

This discussion paper is/has been under review for the journal Hydrology and Earth System Sciences (HESS). Please refer to the corresponding final paper in HESS if available.

Stream restoration and sanitary infrastructure alter sources and fluxes of water, carbon, and nutrients in urban watersheds

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Received: 15 October 2015 – Accepted: 10 November 2015 – Published: 16 December 2015

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Published by Copernicus Publications on behalf of the European Geosciences Union.

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Abstract

An improved understanding of sources and timing of water and nutrient fluxes associated with urban stream restoration is critical for guiding effective watershed management. We investigated how sources, fluxes, and flowpaths of water, carbon (C), nitrogen (N), and phosphorus (P) shift in response to differences in stream restoration and sanitary infrastructure. We compared a restored stream with 3 unrestored streams draining urban development and stormwater management over a 3 year period. We found that there was significantly decreased peak discharge in response to precipitation events following stream restoration. Similarly, we found that the restored stream showed significantly lower monthly peak runoff ($9.4 \pm 1.0 \text{ mm d}^{-1}$) compared with two urban unrestored streams (ranging from 44.9 ± 4.5 to $55.4 \pm 5.8 \text{ mm d}^{-1}$) draining higher impervious surface cover. Peak runoff in the restored stream was more similar to a less developed stream draining extensive stormwater management ($13.2 \pm 1.9 \text{ mm d}^{-1}$). Interestingly, the restored stream exported most carbon, nitrogen, and phosphorus loads at relatively lower streamflow than the 2 more urban streams, which exported most of their loads at higher and less frequent streamflow. Annual exports of total carbon ($6.6 \pm 0.5 \text{ kg ha}^{-1} \text{ yr}^{-1}$), total nitrogen ($4.5 \pm 0.3 \text{ kg ha}^{-1} \text{ yr}^{-1}$), and total phosphorus ($161 \pm 15 \text{ g ha}^{-1} \text{ yr}^{-1}$) were significantly lower in the restored stream compared to both urban unrestored streams ($p < 0.05$) and similar to the stream draining stormwater management. Although stream restoration appeared to potentially influence hydrology to some degree, nitrate isotope data suggested that $55 \pm 1 \%$ of the nitrate in the restored stream was derived from leaky sanitary sewers (during baseflow), similar to the unrestored streams. Longitudinal synoptic surveys of water and nitrate isotopes along all 4 watersheds suggested the importance of urban groundwater contamination from leaky piped infrastructure. Urban groundwater contamination was also suggested by additional tracer measurements including fluoride (added to drinking water) and iodide (contained in dietary salt). Our results suggest that integrating stream restoration with restoration of aging sanitary infrastructure can be critical to more effectively minimize

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Baltimore County, Maryland Department of Environmental Protection and Sustainability (BCMDEPS).

The most urban watershed, Dead Run (DRN), with 45.7 % ISC, has the second highest percent stormwater management (32.5 % SWM), and was the third oldest in terms of average year built for development (1963). The second most urban site, Powder Mill Run (PMR), with 44.3 % ISC, has virtually no stormwater management (0.7 % SWM), and the oldest average age of development (circa 1954). The third most urban site, Minebank Run (MBR) has moderate impervious surface cover and minimal stormwater management (29.4 % ISC, 17.8 % SWM), but the entire mainstem of the stream from headwaters to mouth is greater than 95 % restored (~ 5700 linear meters were restored, BCMDEPS), with the headwaters restored in 1998–1999 and the lower portion (directly above and below the stream gauge) restored in 2004–2005. The MBR watershed has the second oldest year of development (circa 1959). Restoration features at MBR include oxbows, redesigned channels, armoring, low connected floodplains, increased sinuosity, and step pools (Kaushal et al., 2008b; Harrison et al., 2011). The least urban site, Red Run (RRN), has 20.5 % ISC, the greatest level of stormwater management (40.4 % SWM), and is the most recently developed watershed (circa 1998) (BCMDEPS). The stormwater management at RRN is primarily in the lower portion of the watershed and includes detention ponds, wet ponds, bioretention, and sand filters, with its headwaters containing a quarry and low-density development on septic systems. DRN has stormwater management mainly in a portion of its headwaters, with primarily detention ponds (Fig. 1, Table 1, Smith et al., 2015). RRN and MBR have broader undeveloped downstream riparian zones than either DRN or PMR. Discharge was measured continuously at all of the 4 study watersheds: Minebank Run, Powder Mill Run, and Dead Run are gauged by the US Geological Survey (USGS gage numbers 0158397967, 01589305, and 01589330, respectively), while Red Run is gauged by the University of Maryland, Baltimore County Center for Urban Environmental Research and Education. Further details on stream site characteristics and the methods described below are in Supplement.

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2.2 Comparison of pre and post restoration hydrologic response

In order to examine the hydrologic response of an urban stream to restoration, the relationship between effective precipitation (P_{pt}) and effective peak discharge (Q_{pk}) was estimated for Minebank Run pre and post restoration, from 2001 to 2008. Discharge and precipitation data are from the US Geological Survey (USGS) National Water Information System. Data were accessed online (<http://waterdata.usgs.gov/nwis>) or through requests made to the Maryland Water Science Center Water-Data inquiries link between May 2008 and July 2011. Data were collected electronically every 5 min, and discharge data were available online, and the high temporal resolution weather data were made available via a request to the USGS. The discharge data were transformed from the original cubic feet per second (cfs) to cubic meters per second (cms) and precipitation was transformed from inches to millimeters.

In order to determine effective precipitation and the associated effective discharge, we first removed dates without measureable precipitation or discharge. Of the 2283 dates in the study period (2001–2008) with data, approximately 800 dates had precipitation. Based upon the remark codes, dates were removed when either precipitation or discharge were estimated leaving 679 dates. An additional series of data were removed for days where less than 1.27 mm (0.05 inches) of precipitation was measured. At this precipitation depth there was no identifiable discharge response, even for cloud-bursts with the entire 1.27 mm occurring in a 5 min period. It was assumed that much of this precipitation was intercepted and could be classified as the initial abstraction.

Five (5) storms were found to be multi-day events (meaning that they occurred at night and fell into two calendar days) and were then combined into a single day event. Data for the hydrographs where the peak discharge for a storm was on the falling limb of a precipitation event on the previous day were also removed. Because of low intensity precipitation, 33 storms were removed from the analysis, these were low precipitation intensity drizzle events and a distinct discharge response could not be identified at the 5 min data interval. There were also 20 dates where there were multiple storms during

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that 24 h period/calendar day. Therefore, the first peak on the hydrograph was selected, along with the associated precipitation occurring up till the peak discharge.

There were 195 pre-restoration and 221 post-restoration dates used in the effective Ppt- Q_{pk} analysis (where the designation of effective is used to specifically identify data that meets the assumptions of a measurable mechanism between precipitation leading to a discharge response). Regression lines were created in Minitab (Release 14.2, Minitab, Inc. State College, PA, USA) using the data developed for the pre-restoration and the post-restoration for the effective storm precipitation and the effective peak discharge. Slope and intercept of these developed regression lines were compared using a General Linear Model in Minitab (ID 1248).

