

Region	Virtual water export (Mm ³)	% SW	% GW	Virtual water import (Mm ³)	% SW	% GW	Virtual water balance (Mm ³)
Canada	1078	51 %	49 %	973	–	–	–105
Mexico	1787	40 %	60 %	572	–	–	–1215
Rest of Americas	672	67 %	33 %	597	–	–	–75
Europe	662	53 %	47 %	266	–	–	–396
Africa	448	33 %	67 %	43	–	–	–405
Southwest & central Asia	355	45 %	55 %	102	–	–	–253
Eastern Asia	2307	62 %	38 %	226	–	–	–2081
Southeast Asia & Oceania	432	61 %	39 %	269	–	–	–163
Total	7741	52 %	48 %	3048	–	–	–4693