.0
12	Salminen	681860	25.31	2.7	225	-8.59	-70.7	2177.5	1724.8	4.4	3.7	8.1	9.8	79.7	75.6
13	Saarinen	981506	15.32	6.4	231	-8.22	-69.4	1186.0	974.2	4.0	3.4	21.0	24.4	77.9	74.3
14	Kivi-Ahveroinen	216018	5.57	3.9	243	-9.02	-74.4	623.6	556.9	5.1	4.6	9.4	10.4	83.6	82.0
15	Irvi-Ahveroinen	40867	1.07	3.8	264	-7.47	-65.6	76.2	62.1	3.3	2.8	13.4	15.6	76.5	72.6
16	Loukkojärvi	126450	2.85	4.4	251	-7.10	-65.6	166.8	153.3	2.9	2.8	18.0	19.1	72.7	71.0
17	Ylimmäinen	94313	8.93	1.1	237	-9.66	-77.6	1252.1	1130.9	6.3	5.8	2.1	2.3	86.5	85.2
18	Hietajärvi	223118	7.3	3.1	240	-7.06	-63.7	394.5	318.7	2.9	2.5	13.1	15.2	71.1	66.5
19	Saarijärvi 2	2467169	20.94	11.8	228	-6.72	-62.2	924.6	747.2	2.7	2.3	58.1	66.7	66.8	61.9
20	Syväjärvi 2 <sup>(b)</sup>	1863446	31.95	5.8	223	-10.63	-83.1	7668.9	7328.2	12.0	11.3	6.5	6.9	82.3	83.5
21	Pasko <sup>(b)</sup>	2005	0.82	0.2	268	-10.62	-83.3	189.6	185.8	10.8	10.5	0.3	0.3	73.8	74.4
22	Kuikkalampi	11776	0.61	1.9	271	-7.20	-66.6	41.5	39.7	3.0	2.9	7.0	7.2	75.5	74.7
23	Soppisenlampi	25645	0.59	4.4	272	-7.32	-67.1	41.4	39.4	3.1	3.0	15.4	16.0	76.3	75.4
24	Kirvesjärvi	654618	13.47	4.9	233	-11.45	-87.6	5195.9	5601.3	18.5	19.5	3.4	3.2	82.4	84.1
25	Tulijärvi <sup>(b)</sup>	589617	24.81	2.4	226	-10.40	-81.7	4650.7	4428.9	10.9	10.3	2.9	3.1	69.9	70.8
26	Jaakonjärvi 2	5497	0.46	1.2	275	-7.39	-65.3	34.1	27.9	3.2	2.7	4.1	4.7	77.1	73.3
27	Jaakonjärvi 3	13594	0.66	2.1	271	-7.60	-66.4	50.7	41.8	3.4	2.9	6.8	7.9	77.9	74.3
28	Maitolampi 2	44812	2.04	2.2	256	-7.52	-65.9	142.0	115.8	3.3	2.8	7.8	9.1	76.1	72.2