2.3 Water quality sampling and analyses

Water samples were collected at the MBR, RRN, DRN, and PMR stream gauge locations every 2 to 4 weeks (called “routinely sampled” water quality data from this point on) for 3 calendar years (2010–2012) and longitudinally at 8–12 sampling points (300–1000 m apart) from mouth to headwaters of each stream network during 4 different seasons: 2 winter (January 2010 and December 2010), one spring (April 2010), and one summer (June 2011). Samples were analyzed for total organic C (TOC), dissolved organic C (DOC), total Kjeldahl nitrogen (TKN), nitrate + nitrite ($\text{NO}_3^- + \text{NO}_2^-$), total phosphorus (TP), orthophosphate (PO_4^{3-}), iodide (I^-), fluoride (F^-), stable water isotopes ($\delta^2\text{H-H}_2\text{O}$ and $\delta^{18}\text{O-H}_2\text{O}$, details below), C quality characterization (described further below), and NO_3^- stable isotopes ($\delta^{15}\text{N-NO}_3^-$ and $\delta^{18}\text{O-NO}_3^-$, details below). All samples were analyzed using standard Environmental Protection Agency (EPA) methods by the U.S. EPA National Risk Management Research Laboratory in Ada, Oklahoma, USA.

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2.4 Nitrate and water stable isotope analyses and mixing models

Surface samples for $\delta^{15}\text{N-NO}_3^-$ and $\delta^{18}\text{O-NO}_3^-$ isotopes of dissolved NO_3^- were filtered (0.45 μm), frozen, and shipped to the UC Davis Stable Isotope Facility (SIF) for analysis. The isotope composition of nitrate was measured following the denitrifier method (Sigman et al., 2001; Casciotti et al., 2002). Briefly, denitrifying bacteria were used to convert nitrate in water samples to N_2O gas, which was then analyzed by a mass spectrometer for stable isotopic ratios of N and O of nitrate ($^{15}\text{N}/^{14}\text{N}$ and $^{18}\text{O}/^{16}\text{O}$). Values for $\delta^{15}\text{N-NO}_3^-$ and $\delta^{18}\text{O-NO}_3^-$ are reported as per mil (‰) relative to atmospheric N_2 ($\delta^{15}\text{N}$) or VSMOW ($\delta^{18}\text{O}$), according to $\delta^{15}\text{N}$ or $\delta^{18}\text{O}$ (‰) = $[(R)\text{sample}/(R)\text{standard} - 1] \times 1000$, where R denotes the ratio of the heavy to light isotope ($^{15}\text{N}/^{14}\text{N}$ or $^{18}\text{O}/^{16}\text{O}$). For data correction and calibration, UC Davis SIF uses calibration nitrate standards (USGS 32, USGS 34, and USGS 35) supplied by NIST (National Institute of Standards and Technology, Gaithersburg, MD). The long-term standard deviation for nitrate isotope samples at UC Davis SIF is 0.4 ‰ for $\delta^{15}\text{N-NO}_3^-$ and 0.5 ‰ for $\delta^{18}\text{O-NO}_3^-$. Previous studies (Kendall et al., 2007; Kaushal et al., 2011) indicate that the relative amounts of $\delta^{15}\text{N-NO}_3^-$ and $\delta^{18}\text{O-NO}_3^-$ can be used to determine specific sources of nitrate (i.e. fertilizer, atmospheric, or sewage derived nitrate).

Stable nitrate isotope data was used to create a three-endmember isotope mixing model to determine the percent contribution of different potential nitrate sources: wastewater, nitrification, or atmospheric derived nitrate (Phillips, 2001; Kaushal et al.,

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2011), where:

$$f_{\text{wastewater}} = \frac{(\delta^{15}\text{N}_\text{N} - \delta^{15}\text{N}_\text{A})(\delta^{18}\text{O}_\text{S} - \delta^{18}\text{O}_\text{A}) - (\delta^{18}\text{O}_\text{N} - \delta^{18}\text{O}_\text{A})(\delta^{15}\text{N}_\text{S} - \delta^{15}\text{N}_\text{A})}{(\delta^{15}\text{N}_\text{N} - \delta^{15}\text{N}_\text{A})(\delta^{18}\text{O}_\text{W} - \delta^{18}\text{O}_\text{A}) - (\delta^{18}\text{O}_\text{N} - \delta^{18}\text{O}_\text{A})(\delta^{15}\text{N}_\text{W} - \delta^{15}\text{N}_\text{A})} \quad (1)$$

$$f_{\text{Atmospheric}} = \frac{(\delta^{15}\text{N}_\text{S} - \delta^{15}\text{N}_\text{N})(\delta^{18}\text{O}_\text{W} - \delta^{18}\text{O}_\text{N}) \times f_{\text{wastewater}}}{\delta^{18}\text{O}_\text{A} - \delta^{18}\text{O}_\text{N}} \quad (2)$$

$$f_{\text{nitrification}} = 1 - f_{\text{wastewater}} - f_{\text{atmospheric}} \quad (3)$$

5 and $f_{\text{wastewater}}$, $f_{\text{atmospheric}}$, and $f_{\text{nitrification}}$ = the fraction of nitrate from wastewater, atmospheric, or nitrification sources, respectively (also equivalent to % wastewater NO_3^- , % atmospheric NO_3^- , and % nitrification NO_3^-) and $\delta^{15}\text{N}_\text{S}$ or $\delta^{18}\text{O}_\text{S}$ is the value (‰) for the nitrate sample, $\delta^{15}\text{N}_\text{N}$ or $\delta^{18}\text{O}_\text{N}$ is the endmember value (‰) for nitrification, $\delta^{15}\text{N}_\text{A}$ or $\delta^{18}\text{O}_\text{A}$ is the endmember value (‰) for atmospheric nitrate, and $\delta^{15}\text{N}_\text{W}$ or $\delta^{18}\text{O}_\text{W}$ is the endmember value (‰) for wastewater nitrate. End-member values for $\delta^{15}\text{N}-\text{NO}_3^-$ and $\delta^{18}\text{O}-\text{NO}_3^-$ for nitrification (-3 and 0, respectively) and atmospheric nitrate (-0.2 and 80, respectively) were obtained from an average of the values in Kendall et al. (2007). The wastewater $\delta^{15}\text{N}-\text{NO}_3^-$ and $\delta^{18}\text{O}-\text{NO}_3^-$ end-member value (35.4 and 13.3, respectively) was based on averaging the highest effluent nitrate isotope values measured from the Blue Plains waste water treatment plant in Washington D.C. (for monthly samples collected 2010–2011).

15 Water isotope ($\delta^2\text{H}-\text{H}_2\text{O}$ and $\delta^{18}\text{O}-\text{H}_2\text{O}$) samples were collected from August 2010 to October 2011 and analyzed using a high temperature conversion elemental analyzer (TC/EA), a continuous flow unit, and an isotope ratio mass spectrometer (IRMS). A two end-member mixing model (Williard et al., 2001; Buda and DeWalle, 2009; Kaushal et al., 2011) was created using $\delta^{18}\text{O}-\text{H}_2\text{O}$ to distinguish between groundwater and

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atmospheric water sources, where:

% groundwater

$$= \frac{\delta^{18}\text{O}_S - \delta^{18}\text{O}_R}{\delta^{18}\text{O}_G - \delta^{18}\text{O}_R} \times 100 \quad (4)$$

% rainwater = 100 – % groundwater, and $\delta^{18}\text{O}_S$ is the value (‰) for the stream water sample, $\delta^{18}\text{O}_R$ is the endmember value (‰) for rain water, and $\delta^{18}\text{O}_G$ is the endmember value (‰) for ground water. End-member values for $\delta^2\text{H-H}_2\text{O}$ and $\delta^{18}\text{O-H}_2\text{O}$ from rain water (–22.41 and –5.23, respectively) and groundwater (–44.02, and –7.995, respectively) were obtained from Kendall and Coplen (2001).