29	Kotalampi	25980	2.6	1	253	-11.23	-86.3	860.9	877.7	12.9	13.1	0.9	0.9	93.8	93.9
30	Rokuanjärvi 1	4364781	164.59	2.7	205	-9.11	-71.8	15206.8	10695.0	5.1	3.9	7.6	9.9	80.8	74.7
31	Tervatienlampi	21970	0.63	3.5	271	-7.92	-69.3	54.3	49.5	3.7	3.4	10.5	11.3	79.8	78.2
32	Valkiaislampi	32073	0.7	4.6	270	-8.81	-72.5	82.5	69.6	4.8	4.1	10.7	12.3	84.3	81.9
33	Ankkalampi	103700	3.86	2.7	248	-8.57	-71.9	373.5	326.9	4.4	4.0	7.4	8.2	81.5	79.4
34	Saarilampi 1	12044	0.45	2.7	276	-10.51	-80.8	110.5	91.2	8.9	7.5	3.3	3.9	91.8	90.2
35	Kiiskeroinen	6517	0.63	1	271	-12.14	-90.2	482.7	447.8	26.6	24.8	0.4	0.5	97.2	97.0
36	Jaakonjärvi 1	93614	3.53	2.7	249	-6.82	-63.5	184.2	159.3	2.7	2.5	11.7	12.9	70.4	67.3
37	Vaulujärvi	432813	8.97	4.8	237	-7.84	-68.6	628.9	553.8	3.6	3.2	17.1	18.8	76.2	73.8
38	Levä-Soppinen	34000	2.31	1.5	254	-12.27	-91.4	1922.5	2060.2	31.0	33.1	0.6	0.5	97.4	97.6
39	Anttilanjärvi	60230	1.06	5.7	264	-7.40	-66.4	73.8	64.9	3.2	2.9	20.3	22.3	76.1	73.7
40	Hautajärvi 1	189222	2.56	7.4	253	-7.71	-68.0	187.0	165.8	3.5	3.2	25.4	27.8	76.9	74.7
41	Lepikonjärvi	191118	2.98	6.4	251	-7.77	-68.3	220.2	195.8	3.5	3.2	21.8	23.9	77.1	75.0
42	Kolmonen 1	35700	0.68	5.3	270	-7.09	-65.2	43.9	39.5	3.0	2.7	19.8	21.4	74.7	72.7
43	Kolmonen 2	21890	0.56	3.9	273	-7.25	-65.8	38.5	34.1	3.1	2.8	14.1	15.4	75.9	73.6
44	Kolmonen 3	21630	0.54	4	273	-7.26	-66.1	37.4	33.9	3.1	2.9	14.3	15.4	76.0	74.2
45	Hätäjärvi	35217	1.73	2	258	-6.50	-61.8	85.4	72.8	2.5	2.3	9.3	10.4	69.2	65.7
46	Kissalampi	800	0.36	0.2	279	-5.60	-57.1	14.5	11.8	2.1	1.8	1.2	1.3	64.9	60.2
47	Valkiajärvi	582662	8.36	7	238	-8.49	-71.2	747.9	637.5	4.3	3.8	20.4	23.1	80.3	77.6
48	Hautajärvi 2	445413	14.6	3.1	232	-7.43	-64.5	857.1	646.0	3.2	2.6	12.3	15.0	72.8	66.8
49	Keskimmäinen <sup>(b)</sup>	428515	13.07	3.3	233	-10.76	-82.8	3117.4	2686.0	10.9	9.6	3.9	4.4	86.4	84.8
50	Siirasjärvi 2	23126	0.56	4.1	273	-12.66	-93.5	977.5 <sup>(d)</sup>	1315.5 <sup>(d)</sup>	59.7 <sup>(d)</sup>	80.1 <sup>(d)</sup>	0.8 <sup>(d)</sup>	0.6 <sup>(d)</sup>	98.8 <sup>(d)</sup>	99.1 <sup>(d)</sup>
51	Siirasjärvi 1	9701	0.34	2.9	280	-10.43	-80.4	81.5	66.8	8.6	7.2	3.6	4.3	91.6	90.0
52	Telkkälampi	7284	0.25	2.9	284	-7.30	-66.3	18.7	16.9	3.1	2.9	9.8	10.6	77.2	75.4
53	Maitolampi 1	48892	1.56	3.1	259	-6.36	-61.2	73.8	63.3	2.5	2.2	14.8	16.4	68.4	64.9
54	Taka-Salminen <sup>(b)</sup>	364757	7.31	5	240	-9.63	-76.2	772.6	609.0	7.8	6.4	8.0	9.7	52.3	49.6
55	Etu-Salminen <sup>(b)</sup>	196453	5.83	3.4	243	-8.05	-68.5	311.7	259.3	5.1	4.3	8.2	9.6	39.9	38.9
56	Pikku-Salminen	39856	1.32	3	261	-7.61	-65.8	97.4	76.9	3.4	2.8	10.3	12.3	77.1	72.7
57	Kylmäjärvi	394443	7.89	5	239	-8.47	-70.3	703.3	564.6	4.3	3.6	14.7	17.4	80.2	76.5
58	Kourujärvi 1	68023	1.83	3.7	257	-8.55	-71.7	183.8	159.9	4.4	3.9	9.9	11.1	82.1	80.0
59	Kourujärvi 2	31136	1.91	1.6	256	-7.64	-67.3	139.5	120.6	3.4	3.1	5.6	6.2	76.9	74.2
60	Huttunen	54588	1.49	3.7	260	-7.50	-66.9	105.6	92.7	3.3	3.0	12.9	14.2	76.3	73.9

61	Saarijärvi 1	13590	1.36	1	261	-6.49	-61.4	68.1	56.8	2.5	2.2	4.5	5.1	69.5	65.5
62	Pitkäljärvi 2	451093	7.93	5.7	239	-8.05	-68.7	607.3	505.3	3.8	3.3	18.8	21.6	77.7	74.4
63	Pyöräinen <sup>(b)</sup>	76077	3.76	2	248	-7.91	-67.9	270.8	224.5	4.8	4.1	5.1	6.0	56.0	54.6
64	Likainen <sup>(b)</sup>	33763	8.28	0.4	238	-10.94	-83.4	2110.9	1732.2	13.2	11.2	0.4	0.5	74.8	71.9
65	Nimisjärvi <sup>(b), (c)</sup>	1840396	167.53	1.1	205	-8.66	-69.7	15759.0	11551.0	5.2	4.1	3.1	3.9	81.1	75.8
66	Ahveroinen 2 <sup>(b)</sup>	670515	16.3	4.1	230	-7.96	-67.8	1077.3	854.5	4.3	3.6	12.4	14.7	61.2	57.6
67	Tervalampi	29707	0.79	3.7	268	-7.99	-68.7	69.3	58.8	3.7	3.3	11.2	12.7	79.9	77.1

707 (a) - Calculated for the period June 1 - August 31, 2013.