2.5 Fluorescence analyses for dissolved organic matter characterization

The lability (e.g. protein or humic-like) and sources (e.g. allochthonous or autochthonous) of dissolved organic matter were characterized using fluorescence excitation emission matrices (EEMs) (Cory and McKnight, 2005; Cory et al., 2010), using a Fluoromax-4 spectrofluorometer (Horiba, Jobin Yvon). Water samples were analyzed with an excitation range of 240–450 nm at 10 nm increments and an emission range of 290–600 nm at 2 nm increments. Fluorescence EEMs were instrument-corrected, blank-subtracted, and normalized by the water Raman signal following Cory et al. (2010). Standard inner-filter corrections (IFC) were not performed on samples because absorbance measurements were not obtained for most samples (however, for a subset of samples absorbance was collected using a Scanning Spectrophotometer, the inner-filter corrections were done, and it was found that there is < 5 % difference in the EEM metric results, with and without IFC). We analyzed fluorescence EEMs for the following indices: fluorescence index, FI (McKnight et al., 2001), humification index, HIX (Zsolnay et al., 1999; Huguet et al., 2009), biological freshness index, BIX (Huguet et al., 2009), and protein-to-humic fluorescence intensities ratio, P/H ratio (Coble, 1996; Stolpe et al., 2010).

hydrologic response to storm events. Precipitation data used for lag-time calculations were 15 min interval rainfall data obtained from the National Atmospheric and Ocean Administration (NOAA) National Climatic Data Center (NOAA, 2014).

We also quantified the variability of routinely sampled carbon and nutrient source and concentration data and the daily load data from USGS LOADEST by calculating (1) mean monthly coefficient of variation, (2) mean difference (absolute value of change between consecutive daily loads or routinely sampled nutrient concentrations), and (3) the Flashiness Index (described above). These metrics were chosen to determine how differences in urbanization affect the variability or pulsing of C and nutrient sources, concentrations, and loads over time.

2.8 Statistical analyses

In order to compare all time-series data (routinely sampled nutrient concentrations, stable isotopes, carbon quality indices, and monthly flashiness metrics at each stream site), we used a repeated measures ANOVA and post-hoc pairwise comparisons for each site with the Wilcoxon test (also called the Mann–Whitney test). This is a non-parametric rank sum test considered better suited for censored and skewed data (Helsel and Hirsch, 1992; Cooper et al., 2014; Lloyd et al., 2014). We used 95% confidence intervals for pairwise annual load comparisons. Analysis of covariance (ANCOVA) was performed to test for differences in regression slopes. Statistical analysis of trends were examined using Sen’s Slope Estimator and a Mann–Kendall test (Gilbert, 1987; Helsel and Hirsch, 2002). The Mann–Kendall test is a linear regression zero slope test of time-ordered data over time (Gilbert, 1987). Statistical analysis was performed using the software R (R Development Core Team, 2013) or Minitab (Release 14.2, Minitab, Inc. State College, PA, USA) and MATLAB 8.1.0 (MATLAB and Statistics Toolbox Release R2012a Student) was used for estimating hydrologic flashiness metrics in each stream for the period 2010–2012.

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3 Results

3.1 Pre-restoration and post-restoration hydrologic analysis

Data from the analysis of the effective precipitation-peak discharge relationship in MBR are shown in Fig. 2, for both the pre- and post-restoration periods (data during the restoration were not included in the analysis). The median storm depth was 7.6 mm during the pre-restoration period ($n = 195$) and 6.1 mm in the post-restoration period ($n = 221$). The median storm peak discharge was 0.7 cms in the pre-restoration period ($n = 195$) and 0.4 cms in the post-restoration period ($n = 221$). However, since there appears to be more of a skew to smaller storms in the pre-restoration period, of the largest 50 precipitation events, the median storm depth was 24.3 mm in the pre-restoration period ($n = 50_{\text{largest}}$) and 22.4 mm in the post-restoration period ($n = 50_{\text{largest}}$). Associated with the 50 largest precipitation events, the median storm peak discharge was 3.4 cms in the pre-restoration period ($n = 50_{\text{largest}}$) and 2.5 cms in the post-restoration period ($n = 50_{\text{largest}}$).

Regression lines and lines representing the 95 % confidence bands were developed for both the pre-and post-restoration periods. The lower confidence band for the pre-restoration data is nearly identical to the upper confidence band for the post-restoration data. The pre-restoration line has a slope of 0.136 with an R^2 of 0.74 Eq. (5) whereas the post-restoration line has a slope of 0.117 with an R^2 of 0.67 Eq. (6) (Fig. 2).

$$\text{pre-}Q_{\text{peak}} = -0.073 + 0.136(\text{PPT}_{\text{pre}}) \quad (5)$$

$$\text{post-}Q_{\text{peak}} = -0.0596 + 0.117(\text{PPT}_{\text{post}}) \quad (6)$$

Comparison of the slopes and intercepts of the above equations using a General Linear Model found that the intercepts were not significantly different but the slopes were significantly different ($p = 0.019$). Therefore, the different slopes indicate that regression lines are different between the pre- and post-restoration effective precipitation – effective peak discharges relationship.

3.2 Sources of water, carbon, and nitrogen exports among urban watersheds

Routinely sampled stable deuterium ($\delta^2\text{H}$) and $\delta^{18}\text{O}$ water isotopes were not significantly different between sites, including the restored stream, MBR ($p > 0.05$) (Table 2), and there was also no separation when plotting $\delta^{18}\text{O}\text{-H}_2\text{O}$ vs. $\delta^2\text{H}\text{-H}_2\text{O}$ (Fig. 3a). Water isotope mixing model results also indicate no difference in the percent contribution of groundwater or rainwater sources to the stream between sites (Table 2). However, longitudinal data indicate that watersheds with higher % ISC (PMR and DRN) had significantly higher ($p < 0.05$) $\delta^{18}\text{O}\text{-H}_2\text{O}$ isotope values in the headwaters than RRN and higher $\delta^2\text{H}\text{-H}_2\text{O}$ isotopes ($p = 0.03$ for PMR and $p = 0.057$ for DRN) in the headwaters than MBR (Fig. 3a) during one winter sampling, indicative of greater evaporation of surface water at the more urban streams.

Fluorescence analyses indicated that the watersheds with greater % ISC (PMR and DRN) transported more labile organic matter than the less urban site, RRN, as suggested by trends in the biological freshness index (BIX, $p < 0.05$) and protein-to-humic (P/H) ratio ($p < 0.05$, Fig. 3b, Table 2), while MBR, the restored stream, was not different than the more urban sites (Fig. 3b, Table 2).