708 (b) - Lakes with identified surface inflow from an upstream lake.

709 (c) - Since the upstream lake for lake Nimisjärvi was not sampled, the mean isotopic composition of total inflows to lakes with identified surface water  
710 inflows was used for isotope mass balance calculations of this particular lake.

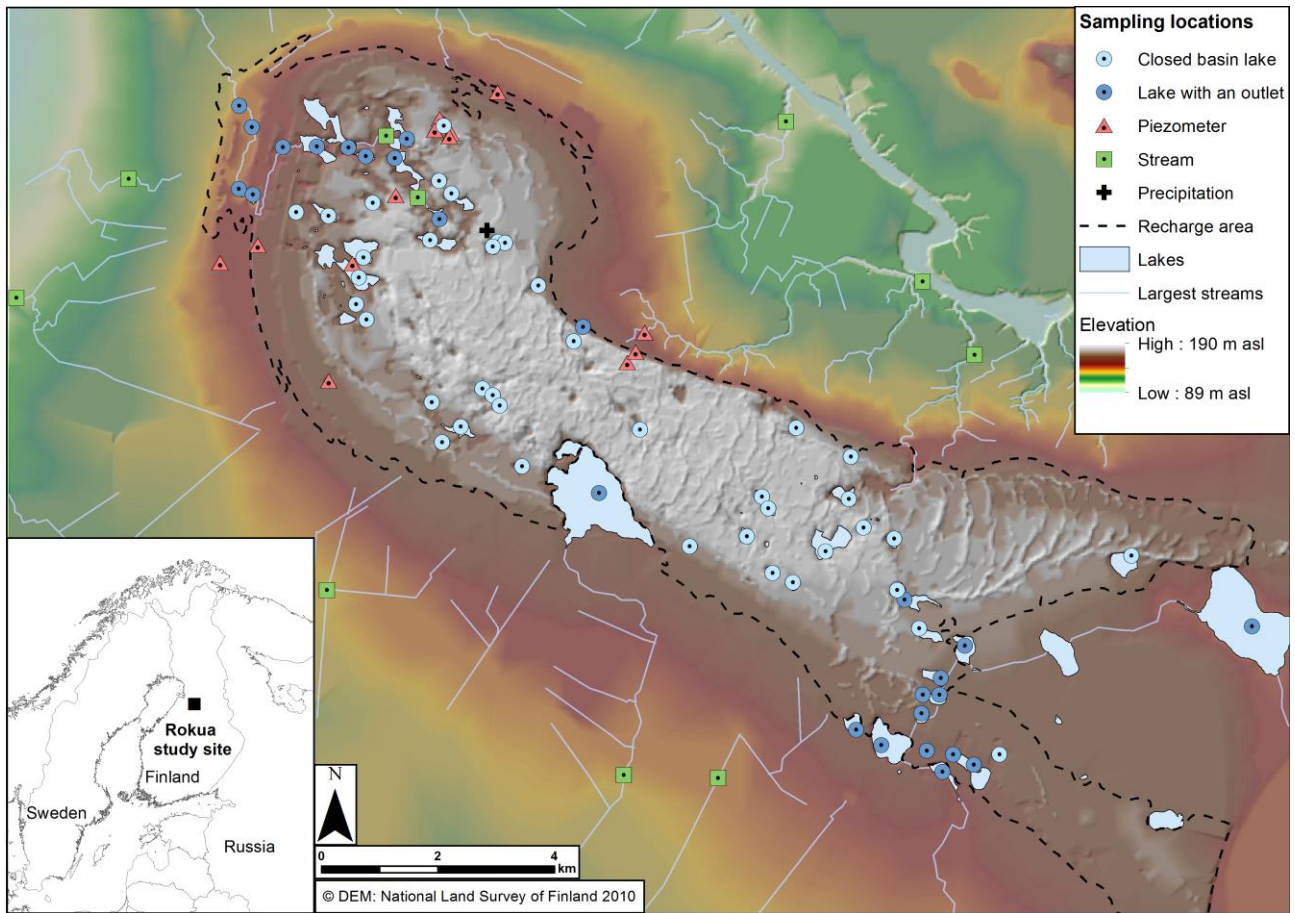
711 (d) - As the isotopic composition of a lake becomes comparable with the isotopic composition of the total inflow, the isotope mass balance calculations  
712 become very uncertain. Therefore, for lake Siirasjärvi 2 ( $\Delta\delta^{18}\text{O} = 0.45\text{‰}$  and  $\Delta\delta^2\text{H} = 1.6\text{‰}$ ) the values of  $I_{\text{TOT}}/E$ , MTT and G index reported in the  
713 table have only an indicative character.

714 Table 3. Sensitivity of selected elements of  $^{18}\text{O}$ -based water balance of the studied lakes to changes  
 715 of the parameters involved.  
 716

Parameter	Parameter change	Mean change of the selected elements of water balance (%) <sup>(a)</sup> :		
		$I_{\text{TOT}}/E$	MTT	$G$ index
1. Lake water temperature ( $T_w = 19.1$ °C)	+0.87 °C	-0.9	-11.7	+2.9
	-0.87 °C	+0.7	+15.0	-3.6
2. Normalized relative humidity ( $h_N = 60.7$ %)	+2.0 %	-1.5	+7.0	-1.9
	-2.0 %	+1.3	-6.2	+1.6
3. Isotopic composition of atmospheric water vapour ( $\delta^{18}\text{O}_A = -20.4$ ‰)	+1.0 ‰	+7.6	-7.1	+1.7
	-1.0 ‰	-7.6	+8.2	-2.0
4. Isotopic composition of lake water ( $\delta^{18}\text{O}_{\text{LS}}$ )	+0.5 ‰	-15.8	+19.6	-3.3
5. Isotopic composition of the total inflow ( $\delta^{18}\text{O}_{\text{IT}}$ )	+0.5 ‰	+20.2	-14.8	+4.4

717 (a) The (+) and (-) signs signify an increase or reduction, respectively, of the derived quantity by the reported  
 718 percentage.  
 719

720 **Figures**



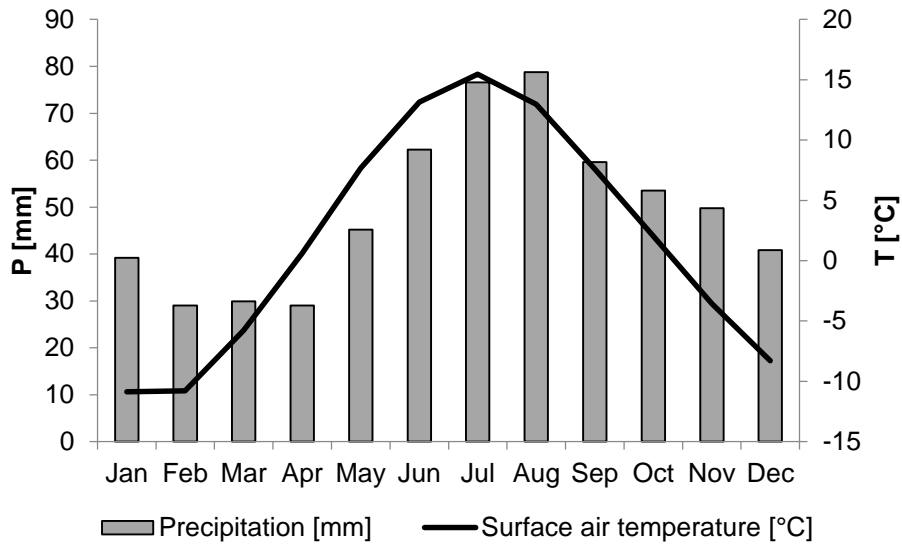
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722 Figure 1. The study site of Rokua esker aquifer area. Digital elevation model by the National Land  
723 Survey of Finland (2010).

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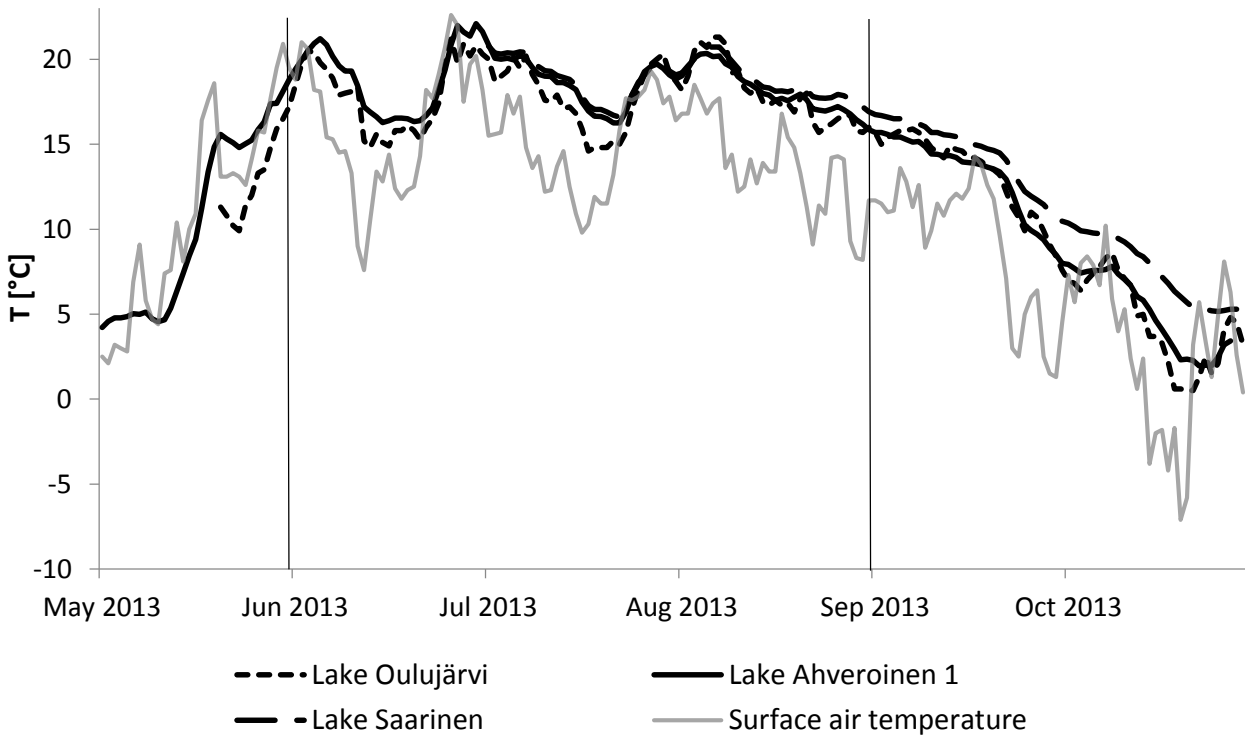
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727