Only one of the more urban unrestored streams (PMR) had greater $\delta^{15}\text{N}\text{-NO}_3^-$ and contributions of NO_3^- from wastewater than the restored stream (MBR) and the least developed stream with SWM (RRN, $p < 0.05$); the most urban stream (DRN) was not significantly different than the other streams (Fig. 3c, Table 2). The percent contribution of NO_3^- from atmospheric sources, however, was greater in the watershed with the highest % ISC (DRN) compared to the watershed with the lowest % ISC (RRN) ($p < 0.05$, Table 2), but not different than the restored stream (MBR). Additionally, all sites showed a significant decline in $\delta^{15}\text{N}\text{-NO}_3^-$ with increasing runoff, and the two least urban sites (RRN and MBR), including the restored stream MBR showed steeper slopes than PMR and DRN ($p < 0.05$, Fig. 4a). Also, the more urban sites (PMR and DRN) showed pulses in $\delta^{18}\text{O}\text{-NO}_3^-$, during rain events (Fig. 4b), which suggests that atmospheric NO_3^- contributions increase with runoff.

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Longitudinally, after a spring rain event the wastewater nitrate signal (based on $\delta^{15}\text{N-NO}_3^-$ values) declines from the headwater to the mouth in the more urban watershed (DRN), while the $\delta^{15}\text{N-NO}_3^-$ values are relatively constant at the restored stream, MBR, and least urban watershed, RRN (Fig. 5a). Conversely, during summer baseflow, the $\delta^{15}\text{N-NO}_3^-$ values are relatively steady at all four sites, but with the more urban streams (PMR and DRN) having consistently higher $\delta^{15}\text{N-NO}_3^-$ values (Fig. 5b). The contribution of atmospheric nitrate (based on $\delta^{18}\text{O-NO}_3^-$ values) during the spring high flow period generally increased downstream for the more urban unrestored streams, but decreased for the restored stream, MBR, and stayed the same longitudinally for the less urban watershed with SWM (RRN, Fig. 5c). There was little difference in the $\delta^{18}\text{O-NO}_3^-$ values longitudinally for summer (Fig. 5d).

3.3 Carbon, nutrient, and anion exports among urban watersheds

Among watersheds, annual DOC export showed up to a 5-fold difference and there was up to a 2-fold difference in annual TP exports. The most urban stream DRN exhibited the highest and the restored stream MBR, exhibited the lowest annual TOC and TP exports (Table 3, $p < 0.05$ for DRN vs. MBR). The restored stream and the least urban stream draining SWM, RRN, also exhibited lower annual total N (TN) exports compared to the more urban streams ($p < 0.05$, Table 3). Annual NO_3^- exports were not significantly different between the restored stream and the most urban unrestored stream, DRN (Table 3). Annual exports of wastewater indicator anions (fluoride and iodide) showed up to 3-fold differences among watersheds, with DRN exhibiting the highest and the restored stream MBR, the lowest annual exports (Table 3, $p < 0.05$ for DRN vs. MBR).

3.4 Flashiness of water, carbon, and nutrient exports among urban watersheds

The sites with greater % ISC (PMR and DRN) had significantly higher monthly peak runoff, mean coefficient of variation of peak runoff, and flashiness index ($p < 0.05$, Table 4, Fig. 6a and 7a) than RRN and the restored stream MBR. RRN (the site with lowest % ISC) also had lower frequency of peak flow runoff events above 3× median monthly runoff and longer hydrograph duration than the other sites (Table 4). Hydrologic lag-time was not significantly different among sites (Table 4).

The two most urban streams (PMR and DRN) showed more variable and pulsed runoff and loads, based on the time series of daily loads for C, N, and P (Fig. 6) and the flashiness index (Fig. 7). Typically, loads of C, N, P, and wastewater indicator anions (F^- and I^-), showed a lower flashiness index (less variable or pulsed) for sites with lower % ISC including the restored stream (MBR and RRN; Fig. 7b–d). Based on nutrient duration curves, the unrestored sites with higher % ISC (PMR and DRN) exported more C, N, and P during higher flows, while the restored stream MBR and the less urban sites with SWM (RRN) exported more during lower flows (Fig. 8). Similarly, the F75 metric showed that 75% of NO_3^- , TN, PO_4^{3-} , F^- , and I^- export occurred for the sites with restoration (MBR) or with lower % ISC and more SWM (RRN) typically at lower runoff than in higher %ISC sites PMR and DRN (Table 5).

4 Discussion

Our results show that watershed urbanization increases the hydrologic flashiness and pulses in exports of carbon, nutrients, and atmospheric nitrate sources. From a management perspective, our results suggest that integrating stream restoration with sanitary infrastructure restoration has the potential to minimize sources, fluxes, and flow-paths of nutrients. Overall, impervious surface cover appeared to be an important indicator of timing of fluxes from the watersheds. Watersheds with older sanitary infrastructure and higher ISC showed significant differences in NO_3^- sources and C, N, and

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P exports than the stream restoration site (MBR) and the less urban stream with SWM (RRN). Below, we discuss potential effects of stream restoration and sanitary infrastructure on sources, fluxes, and flowpaths of nutrients across a broader range of sites and urban development.

4.1 Pre-restoration and post-restoration hydrologic analysis

Restoration had subtle but statistically significant impacts on hydrology by decreasing peak discharges during storm events in this flashy system. In urban settings, impervious surfaces are identified as the primary mechanism for the flashy hydrology and the stream channel degradation (Leopold, 1968; Paul and Meyer, 2001; Walsh et al., 2005; Doheny et al., 2006). Small increases in impervious surfaces elicit disproportionately large reductions in water quality and biotic integrity (Brabec et al., 2002). Therefore, even small reductions in flashiness may be important benefits of restoration.

The Ppt- Q_{pk} regressions method for urban stream analysis used readily available data sources that are potentially applicable where there have been management changes but typical rainfall-runoff metrics do not apply (i.e. curve numbers). A clear understanding of statistically significant effects (i.e. decreased peak discharges) due to restoration are necessary to support decisions to enhance restoration beyond simple channel reconfigurations and make more active use of floodplains and/or synergistically integrating stormwater management in the uplands. The proposed Ppt- Q_{pk} approach, however, does not quantify change, but only indicates if a change in the peak discharge has occurred. Also, this regression method may not be applicable to larger basins which have different routing pathways and processes that may not occur at the same rate as in a smaller basin (Ziemer and Lisle, 1998). Further study is needed to evaluate the effects of stream restoration on hydrologic responses in larger basins and different climates. The wide availability of high-resolution precipitation data and discharge data make this a potentially useful method to evaluate management effects.

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4.2 Sources of water, carbon, and nitrogen exports among urban watersheds

All 4 watersheds showed no significant differences in water isotope signatures, potentially due to complex mixing of surface water with groundwater and leaky urban water infrastructure, which is common among urban watersheds of the Baltimore LTER site (Kaushal and Belt, 2012; Kaushal et al., 2014a; Newcomer et al., 2014). Previous work has suggested that urban watersheds receive considerable inputs of water from a combination of ground water and leaky urban water infrastructure (Bhaskar and Welty, 2012; Kaushal and Belt, 2012; Kaushal et al., 2014a). Recent evidence suggests that the urban stream corridor can be an important nonpoint source (or sink) of some pollutants due to leaky sanitary infrastructure, groundwater contributions, and also in-stream production of labile organic carbon (Divers et al., 2013; Kaushal et al., 2014a; Newcomer et al., 2014).