728 Figure 2. The long-term (1959-2013) monthly mean values of surface air temperature and the amount  
 729 of precipitation recorded at the station located 10 km south-west of the study site (Finnish  
 730 Meteorological Institute, 2014).

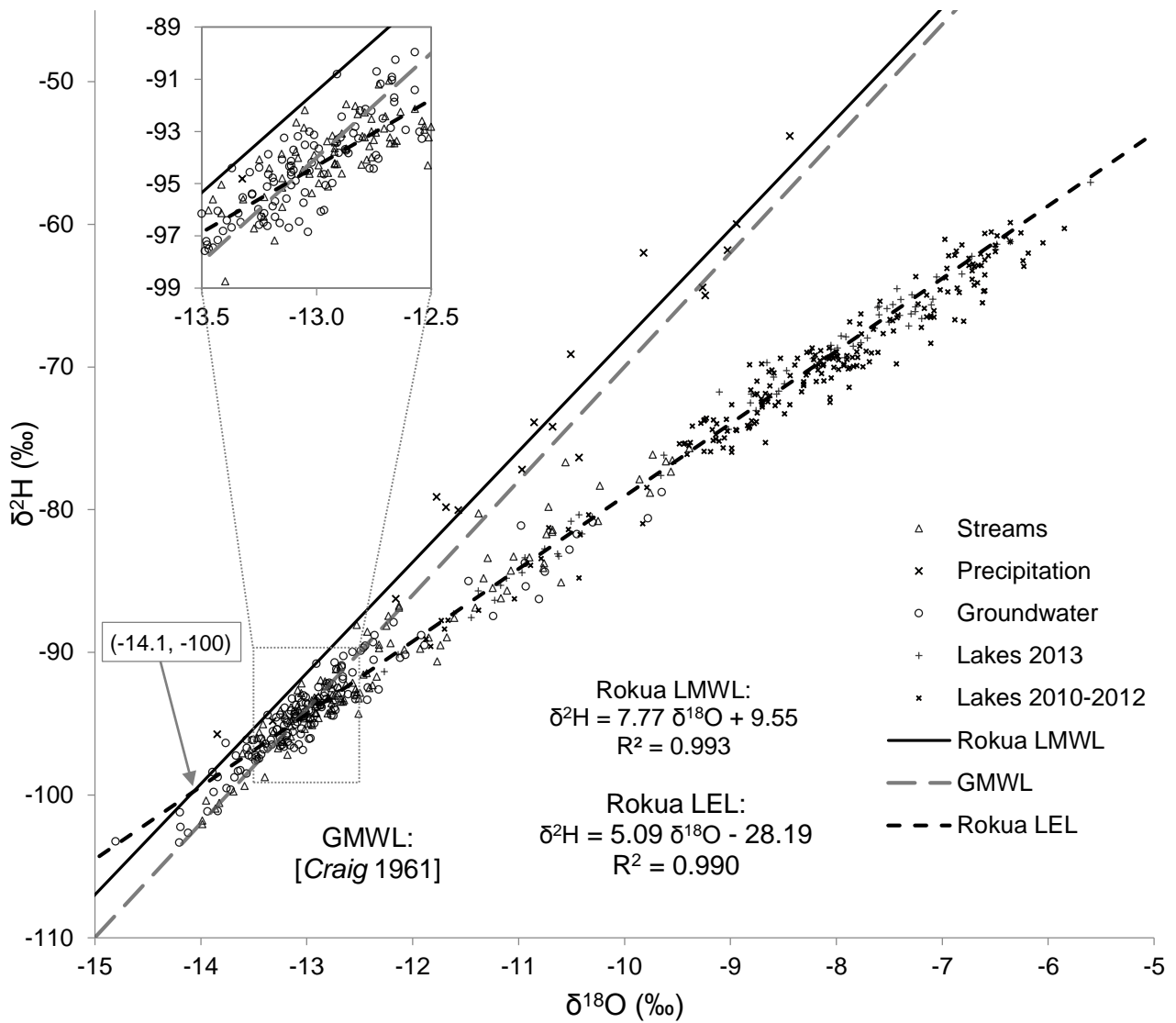
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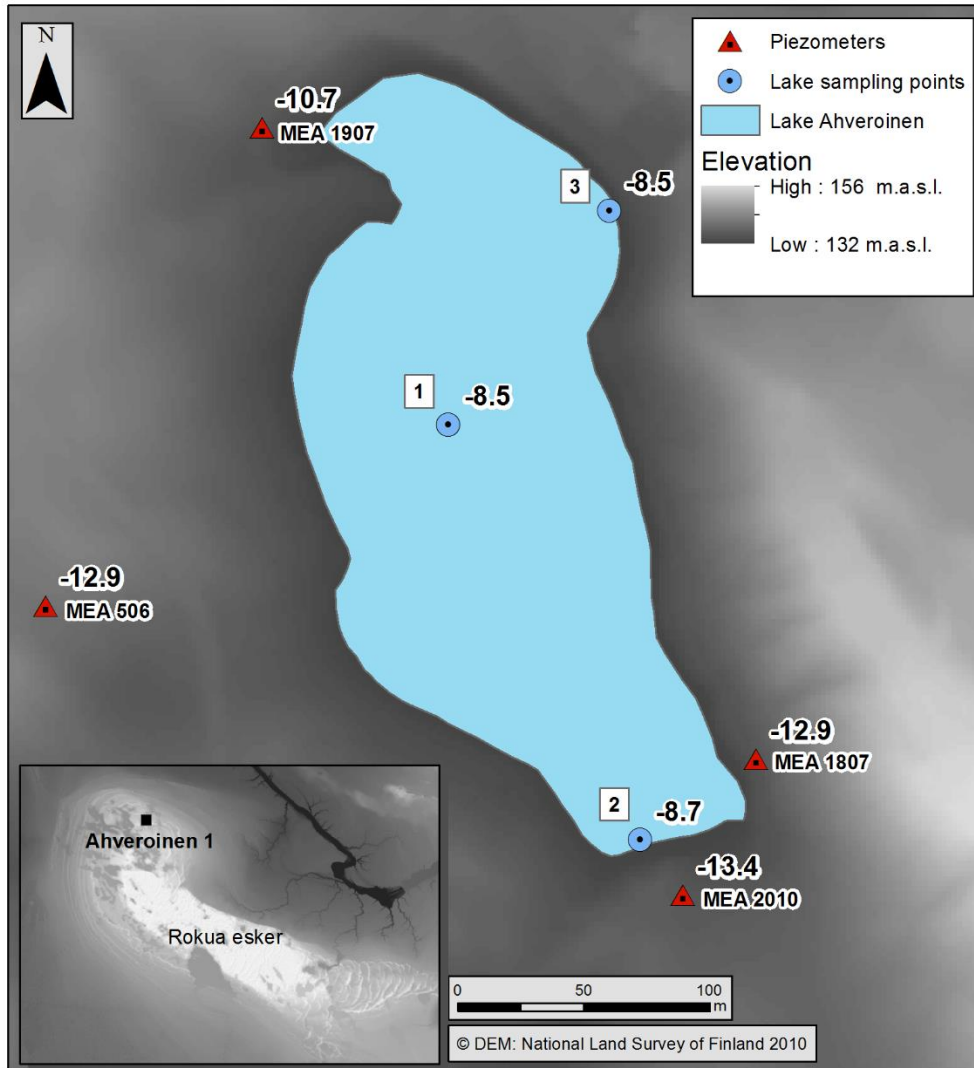
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733 Figure 3. Daily mean surface water temperatures of lakes Oulujärvi (92,800 ha) (Finnish  
 734 Environmental Institute, 2013), Ahveroinen 1 (3.3 ha) and Saarinen (15.3 ha) during the summer of  
 735 2013, compared with the surface air temperature data for the same period. Lake Oulujärvi is located  
 736 in the east, next to the study site, 1 km from the easternmost lake studied. Vertical lines mark the  
 737 period used in the calculations of evaporation and isotope mass balance.