The more urbanized watersheds (PMR and DRN), as well as the restored stream, MBR, contained more labile dissolved organic matter than the more recently developed and less urban watershed with SWM (RRN). The higher BIX, P/H ratio, and protein-like organic matter in the restored stream MBR, as well as the more urban watersheds (PMR and DRN), is likely due to leaky sanitary sewers typically found in older urban watersheds (Kaushal et al., 2011). Leaky sanitary sewers contribute more labile protein-like organic matter in wastewater (Hudson et al., 2008). More labile organic matter found in urban streams may also be due to lack of a riparian zone, and more light availability, typical of unrestored urban streams (Goetz et al., 2003), which promotes autotrophic growth and more biologically labile DOM (McKnight et al., 2001; Huguét et al., 2009; Petrone et al., 2011; Pennino et al., 2014). DOM derived from autochthonous production also tends to be more labile than DOC derived from terrestrial organic matter leaching, which is usually more recalcitrant and humified (McKnight et al., 2001; Huguét et al., 2009; Petrone et al., 2011). Consequently, the elevated humification index in the less urban watershed, RRN, with SWM could have resulted from

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increased allochthonous inputs of recalcitrant terrestrial organic matter (Duan et al., 2014).

Differences in NO_3^- sources among urban watersheds likely result from differences in age of development and extent of % ISC and less likely due to restoration or management. NO_3^- from wastewater was highest in one of the more urban sites (PMR), indicating greater NO_3^- contributions from leaky sanitary sewers (Kaushal et al., 2011); yet all sites showed wastewater as the greatest source of NO_3^- . Nitrification was the second highest source for NO_3^- at all sites, and contributed more NO_3^- in the restored stream (MBR) and the least urban stream with SWM (RRN). The greater atmospheric NO_3^- during high flows in PMR and DRN is a result of the higher impervious surface cover at these sites, allowing for the more direct connection of rainfall to the stream corridor (Silva et al., 2002; Buda and DeWalle, 2009; Burns et al., 2009). Furthermore, the inverse relationship between $\delta^{15}\text{N}\text{-NO}_3^-$ and $\delta^{18}\text{O}\text{-NO}_3^-$ at all sites indicated mixing of sewage and atmospheric NO_3^- to varying degrees among these urban watersheds (Kaushal et al., 2011). The downstream increase in $\delta^{18}\text{O}\text{-NO}_3^-$ after a spring rain event shows how the more urban streams maintain atmospheric NO_3^- throughout their stream length. The restored stream only showed atmospheric sourced NO_3^- in its headwaters (which is more developed), but not further downstream. The least urban watershed with SWM, RRN, showed minimal or no atmospheric NO_3^- signal throughout its entire stream length, corresponding with it having no directly connected ISC. Conversely, during summer baseflow, there were no differences in the atmospheric NO_3^- signal along the stream length for all four watersheds.

4.3 Variability in carbon and nutrient exports among urban watersheds

The higher C exports in the urban watersheds with greater % ISC compared to the restored stream and the least urban stream with SWM may be due to increased autochthonous C production (described above) and leaky sanitary sewers (Kaushal and Belt, 2012). Inputs of leaves and other organic materials from street trees and organic

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nutrient exports at higher flows, as indicated by the F75 metric for the more urban sites (PMR and DRN). The lower TN exports in the stream with SWM (RRN) may be due to an extensive undeveloped riparian buffer (Mayer et al., 2007) and from its SWM (Bettez and Groffman, 2012), which both can enhance N removal.

5 Relatively few studies of P exports in urban watersheds exist compared to those addressing N exports. P exports from the present study, which ranged from 0.14 to 0.54 kg ha⁻¹ yr⁻¹, were similar to those reported elsewhere (e.g. Petrone, 2010). Urban watersheds have been previously reported to export P ranging from 0.027 to 2.11 kg ha⁻¹ yr⁻¹ (Hill, 1981). Watershed P exports were also within the range reported
10 by Duan et al. (2012) for Baltimore LTER watersheds, where the less urban, more managed watersheds typically showed lower TP and soluble reactive phosphorus exports. The higher exports of TP and PO₄⁻³ at the more urban watersheds (PMR and DRN) may indicate greater inputs from leaky sanitary sewers and possibly from erosion of the stream channel due to flashier hydrology at these sites (Paul and Meyer, 2001).
15 Higher F⁻ and I⁻ concentrations and loads in the older, more urban, and less managed sites further suggest that there are water inputs from leaky drinking water pipes and sanitary sewers. More work is necessary to trace sources of P in urban watersheds.

4.4 Flashiness of water, carbon, and nutrient exports among urban watersheds

As expected, the streams with greater % ISC (PMR and DRN) showed more flashy hydrology and evidence that overland-flow or storm drain inputs were a significant flow-path (as supported by the water and nitrate isotope mixing model results). In-stream restoration features of MBR may have contributed somewhat to dampening flood pulses by promoting floodplain reconnection, however, the inconsistently lower hydrologic flashiness metrics for MBR compared to the more urban streams (PMR and
20 DRN) may indicate stream restoration has little or no hydrologic impact (e.g. Emerson et al., 2005; Sudduth et al., 2011) depending on the storm size or specific features of the stormwater management. At RRN, the lower % ISC, higher % SWM, and larger watershed size likely contributed to reduced hydrologic flashiness by disconnecting imper-

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water infrastructure is also warranted in stream restoration strategies. Consequently, effective management of urban streams may require upgrading or repairing leaks in sanitary infrastructure in the stream corridor to reduce these major sources, in conjunction with stream restoration or stormwater management strategies for dampening flashy hydrology and minimizing connected impervious surfaces in the watershed. Potential stream restoration strategies to reduce C and nutrient export include reducing the velocity of water and allowing overbank flow, increasing retention of groundwater, providing sustainable sources of labile organic C, reducing imperviousness in the watershed, or daylighting streams. More research is needed to assess the effectiveness of stormwater retrofits in older urban watersheds on mitigating stream degradation and improving water quality. Managing C and nutrient export from aging urban watersheds will require better knowledge of contaminant sources and pulses across hydrologic variability, particularly within the stream corridor itself.

Details on the Supplement

- additional details on methods
- additional site information and site map
- table of mean annual C and nutrient concentrations for each watershed
- table of flashiness metrics for mean daily carbon, nitrogen, and phosphorus loads
- table of flashiness metrics for routinely sampled concentrations
- table of flashiness metrics for water and nitrate sources
- table of flashiness metrics for carbon source metrics
- flow duration curves for each site
- comparison of nutrient concentrations over time at each site

- water isotope comparison
- seasonal relationship between $\delta^{15}\text{N-NO}_3^-$ vs. $\delta^{18}\text{O-NO}_3^-$

**The Supplement related to this article is available online at
doi:10.5194/hessd-12-13149-2015-supplement.**

5 *Acknowledgements.* This research was supported by EPA NNEMS Award 2010–309, the NSF Graduate Research Fellowship Program under Grant No. DGE-1 144 243, NSF Awards DGE 0 549 469, EF-0 709 659, DBI 0 640 300, CBET 1 058 502, CBET 1 058 038, NASA grant NASA NNX11AM28G, Maryland Sea Grant Awards SA7 528 085-U, R/WS-2 and NA05OAR4 171 042, and Baltimore Ecosystem Study LTER project (NSF DEB-1 027 188). We thank Tiana Pennino
10 for field assistance, Garth Lindner for providing rating curves for two of the stream gauges, Stu Schwartz for extensive guidance on statistical analysis for nutrient load calculations, and Steve Stewart and Robert Hirsch from the Baltimore County Department of Environmental Protection and Sustainability for providing stormwater management data. Claire Welty and Andrew Miller provided help obtaining water isotope and stream flow data, respectively, and helpful
15 suggestions and discussions on an earlier version of the manuscript. The U.S. Environmental Protection Agency, through its Office of Research and Development, funded and managed, or partially funded and collaborated in, the research described herein. It has been subjected to the Agency's peer and administrative review and has been approved for external publication. Any opinions expressed in this paper are those of the author(s) and do not necessarily reflect
20 the views of the Agency, therefore, no official endorsement should be inferred. Any mention of trade names or commercial products does not constitute endorsement or recommendation for use.

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Table 3. Annual runoff, C, N and P loads (mean \pm 95 % confidence intervals) for 2010, 2011, and 2012 calendar years.

Year	MBR	RRN	PMR	DRN
Runoff (mm yr⁻¹)				
2010	522 \pm 72	325 \pm 23	497 \pm 83	625 \pm 117
2011	647 \pm 88	504 \pm 114	639 \pm 110	851 \pm 176
2012	412 \pm 75	382 \pm 61	498 \pm 105	564 \pm 164
MEAN	527 \pm 45 ^a	404 \pm 44 ^b	545 \pm 58 ^{bc}	680 \pm 89 ^c
Carbon (kg ha⁻¹ yr⁻¹)				
DOC				
2010	6.7 \pm 1.3	6.2 \pm 0.8	15 \pm 3	28 \pm 7
2011	9.1 \pm 1.6	22 \pm 8	27 \pm 5	57 \pm 15
2012	5.7 \pm 1.5	11 \pm 3	17 \pm 4	33 \pm 12
MEAN	7.2 \pm 1 ^a	13 \pm 3 ^b	20 \pm 2 ^c	39 \pm 7 ^d
TOC				
2010	NA	NA	NA	NA
2011	8.1 \pm 1.2	26 \pm 11	40 \pm 11	45 \pm 11
2012	5.1 \pm 1.1	14 \pm 5	26 \pm 9	30 \pm 10
MEAN*	6.6 \pm 0.5 ^a	20 \pm 4 ^b	33 \pm 5 ^c	38 \pm 5 ^c
Nitrogen (kg ha⁻¹ yr⁻¹)				
NO₃⁻				
2010	4.1 \pm 0.3	3.7 \pm 0.2	6.6 \pm 0.9	4.1 \pm 0.6
2011	4.6 \pm 0.4	4.1 \pm 0.4	8.0 \pm 1.1	5.3 \pm 0.8
2012	2.9 \pm 0.3	3.7 \pm 0.2	6.3 \pm 1.1	3.6 \pm 0.7
MEAN	3.9 \pm 0.2 ^a	3.8 \pm 0.2 ^a	7.0 \pm 0.6 ^b	4.3 \pm 0.4 ^a
TN				
2010	4.8 \pm 0.4	4.4 \pm 0.3	9.1 \pm 1.5	6.7 \pm 1.2
2011	5.4 \pm 0.5	5.4 \pm 0.7	11.6 \pm 2.1	8.8 \pm 1.6
2012	3.4 \pm 0.5	4.6 \pm 0.7	9.1 \pm 2.1	5.9 \pm 1.6
MEAN	4.5 \pm 0.3 ^a	4.8 \pm 0.3 ^a	9.9 \pm 1.1 ^b	7.1 \pm 0.9 ^c
Phosphorus (g ha⁻¹ yr⁻¹)				
PO₄³⁻				
2010	60 \pm 9	58 \pm 6	134 \pm 22	167 \pm 37
2011	75 \pm 11	120 \pm 29	172 \pm 30	255 \pm 62
2012	47 \pm 10	66 \pm 11	134 \pm 33	122 \pm 40
MEAN	61 \pm 6 ^a	81 \pm 11 ^b	147 \pm 17 ^c	181 \pm 28 ^c
TP				
2010	138 \pm 19	160 \pm 17	290 \pm 51	330 \pm 60
2011	202 \pm 29	431 \pm 136	379 \pm 72	454 \pm 92
2012	143 \pm 30	314 \pm 89	298 \pm 66	306 \pm 76
MEAN	161 \pm 15 ^a	302 \pm 54 ^b	322 \pm 37 ^b	363 \pm 45 ^b
Wastewater Indicator Anions (g ha⁻¹ yr⁻¹)				
F⁻				
2010	230 \pm 11	b.d.	2.1 \times 10 ⁴ \pm 1.0 \times 10 ⁴	726 \pm 87
2011	235 \pm 10	b.d.	1.8 \times 10 ³ \pm 5.5 \times 10 ³	606 \pm 91
2012	67 \pm 5	b.d.	5.4 \times 10 ³ \pm 3.5 \times 10 ³	281 \pm 45
MEAN	177 \pm 5 ^a		1.5 \times 10 ³ \pm 4.0 \times 10 ^{3b}	583 \pm 45 ^c
I⁻				
2010	19 \pm 1	21 \pm 1	20 \pm 2	50 \pm 7
2011	29 \pm 2	41 \pm 8	39 \pm 4	85 \pm 13
2012	16 \pm 1	24 \pm 4	22 \pm 2	46 \pm 8
MEAN	21 \pm 1 ^a	29 \pm 3 ^b	27 \pm 2 ^b	60 \pm 6 ^c

MBR = Minebank Run, RRN = Red Run, PMR = Powder Mill Run, DRN = Dead Run.
 Different letters (a, b, c, or d) indicate significant differences ($p < 0.05$), based on daily loads.
 DOC = dissolved organic C; TOC = total organic C; TN = total nitrogen; TP = total phosphorus.
 b.d. = below detection. *Note that this range is from 2011–2012, unlike the others.

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Table 4. Hydrologic Flashiness Metrics (mean \pm SE).

	Water-shed area (km ²)	% ISC	Mean peak flow runoff (mm d ⁻¹)	Monthly CV (%) of Peak Runoff	Freq. peaks per month > 3 \times monthly median Q	Mean Hydrograph Duration (h)	Mean Lag Time (h)	Avg. Monthly Flash Index
MBR	5.3	21.9	9.4 \pm 1.0 ^a	92 \pm 6 ^{ab}	5.7 \pm 0.4 ^{ac}	40 \pm 1.7 ^a	4.7 \pm 0.3 ^a	0.9 \pm 0.1 ^a
RRN	19.1	14.6	13.2 \pm 1.9 ^b	63 \pm 8 ^b	2.2 \pm 0.3 ^b	64 \pm 2.4 ^b	4.5 \pm 0.4 ^a	0.5 \pm 0.0 ^b
PMR	9.4	35.5	55.4 \pm 5.8 ^c	104 \pm 7 ^a	5.3 \pm 0.5 ^a	30 \pm 1.4 ^c	5.1 \pm 0.3 ^a	1.0 \pm 0.1 ^a
DRN	14.3	39.3	44.9 \pm 4.5 ^c	116 \pm 7 ^a	7.0 \pm 0.5 ^c	50 \pm 1.5 ^d	4.7 \pm 0.2 ^a	1.2 \pm 0.1 ^c

MBR = Minebank Run, RRN = Red Run, PMR = Powder Mill Run, DRN = Dead Run.