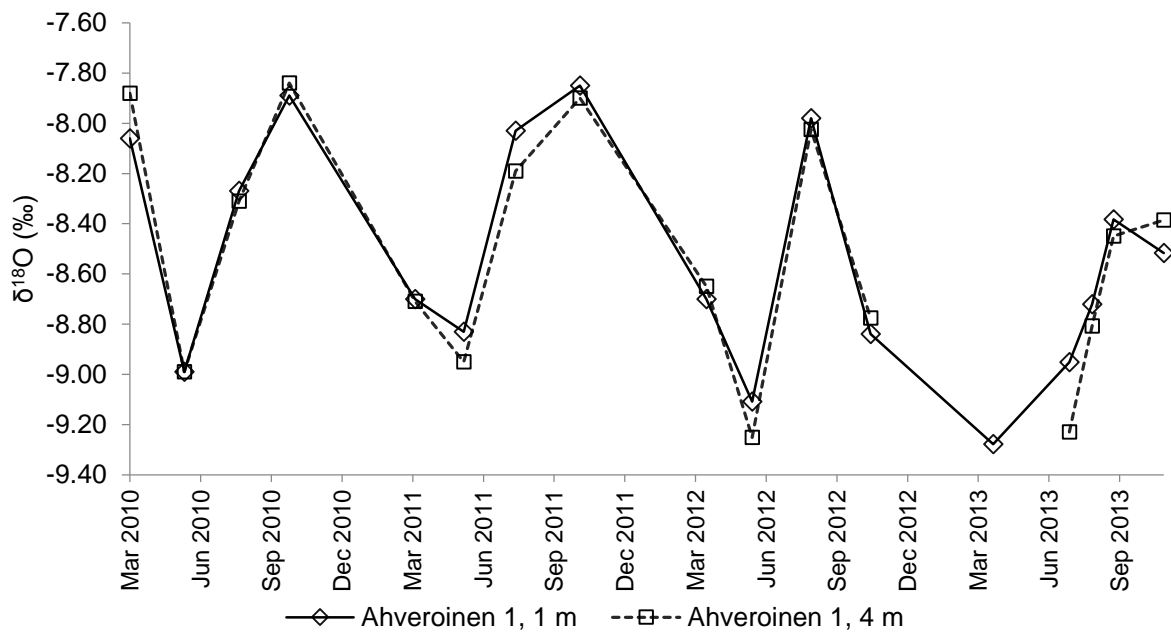


738  
 739 Figure 4.  $\delta^2\text{H}$  -  $\delta^{18}\text{O}$  relationship for different appearances of surface water (lakes, streams) and  
 740 groundwater in the study area, investigated within the scope of this study. The Rokua evaporation  
 741 line (local evaporation line - LEL) was defined as the best fit line of the data points representing lakes  
 742 sampled during the July-August 2013 campaign.  
 743



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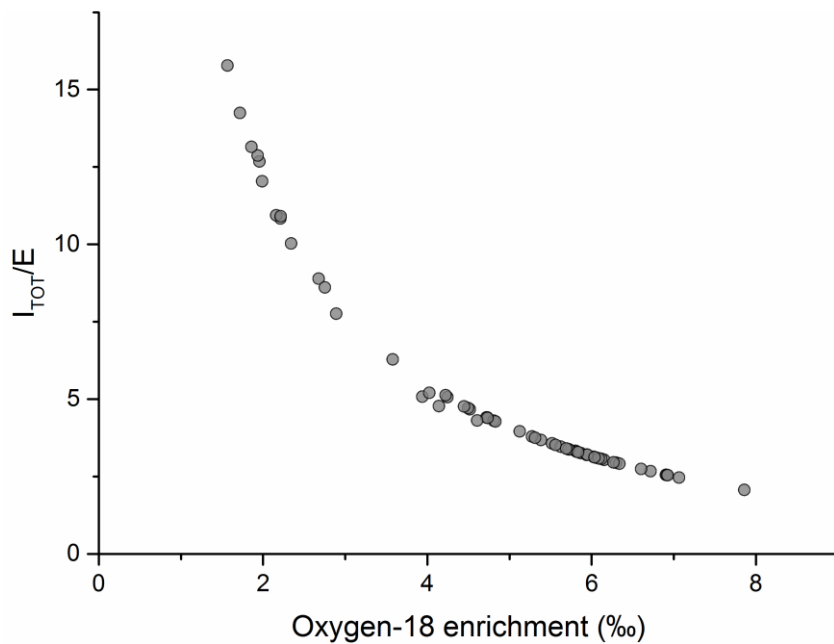
Figure 5. Mean  $\delta^{18}\text{O}$  values (‰) of lake Ahveroinen and adjacent groundwater. The mean  $\delta^{18}\text{O}$  value for site 1 is 8.5 ‰ at both sampled depths (1 m and 4 m).