Different letters (a, b, c, or d) indicate significant differences ($p < 0.05$) based on pairwise comparisons of three years of mean monthly flashiness metrics.

ISC = Impervious Surface Cover; CV = Coefficient of Variation; Q = discharge; Lag Time = time between rainfall centroid and peak runoff; Flash Index = average daily change in mean daily streamflow, per month, divided by the mean monthly flow.

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Table 5. F75 metric: the runoff below which 75 % of nutrients are exported.

Site	F75 DOC (mm d ⁻¹)	F75 TOC (mm d ⁻¹)	F75 NO ₃ ⁻ (mm d ⁻¹)	F75 TN (mm d ⁻¹)	F75 PO ₄ ⁻³ (mm d ⁻¹)	F75 TP (mm d ⁻¹)	F75 I ⁻ (mm d ⁻¹)	F75 F ⁻ (mm d ⁻¹)
MBR	16.1	15.1	6.9	7.3	12.4	12.4	4.6	2.8
RRN	34.1	44.5	2.2	3.1	11.7	23.7	7.1	NA
PMR	22.8	38.1	14.0	20.5	20.8	20.8	8.6	34.0
DRN	57.3	37.4	25.9	28.3	39.3	29.8	17.9	16.5

MBR = Minebank Run, RRN = Red Run, PMR = Powder Mill Run, DRN = Dead Run.

DOC = dissolved organic C; TOC = total organic C; TN = total nitrogen; TP = total phosphorus; similar to Shields et al. (2008, Table 3).

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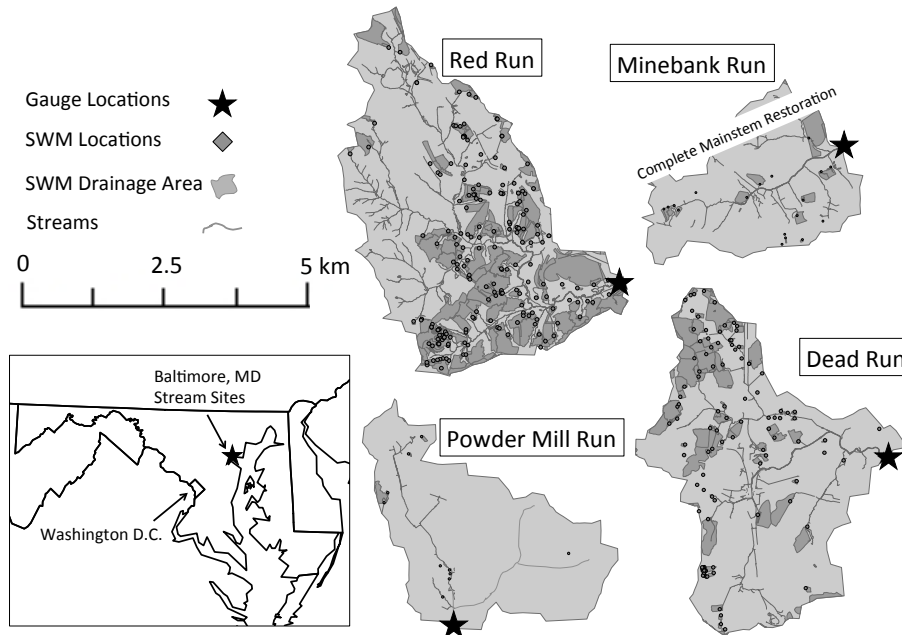


Figure 1. Site map showing the four stream sites in the Baltimore, MD region and the stormwater management (SWM) locations within each watershed. SWM features are based on 2009 data from the Baltimore County Department of Environmental Protection and Sustainability.

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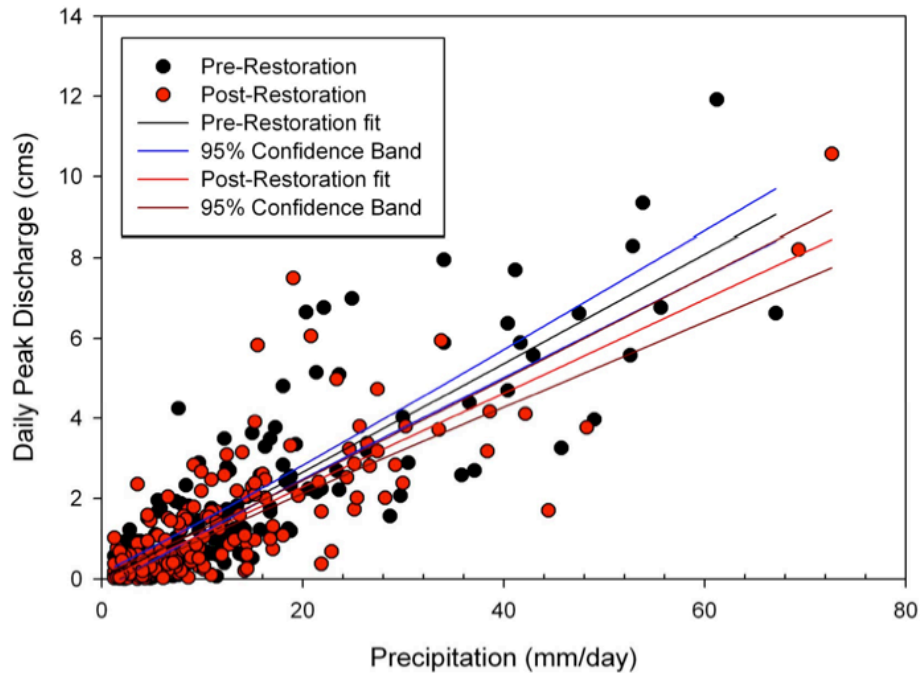


Figure 2. Effective precipitation and effective discharge for Minebank Run. Best-fit regression lines and 95% confidence lines included.

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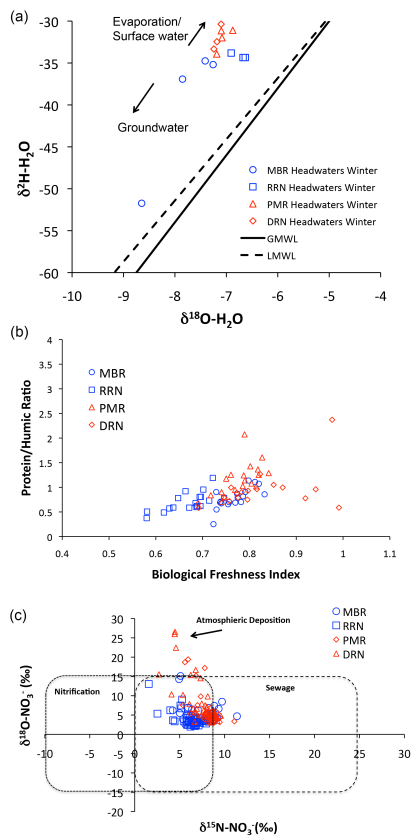


Figure 3. Comparison of **(a)** water isotopes ($\delta^2\text{H-H}_2\text{O}$ vs. $\delta^{18}\text{O-H}_2\text{O}$), **(b)** C quality metrics (Biological Freshness Index vs. Protein-to-Humic Ratio), and **(c)** nitrate isotopes ($\delta^{15}\text{N-NO}_3^-$ vs. $\delta^{18}\text{O-NO}_3^-$). GMWL = Global Meteoric Water Line, LMWL = Local Meteoric Water Line (Craig, 1961; Kendall and Coplen, 2001).

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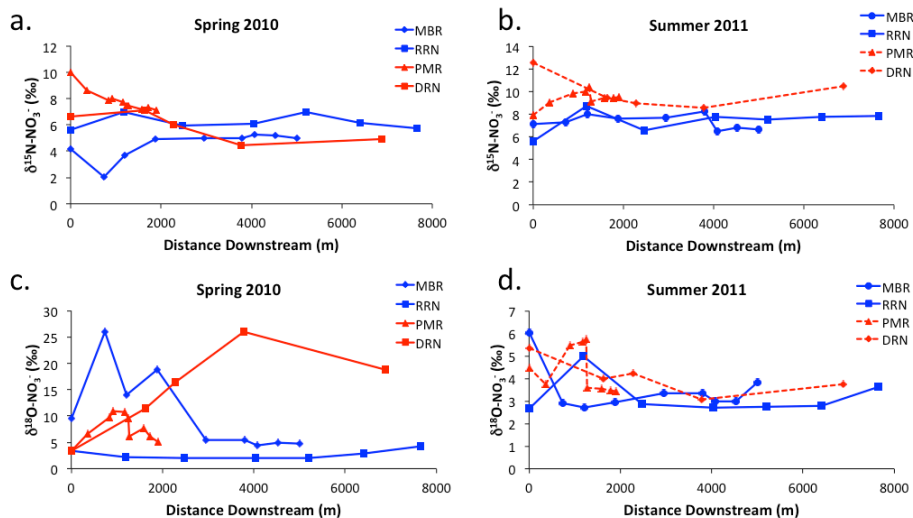


Figure 5. Longitudinal patterns in $\delta^{15}\text{N-NO}_3^-$ and $\delta^{18}\text{O-NO}_3^-$ during spring (**a, c**) and summer (**b, d**) seasons.

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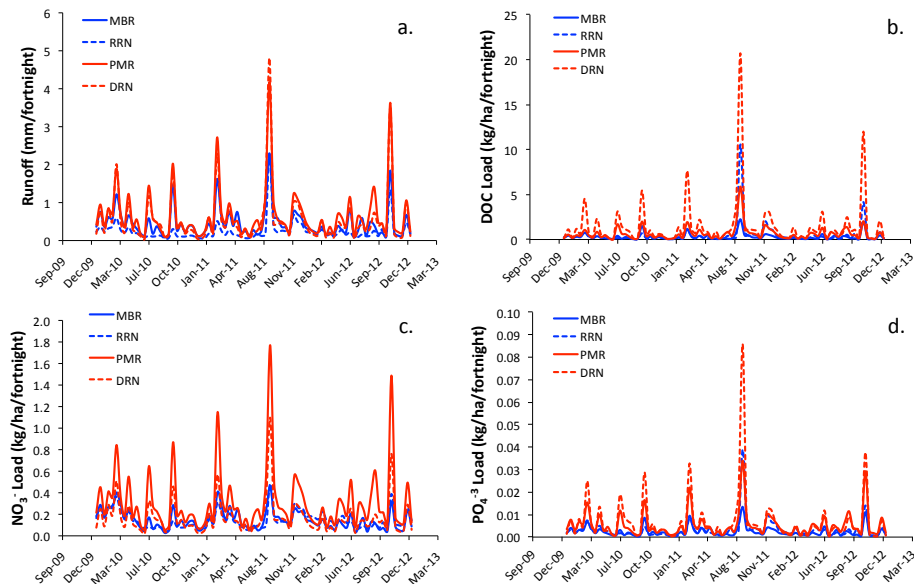


Figure 6. Routinely sampled (a) runoff, (b) DOC loads, (c) NO_3^- loads, and (d) PO_4^{3-} loads over time.

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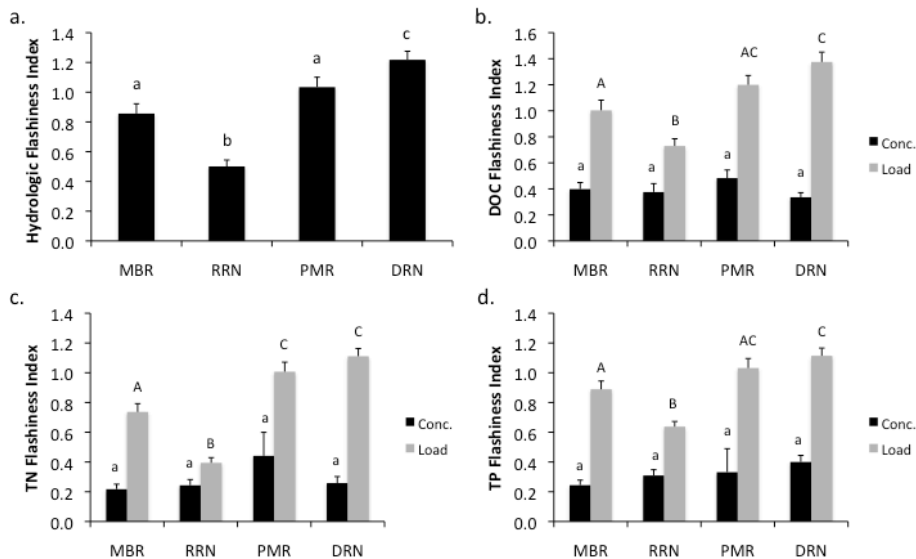


Figure 7. Comparison of the Flashiness Index for (a) runoff, (b) dissolved organic carbon (DOC) concentration and load, (c) Total nitrogen (TN) concentration and load, and (d) Total phosphorus (TP) concentration and load. Conc. = Concentration. Error bars are standard errors of the mean. $N = 36$, from averaging the monthly flashiness index over 3 years. Flashiness Index = average change in daily load or routinely sampled concentration per month, divided by the mean monthly load or concentration per month.

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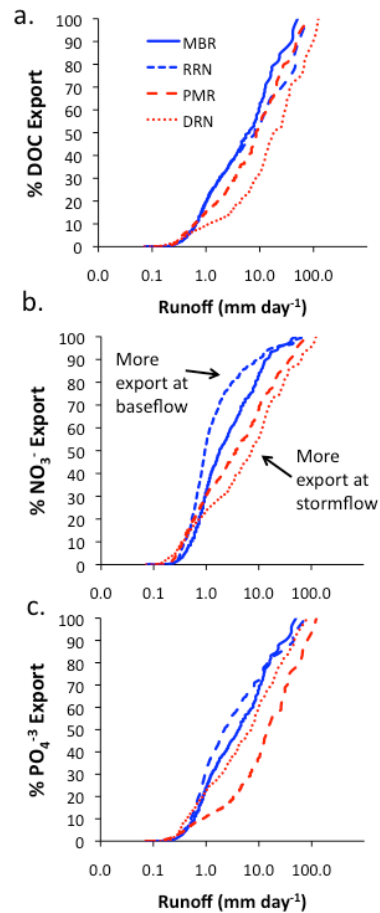


Figure 8. Nutrient duration curves for percent (a) DOC, (b) NO₃⁻, and (c) PO₄⁻³ daily export.

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