748

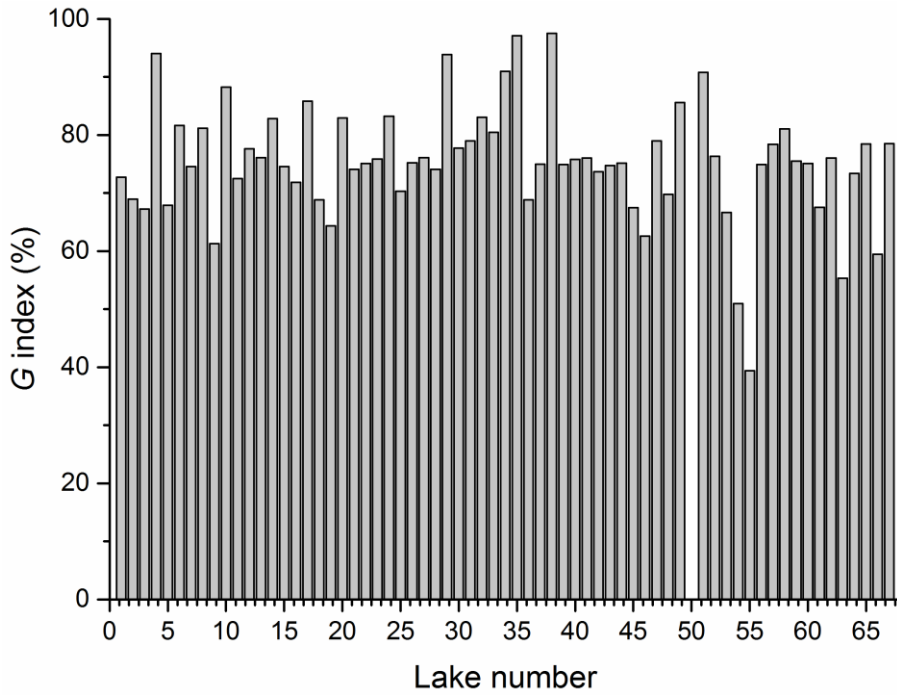
749 Figure 6. Seasonal variations of  $\delta^{18}\text{O}$  in lake Ahveroinen 1, observed at 1 and 4-meter depths.  
 750 Maximum depth of the lake is 4.8 m.

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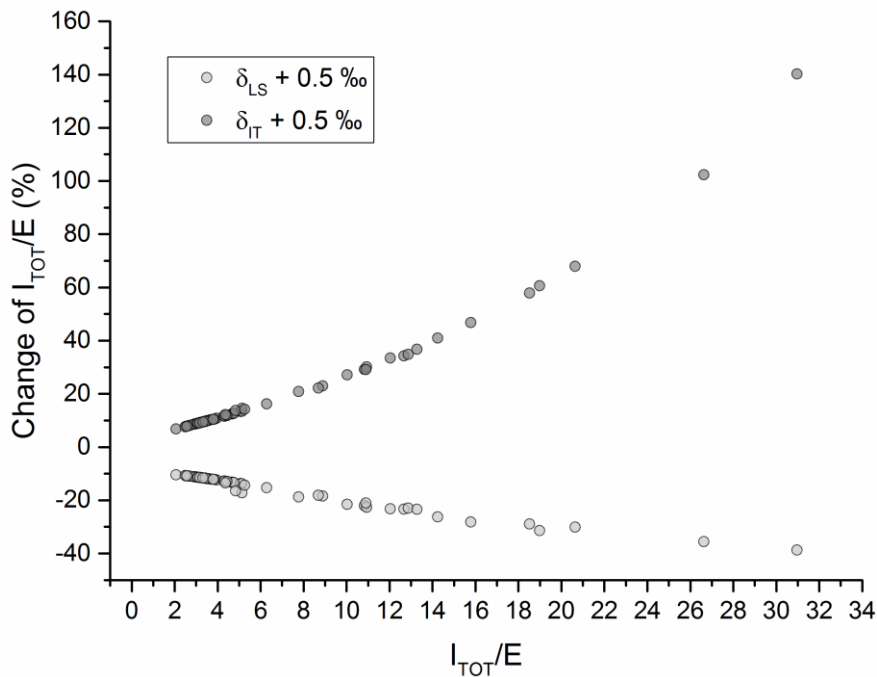
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753 Figure 7. The ratio of total inflow to evaporation ( $I_{\text{TOT}}/E$ ) as a function of the measured  $^{18}\text{O}$  isotope  
 754 enrichment ( $\Delta\delta^{18}\text{O}$ ) for Rokua lakes surveyed during the July-August 2013 sampling campaign.



755

756 Figure 8. The  $G$  index quantifying the groundwater dependency of lakes in the Rokua study area. The  
 757 index is defined as the percentage contribution of groundwater inflow to the total inflow of water to  
 758 the given lake. Shown are the mean  $G$  values obtained from independent isotope mass balance  
 759 calculations based on  $^2\text{H}$  and  $^{18}\text{O}$  data.



760

761 Figure 9. Changes of the total inflow-to-evaporation ratio (in %) based on  $^{18}\text{O}$  isotope mass balance  
 762 as a function of  $I_{\text{TOT}}/E$  value, in response to parameter change, calculated for the studied lakes on the  
 763 Rokua esker. Two cases are considered: (a) an increase of the measured  $\delta^{18}\text{O}$  of lake water by 0.5 ‰,  
 764 and (b) an increase of  $\delta^{18}\text{O}$  of the total inflow to the given lake by 0.5 ‰. See text for details.  
 765